

nonna's cucina

Made with love, shared with joy

ISSUE#14

JUNE 2022

NEWSLETTER



Governor's Multicultural Awards

Read more on page 11

(08) 8240 3491

nonnascucina.com.au

reception@nonnascucina.com.au



Word Search Solutions



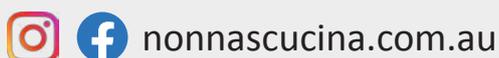
Gardening

B J E M L Z H E S O R N A W
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 H L Z I S C N J B E D F Q R
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 Q D Y T N I D O L C S E E D
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 R W T A F O V S Z N L Q J S

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Follow us on Facebook & Instagram



A message from President - Rebecca Staltari

It has been a busy start to the year and the Nonna's Cucina team have been working continuously to keep things running smoothly. Our organisation is growing every day. We are sending out more meals every week, as well as catering for the community.

We are still in need of more volunteers to help deliver our meals. If you know anyone who would be interested in volunteering with Nonna's Cucina please contact our reception team.

Thank you to all our staff and existing volunteers who have had their COVID-19 vaccine and are helping to stop the spread of coronavirus in the community. All our staff had their flu shot in May which is very important for us during the winter months. We encourage you to do the same, find more information about this on page 6.

I have represented Nonna's Cucina at a few events this year. I attend on behalf of us all, and it is always an honour to attend events on behalf of the whole Nonna's Cucina team. This includes the Governor's Multicultural Awards held at the Governor's House in March. We were one of three finalists for the Community Sector Award. We did not win the award this year, however it is great that Nonna's Cucina is being recognised for the amazing work we are doing with and for our community.

I would like to thank all the volunteers as part of National Volunteer Week. It was great to spend time with some volunteers at our Firle site for



lunch and meet new volunteers too. I hope to see you all again for our Christmas in July event next month. As we have said many times before, Nonna's Cucina would not be possible without the help of our volunteers, and we appreciate all they do.

Please turn to page 7 to find out details about upcoming events. We hope you can join us!

A reminder to all Nonna's Cucina members that it is now time to renew your membership. If you are not yet a member and interested in joining, please call reception today! The number is on the front page.

Lastly, don't miss out on this newsletter's special. Margherita pizza slab for just \$20!

Rebecca
President



Australian Government
Department of Health



Australian Government
Aged Care Quality and Safety Commission

Charter of Aged Care Rights

All people receiving Australian Government funded residential care, home care or other aged care services in the community have rights.

I have the right to:

1. safe and high-quality care and services;
2. be treated with dignity and respect;
3. have my identity, culture and diversity valued and supported;
4. live without abuse and neglect;
5. be informed about my care and services in a way I understand;
6. access all information about myself, including information about my rights, care and services;
7. have control over and make choices about my care, and personal and social life, including where choices involve personal risk;
8. have control over, and make decisions about, the personal aspects of my daily life, financial affairs and possessions;
9. my independence;
10. be listened to and understood;
11. have a person of my choice, including an aged care advocate, support me or speak on my behalf;
12. complain free from reprisal, and to have my complaints dealt with fairly and promptly;
13. personal privacy and to have my personal information protected;
14. exercise my rights without it adversely affecting the way I am treated.

If you have concerns about the aged care you are receiving, you can:

- talk to your aged care provider, in the first instance,
- speak with an aged care advocate on **1800 700 600** or visit **opan.com.au**, for support to raise your concerns, or
- contact the **Aged Care Quality and Safety Commission** on **1800 951 822** or visit its website, **agedcarequality.gov.au**. The Commission can help you resolve a complaint about your aged care provider.

A message from General Manager - Marco Staltari

Hi all and welcome to our June Newsletter! I hope everyone enjoyed a safe and happy Easter period with family and friends. I would like to extend a belated Happy Mother's Day to all the mums, especially those involved with Nonna's Cucina. Congratulations to the lucky winner of our Mother's Day giveaway! Be sure to keep an eye on our Facebook and Instagram pages for more giveaways.

As expected, it has been a busy few months with plenty of things going on around the place. We have of course still been monitoring the COVID19 situation around Adelaide and making sure the safety of our clients, volunteers and staff is not compromised. In addition to the COVID19 Booster Vaccine, all staff have now had the seasonal Flu Jab. I am so proud of the Nonna's Family who have been helping and working extra hard over the past few months.

