

Nonna's Menu

Phone 8240 3491

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chicken & Vegetable Soup	Vegetable & Spring Onion Soup with Pastina	Sweet Potato & Leek Soup	Chicken & Sweetcorn Soup	Thick Vegetable Soup
Main	Pork Sausage & Broccoli Risotto	Roast Lamb & Gravy	Chicken Cacciatore	Meat Lasagne	Crumbed Fish with Tartare Sauce
Side		Roast Potato Roast Pumpkin	Steamed Rice		Mashed Potato Beans
Dessert	Jelly with Pineapple	Tiramisù	Fresh Fruit Salad	Panna Cotta with Berry Sauce	Vanilla Slice

Nonna's Cucina – Made with Love, Shared with Joy

Address 12 Hardy Street, Royal Park SA 5014

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chick Pea & Vegetable Soup	Beef & Vegetable Soup	Chicken & Asparagus Soup	Thick Vegetable Soup	Pumpkin Soup
Main	Meatballs with Nap Sauce	Roast Chicken & Gravy	Veal Scallopini	Pasta Alla Panna (mushrooms & bacon)	Crumbed Fish with Tartare Sauce
Side	Spaghetti	Roast Potato, Broccoli, Carrot & Cauliflower Mix	Mashed Potato Baby Beans		Cheese Baked Cauliflower Beans
Dessert	Fresh Fruit Salad	Chocolate Mousse on a Biscuit Base	Cinnamon & Vanilla Creamed Rice	Carrot Cake	Dark Chocolate Cake

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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Italian Egg Soup	Cream of Chicken Soup	Minestrone Soup	Chicken Noodle Soup	Beef & Vegetable Soup
Main	Chicken Parmigiana	Bacon & Potato Frittata	Cabbage Rolls with Nap Sauce (rice, pork & veal mince)	Pasta Cannellini	Fish with Herb Crust
Side	Baby Beans Carrots				Herb Potato Carrots
Dessert	Custard with Caramel Sauce	Fresh Fruit Salad	Lemon Cheesecake	Jelly Fruit	Banana Cake

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WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Zucchini & Bacon Soup	Cannellini Bean & Vegetable Soup	Sweet Potato & Leek Soup	Lentil & Vegetable Soup	Chicken Noodle Soup
Main	Broccoli Pasta	Chicken & Leek Pie	Pumpkin, Spinach & Ricotta Lasagne	Roast Beef & Gravy	Crumbed Fish Tartare Sauce
Side				Roast Potato & Pumpkin	Potato Bake Baby Carrots
Dessert	Apple & Sultana Crumble with Cream	Cinnamon Cake	Fresh Fruit Salad	Trifle	Chocolate Marble Cake

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WEEK 5	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chicken & Asparagus Soup	Pumpkin Soup	Italian Bean Soup	Chicken Soup with Pastina	Cream of Potato & Corn Soup
Main	Pasta al Forno (pork & veal minced meat, peas and mushrooms)	Italian Pork Sausages	Rolled Chicken filled with Spinach & Cheese	Ravioli with Napolitana Sauce	Fish Pizzaiolo (tomato base, olive & capers)
Side		Peperonata (Capsicum, Potato, Zucchini, Onion, Tomato)	Mashed Potato Green Beans		Rice
Dessert	Jelly Fruit	Fresh Fruit Salad	Orange Cake	Fruit & Custard	Coffee Cake

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