



# Newsletter

Issue 2 18 February 2020

## St Joseph's School

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Website: [www.stjotto.catholic.edu.au](http://www.stjotto.catholic.edu.au)

**In All Things Love**

### Uniform Shop

Open on Monday and Fridays  
8.30 am to 9.30 am

### Playgroup

Friday - 10.00 am to 11.30 am

### Out of School Hours Care

#### Daily

6.30 am to 8.30 am  
and 3.00 pm to 6.00 pm

**Tuesday** 2.45 pm to 6.00 pm

Bookings essential

Mobile: 0437 863 067

### St. Maximilian Kolbe Parish

Priest - Fr Marek Ptak CR

Phone: (08) 8447 3223

Email: [smax@ottowayparish.com](mailto:smax@ottowayparish.com)

### Mass Times

Saturday 6.30 pm

Sunday 8.30 am English &  
10.30 am Polish

Weekday 6.30 pm English & Polish  
Except Tuesday

(check with Parish)



## 2021 BOTANIC GARDENS EXCURSION



We acknowledge that our school is on Kurna country. We recognise and respect the Kurna people as the continuing custodians of the Adelaide Plains and pay our respect to Elders past and present.

As I have been moving around the school each day it has been very pleasing to see that children have settled well into the new school year. In classrooms children are busy engaged in the learning opportunities presented to them, enjoying each other's company and learning together.

### **Parent Information Evening & School Board AGM– Monday February 8.**

It was encouraging to see the large number of families attend our Parent Information Evening and School Board AGM on Monday February 8. The evening provided an opportunity for parents to gain an insight into their children's classroom learning environment and routines along with hear about ways they can support their children's learning at home. In addition those who attended the School Board AGM were able to gain an insight into our school achievements for 2020 along with how the school is tracking in terms of strategic planning and finance. The partnership between home and school is a vitally important one as there is concrete evidence which states that high parent engagement supports children in their academic and social development. Thank you to all the parents and carers who joined us on this evening. Thank you also to all our teachers for their efforts in preparing for and facilitating the evening.

Finally, a reminder that Parent/Teacher interviews will take place during Week 9 of this term. More information will be forwarded to you closer to the time.

### **Whole School Botanic Gardens Excursion Wednesday February 3**

Our whole school excursion to the Botanic Gardens on Wednesday February 3 proved to be a great success. The day provided an opportunity for the whole school community to spend time together having fun and getting to know each other. Across the first 3 weeks of each school year teachers spend a lot of time developing relationships with their children and allowing their children to develop relationships with each other. This strategy forms the basis for a successful school year. Our whole school excursion in Week 2 of Term 1 each year compliments this strategy very well.

### **Ash Wednesday – Wednesday February 17**

A number of classes will join the parish community in celebrating Ash Wednesday mass in St Maximilian Kolbe Church. Parents are very welcome to join us during this mass. Classes not attending mass will celebrate an Ash Wednesday liturgy in their classroom.

### **St Joseph's Feast Day – Friday March 19**

As a whole school we will join the parish community in celebrating St Joseph's Day mass in St Maximilian Kolbe Church. Parents are very welcome to join us during this mass. Further details about the day will be forwarded to you closer to the time.

### **Pupil Free Day – Friday March 26**

Our staff will be involved in professional learning in the area of Religious Education. APRIM Simon McCullough and myself will facilitate the day where staff will be involved in further developing their understanding of liturgy in order to plan and develop contemporary liturgical experiences for the children in their classes. OSHC will be available for families who require the service on this day. Bookings are essential so please see Mieke if you need to make a booking.

### **Catholic Identity**

In the past I have used the following piece of scripture from the book of Jeremiah with staff:

*The word that came to Jeremiah from the Lord; Come, go down to the potter's house, and there I will let you hear my words. So I went down to the potter's house, and there he was working at his wheel. The vessel he was making of clay was spoiled in the potter's hand, and he reworked it into another vessel, as seemed good to him. Then the word of the Lord came to me: Can I not do with you, O house of Israel, just as the potter has done? Says the Lord. Just like the clay in the potter's hand, so are you in my hand, O house of Israel. (Jeremiah 18: 1-6)*

This piece of scripture reminds us of how impressionable children can be and the impact our attitudes, words and actions have on the development of children in our care. Our school motto of, *In All Things Love* calls us to ensure that words spoken, decisions made and actions taken are out of love, compassion and respect for each individual.

