



Issue 17 5 November 2020

# St Joseph's School

10 Ina Avenue, Ottoway S A 5013  
Telephone: (08) 8447 4969  
Facsimile: (08) 8241 0380  
Email: info@stjotto.catholic.edu.au  
Website: www.stjotto.catholic.edu.au

In All Things Love

### Uniform Shop

Open on Monday and Fridays  
8.30 am to 9.30 am

### Playgroup

Friday - 10.00 am to 11.30 am

### Out of School Hours Care

**Daily**  
6.30 am to 8.30 am  
and 3.00 pm to 6.00 pm  
**Tuesday** 2.45 pm to 6.00 pm

Bookings essential  
Mobile: 0437 863 067

**St. Maximilian Kolbe Parish**  
Priest - Fr Marek Ptak CR  
Phone: (08) 8447 3223  
Email: stmax@ottowayparish.com

**Mass Times**  
Saturday 6.30 pm  
Sunday 8.30 am English &  
10.30 am Polish

Weekday 6.30 pm English & Polish  
Except Tuesday  
(check with Parish)

# Newsletter



Who says we can't have fun!!!

Everyone dressed up in their finest costumes and had serious fun parading around.

## Curious Creatures and Wild Minds

### BOOK WEEK 2020



School Security



And the winners for the Best Dressed Class.....(Drum roll please) are the Receptions!! Congratulations, Yay!!!



We acknowledge that our school is on Kurna country. We recognise and respect the Kurna people as the continuing custodians of the Adelaide Plains and pay our respect to Elders past and present.

## Principal News

We are fast approaching the half way point of Term 4 in what has been both a busy and challenging year. Children and teachers are busy working hard to ensure all areas of the curriculum are covered in preparation for end of year assessments and report writing. Our children have done a fantastic job this year to remain focused on their learning and to enjoy being children, allowing government authorities and health officials take care of our society's response to the Covid 19 pandemic. I'd also like to acknowledge the respect our families have shown towards the school by adhering to social distancing guidelines put in place by South Australia Health. It is my hope in 2021 that restrictions will be further eased and we can resume many of our community building events with parents and carers in attendance.

### Curriculum News

I have included two mathematical challenges which you might like to have a go at with your child/children. This week's Mathematical challenges:

#### Reception to Year 3

I drew a shape with 3 sides. What might my shape look like?

I made a picture using only triangles and squares. What might my picture have looked like?

#### Years 4-6

The Year 5 students said they were going to mark out a soccer pitch. Write down the instructions they need to follow.

A shape has at least two sides 6cm long and at least two sides 12cm long. One angle is 90 degrees, one angle is less, but the rest are more. What might the shape look like?

Happy inquiry.

### Canteen News

Canteen manager Rebecca has been busy meeting with suppliers to source healthier food options as part of the process of developing our new look healthier canteen menu in preparation for its launch in Term 1, 2021. As healthy food options are often more labour intensive, commencing in 2021 both Rebecca and Bronwyn will work in the canteen on Thursdays. Rebecca will also work in the canteen on Monday, Wednesday and Friday. As a result of our canteen menu changes we are seeking volunteers to support Rebecca between 9am and 11am on Mondays, Wednesdays and Fridays commencing in 2021. If you are interested please come and see either Rebecca, APRIM Simon or myself.

In other news, the canteen will be closed on Tuesdays commencing in 2021 as Rebecca will work in the front office on this day. Ready-made cheese toasties will be easily accessible on Tuesdays for children who for whatever reason come to school without lunch.

### Nude Food Day

Our Nude Food Wednesday trial throughout Term 3 proved to be a success in helping children become more aware of food packaging waste while at the same time reducing the amount of packaging waste in the school yard. This initiative is in line with our school action plan around ecological conversion and sustainability and is supported by our school Student Sustainability Council. The school canteen has also been on board, limiting the amount of food packaging where possible on these days. Our Student Sustainability Representative Council have recommended two Nude Food Days each week moving forward, those days being Tuesday and Wednesday. As a result Nude Food Tuesday and Wednesday will continue indefinitely.

### Transition Program for Preschool and Reception children in Preparation for 2021

This year our Transition Program for children entering Preschool and Reception in 2021 will be run over three consecutive Tuesday mornings; November 17, 24 and December 1.

While children are visiting on Tuesday November 17, parents have been invited to attend a Parent Information Session that will provide important information to assist with a smooth transition to St Joseph's School.

The aim of our transition visits is to ensure all children entering Preschool and Reception in 2021 feel comfortable, happy and familiar with their surroundings leading up to the start of the 2021 school year. The transition visits also provide staff with the opportunity to get to know each child and begin putting in place support programs in preparation for the 2021 school year.

