



*Made with love, shared with joy.*

**ISSUE#12**  
**DECEMBER 2021**

# NEWSLETTER



## Adelaide Italian Festival

An eventful year for Nonna's Cucina that went off with a bang at Patrilli Wines. See page 8 for story.

(08) 8240 3491

[nonnascucina.com.au](http://nonnascucina.com.au)

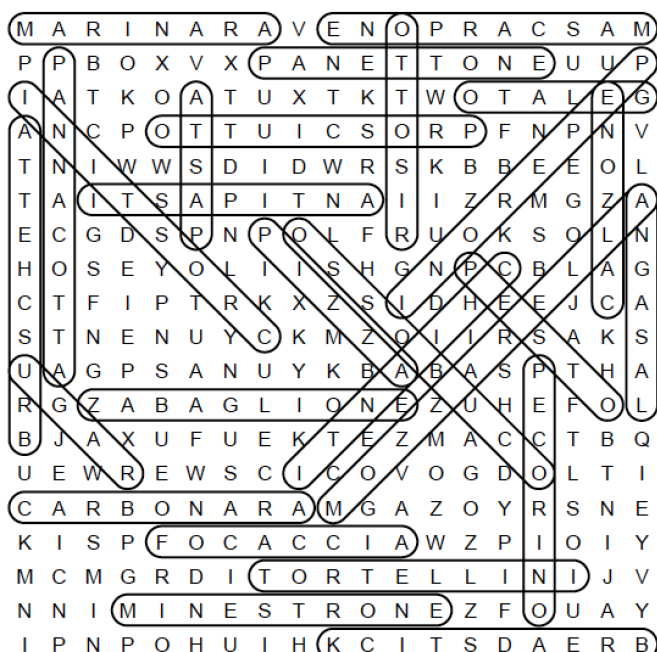
[reception@nonnascucina.com.au](mailto:reception@nonnascucina.com.au)




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### Italian Food Word Search Solutions



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 NonnasCucinaItalianMeals

 nonnas\_\_cucina



## A message from President - Rebecca Staltari

Hi all and welcome to our December 2021 newsletter!

2021 has been an enjoyable and successful year for Nonna's Cucina. Our phenomenal team have worked together all year to continue delivering great food for the community. I would like to congratulate the team on the work they have done this year and thank every staff member for their efforts. Also, thank you and well done to the Nonna's Cucina board who have also done a fantastic job working together in 2021.

I would also like to recognise everyone who has partnered with Nonna's Cucina this year, we appreciate your support and value the strong relationships we have formed. A big thank you to our major sponsors ACM Concrete and Tony & Marks, and to our bronze sponsors 1800-GOT-JUNK. Also, thanks to Patritti Wines, Ngopamuldi Aboriginal Corporation, Studio Victoria, the Adelaide Food Fringe, Daniela Fontanarosa, Dualita Acoustic Duo, InDaily, Joe Szakacs MP, Lino Cardone, Midwest Health, Montervergin Festa, Radio Italia Uno, Radio Italiana 531, the Government of South Australia and the Marche Club. I may have missed one or two, but your efforts and support are very much appreciated.

Nonna's Cucina would not be possible without the amazing dedication of our volunteers, we truly appreciate each one of you for the time you devote towards Nonna's Cucina.

Next year looks to be another promising year for Nonna's Cucina with a range of fundraising events planned. We look forward to launching both our new daily meal menu and our new catering menu next month and sharing our delicious food with you! Be sure



to snap up the special in this newsletter on page 12 - traditional almond bread - winning!

I hope all our clients, volunteers, staff and loved ones have a Merry Christmas and Happy New Year. Looking forward to 2022, exciting times ahead!