As many of you would know, we love keeping our Italian traditions alive here at Nonna's. In March we made some home-made sauce from the beautiful San Marzano tomatoes courtesy of Tony & Marks. We were blessed to have Nonna Maria help guide the younger members of the team.

In May, we gathered some of our volunteers for a lunch hosted by Co.As.It. as part of their Community Volunteer Awards Ceremony. It was great to celebrate those volunteers who support the ageing Italo-Australians in our community. We had the chance to further celebrate the amazing work of our volunteers during National



Volunteers Week. Stefan and his kitchen team prepared a tasty lunch that our volunteers enjoyed at Adey Reserve, Firlie. I would like to thank all our volunteers once again for their dedication to Nonna's Cucina and our service!

If you would like to join the Nonna's Cucina Family as a volunteer, please contact the office!

Be sure to keep an eye out for the Nonna's Cucina team at the St Anthony's Festa on Sunday June 12th. Come grab something to eat and say hello! We are also very excited to announce Nonna's Briscola World Cup is back in 2022! It was very successful last year and this year it is going to be bigger and better again!

Marco

General Manager

Keeping Our Staff Safe This Winter Season - Flu Jobs

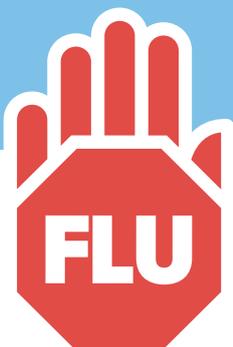
At the beginning of May all Nonna's Cucina staff were given the seasonal influenza vaccine. Being in aged care, it is vitally important our staff take possible measures to keep the elderly safe in our community. Thank you to Pro Health Care and Dr. Cocchiario for coming in to administer the flu jobs.



HELP STOP THE FLU IN 2022

THIS YEAR, IT'S EVEN
MORE IMPORTANT TO GET
THE FLU VACCINE

The **INFLUENZA** vaccine is recommended for people aged 6 months and over and provided **FREE** to those most at risk from influenza and its complications.



Ask about the influenza vaccine today.

health.gov.au/immunisation



Australian Government
Department of Health



National
Immunisation
Program

A joint Australian, State and Territory Government Initiative



Happy Mother's Day

Nonna's Cucina would like to wish a happy Mother's Day to all the special women in our life. Congratulations to the lucky winner of our amazing Mother's Day Giveaway on Facebook. Keep an eye on our social media pages for more giveaways in the future.

Upcoming Events

Nonna's Briscola World Cup 7th August 2022

As most of you know, Nonna's Cucina is a not-for-profit organisation, providing home cooked style meals to the aged and people with disabilities. In order to keep our prices at a minimum, we take part in fundraisers and events during the year. Nonna's Briscola World Cup is our own event that we began last year and was very successful, so we are excited to bring it back again in 2022. Nonna's Briscola World Cup is a card game tournament that allows us to showcase our food, celebrate Italian culture and unite our community through some friendly competition.

If you are interested in coming along to Nonna's Briscola World Cup, call the office today for more information and to book tickets!

BOOK YOUR TICKETS NOW!

PHONE 8240 3491

**TICKETS AVAILABLE ONLINE VIA
NONNASBRISCOLAWORLDCUP.
EVENTBRITE.COM.AU**



St Anthony's Festa

On June 12th, Nonna's Cucina will be helping out at the St Anthony's Festa by serving pasta, meat and polenta all day. Feel free to come along to the event, grab something to eat from the Nonna's Cucina Family and enjoy the festivities. See you there, Sunday 12th of June at St Joseph's at Payneham! 78 Portrush Road, Payneham South SA 5070.



FUNDRAISER EVENT



NONNA'S BRISCOLA World Cup

SUNDAY 7 AUGUST 2022



**PRIZES
TO BE WON!**

**SAN GIORGIO LA MOLARA
11 HENRY STREET, PAYNEHAM SA**

GAME STARTS | 12:00^{PM}

\$80^{*} | DOORS OPEN AT 11:00^{AM}

GENERAL ADMISSION TICKETS \$60

Food and coffee all inclusive, prepared and provided by Nonna's Cucina.
Soft drinks, beer, wine and spirits will be available to purchase at the bar.

