



Issue 13 9 September 2021

St Joseph's School

10 Ina Avenue, Ottoway S A 5013
Telephone: (08) 8447 4969
Facsimile: (08) 8241 0380
Email: info@stjotto.catholic.edu.au
Website: www.stjotto.catholic.edu.au

In All Things Love

Uniform Shop

Open on Monday and Fridays
8.30 am to 9.30 am

Playgroup

Friday - 10.00 am to 11.30 am

Out of School Hours Care

Daily

6.30 am to 8.30 am
and 3.00 pm to 6.00 pm

Tuesday 2.45 pm to 6.00 pm

Bookings essential

Mobile: 0437 863 067

St. Maximilian Kolbe Parish

Priest - Fr Marek Ptak CR

Phone: (08) 8447 3223

Email: smax@ottowayparish.com

Mass Times

Saturday 6.30 pm

Sunday 8.30 am English &
10.30 am Polish

Weekday 6.30 pm English & Polish
Except Tuesday

(check with Parish)

Newsletter



Unit Time In 2 / 3D & 3 / 4H



We acknowledge that our school is on Kaurna country. We recognise and respect the Kaurna people as the continuing custodians of the Adelaide Plains and pay our respect to Elders past and present.

It has been great standing out on yard duty before and after school interacting with members of our school community in recent days with the sun shining brightly and the air warming up. At the same time class Daily Fitness activities and Physical Education lessons are moving from the Hall out onto our school oval, while during play times children are on the move lapping up the sunshine. Spring is certainly in the air.

Catholic identity

Throughout his ministry, Jesus often used parables (stories) to help explain his teachings. Many parables involved the use of images of vegetation known to the region at the time. The parable of the Mustard Seed is one such example. The message Jesus portrays is that from little things big things grow. The mustard seed, the smallest of all seeds grows to become the largest of all plants. Here at St Joseph's School we are entrusted with supporting our parents as they nurture their children to grow and become the best they can be in whatever direction they choose to take in life. At St Joseph's School we focus on the education of the whole child, intellectually, morally, emotionally, spiritually, religiously, physically and socially, providing many varied learning opportunities and experiences in the process.

Curriculum News

I have included two mathematical challenges which you might like to have a go at with your child/children.

This week's Mathematical challenges:

Reception to Year 3

Draw a clock and show on it the time you get out of bed each morning.

What are some things you do each day between 2:00pm and 5:00pm?

Years 4-6

The time is now 35 minutes after 5 0'clock. Show this time in as many ways as you can.

A cricket match takes 5 hours and 45 minutes to complete. What might be suitable starting and finishing times? List as many possibilities as you can.

Happy inquiry.

Premier's Reading Challenge

This year a large number of our children have once again taken up the opportunity to participate in the Premier's Reading Challenge. The challenge closed on Friday September 3 with children needing to have their Premier's Reading Challenge *Student Reading Record* forms handed into the front office by this date.

Later this year Premier's Reading Challenge medals and certificates will be presented to all children who participated in the challenge as part of our whole school assembly.

Happy reading.

STEM Open Day

As part of Catholic Schools Open Week (Term 3 Week 4) and National Science Week (Term 3 Week 5) a small number of parents and carers joined our school STEM Open Day on Monday August 30. Parents and family members had the opportunity to join our children as they worked in class groups engaging in STEM learning activities planned by our teaching staff. The day provided an opportunity to showcase both Catholic Education in South Australia and the learning which takes place as part of our ongoing STEM learning focus within the school.

Pupil Free Day Friday September 10

Friday September 10 will be a Pupil Free Day. On this day all staff will be involved in curriculum development and strategic planning in the areas of Religious Education, Literacy and Numeracy. OSHC will be available on the day. Bookings are essential and can be made by contacting Mieke or the Front Office.

Catholic Schools Music Festival Choir

17 of our children have been preparing since Term One for the upcoming Catholic Schools Music Festival Choir to be held at the Entertainment Centre on Wednesday September 22. Choir coordinator Janine Meyer has spent many hours working with the choir throughout the year in preparation for the event. The Catholic Schools Music Festival Choir is held during the last week of Term Three each year. It is a wonderful advertisement for Catholic Education in South Australia. A big thank you to Janine Meyer for all her efforts in preparing our children for this year's event.