*Rebecca*  
President





Australian Government  
Department of Health



Australian Government  
Aged Care Quality and Safety Commission

# Charter of Aged Care Rights

**All people receiving Australian Government funded residential care, home care or other aged care services in the community have rights.**

## **I have the right to:**

1. safe and high-quality care and services;
2. be treated with dignity and respect;
3. have my identity, culture and diversity valued and supported;
4. live without abuse and neglect;
5. be informed about my care and services in a way I understand;
6. access all information about myself, including information about my rights, care and services;
7. have control over and make choices about my care, and personal and social life, including where choices involve personal risk;
8. have control over, and make decisions about, the personal aspects of my daily life, financial affairs and possessions;
9. my independence;
10. be listened to and understood;
11. have a person of my choice, including an aged care advocate, support me or speak on my behalf;
12. complain free from reprisal, and to have my complaints dealt with fairly and promptly;
13. personal privacy and to have my personal information protected;
14. exercise my rights without it adversely affecting the way I am treated.

## **If you have concerns about the aged care you are receiving, you can:**

- talk to your aged care provider, in the first instance,
- speak with an aged care advocate on **1800 700 600** or visit **opan.com.au**, for support to raise your concerns, or
- contact the **Aged Care Quality and Safety Commission** on **1800 951 822** or visit its website, **agedcarequality.gov.au**. The Commission can help you resolve a complaint about your aged care provider.



## A message from General Manager - Marco Staltari

Welcome to our final newsletter edition for 2021! We have been busy as usual over the past few months delivering meals and taking on plenty of catering and fundraising events. In September we were able to treat our major sponsors ACM Concrete and Tony & Mark's to a delicious Chef's Table dinner and thank them for their support towards Nonna's Cucina and the wider SA community, which we are so grateful for.

We were privileged to be a part of the 66th Montevergine Festa at St Francis of Assisi in Newton. The Nonna's team worked tirelessly all day to make it possible as we served some delicious porchetta and marinated chicken panini to hundreds of people throughout the day and into the night.

We also found time to host some more cooking classes in our kitchen and welcomed some keen youth from Murray Bridge, who learnt some of our traditional recipes and even got to integrate some Goolwa PipiCo cockles into a delicious spaghetti dish. It was a great class and we hope they all enjoyed the experience and trip down to Adelaide. We also hosted a cooking class for the Italian Youth Group, thank you to Rosa Matto for her role in organising and running the class which was a lot of fun.

Over the past few months, we have spent some time helping cater at Patritti Wines who opened their beautiful Cellar Doors II in October. It has been a pleasure partnering with Patritti, and we thoroughly enjoyed our event, Nonna's Big Day Out on the 21st of November, as part of the Adelaide Italian Festival for 2021. The event was a great success with plenty of families and friends enjoying the amazing food and wine on offer. I would like to extend a massive thank you to our major sponsors ACM and Tony & Marks for their support, and everyone else who helped the event.



Furthermore, I would like to congratulate everyone involved in the Adelaide Italian Festival this year, it was a pleasure to be a part of the festival on both the opening and closing day this year. It was great to see the strength and togetherness of the Italian community in South Australia, and I hope this continues to grow in the coming years.

2021 has been another fantastic year for Nonna's Cucina, we have been able to purchase new kitchen equipment, marquees for events and keep our prices low with the help of fundraisers and catering events this year. I would like to thank and commend the staff and volunteers who have worked very hard to make all this possible, and once again, thank all our major sponsors and supporters throughout the year.

I wish everyone a Merry Christmas and a very happy new year!

*Marco*  
General Manager





## Cookery Classes

In the last few months, we hosted some more of our famous cookery classes. We firstly welcomed some keen youth from Murray Bridge, who enjoyed learning how to make some traditional Italian recipes. The dish of the day was undoubtedly the pasta vongole, which incorporated the Goolwa PipiCo cockles in a beautiful sauce! We hope they enjoyed the experience and their trip down to Adelaide!

We also hosted a cooking class for the Italian Youth Group, thank you to Rosa Matto for her role in organising and running the class which was a lot of fun.

If you know anyone or are a part of an organisation that may be interested in a team bonding session, feel free to recommend a cookery class with the chefs and nonne of Nonna's Cucina!