### Teaching and Learning

Our whole school Literacy and Numeracy blocks have commenced in the past week. Literacy and Numeracy Blocks are daily non-interrupted times where teaching and learning is focused on developing children's understanding, knowledge and skills in these vital areas of school life.

I currently have the pleasure of working with our Year 2, 3 and 4 children every Monday to Thursday as part of their Numeracy block. Enhancing children's learning outcomes through providing contemporary child centred and engaging learning opportunities is our focus as teachers. Being in relationship with our children and their families, working in partnership to support all learners across the school is an important part of what we do.

It is pleasing to see all of our children working hard developing their Literacy and Numeracy knowledge, understand and skills.

### Making Space for Learning 2 Year Inquiry Project

This year we continue our involvement in the *2020-21 Making Space for Learning Inquiry Project*. The aim of the inquiry is to be able to identify the behavioural and learning difficulties associated with developmental trauma and formulate an informed and effective educational response. The inquiry began in 2020 with a detailed understanding of early year's brain development. We then examined the nature and effects of developmental trauma before developing strategies to respond to the specific behavioural and learning difficulties associated with developmental trauma.

In Term 2 last year teachers collected quantitative data (number/frequency) relating to our whole school inquiry question; **Does the use of core practice (calming strategies) at the beginning of learning blocks support and improve student self-regulation?** The quantitative data collected focused on; *How students re-entered their space for learning after a break (recess, lunch, specialist lesson)*.

During Terms 3 and 4 last year teachers also collected Qualitative Data (Anecdotal notes etc) prior to implementing strategies such as meditation, mandalas, drawing, quiet music, journal writing, reading over a 10 week timeframe to support children re-enter their learning space ready to fully engaging in the learning opportunities presented to them.

This term teachers will begin documenting the results of what has been learnt throughout the project in preparation for a formal presentation later in the year.

### Curriculum News

I have included two mathematical tasks which you might like to have a go at with your child/children.

This week's Mathematical tasks:

#### Reception to Year 3

I am thinking of a number between 10 and 100 with a single 8 in it. What might my number be?

What numbers can you make using 3, 5 and 8?

#### Years 4-6

How many numbers can you make using the digits 3, 4, 5 and 0? You can only use each digit once in each number.

Two numbers multiply to give 64000. What might the two numbers be?

Happy inquiry.

Reading is another core learning area here at St Joseph's School. Our staff use an agreed set of practices around children's development of reading skills, knowledge and understanding. These practices shape our reading programs across the school.

Children develop their reading skills, knowledge and understanding by reading regularly. At St Joseph's School regular reading at home forms a major part of homework set each evening. Why not create regular timeslots throughout the week whereby all electronic devices in the home are turned off and members of the family spend 15 minutes reading together.

Happy reading.

### Occasional Care Program

Beginning February 10, members of the wider community and the St Joseph's School community will be able to access our Occasional Care Program each Wednesday during the school term between 12 noon and 3pm. The program is available to children 3-5 years of age. Prior bookings are not available. Enquiries are to be made on the day care is required. The service is capped at 11 children. Our Preschool educators will facilitate the Occasional Care learning program.

### Canteen News

In Term 4 2020 Canteen manager Rebecca Allen was been busy meeting with suppliers to source healthier food options as part of the process of developing our new look healthier canteen menu in preparation for its launch this term. As healthy food options are often more labour intensive, this year both Rebecca Allen and Bronwyn Robinson will work in the canteen on Thursdays. Rebecca will also work in the canteen on Monday, Wednesday and Friday. As a result of our canteen menu changes we are seeking volunteers to support Rebecca between 9am and 11am on Mondays, Wednesdays and Fridays. If you are interested please come and see either Rebecca, APRIM Simon McCullough or myself.

In other news, the canteen will be closed on Tuesdays as Rebecca will work in the front office on this day. Ready-made cheese toasties will be easily accessible on Tuesdays for children who for whatever reason come to school without lunch.

### 2021 School Board Nominations

Nominations are now open to members of the school community who would like to serve on the school board in 2021. The school board plays a valuable role in school governance. The board also allows parents to have a voice in the strategic direction of the school.

Being a part of the school board can be a very fulfilling and rewarding experience. If you are interested in serving on the school board in 2021 please complete the attached nomination form and return it to the front office.

### School Nature Play and Sustainability Garden Update

Work is progressing to schedule with our School Nature Play & Sustainability Garden and the resurfacing of our Hard Court areas. So far there have not been any unforeseen issues to cause a setback with the project and as a result we remain hopeful that the project will be completed by the beginning of Term 2.