**BOOK YOUR TICKETS NOW! PHONE 8240 3491
BE QUICK! TICKETS AVAILABLE ONLINE VIA
NONNASBRISCOLAWORLDCUP.EVENTBRITE.COM.AU**

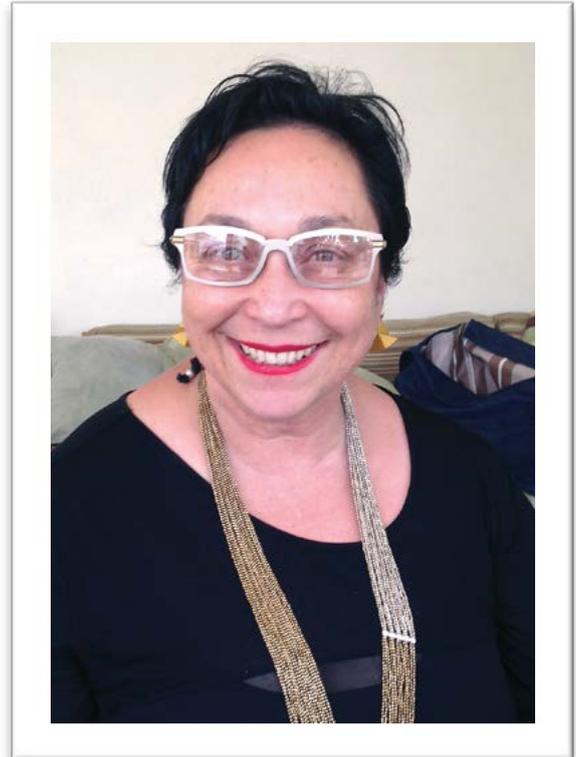
MAJOR SPONSOR

EST 1978
TONY & MARK'S
A FAMILY TRADITION

* Cost of ticket includes Briscola registration fee. Players will need to pre-pay and register prior to the event.

Rosa Matto, Nonna's Cucina Patron

Rosa's long career as a cookery teacher, caterer and consultant spans three decades. Rosa's greatest passion is to grow fresh fruit and vegetables and support local businesses. With this philosophy and her love of working in the community with happy and talented people, Rosa fits in perfectly with the Nonna's Cucina family. Rosa enjoys volunteering at Nonna's Cucina and working closely with Nonna Maria and Nancy who teach her something new every week. The rest of the staff also teach her about life, love and caring for the community.



Message from Rosa

It has been exceptionally cold here in Adelaide and so our meals and warm hearted personal contact is more important than ever. The talented kitchen team, led by our chef, Stefan Dimasi, is producing nutritious and comforting dishes to be delivered to our precious clients. On a blustery winter day, who would not welcome a meal of minestrone, risotto with pork sausage and broccoli, finished off with a semolina pudding and fruit? I know that I would welcome the food and the friendly volunteer who selflessly delivers with a smile and a kind word.

In fact, talking about volunteers, Nonna's Cucina is searching for drivers and helpers. Do you, or someone you know, have an hour or two a week or fortnight to build our team? We can offer you a happy work environment shared with generous people who care about the community - and, naturally, a good coffee and cake is always on hand. Our work in the community is growing and we need, and value, our volunteers more than ever.



National Volunteer Week 2022

Monday the 16th of May marked the beginning of National Volunteers Week, Australia's largest annual celebration of volunteers and their important contribution to our communities.

This year our volunteers were treated to a nice lunch put on by our kitchen team, as a small thank you for their help.

Our volunteers are priceless to Nonna's Cucina and we wouldn't be able to deliver our service without them. Their generosity and dedication helps us provide meals to those who need them right across Adelaide.

If you would like to become a volunteer and join the Nonna's Cucina family, call the office today on 8240 3491



Governor's Multicultural Awards - Community Sector Award

An honour for us to be one of three finalists for the Community Sector Award in the Governor's Multicultural Awards. The award ceremony was hosted by Her Excellency Frances Adamson and was in recognition of the great service we offer to our diverse community.