How do you Practice Mindfulness?

There are two main ways of practising mindfulness. The first is 'formal' practice, otherwise known as mindfulness meditation. This means sitting in a chair doing nothing other than paying attention in a mindful way, whether that's for 40 minutes or doing a mini meditation for one minute. The second way to practise mindfulness is 'informal' practice. This means being

Principal News Continued

mindful in our day-to-day life while we're doing things, for example, paying attention when in class, while driving or washing the dishes.

Meditation is a traditional pathway. Mindful meditation can be practised in a variety of ways such as moving attention through various parts of the body (body scan) or concentrating on the breathing. In either case, you're using the sense of touch while observing (but not reacting to) any thoughts or feelings that come up. Simply practise noticing experiences, thoughts and emotions with a sense of curiosity rather than judgment and, if the attention wanders to the past or the future, keep gently bringing the attention back to the body or breathing.

Here's how to give breath meditation a try:

- Let yourself be free of any expectations about how the meditation should go
- Adopt a relaxed but upright sitting posture with the eyes closed
- When settled, using the sense of touch, focus the awareness on the breath
- Observe and acknowledge what's being experienced in that moment, without trying to change thoughts or feelings or to solve any problems that arise
- Focus as you breathe at the point where the air enters and leaves the body
- If strong thoughts or feelings arise, practise making space for them without resisting or fighting them, all the while gently refocusing the attention back on the breath

After the time you gave to practise, gently open your eyes, reconnect with the environment, and then gently move onto whatever needs your attention.

You may want to start with five or 10 minutes of meditation once or twice a day and then build it up as you become more comfortable with the practice.

To learn more about how you can support the Wellbeing of your child visit **Be You** (formerly Beyond Blue) <https://beyou.edu.au/fact-sheets/development/brain-development>

Kiss and Drop Zone

A reminder that the school *Kiss and Drop Zone* along Rosewater Terrace is not a place to park your car if you need to enter the school grounds as this holds up all incoming and outgoing traffic. It also leads to children exiting their cars on Rosewater Terrace and having to manoeuvre between traffic, raising safety concerns.

If you need to come into the school grounds parking is available along Rosewater Terrace and on Ina Avenue. Thank you in anticipation of your support with this important safety matter.

Skool Bag App

To keep up to date with what is happening within our school along with upcoming school events why not download the **Skool Bag App** from the App Store on your mobile phone. Once downloaded simply search St Joseph's School, Ottoway and add to your Skool Bag page. Many of our families currently use the **Skool Bag App** to keep up to date with what is happening across our school.

In addition our school website **News and Events** link is regularly updated to assist our families in keeping up with what is happening across our school.

May God continue to bless all of our families throughout Term 3.

Working in partnership with you.

Shaun O'Leary.

School Calendar

Term 3 2021

September		October	
10	Pupil Free Day - OSHC available. Please see Mieke or front office to make booking.	11	Term 4 Commences 8:45 am
22	Catholic Schools Music Festival 6:30 Entertainment Centre		
24	Term 3 Concludes 12 :30 pm		

Sacramental Program

As we continue our preparation with the children in school we look forward to celebrating the Sacraments of Reconciliation, First Eucharist and Confirmation. The details for Confirmation are:

Celebrant: Vicar General, Father Philip Marshall

Date: 23/10/2021 Time: 10.00am

Number of Candidates: 11

Ceremony Type: Rite of Confirmation Outside Mass

Location: St Maximilian Kolbe Church, Ottoway

Liturgy and Mass

The Kolbe house team prepared a beautiful whole school liturgy to celebrate St Maximilian Kolbe on Friday 13th of August. A liturgy to celebrate the life of Julian Tenison Woods will be prepared by the Tenison Woods house team early in term 4. Our next Mass is not until All Saints on the 1st of November. We look forward to the time when we can invite you to join with us again.

Father's Day

Usually, we like to organise a small community event such as a breakfast, morning tea or a liturgy to celebrate Mother's and Father's Day. This year we were unable to invite you into the school. We hope you enjoyed a wonderful family day.