For safety purposes throughout Term 1 the work site will be fenced off from the school to allow work to take place during school hours. At this stage the entry to the school from Rosewater Terrace remains open using the gate closest to the playground.

### What is Resilience?

Resilience refers to the ability to manage everyday stressors and challenges. Resilience enables people to shift back along the mental health continuum towards good mental health. A child or young person's ability to be resilient can depend upon many things and can change depending upon their situation. Importantly, specific situations or events that one child or young person may find challenging, another may not.

### A child or young person who is resilient might:

be optimistic

use positive self-talk for encouragement

have a positive sense of self

identify and express their feelings and thoughts

not hide away from strong feelings

have helpful, age-appropriate strategies to manage their emotions when upset

rearrange their plans to work around an unexpected situation

have a sense of agency or responsibility

keep on trying if something doesn't work out and use their judgment about when to stop

hold a sense of purpose or hope for the future

actively ask for help if they need it

feel a sense of attachment to family, their learning community and to learning.

To learn more about how you can help [build resilience in your children](#) visit **Be You** (formerly Beyond Blue)

<https://beyou.edu.au/fact-sheets/development/brain-development>

May God continue to bless all of our families throughout 2021.

Working in partnership with you.

Shaun O'Leary.

### Some important dates –

17/2 – Ash Wednesday Mass 10am – students from Year 4-7  
17/2 Ash Wednesday Liturgy for R-3 students  
Monday 8/3 – Adelaide Cup Holiday  
Wednesday 17/3 – St Patrick's Day Mass  
Friday 19/3 – St Joseph's Mass and Harmony Day Celebration  
Thursday 25/3 – Annunciation of the Lord Mass  
Friday 26/3 – Pupil Free Day – Religious Education  
29/3 – 2/4 Holy Week liturgies 8:45am each morning



### Easter Raffle

The Easter Raffle is one of our fundraisers for the year. We are now looking for Easter chocolates and Easter themed gifts for prizes for our Easter Raffle. Donations can be made at the Front Office in the baskets provided. Thank you very much for your generosity.

## Parents and Friends News

### Parents and Friends and Volunteers

At St Joseph's School relationships between parents, carers, staff and students are highly valued. Parents and staff are partners in the educational process of the children in our care.

Our Staff prioritises and welcomes the development of good relationships with parents and caregivers. As parents are the key educators of their children we work closely with you to ensure that this shared journey assists our children to reach their full potential. Parents are a vital part of our school community and provide much needed and valued support to the school. The contribution families make towards the success of community events and celebrations throughout the year is central to the success we have in building a strong, hope filled community.

All parents and carers in our community are what we call Parents and Friends and we would love to support you in creating the community events and spirit that you want to have at St Joseph's. This might include fundraising, celebrations and community events and something as simple as making new families feel welcome here.

Parents volunteers are also so important to the life of the school in the classroom, canteen, school band and excursions.

All volunteer contributions are very valuable. To become a volunteer in the school there is a short process of induction and some requirements that need to be met. We can help you meet these requirements easily and appreciate your commitment.

Some of the requirements are;

- Work Health and Safety for Volunteers
- Responding to Abuse and Neglect training for volunteers.
- Protective practices for working with children.

Please make a time with me, this will take around 20 minutes. to complete.

Over the past two years St Joseph's parents have organised:

- a Karaoke Night
- School Discos
- Morning Teas
- barbecues at Sports Day and at the End of Year celebrations
- A Mid-Autumn Festival with a beautiful banquet of food
- Mother's and Father's Day events amongst many other valuable contributions

## OSHC News

Dear Parents and Caregivers.

Welcome to Term 1, 2021 in OSHC.

Please feel welcome to visit and then use OSHC, where children are in a safe supervised environment; learning happens while children play, have fun, and make new friends.

Please remember morning care in OSHC is available, **6.30-8.30am. (by appointment or permanent booking)**  
**You will need to make a booking for the 6.30am care.**  
**OSHC is available each week day 7.30-8.30am.**

**All parents using OSHC will need to check their myGov app to check for messages. Follow the prompts—confirming that you used the OSHC service. This occurs as we have just had a break, and Centrelink is just confirming you are using the service. If you don't confirm you will not receive CCS (Child Care Subsidy).**

### Casual attendance in OSHC

Please remember check **your personal myGov** app and **Centrelink for messages**.

When parents use OSHC casually you won't automatically receive CCS (Child Care Subsidy).

