



Issue 15 24 September 2020

# St Joseph's School

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**In All Things Love**

## Uniform Shop

Open on Monday and Fridays  
8.30 am to 9.30 am

## Playgroup

Friday - 10.00 am to 11.30 am

## Out of School Hours Care

### Daily

6.30 am to 8.30 am  
and 3.00 pm to 6.00 pm

**Tuesday** 2.45 pm to 6.00 pm

Bookings essential

Mobile: 0437 863 067

## St. Maximilian Kolbe Parish

Priest - Fr Marek Ptak CR

Phone: (08) 8447 3223

Email: [stmax@ottowayparish.com](mailto:stmax@ottowayparish.com)

## Mass Times

Saturday 6.30 pm

Sunday 8.30 am English &  
10.30 am Polish

Weekday 6.30 pm English & Polish  
Except Tuesday

(check with Parish)

# Newsletter



**Mark Butler,**  
our Member for  
Hindmarsh, shared  
Community Prayer  
with us last Friday.  
He then presented  
Tu-Anh, Thuy-An  
and Gillean  
(Flag managers) with  
two new flags for us  
to fly each day.

## 2020 Catholic Schools Music Festival Choir



**Congratulations to our 2020 CSMF choir who continually displayed the Five Keys of Success, particularly resilience!**

Well done Jordan, Gillean, Lumai, Ashton, Oliver, Oakley, Deng, Alex  
and our illustrious Choir Mistress, Mrs. Natalie Doyle.

We acknowledge that our school is on Kurna country. We recognise and respect the Kurna people as

Throughout his ministry, Jesus often used parables (stories) to help explain his teachings. Many parables involved the use of images of vegetation known to the region at the time. The parable of the Mustard Seed is one such example. The message Jesus portrays is that from little things big things grow. The mustard seed, the smallest of all seeds grows to become the largest of all plants. Here at St Joseph's School we are entrusted with supporting our parents as they nurture their children to grow and become the best they can be in whatever direction they choose to take in life. At St Joseph's School we focus on the education of the whole child, intellectually, morally, emotionally, spiritually, religiously, physically and socially, providing many varied learning opportunities and experiences in the process.

This week brings to an end Term 3. We are certainly moving through what has been a challenging year. During this term break I encourage you to take some time to relax and spend time with your children. I hope you can also find some time for yourself also. I know our teachers will both appreciate and benefit from things moving a little slower over the next two weeks. School holidays provide both children and teachers the opportunity to refresh and recharge in preparation for the following school term.

### **Curriculum News**

I have included two mathematical challenges which you might like to have a go at with your child/children.

This week's Mathematical challenges:

#### **Reception to Year 3**

How many things can you find that are longer than 3 of your foot lengths but shorter than 5 of your foot lengths?

What is there in your home that is 6 of your foot lengths long?

#### **Years 4-6**

What might the perimeter of a garden fence be if the area of the garden is 20 square metres?

You have 90 metres of fence for a garden. What might your garden look like?

Happy inquiry.

Reading is another core learning area here at St Joseph's School. Children develop their reading skills, knowledge and understanding by reading regularly. At St Joseph's School regular reading at home forms a major part of homework set each evening. Why not create regular timeslots throughout the week whereby all electronic devices in the home are turned off and members of the family spend 15 minutes reading together.

Happy reading.

### **Fees to reduce across all Catholic Diocesan Primary Schools**

The South Australian Commission for Catholic Schools has announced that it will make Catholic education more affordable by lowering the school fees of every Catholic diocesan primary school in 2021 under its *Making Catholic Education More Affordable* initiative.

The exact level of fee reduction in each diocesan primary school will vary from school to school to take into account their circumstances and the needs of their families.

Our school has been working with Catholic Education South Australia to finalise our fees for 2021 which are outlined below.