Tenison Woods Liturgy and Spring Picnic

On Wednesday 13th October we hope to walk down to the Wingfield Oval for some games and activities and a picnic lunch. As always, we hope to invite families along but will need to adhere to the latest SA Health directions. In Week Three the Tenison Woods House Group will lead us in a liturgy to celebrate the life of Julian Tenison Woods. We will certainly invite you to these events if health directions allow us to.

School Camp

We still plan to take our Year 5/6 students to the Wirraway Campsite in Week 2 of Term 4. Letters have gone out to families and we are looking forward to this fantastic event.

Come & Play Day 2021



FREE Sessions

Sat 9 & 16 October 2021 9:30 - 11am

No Experience Necessary

croydonfc.com.au

Girls & Boys
Ages 5 - 11

CROYDON FC JUNIOR FOOTBALL - John Hart Reserve Ethelton (Enter from Swann Tce)

Join the girls and boys for fun and football in a great family atmosphere

Improve your skills and develop your game !!!

Fully qualified, friendly coaches - Working with Children Compliant

Contact Andrew on 0412 608 630 or cfc.juniorgirls@gmail.com





WOODVILLE DISTRICT BASEBALL CLUB

PROGRAMS ALL YEAR ROUND

TEAM ORIENTED - BASEBALL SA ACCREDITED COACHES - ALL AGES - ALL SKILLS

JUNIOR SENATORS GIRLS CLINIC

Come and learn baseball with some of our women's baseballers including Adelaide Giants and State player Carly Moore.

Ages 4-17 welcome

September 17th and 24th

5:30pm-7:00pm

REGISTER YOUR INTEREST TO RECEIVE MORE INFORMATION

https://forms.gle/B7zR7wthuqebHUV49

or email megjoliver73@gmail for any queries



f #woodvillebaseballclub | @woodville.senators | www.woodvillebaseball.com.au



Athletics For Everyone!

Port Adelaide Athletics Club

Little Athletics - Ages 3+

Friday Nights - Starts 8th of October

Athletics SA - Ages 12+

Saturday Afternoons - Starts 9th of October





For More Information Visit:
paac.net.au



OLSH

OUR LADY OF THE SACRED HEART COLLEGE

Enrol Now

Finalising places for Year 7 and 8 in 2022

Visit olsh.catholic.edu.au or phone 8269 8800 to book and secure your place for 2022 and beyond!

College Tours

Tuesday 21 September and 26 October at 5:30pm

A Girls' Secondary Catholic College from Years 7 - 12

496 Regency Road, Enfield SA 5085 | E: registrar@olsh.catholic.edu.au

f @OLSHCollegeEnfield | @olshcollegeadelaide

School Photos

ORDER NOW go to www.advancedlife.com.au and enter the code

4BT WW1 V2Q

advancedlife
photography & print specialists

SCHOOL PHOTOGRAPHS WILL BE TAKEN ON:

Monday 25 October 2021

School photographs are scheduled to be taken by **advancedlife**. Whilst an envelope and flyer will be distributed shortly, if possible it is our preference that ordering be completed online to reduce administration and potential security issues related to the return of cash and envelopes on photo day.

Sibling Photos: Orders for packages and sibling photographs can be placed securely online at www.advancedlife.com.au using our school's unique **9 digit advancedorder code**. Portrait and group package orders are due by photography day.

Should you wish to purchase a sibling photograph online, the order must be placed no later than the day before photography day. Sibling photographs will only be taken if an order has been placed.

Should you have any queries concerning school photographs or online ordering, please contact us at www.advancedlife.com.au/contact

Class Preparation for 2022

Each year in Term 4 Week 1, staff begin class placements for the following year. To assist us with this very important and time consuming task, please complete the slip below if your child/ren (other than current Year 6) will **NOT** be returning to St Joseph's in 2022.

Your co-operation is greatly appreciated.

PLEASE RETURN TO THE FRONT OFFICE

ATTENTION: MR SHAUN O'LEARY

I wish to advise that the following student/s will **NOT** be returning to St Joseph's in 2022:

Child's Name

2021 Class

_____	_____
_____	_____
_____	_____

Reason (optional): _____

Your Name (printed): _____ Signature: _____ Date: ____/____/____