You will need to visit **your myGov app** to check for messages.

Follow the prompts—confirming that you used the OSHC service.

**This will occur for casual attendance of the service.**

**Centrelink is just confirming that you are using the service.**

A reminder: last year there was a late fee increase.

### Late Fee Policy Statement

A late fee of \$2 per minute will be imposed when parents arrive later than the closing time regardless of notifying the service that you will be late. A parent is regarded as being late when they arrive to collect their child any time after 6:00pm which is closing time.

Parents/caregivers are welcome to read the OSHC Policies, feel welcome to ask and I will make copies available for your perusal.

Please remember to make a booking when you need OSHC.

All bookings can be made by ringing or messaging the **OSHC mobile on 0437 863 067**.

If there is no answer leave a message on the service. I will call or message you back.

Making a booking helps us keep the child/staff ratio in line with legislation.

24 hours' notice is necessary when cancelling a booking or charges will occur.

Thank you for your cooperation.

Mieke

OSHC Director

## Chaplain News



Parents and Caregivers are most welcome to gather for tea, coffee and biscuits Thursday mornings after dropping students at school. Refreshments are set up in the shaded area near the front entrance gates.

We look forward to chatting with you in the coming weeks.

## School Calendar

Term 1 2020

February		March		April	
19	St Joseph Feast Day	8	Adelaide Cup Public Holiday	2	Good Friday Public Holiday
22	School Board Meeting	15	Andrew Chinn Whole School Incursion	5	Easter Monday
		22	Parent Teacher Interviews School Board Meeting	9	<b>Term 1 Concludes 12:30pm</b>
		26	<b>Pupil Free Day</b> - Bookings are essential so please see Mieke if you need to make a booking.		

## Tear Off Slips

### Please return to Shaun O'Leary

I wish to nominate \_\_\_\_\_ to serve on the St Joseph's School Board.

Nominee's Signature \_\_\_\_\_

I wish to nominate myself \_\_\_\_\_ to serve on the St. Joseph's School Board in 2020

Signature \_\_\_\_\_

### Please return to Simon McCullough

## Parents & Friends

I, \_\_\_\_\_ would like to support the 2021 Parents and Friends events or volunteer in another way.

My child / children are in: \_\_\_\_\_ (class)

I am best contacted on: \_\_\_\_\_ (phone / email)

## Sacramental Program

I would like to receive an enrolment form for my child for the next Sacramental program.

My child is already baptised:                      Yes                      No **(PLEASE CIRCLE)**

Child's Name \_\_\_\_\_ Class: \_\_\_\_\_

Parent's Name \_\_\_\_\_ Signature: \_\_\_\_\_

## February Webinars for Parents and Caregivers with Kirrilie Smout



To join the Webinar on the night you need to ensure you have downloaded Zoom.

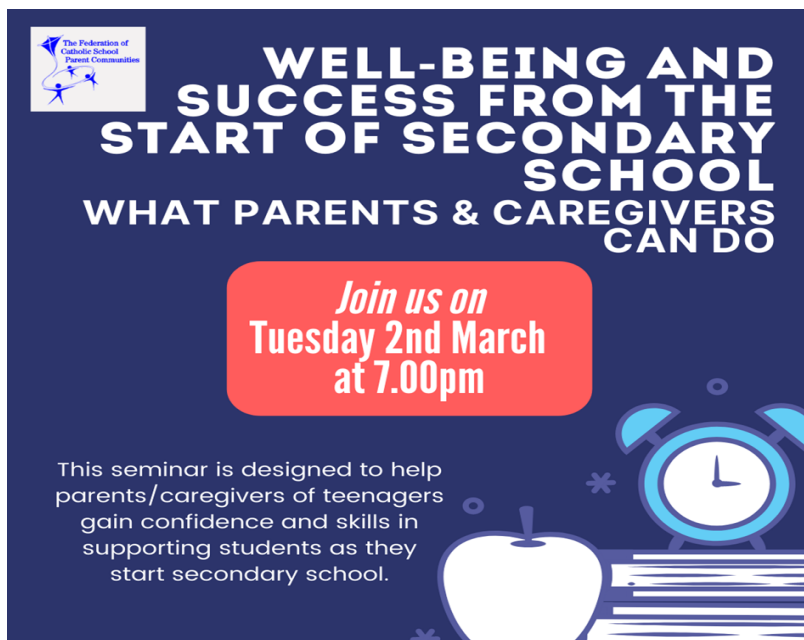
### Zoom Meeting Link;

<https://us02web.zoom.us/j/87486114180?pwd=czNuMER4Tk1xdEh6YXUwZW1leTk4UT09>

**Meeting ID: 874 8611 4180    Passcode: 819527**

In this free webinar, psychologist and author Kirrilie Smout will cover:

- The 6 emotional and social learning challenges and needs for children as they start school.
- Helping children tell us more about their school days and experiences (without pressuring them).
- Helping children manage friendships and social relationships.
- Helping children become independent and responsible learners.
- Helping children manage worry and frustration about school experiences.





