V	VEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup	Chicken & Vegetable Soup	Vegetable & Spring Onion Soup with Pastina	Sweet Potato & Leek Soup	Chicken & Sweetcorn Soup	Thick Vegetable Soup
	Main	Ham Steak with Pineapple & Cheese	Crumbed Fish with Tartare Sauce	Roast Lamb with gravy	Meat Lasagne	Savoury Mince Cassarole
	Side	Mashed Potato Peas	Beans Baby Carrots	Roast Potato Roast Pumpkin		Carrot Mix Mashed Potato
С	Dessert	Jelly with Pineapple	Tiramisù	Fresh Fruit Salad	Panna Cotta with berry sauce	Vanilla Slice

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chickpea & Vegetable Soup	Beef & Vegetable Soup	Chicken & Asparagus Soup	Thick Vegetable Soup	Pumpkin Soup
Main	Beef Rissoles with Onion Gravy	Roast Chicken with Gravy	Crumbed Fish with Tartare Sauce	Shepherd's Pie	Pasta Bake
Side	Mashed Potato Pumpkin	Roast Potato, Broccoli, Carrot & Cauliflower Mix	Baby Beans Baby Carrot		
Dessert	Fresh Fruit Salad	Chocolate Mousse on a Biscuit Base	Cinnamon & Vanilla Creamed Rice	Carrot Cake	Dark Chocolate Cake

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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Egg Ball Soup	Cream of Chicken Soup	Minestrone Soup	Chicken Noodle Soup	Beef & Vegetable Soup
Main	Chicken Parmigiana	Bacon & Potato Quiche	Beef Sausage with Onion Gravy	Tuna Mornay	Corned Beef with Parsley Sauce
Side	Baby Beans Carrots		Mashed Potato Peas		Corn Steamed Potato
Dessert	Custard with Caramel Sauce	Fresh Fruit Salad	Lemon Cheesecake	Jelly Fruit	Banana Cake

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WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Zucchini & Bacon Soup	Cannellini Bean & Vegetable Soup	Sweet Potato & Leek Soup	Lentil & Vegetable Soup	Chicken Noodle Soup
Main	Beef Rissoles	Chicken & Leek Pie	Mexican Chilli Con Carne (Mild)	Roast Beef & Gravy	Crumbed Fish Tartare Sauce
Side	Broccoli Baked Potatoes		Potato Bake Cheese	Roast Potato Roast Pumpkin	Potato Bake Baby Carrots
Dessert	Apple & Sultana Crumble with cream	Cinnamon Cake	Fresh Fruit Salad	Trifle	Chocolate Marble Cake

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WEEK 5	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chicken & Asparagus Soup	Pumpkin Soup	Italian Bean Soup	Chicken Soup with pasta	Cream of Potato & Corn Soup
Main	Pasta Bake	Sausage Casserole	Roast Pork with gravy	Crumbed Fish	Meat Loaf with Gravy
Veg		Mashed Potato Broccoli	Roast Potato Roast Pumpkin	Baked Potato Carrots	Steamed Cocktail Potatoes Peas
Dessert	Jelly Fruit	Fresh Fruit Salad	Orange Cake	Fruit & Custard	Coffee Cake

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