There is more information about the initiative in the letter recently sent from the Chair of the South Australian Commission for Catholic Schools to families and on the Catholic Education South Australia website at [cesa.catholic.edu.au/fee-reductions](https://cesa.catholic.edu.au/fee-reductions).

**St Joseph's School Ottoway 2021 Fees**

	<b>Full School Fee</b>	<b>Concession School Fee</b>	<b>Preschool Fee</b>
<b>1<sup>st</sup> Child</b>	<b>\$1490</b>	<b>\$990</b>	<b>\$690</b>
<b>2<sup>nd</sup> Child</b>	<b>\$990</b>	<b>\$750</b>	
<b>3<sup>rd</sup> Child</b>	<b>\$750</b>	<b>\$500</b>	
<b>4<sup>th</sup> Child</b>	<b>\$0</b>	<b>\$0</b>	

\*Families are encouraged to speak to Finance officer Rosalie about concession fee eligibility.

**2021-2023 Three Year Strategic Plan**

On Friday September 11 as part of our Pupil Free Day staff were involved in developing our 2021-2023 Three Year Strategic Plan. The day involved staff reflecting on what has been achieved strategically in the past three years, our vision for the next three years and bringing this together in order to develop our three year strategic plan. During Term 4 our 2021-2023 Three Year Strategic Plan will be presented to the school board for approval in preparation for the 2021 school year.

**Making Space for Learning 2 Year Inquiry Project**

As mentioned in earlier newsletters this year, our school is currently participating in the *2020-21 Making Space for Learning Inquiry Project*. The aim of the inquiry is to be able to identify the behavioural and learning difficulties associated with developmental trauma and formulate an informed and effective educational response. To this end, the inquiry begins with a detailed understanding of early year's brain development. It then examines the nature and effects of developmental trauma. Lastly, it provides strategies to respond to the specific behavioural and learning difficulties associated with developmental trauma.

Teaching staff have recently completed collecting quantitative data (number/frequency) relating to our whole school inquiry question; **Does the use of core practice (calming strategies) at the beginning of learning blocks support and improve student self-regulation?** The quantitative data collected focused on; *How students re-entered their space for learning after a break (recess, lunch, specialist lesson).*

Teaching staff have also been collecting Qualitative Data (Anecdotal notes etc) prior to implementing strategies such as meditation, mandalas, drawing, quiet music, journal writing, reading over a 10 week timeframe to support children re-enter their learning space ready to fully engaging in the learning opportunities presented to them.

**Catholic Schools Music Festival Choir**

As a result of the restrictions surrounding the Covid 19 pandemic, the 2020 Catholic Schools Music Festival Choir will be in the form of a video link up recorded this week. Copies of the video will be available for purchase in Term 4. Natalie Doyle has once again been coordinating our involvement in 2020. Natalie has been working with the choir regularly this year in preparation for the video event. The Catholic Schools Music Festival Choir is held during the last week of Term 3 each year. It is a wonderful advertisement for Catholic Education in South Australia. A big thank you to Natalie Doyle for all her efforts in preparing our children for this year's event.

### Diary Dates

Term 3 Concludes – 12:30pm Friday September 25.

Term 4 Commences – 8:45am Monday October 12.

### How do anxiety conditions develop?

Feeling anxious is a survival response to situations where there are dangers or threats: it helps us to respond efficiently. However, some people react more quickly or more intensely to such situations.

#### Primary school years

As children's thinking skills expand and become more abstract, they can develop fears of imaginary creatures and monsters. They may also worry about schoolwork, tests and their social relationships. As they grow older, they may have anxiety about family relationships or global issues such as war or famine.

The following behaviours might indicate a primary school-age child is experiencing higher levels of anxiety than average:

- Wanting things to be perfect.
- Reluctance to ask for help.
- Asking for reassurance excessively.
- Difficulty joining in.
- Requests to go to sick bay.

Challenging behaviour.