Well done team!



Mark Butler Volunteer Awards

Congratulations to Nonna Maria and Nonna Nancy who were nominated for the Mark Butler Volunteer Award. Nonna's Cucina would like to thank them for their amazing work and helping our kitchen team.



Would you like to meet new people and help your local community?

If you can spare some time and would like to make new friends and work in a happy environment, Nonna's Cucina would love to hear from you. A couple of hours a week or fortnight is required to assist us, as either a kitchen hand, driver or driver's assistant. We have 3 locations!

Please phone Nonna's Cucina on 8240 3491 to find out more!

VOLUNTEERS ARE NEEDED





Multilingual Older Persons COVID-19 Support Line

Italian 1800 549 844

Greek 1800 549 845

Vietnamese 1800 549 846

Mandarin 1800 549 847

Cantonese 1800 549 848

Arabic 1800 549 849



The Multilingual Older Persons COVID-19 Support Line provides information about COVID-19 and can support you to connect with aged care services, dementia care and other support services. It is available in Arabic, Cantonese, Greek, Italian, Mandarin and Vietnamese. All calls are free.

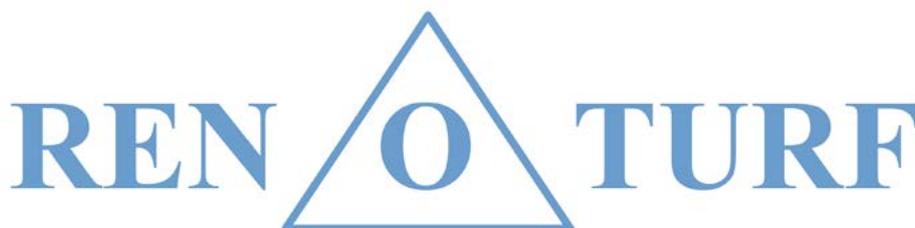
Visit www.picacalliance.org for more information about the support line and to download brochures in the six languages.

Support Line hours:

FREE CALL

2pm - 5pm (Melbourne time) Monday - Friday
Excluding public holidays

Proud Silver Sponsor of Nonna's Cucina



PROFESSIONAL TURF RENOVATORS
SPORTS TURF AND PARKS MAINTENANCE

Compliance

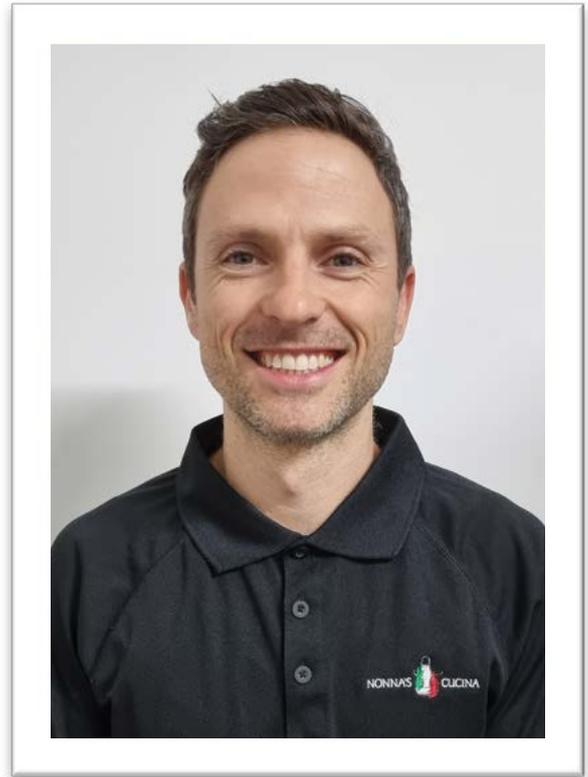
Hi Everyone,

The Nonna's Cucina team of staff and volunteers have been busy leading into winter with the cold weather setting upon us early this season. With the wet, brings less outings, more time at home, and even more reason to enjoy the delicious meals and service Nonna's Cucina provides.

It has been almost a year since we made the decision for our clients, volunteers, and staff to have the building in lockdown, which has been a decision not made lightly. We continue this as we focus on the safety and health of everyone on site leading into the winter months and to ensure the safe continuation of our meal delivery service to the community.