### Year 6 Graduation

On Wednesday December 9 our Year 6 children will celebrate the completion of their primary years schooling with our Year 6 Graduation Liturgy which will take place in the school hall at 6:00pm. Following the Graduation Liturgy the children will travel by bus to and from the Watermark Hotel, Glenelg to celebrate their Year 6 Graduation Dinner together. (This is dependent on Covid 19 restrictions in place at the time). Further details surrounding the evening will be provided to families closer to the time.

### Physical Education Week: Term 4 Week 5

To compensate for the fact that we have been unable to hold our 2020 Sports Day due to Covid 19, as part of Physical Education Week (Term 4 week 5) our School Sports Day House Captains will be involved in facilitating daily Physical Education activities along with our Tri-skills activity day to be held on Thursday Week 5 (November 12). Tri-skills have been booked to lead the day here at school with our Sports Day House Captains involved in leading on the day also. Physical Education week this year shapes to be a week full of fun and activity.

### School Nature Play and Sustainability Garden Update

I am pleased to announce that we have received final approval from Catholic Education South Australia to proceed with the development of our Nature Play & Sustainability Garden space. The project has gone to tender in recent days, giving local companies the opportunity to bid for the project. In consultation with our architect and Catholic Education South Australia we will decide on the company to take over the project. We remain hopeful that the project will commence some time during Term 4 with a completion date towards the end of Term 1, 2021.

### 2021-2023 Three Year School Improvement Strategic Plan

On Friday September 11 staff were involved in developing our 2021-2023 Three Year School Improvement Strategic Plan. The day involved staff reflecting on what has been achieved strategically in the past three years, our vision for the next three years and bringing this together in order to develop our three year strategic plan. Since this day I have collated all the input and feedback provided by staff as part of the process of formalising our 2021-2023 Three Year School Improvement Strategic Plan. The School Improvement Strategic Plan was presented to the school board for approval at the October 26 school board meeting.

### What are the Benefits Mindfulness?

Mindfulness is about learning to make a conscious and discerning choice where our attention lies, rather than allowing it to be dominated by concerns which take us away from experiencing the present moment. It allows us to stay open, curious and flexible about the moment that we're in. Mindfulness is a proven technique to support your mental health and wellbeing. Research has found that mindfulness can help you feel calmer, bring clarity and enhance your creativity and awareness. Other benefits, include:

- 
- o reduced rumination (continuously thinking about upsetting situations and things)
  - o reduced stress, including occupational stress, anxiety and depression
  - o improved focus and working memory (being able to recall and use relevant information)
  - o improved health through better immune function (resistance to disease) and slower ageing
  - o increased self-awareness, social awareness and self-confidence
  - o greater emotional intelligence, compassion (to self and others) and prosocial behaviours
  - o better and more flexible problem-solving abilities
  - o stimulating new connections and cell growth in the brain
  - o better resilience and coping with pain and life challenges.

To learn more about mindfulness visit **Be You** (formerly Beyond Blue)

<https://beyou.edu.au/fact-sheets>

**Safety Message**

Students and families are reminded to be wary of approaches from strangers, especially when they are unaccompanied or travelling to and from school. If they are approached, students should not respond and should not accept offers of rides or gifts. Students should seek the assistance of other nearby adults if they feel unsafe and should report the event to a trusted adult (parent or school staff member) as soon as possible. SAPOL advises that taking out a mobile phone and calling police can deter the offender and they recommend the student making a formal report to their closest police station.

**Skool Bag App**

To keep up to date with what is happening within our school along with upcoming school events why not download the **Skool Bag App** from the App Store on your mobile phone. Once downloaded simply search St Joseph's School, Ottoway and add to your Skool Bag page. Many of our families currently use the **Skool Bag App** to keep up to date with what is happening across our school.

In addition our school website **News and Events** link is regularly updated to assist our families in keeping up with what is happening across our school.

I hope you have a positive end to the working week and an enjoyable weekend.

Working in partnership with you.

Shaun O'Leary.

School Calendar			
Term 4 2020			
November		December	
12	Tri Skills Sports Activity Day at School	1	2021 Preschool & Reception Transition Visit
13	9am Whole School Assembly	2	Preschool & Year 6 Whole School Graduation Assembly
17	2021 Preschool & Reception Transition Visit	9	6pm Year 6 Graduation Liturgy Followed by Year 6 Graduation Dinner
23	School Board Meeting	11	12:30pm Term 4 Concludes
24	2021 Preschool & Reception Transition Visit		
		January 2021	
		27	8:45am Term 1 Commences

**MOUNT CARMEL COLLEGE**  
**COLLEGE TOURS 4pm:**  
 Tuesday 27 October  
 Tuesday 24 November

Book a College Tour today!