## Chef's Table

In September we decided to treat our major sponsors ACM Concrete and Tony & Mark's to a delicious Chef's Table dinner and thank them for their support towards Nonna's Cucina and the wider SA community. We are so grateful for their help in the purchasing of new equipment and keeping our prices at a minimum. We hope they enjoyed the night!





## La Madonna di Montevergine Festa

In September we were asked to be a part of the 66th Madonna di Montevergine Festa at St Francis of Assisi in Newton. Many of our staff and volunteers have great memories attached to this festival and have been attending it for a number of years, so it was something the team was excited to be a part of. The Nonna's Family worked tirelessly serving delicious porchetta and marinated chicken panini to hundreds of people throughout the day and into the night.



## Nonna's Cucina Feedback

Thank you to all our volunteers and clients who passed on feedback to the team. We are still looking through some of the feedback and planning new ways to improve our organisation in the new year.



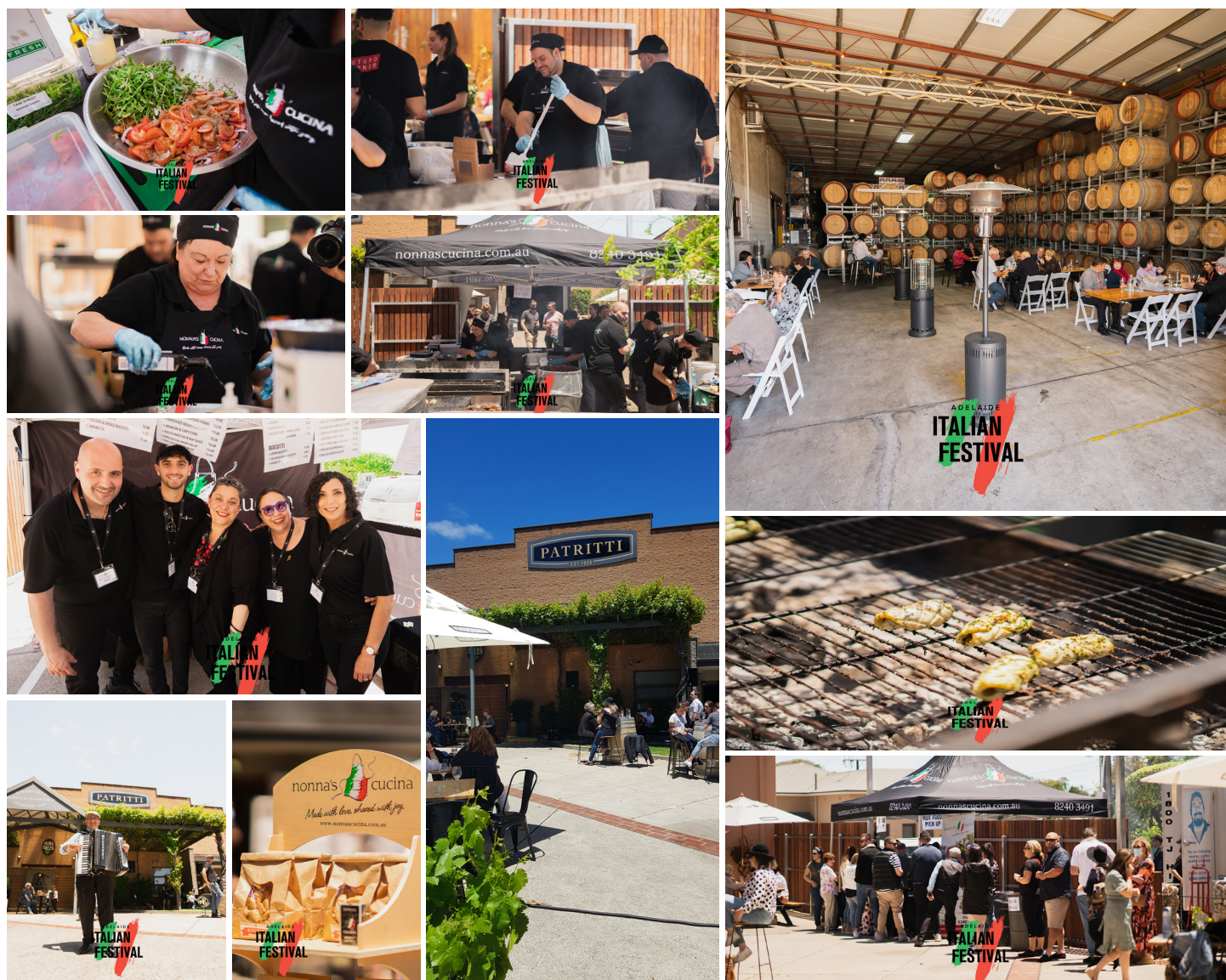
## Adelaide Italian Festival 2021

We were delighted to once again be a part of the Adelaide Italian Festival and host two events during a week that showcased Adelaide's Italian culture and traditions. The Adelaide Italian Festival opening ceremony mass is held each year at the St Francis Catholic Cathedral, where we were lucky to have a stall set up with fresh panini, coffee, and cake.

