



Newsletter

Congratulations to our 2020 St Joseph's Talent Show winners!

Issue 16 22 October 2020

St Joseph's School

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Email: info@stjotto.catholic.edu.au
Website: www.stjotto.catholic.edu.au

In All Things Love

Uniform Shop

Open on Monday and Fridays
8.30 am to 9.30 am

Playgroup

Friday - 10.00 am to 11.30 am

Out of School Hours Care

Daily

6.30 am to 8.30 am
and 3.00 pm to 6.00 pm

Tuesday 2.45 pm to 6.00 pm

Bookings essential

Mobile: 0437 863 067

St. Maximilian Kolbe Parish

Priest - Fr Marek Ptak CR

Phone: (08) 8447 3223

Email: stmax@ottowayparish.com

Mass Times

Saturday 6.30 pm

Sunday 8.30 am English &
10.30 am Polish

Weekday 6.30 pm English & Polish
Except Tuesday

(check with Parish)



1st Place

Xyrus

2nd Place

Maddy & Sierra



3rd Place

Feben, Haniya, Charlee

We were all winners at Term 3's final assembly with the Band entertaining us!



We acknowledge that our school is on Kurna country. We recognise and respect the Kurna people as the continuing custodians of the Adelaide Plains and pay our respect to Elders past and present.

Welcome to Term 4. I hope you and your family had the opportunity to rest and refresh in preparation for this term.

It has been pleasing to see our children return to school after the recent holiday break refreshed and settled. At St Joseph's School we talk a lot about the **5 Keys to Success**; Confidence, Resilience, Persistence, Getting Along and Organisation. Children have been busy putting the Keys to Success into practice. This has been evident through their engagement in the learning opportunities presented to them throughout each day and the way they have been interacting with each other both in the classroom and school yard.

Curriculum News

I have included two mathematical challenges which you might like to have a go at with your child/children.

This week's Mathematical challenges:

Reception to Year 3

Write down everything you know about the number 11.

I have written a secret number between 60 and 80. It is an even number. What might it be?

Years 4-6

Three consecutive odd numbers add to give a number between 120 and 140. What might the numbers be?

I am thinking of a number. If I divide the number by 3 there is a remainder of 1. If I divide the number by 4 there is a remainder of 1. What might my number be?

Happy inquiry.

Reading is another core learning area here at St Joseph's School. Children develop their reading skills, knowledge and understanding by reading regularly. At St Joseph's School regular reading at home forms a major part of homework set each evening. Why not create regular timeslots throughout the week whereby all electronic devices in the home are turned off and members of the family spend 15 minutes reading together.

Happy reading.

Catholic Identity

During Week 10 of Term 3 I had the pleasure of attending our Reception/Year One liturgy along with our Year Two, Three, Four liturgy. This year we have introduced termly year level liturgy celebrations which complement our whole school mass experiences in the Parish Church. Parish masses held in our Parish Church are very formal and traditional and provide our children with the opportunity to celebrate in a more traditional Catholic way. On the other hand our class and year level liturgies provide children with a more contemporary and less formal experience of God through scripture, song, music and The Arts. Thank you to the classes and teachers involved in preparing our Term 3 year level liturgies. I look forward to this term's liturgy celebrations.

Fees to reduce across all Catholic Diocesan Primary Schools

The South Australian Commission for Catholic Schools has announced that it will make Catholic education more affordable by lowering the school fees of every Catholic diocesan primary school in 2021 under its *Making Catholic Education More Affordable* initiative.

The exact level of fee reduction in each diocesan primary school will vary from school to school to take into account their circumstances and the needs of their families.

Our school has been working with Catholic Education South Australia to finalise our fees for 2021 which are outlined below.

There is more information about the initiative in the letter recently sent from the Chair of the South Australian Commission for Catholic Schools to families and on the Catholic Education South Australia website at cesa.catholic.edu.au/fee-reductions.

St Joseph's School Ottoway 2021 Fees

	Full School Fee	Concession School Fee	Preschool Fee
1st Child	\$1490	\$990	\$690
2nd Child	\$990	\$750	
3rd Child	\$750	\$500	
4th Child	\$0	\$0	

*Families are encouraged to speak to Finance officer Rosalie Fergus about concession fee eligibility.

Catholic Schools Music Festival Choir

As a result of the restrictions surrounding the Covid 19 pandemic, the 2020 Catholic Schools Music Festival Choir was in the form of a video link up recorded during Week 10 of Term 3. Copies of the video will be available for purchase this term. Natalie Doyle has once again done a great job coordinating our involvement in 2020. Natalie spent many hours working with the choir throughout the year in preparation for the video event. The Catholic Schools Music Festival Choir is held during the last week of Term 3 each year. It is a wonderful advertisement for Catholic Education in South Australia. A big thank you to Natalie Doyle for all her efforts in preparing our children for this year's event.

School Band

Our School Band did a great job performing in front of the school community as part of our Term 3 Week 10 whole school assembly. Duncan Kilburn has this year once again been coordinating our 2020 School Band. Duncan is a talented musician in his own right and has for many years volunteered his time to work with our school band, providing budding musicians across the school with the opportunity to develop their skills. 12 of our children continue to attend band practice with Duncan each Thursday after school. A big thank you to Duncan Kilburn for all the time and effort he puts into supporting our school band.

What is Mindfulness?**Mindfulness involves training our attention and attitude.**

Being mindful means awareness of your own moment-to-moment internal and external experiences, with gentleness and acceptance and without judgment. It's a state of being that encourages us to slow down, focus on the present, accept things as they are, and act with discernment. When we do this, we're less distracted by thoughts of the future and the past, which can often make us worry and stop us from enjoying the present moment.