#### Adolescence

During adolescence, common sources of anxiety include starting secondary school, fitting in with peers, exam stress, body image and family relationships. Worrying about these things isn't necessarily a sign of a mental health condition. But individuals may need additional support if they experience the following:

- Appearing withdrawn and reluctant to participate in classroom activities or social situations.
- Oversensitivity to criticism or feedback.
- Perfectionist and fear of failure.
- Missing classes or excusing themselves to go to the toilet on a regular basis.
- Negative thinking and always expecting the worst.

Challenging behaviour.

Looking beyond behaviour to try to identify what might be underneath can help you respond with understanding. Anxiety can be difficult to spot because it presents in many ways. The important point is to notice that there's a concern and seek further advice and assistance.

To learn more about anxiety visit **Be You** (formerly Beyond Blue)

<https://beyou.edu.au/fact-sheets>

#### Safety Message

Students and families are reminded to be wary of approaches from strangers, especially when they are unaccompanied or travelling to and from school. If they are approached, students should not respond and should not accept offers of rides or gifts. Students should seek the assistance of other nearby adults if they feel unsafe and should report the event to a trusted adult (parent or school staff member) as soon as possible. SAPOL advises that taking out a mobile phone and calling police can deter the offender and they recommend the student making a formal report to their closest police station.

## Principal News Continued

### Skool Bag App

To keep up to date with what is happening within our school along with upcoming school events why not download the **Skool Bag App** from the App Store on your mobile phone. Once downloaded simply search St Joseph's School, Ottoway and add to your Skool Bag page. Many of our families currently use the **Skool Bag App** to keep up to date with what is happening across our school.

In addition our school website **News and Events** link is regularly updated to assist our families in keeping up with what is happening across our school.

I wish you and your family a safe and happy school holiday period.

Working in partnership with you.

**Shaun O'Leary.**

## APRIM News

### Parents and Friends

Tea and Coffee is available each Thursday morning in the yard on the barrels. We would love for you to drop by and say hello. Michelle Dining and I will be there most weeks along with Shaun and other staff. Hope to see you then.



### CC afternoon each Wednesday from 2pm in the Tenison Woods Hall

CC is cuppa and chat and is organised by Barbara Gutte, Tanya and myself.

Come and enjoy an hour of downtime with other parents and grandparents. Relax, slowdown, enjoy a cuppa, chat and play with some paper and pens, if you feel the need to do so. Or just sit and listen to others as they chat.

The perfect break before the later end of the day commences. This is your time where you can do what you want.

From 2 to 3pm, usually held in the hall, all are most welcome.

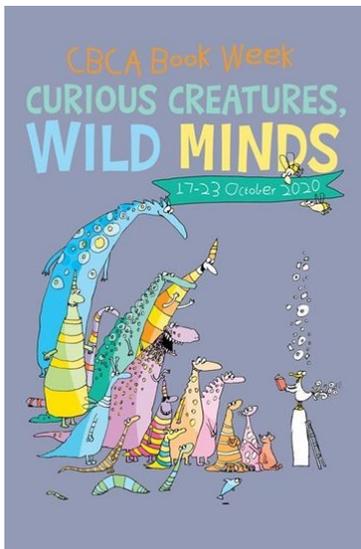
Looking forward to seeing you at the next CC Timeout.

### 2021 Sacramental Program.

Next term we will be assembling our 2021 Sacrament Program group.

Catholic children from Year 3 to Year 6 can nominate to be prepared for the Sacraments of Reconciliation, First Eucharist and Confirmation. We have no dates available for these celebrations, but families will be advised of these as they come to hand from the parish.





# Book Week Parade

## Wednesday 21 October 2020

Term 4 (Week 2) on the court yard, 9.00 am – 9.30 am

**Dear Parents/Caregivers and friends, you are invited to attend the annual St Joseph’s School Book Week Parade.**

Each year level has an open theme of  
“Curious Creatures, Wild Minds”.

All students Preschool - Year 6 can dress as their favourite book character, and bring either the book or a copy of the front cover.