33 Newcastle Street, Rosewater SA 5013 | T (08) 8447 0500 | E mcc@mcc.catholic.edu.au | W www.mcc.catholic.edu.au

**OLSH**  
OUR LADY OF THE SACRED HEART COLLEGE

*Final College Tours for 2020*

**24 November, 9:30am and 5:30pm**  
Visit [olsh.catholic.edu.au](http://olsh.catholic.edu.au) or phone 8269 8800 to book.  
Personal tour requests also welcome.  
**FINALISING 2021 CLASSES | ENROL NOW FOR 2022**

OUR LADY OF THE SACRED HEART COLLEGE | A Girls Secondary Catholic College from Year 7 - 12  
496 Regency Road Enfield SA Australia 5085 | T: 8269 8800 | E: [olsh@olsh.catholic.edu.au](mailto:olsh@olsh.catholic.edu.au) | W: [www.olsh.catholic.edu.au](http://www.olsh.catholic.edu.au)

**APRIM News**

**Parents and Friends**

Tea and Coffee is available each Thursday morning in the yard on the barrels. We would love for you to drop by and say hello. Michelle and I will be there most weeks along with Shaun and other staff. Hope to see you then.

**CC afternoon each Wednesday from 2pm in the Tenison Woods Hall**

CC is cuppa and chat and is organised by Barbara , Tanya and myself. Come and enjoy an hour of downtime with other parents and grandparents. Relax, slowdown, enjoy a cuppa, chat and play with some paper and pens, if you feel to do so. Or just sit and listen to others as they chat. The perfect break before the later end of the day commences. This is your time where you can do what you want. From 2 to 3pm, usually held in the hall, all are most welcome.

Looking forward to seeing you at the next CC Timeout.



**2021 Sacramental Program.**

This term we will be assembling our 2021 Sacrament Program group. Catholic children from Year 3 to Year 6 can nominate to be prepared for the Sacraments of Reconciliation, First Eucharist and Confirmation. We have no dates available for these celebrations, but families will be advised of these as they come to hand from the parish. Please complete the form below to register your child's interest.

To: Simon McCullough

I ..... would like my child to join in the 2021 Sacramental Program.

My child's name.....

My child's class teacher.....

My parish is.....

Please tick any sacraments that your child has completed:

Baptism/Initiation (your child must be baptized in order to be part of the program)

Reconciliation

First Eucharist

Communion

Signed .....

Date.....

## Chaplain News



Parents and Caregivers are most welcome to gather for tea, coffee and biscuits Thursday mornings after dropping students at school.

Refreshments are set up in the shaded area near the Front Office.

We look forward to chatting with you in the coming weeks.

If you would be interested in joining a small group to practice your English conversation and language skills once a week, please let the front office know. Depending on numbers, and a day that would suit most participants, final details will then be worked out. We hope that you can join us for some community connection time!



## Notice Board

*A reminder.....*

### Year 7 Enrolments

Year 7 enrolments for new students, including siblings must be submitted by the end of Year 4.

*Applications for Year 7, 2023 must be received by 18 December, 2020.*

*For all enrolment information please visit*

[www.nazareth.org.au/college/enrolment](http://www.nazareth.org.au/college/enrolment)



**With the weather getting Warmer  
Please make sure that your Child has  
A bottle of Water in their Bag as we  
do not have drinking taps at the  
moment due to covid.**

# CC Timeout - cuppa and chat

Come and enjoy an hour of downtime with other like minded folks.

Relax, slowdown, enjoy a cuppa, chat and play with some paper and pens,  
if you feel the need to do so.

Or just sit and listen to others as they chat.

The perfect break before the later end of the day commences.

This is your time where you can do what you want.

Wednesday 2.00 pm to 3.00 pm  
Tenison Woods Centre

All are most welcome

Looking forward to seeing you at the next CC Timeout.





It's me Mario and my friend Luigi!



Her Royal Highness has arrived



Just call me Bumblebee.



Hurry boys, we must save the world!!



Hi, I'm Mr. Pickles

It was wonderful to see so many parents help us celebrate this special occasion.

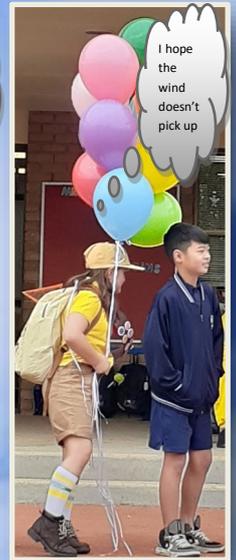


Who is my scary friend?

Thank you to all the staff, parents and students who made our day such a success.



I'm too cool for school!



I hope the wind doesn't pick up

# Curious Creatures and Wild Minds

A Snap Shot of

BOOK WEEK  
2020



Let's make some magic!

The students were put in small groups and went to different classes to participate in some exciting activities.

Just follow the Llama everyone!



What have I done? I've created a MONSTER!!!

With great power comes great responsibility



We're the 'Spooky Brothers'