What does it mean to be unmindful?

To better understand what it means to be mindful, it helps to understand what it means to be 'unmindful'. When we're inattentive, distracted and disengaged from the present moment, the mind habitually and unconsciously slips into what's called 'default mode' – we're physically doing one thing but the mind is somewhere else. For example, someone might be speaking to us, but we're not listening, or we might be reading a book but not taking in the words on the page.

Much default mental activity involves things such as worry or rumination about the past and future, which is one of the main reasons there's so much default mental activity in states like anxiety and depression.

Mindfulness is very simple

It's a practical way to notice thoughts, physical sensations, sights, sounds, smells, or anything that you might not normally notice. The moment we re-engage attention with the present moment, we switch off default

Principal News Continued

mode. It gets us back on task, helps the body to relax, and helps us to respond to the moment. Despite this simplicity, mindfulness doesn't come easily to us.

You've probably noticed that children and young people are much better at being mindful – it's natural to them. While we might be hurrying them to get to school on time, they'll stop to look at butterflies, flowers or bugs and be immersed in that moment, with no worries about the past or future. As adults, however, we're often thinking about what we need to do next or what we wish we'd done differently.

To learn more about mindfulness visit **Be You** (formerly Beyond Blue)

<https://beyou.edu.au/fact-sheets>

Safety Message

Students and families are reminded to be wary of approaches from strangers, especially when they are unaccompanied or travelling to and from school. If they are approached, students should not respond and should not accept offers of rides or gifts. Students should seek the assistance of other nearby adults if they feel unsafe and should report the event to a trusted adult (parent or school staff member) as soon as possible. SAPOL advises that taking out a mobile phone and calling police can deter the offender and they recommend the student making a formal report to their closest police station.

Skool Bag App

To keep up to date with what is happening within our school along with upcoming school events why not download the **Skool Bag App** from the App Store on your mobile phone. Once downloaded simply search St Joseph's School, Ottoway and add to your Skool Bag page. Many of our families currently use the **Skool Bag App** to keep up to date with what is happening across our school.

In addition our school website **News and Events** link is regularly updated to assist our families in keeping up with what is happening across our school.

I hope you have a positive end to the working week and an enjoyable weekend.

Working in partnership with you.

Shaun O'Leary.

School Calendar					
Term 4 2020					
October		November		December	
21	9am Book Week Parade	12	Tri Skills Sports Activity Day at School	1	2021 Preschool & Reception Transition Visit
26	School Board Meeting	13	9am Whole School Assembly	2	Preschool & Year 6 Whole School Graduation Assembly
28	Year 6 Transition Visit to Mount Carmel College	17	2021 Preschool & Reception Transition Visit	9	6pm Year 6 Graduation Liturgy Followed by Year 6 Graduation Dinner
		23	School Board Meeting	11	12:30pm Term 4 Concludes
		24	2021 Preschool & Reception Transition Visit		
				January 2021	
				27	8:45am Term 1 Commences

CC afternoon each Wednesday from 2pm in the Tenison Woods Hall



CC is cuppa and chat and is organised by Barbara Gutte, Tanya and myself.

Come and enjoy an hour of downtime with other parents and grandparents. Relax, slowdown, enjoy a cuppa, chat and play with some paper and pens, if you feel to do so. Or just sit and listen to others as they chat.



The perfect break before the later end of the day commences. This is your time where you can do what you want.

From 2 to 3pm, usually held in the hall, all are most welcome.

Looking forward to seeing you at the next CC Timeout.

Parents and Friends

Tea and Coffee is available each Thursday morning in the yard on the barrels. We would love for you to drop by and say hello. Michelle Dinning and I will be there most weeks along with Shaun and other staff. Hope to see you then.



2021 Sacramental Program.

Next term we will be assembling our 2021 Sacrament Program group. Catholic children from Year 3 to Year 6 can nominate to be prepared for the Sacraments of Reconciliation, First Eucharist and Confirmation. We have no dates available for these celebrations, but families will be advised of these as they come to hand from the parish.

Every second year at St Joseph's School, students are invited to be a part of the Sacramental preparation program.

The Sacramental journey in the school context follows on from Baptism and includes the celebration of the Sacraments of Reconciliation, First Eucharist and Confirmation.

If you are interested in receiving an enrolment form, or would like to find out more about the Sacramental program, please fill in the slip below and return to the front office by Friday 20th of November.

I would like to receive an enrolment form for my child for the next Sacramental program.

My child is already baptised: Yes No

Child's Name..... Class:.....

Parent's Name..... Signature:.....



Parents and Caregivers are most welcome to gather for tea, coffee and biscuits Thursday mornings after dropping students at school. Refreshments are set up in the shaded area near the Front Office. We look forward to chatting with you in the coming weeks.

English Conversation

If you would be interested in joining a small group to practice your English conversation and language skills once a week, please let the front office know. Depending on numbers, and a day that would suit most participants, final details will then be worked out. We hope that you can join us for some community connection time!

Notice Board



**With the weather getting Warmer
Please make sure that your Child
has A bottle of Water in their Bag
as we do not have drinking taps
at the moment due to covid.**

CC Timeout - cuppa and chat

Come and enjoy an hour of downtime with other like minded folks.

Relax, slowdown, enjoy a cuppa, chat and play with some paper and pens,
if you feel the need to do so.

Or just sit and listen to others as they chat.

The perfect break before the later end of the day commences.

This is your time where you can do what you want.

Wednesday 2.00 pm to 3.00 pm

Tenison Woods Centre

All are most welcome

Looking forward to seeing you at the next CC Timeout.