To ensure the safety and wellbeing of our vulnerable and aged clients in the community, in May the staff have all rolled up their sleeve for their annual Flu Immunization Vaccine. A huge thankyou to Doctor Cocchiario from Pro Health Care at Beverly. This is mandatory at Nonna's Cucina and in line with compliance polices and regulations set out by SA Health.

In line with our yearly compliance schedule and rigorous auditing processes, we have our annual calibration and maintenance of equipment scheduled in for June/July to be conducted by certified technicians, to be continually



compliant of any safety issues. Nonna's Cucina kitchen team have also conducted their quarterly Microbiological testing in May. The results have come back acceptable and negative of any harmful bacteria.

Stay safe & warm everybody

Saverio

Compliance Officer



Proud Bronze Sponsor of Nonna's Cucina

1800-GOT-JUNK?
THE WORLD'S LARGEST JUNK REMOVAL SERVICE



NONNA'S CUCINA JUNE NEWSLETTER
SPECIAL OFFER
\$20.00*
MARGHERITA
PIZZA SLAB

PLACE YOUR ORDER TODAY!

Be sure to snap up this special which is only available for the duration of this newsletter!

PHONE (08) 8240 3491 or EMAIL reception@nonnascucina.com.au

*MUST BE PRE-ORDERED 24 HOURS PRIOR. PICKUP ONLY.

Co.As.It Italian Community Volunteer Awards

In May, Nonna's Cucina and a handful of our volunteers were invited to the Italian Community Volunteer Awards. Each year Co.As. It host this event and put on a great lunch for all those involved. It is a great chance to recognise those volunteers who give their time and effort to support ageing Italo-Australians with information, support, advocacy and services like ours.

Congratulations to all the award winners and thanks to Co.As.It for hosting a wonderful event!



Sauce Day

Have a look at the Nonna's Cucina family making fresh sauce! We love having the steady hand of Nonna Maria to guide the team in the kitchen and help us keep these special Italian Traditions alive. Thank you to Tony & Marks for their beautiful San Marzano tomatoes.



Word Search Puzzle



Gardening

B J E M L Z H E S O R N A W
 V O R D X T U P G M Y I K O
 H L Z I S C N J B E D F Q R
 U X G R O W E A H K R A P M
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 M D I G U X D P E Y C H T B
 R W T A F O V S Z N L Q J S

BED	GROW	SOIL
BUSHES	HOE	STEM
DEAD	LEAF	WATER
DIG	PLANT	WEEDS
DIRT	ROOT	WILT
FLOWER	ROSE	WORM
GARDEN	SEED	YARD



NONNA'S CUCINA SPECIAL MERCHANDISE

BAGS
\$12

HATS
\$20

BOTTLE
OPENERS
\$3

APRONS
\$20

GIFT
VOUCHERS
AVAILABLE

PLACE YOUR ORDER TODAY!
PHONE (08) 8240 3491 or EMAIL
reception@nonnascucina.com.au





Monetary Donations

As Nonna's Cucina is a not-for-profit organization, we have many different ways in which you can support us. You can make a direct cash contribution to the organization and can stay anonymous if you wish, or become a sponsor and have your brand advertised by us.

You can even become a Nonna's Cucina member for a small yearly fee.

We also have sponsorship packages for businesses/families to promote themselves within the communities. Call if you would like to receive a pack.

All donations to Nonna's Cucina are tax deductible.

Donate today and help your community.

Bequest to Nonna's Cucina in your Will

Why not leave the gift of love by bequeathing funds or property to Nonna's Cucina?

By supporting us with this generous gift of love, you will provide ongoing services to our most vulnerable in our community.

If you are considering supporting a dedicated and reliable service in your will, consider Nonna's Cucina. We would be very grateful for your consideration.

A donation to Nonna's Cucina would provide funding for equipment and supporting consumers who struggle to pay for their meals.



Government of South Australia
Department of Human Services



Australian Government
Department of Health



myagedcare

nonna's  cucina

Made with love, shared with joy.

12 Hardy Street
Royal Park SA 5014
Ph: 8240 3491