After opening the festivities at the mass, we felt it was fitting to close the festival with a BIG event that we organised with our good friends at Patritti Wines. Nonna's Big Day Out at Patritti was a sold-out event and a huge success, it was amazing to see our vision come to life as we gathered the community and surrounded them with some of the best food, wine and music South Australia has to offer!

A huge thank you to Patritti for hosting the event at their wonderful venue, what an amazing day! Nonna's Big Day Out would not have been possible without the support from our Major Sponsors ACM and Tony & Mark's. A massive thank you to Michela Capriccioni and Daniela Fontanarosa, Your Coffee Guy, Lino Cardone and of course everyone that volunteered on the day and made the event possible.

We look forward to being part of the Adelaide Italian Festival again next year!







## In 2019 ACM Concrete, owned by 3 brothers, became our first major sponsor since opening in 1999.

ACM Concrete has a strong family history of concreting, with both a father and uncle in the industry for over 50 years. Starting in our early teens, we often helped our father Michele on the job site. With concrete in the blood, it was inevitable that the family business would carry on.

At ACM Concrete, we pride ourselves in our reliability, professionalism and workmanship. We approach each job as if it is our own, working with clients to transform their concepts and visions into a reality.

It is often said that “A sign a of a good tradesman is one who calls when they say they’ll call, arrive on the job on time and clean up after themselves as if they were never there”. ACM Concrete operates this way as we understand what our clients want.

As Members of the Master Builders South Australia, licensed builders and over 20 years of experience, you are guaranteed to get the best quality finish every time.