Parents, please assist your child in the making or purchasing of their costume, as it needs to be created at home, not at school, (this could be a fun holiday activity). The costumes do not have to be Festival Theatre quality - just have fun and keep it simple!

School Calendar			
Term 1 2020			
September		October	
<b>25</b>	<b>Whole School Assembly 8:45am</b>	<b>12</b>	<b>Term 4 Commences 8:45am</b>
<b>25</b>	<b>Term 3 concludes 12:30pm</b>		

## 6 Reasons why Play with LEGO is essential

When building with LEGO, students:

1. have opportunities to learn colours
2. learn strategising skills and pre-planning
3. learn cause and effect
4. learn math skills
5. strengthen fine motor skills
6. have opportunities for social interaction

## New LEGO wall and LEGO table!

Students have been enjoying creating new things at lunch-time LEGO club on Mondays - Thursdays.



### Frog life cycle

Students have been learning about life cycles in class. In the library they have been exploring the discovery table and watching with excitement as the tadpoles transform into frogs.



Students have been busy building houses with different rooms.





<https://playandgo.com.au/>

where to GO  
what to DO  
where to PLAY  
what to SEE

Notice Board

**Beach House**  
Adelaide's most fun school excursions!  
Awesome for all year levels! Ask us about our Educational Programs.

**NEW SUPER SCHOOL SESSIONS**

The Beachhouse opens exclusively to School Groups - no general public!  
Includes unlimited use of the Waterslides, Rides and Arcade Games!  
Available Tuesday-Thursday during October and November 2020.

**\$24** PER PERSON  
2 HOURS

COMPLIMENTARY HOT BEVERAGES FOR STAFF!

CAFE OPEN! FOOD OPTIONS AVAILABLE

**BOOK NOW!**

(08) 8295 1511  
sales@thebeachhouse.com.au  
www.thebeachhouse.com.au

\*Maximum 20 children. Excludes Diggate and PowerWheel Games. Conditions apply.

# CC Timeout - cuppa and chat

Come and enjoy an hour of downtime with other like minded folks.

Relax, slowdown, enjoy a cuppa, chat and play with some paper and pens,  
if you feel the need to do so.

Or just sit and listen to others as they chat.

The perfect break before the later end of the day commences.