To Join the Webinar on the night you need to ensure you have downloaded Zoom Meetings.

### Join Zoom Meeting

<https://us02web.zoom.us/j/89226356975?pwd=dVJNTk5RejdRL1cxa0xOVFJlOVlWQT09>

Meeting ID: 892 2635 6975 Passcode: 991465

In this free webinar, psychologist and author Kirrilie Smout will cover:  
The factors associated with higher well-being and academic achievement of students in secondary school.  
Knowing how to talk with teens (including those who are reluctant to communicate).  
Knowing how to support teens to get enough sleep and use devices wisely.  
Helping teens to navigate friendships and interactions with their peers.  
Knowing how to set boundaries in ways which are respectful and empowering for young people.

*Kirrilie Smout is the founder of Developing Minds, a large child and adolescent psychology clinic in Adelaide and Calm Kid Central which provides online support for children who are struggling with worry, frustration or challenging behaviour. She has worked with young people, their families and teachers for 24 years, presented thousands of workshops to school students and authored three books: When Life Sucks, When Life Sucks for Kids and The Years that Count.*

## March Webinars for Parents and Educators



**Students Who Shut Down and Disengage  
WHAT DO I DO?**

**Free**

The Federation of Catholic School Parent Communities

**1hr Professional Webinar for Teachers, Educators and Leaders of SA Catholic School Communities.**

**LBI FOUNDATION**

4:00pm 31st of March 2021

### Further Information and Registration

<https://www.eventbrite.com.au/e/sa-catholic-educator-responding-to-shut-down-and-disengaged-students-tickets-139318606703>



**Children and Young People Who Shut Down and Avoid Talking  
WHAT DO I DO?**

**Free**

The Federation of Catholic School Parent Communities

**1hr Professional Webinar for Caregivers and Parents of SA Catholic School Communities.**

**LBI FOUNDATION**

7:30pm 31st of March 2021

## Further Information and Registration

<https://www.eventbrite.com.au/e/sa-catholic-caregiver-responding-to-children-who-shut-down-and-dont-talk-tickets-139319445211>

Presented by the LBI Foundation in Partnership with the Federation of Catholic School Parent Communities

**Dr Ivan Raymond**

Clinical Psychologist, PhD

[www.lbi.org.au](http://www.lbi.org.au)

[www.lbi.org.au](http://www.lbi.org.au)

**Ms Kylie Agnew**

Registered Psychologist and Teacher

### Notice Board





# OLSH

OUR LADY OF THE  
SACRED HEART  
COLLEGE

# OPEN DAYS

SUNDAY 14 MARCH 1.00 - 3.00pm

MONDAY 15 MARCH 5.00 - 7.00pm

To register, visit: [olsh.catholic.edu.au](http://olsh.catholic.edu.au)

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# Seaton

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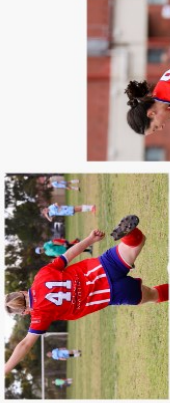
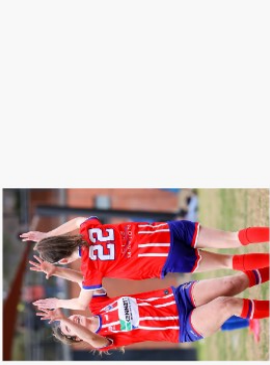


- Dancing
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  - Singing
- Learn all kinds of dance skills while having fun and making friends!
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FIRST TWO LESSONS FREE

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or call  
Bek: 0419 914 530



# PLAYERS WANTED

**MINIROOS 9-11  
UNDER 13, 15 & 17  
SENIOR GIRLS**

**PLAYERS OF ANY  
EXPERIENCE  
WELCOME!**

**ENQUIRE TODAY!**



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SOCCER CLUB

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E - LEIGHMATT00@HOTMAIL.COM