**Give them a call on 0411 063 177.**





## Multilingual Older Persons COVID-19 Support Line

**Italian 1800 549 844**

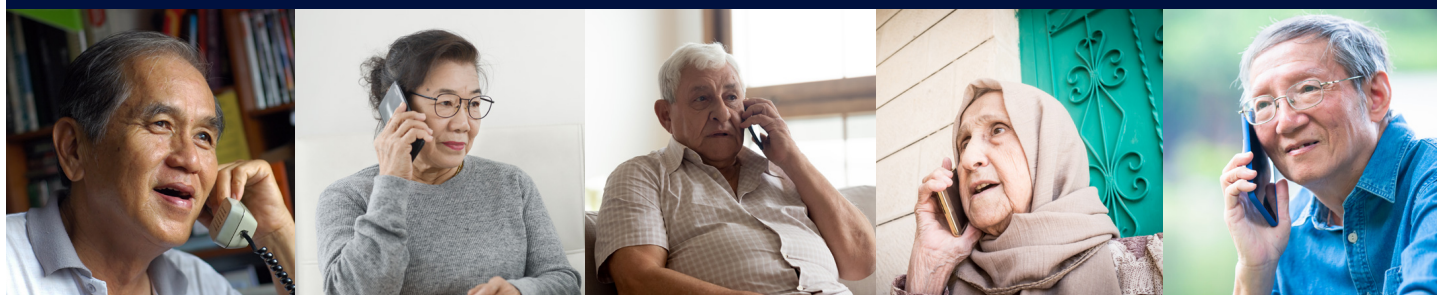
**Greek 1800 549 845**

**Vietnamese 1800 549 846**

**Mandarin 1800 549 847**

**Cantonese 1800 549 848**

**Arabic 1800 549 849**



The Multilingual Older Persons COVID-19 Support Line provides information about COVID-19 and can support you to connect with aged care services, dementia care and other support services. It is available in Arabic, Cantonese, Greek, Italian, Mandarin and Vietnamese. All calls are free.

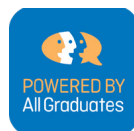
Visit [www.picacalliance.org](http://www.picacalliance.org) for more information about the support line and to download brochures in the six languages.

### Support Line hours:

**FREE CALL**

**2pm - 5pm (Melbourne time) Monday - Friday**  
**Excluding public holidays**

The Multilingual Older Persons COVID-19 Support Line is funded by the Australian Government of Health and is a joint initiative of:



This initiative complements the Older Persons COVID-19 Support Line which is supported by:





**DECEMBER NEWSLETTER  
SPECIAL OFFER  
\$5.95\***

**Almond Bread  
(120g bag)**

**PLACE YOUR ORDER TODAY!**

Be sure to snap up this special which is only available for the duration of this newsletter! Almond Bread (120g bag) for just \$5.95!

Call the office to place a catering order today!

PHONE (08) 8240 3491 or EMAIL [reception@nonnascucina.com.au](mailto:reception@nonnascucina.com.au)

MUST BE PRE-ORDERED. PICKUP ONLY.





# Mama Mia!

## ITALIAN FOOD

**DIRECTIONS:**  
Find and circle the words in the grid. Look for them in all directions including backwards and diagonally.

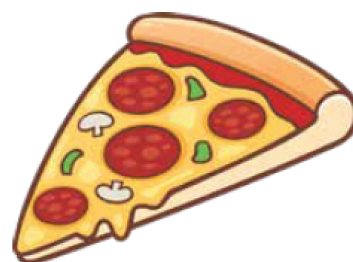
M	A	R	I	N	A	R	A	V	E	N	O	P	R	A	C	S	A	M
P	P	B	O	X	V	X	P	A	N	E	T	T	O	N	E	U	U	P
I	A	T	K	O	A	T	U	X	T	K	T	W	O	T	A	L	E	G
A	N	C	P	O	T	T	U	I	C	S	O	R	P	F	N	P	N	V
T	N	I	W	W	S	D	I	D	W	R	S	K	B	B	E	E	O	L
T	A	I	T	S	A	P	I	T	N	A	I	I	Z	R	M	G	Z	A
E	C	G	D	S	P	N	P	O	L	F	R	U	O	K	S	O	L	N
H	O	S	E	Y	O	L	I	I	S	H	G	N	P	C	B	L	A	G
C	T	F	I	P	T	R	K	X	Z	S	I	D	H	E	E	J	C	A
S	T	N	E	N	U	Y	C	K	M	Z	O	I	I	R	S	A	K	S
U	A	G	P	S	A	N	U	Y	K	B	A	B	A	S	P	T	H	A
R	G	Z	A	B	A	G	L	I	O	N	E	Z	U	H	E	F	O	L
B	J	A	X	U	F	U	E	K	T	E	Z	M	A	C	C	T	B	Q
U	E	W	R	E	W	S	C	I	C	O	V	O	G	D	O	L	T	I
C	A	R	B	O	N	A	R	A	M	G	A	Z	O	Y	R	S	N	E
K	I	S	P	F	O	C	A	C	C	I	A	W	Z	P	I	O	I	Y
M	C	M	G	R	D	I	T	O	R	T	E	L	L	I	N	I	J	V
N	N	I	M	I	N	E	S	T	R	O	N	E	Z	F	O	U	A	Y
I	P	N	P	O	H	U	I	H	K	C	I	T	S	D	A	E	R	B