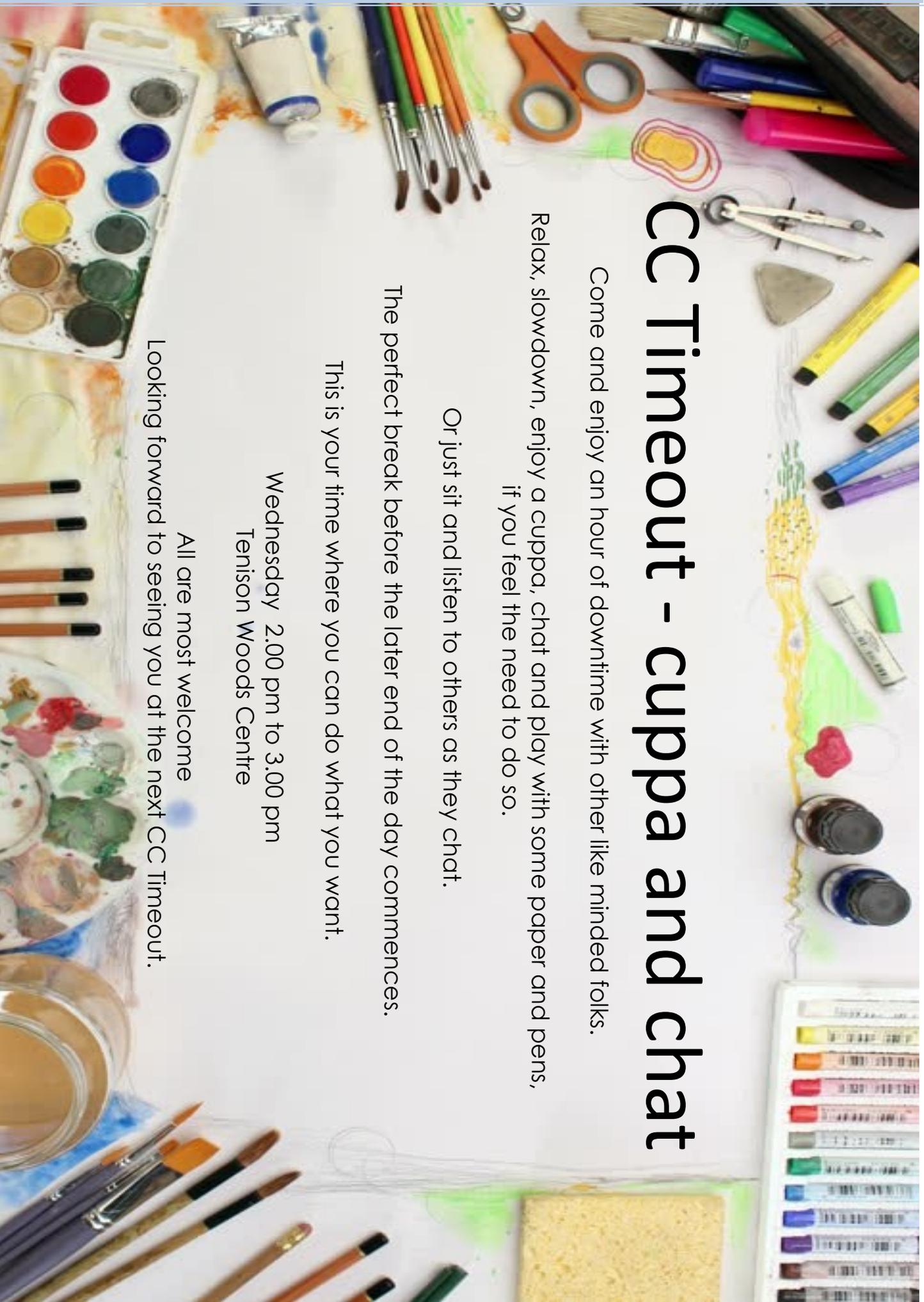
This is your time where you can do what you want.

Wednesday 2.00 pm to 3.00 pm

Tenison Woods Centre

All are most welcome

Looking forward to seeing you at the next CC Timeout.

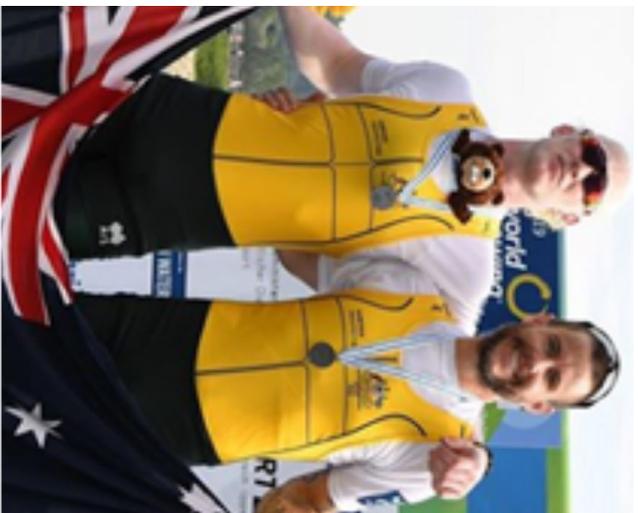




Less screen time, more sunscreen time!

**Come & Try**

SEASON 10 OCT - 19 DEC  
 FOR SATURDAY DETAILS VISIT  
 WWW.GRANGESLSC.ASN.AU AND  
 BOOK VIA EVENTBRITE



**Come and Try!**



**Rowing and Para-rowing**

Sat/Sun 26th and 27th September - link for details!