Antipasti  
Breadstick  
Bruschetta  
Calzone  
Carbonara  
Chianti  
Crostini  
Focaccia  
Gelato  
Lasagna  
Marinara  
Mascarpone

Minestrone  
Mozzarella  
Osso Buco  
Panettone  
Panna cotta  
Pasta  
Pecorino

Peperoni  
Pesto  
Pizza  
Prosciutto  
Ragu  
Risotto  
Tortellini

Zabaglione





## Compliance

*"It's beginning to look a lot like Christmas"*

The year is coming to an end and the team of volunteers and staff at Nonna's Cucina have put in a tremendous contributions during another big year.

The commitment of everyone at Nonna's has been tireless as we navigated another year of COVID-19 restrictions and new requirements with the ever-changing pandemic. Our directive through the SA State Government has been one to ensure the safety and wellbeing of our vulnerable and aged clients in the community by mandating vaccinations of all our staff, board members & volunteers who provide a service from November 30th. We had an overwhelming show of support from everyone as all eligible team members have had at least one dose (with the majority being fully vaccinated) of the vaccine, which we report to keep in line with regulations and compliance policies.

In September we had our annual HACCP accreditation audit through Global Compliance Certification, and we reported a great and creditable score, which deemed us compliant in all areas of our cooking facility. The audit is a whole day event which vigorously checks cooking processes, cooling processes as well as receipt and processing



of goods, all documentation records, and the overall cleanliness of the kitchens. Well done to Stefan and the team!

Finally, I'd like to inform everyone that in September Nonna's Cucina were successful with the "Expand Together Grant" application through the Multicultural Affairs Department, Department of the Premier, The Assistant Minister to the Premier and South Australian Government, and that we were able to purchase a new 150 Litre Gas Soup Kettle to produce our soups! With the State Government's Grant and Fundraising money raised, we were able to purchase the kettle and it has been a fantastic asset to assist in the production of our nutritionally balanced soups for our clients.

*Saverio Catanzariti*



# GREETING CARDS

*with Recipes*

CARDS  
\$4<sup>EA</sup>

13 PACK  
\$36

nonna's  cucina  
*Made with love, shared with joy.*  
[www.nonnascucina.com.au](http://www.nonnascucina.com.au)

- Blank inside
- Recipe card on the back
- Envelopes included

## NONNA'S SPECIAL MERCHANDISE

HATS  
\$20

APRONS  
\$20

BAGS  
\$10

PLACE YOUR  
ORDER TODAY!

PHONE (08) 8240 3491  
or EMAIL [reception@nonnascucina.com.au](mailto:reception@nonnascucina.com.au)

BOTTLE  
OPENERS  
\$3

GIFT  
VOUCHERS  
AVAILABLE







## Monetary Donations

As Nonna's Cucina is a not-for-profit organization, we have many different ways in which you can support us. You can make a direct cash contribution to the organization and can stay anonymous if you wish, or become a sponsor and have your brand advertised by us.

You can even become a Nonna's Cucina member for a small yearly fee.

We also have sponsorship packages for businesses/families to promote themselves within the communities. Call if you would like to receive a pack.

All donations to Nonna's Cucina are tax deductible.

Donate today and help your community.

## Bequest to Nonna's Cucina in your Will

Why not leave the gift of love by bequeathing funds or property to Nonna's Cucina?

By supporting us with this generous gift of love, you will provide ongoing services to our most vulnerable in our community.

If you are considering supporting a dedicated and reliable service in your will, consider Nonna's Cucina. We would be very grateful for your consideration.

***A donation to Nonna's Cucina would provide funding for equipment and supporting consumers who struggle to pay for their meals.***



Government of South Australia  
Department of Human Services



Australian Government  
Department of Health



Australian Government



myagedcare



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Royal Park SA 5014  
Ph: 8240 3491