

NEWSLETTER



sa.gov.au/activities/nude-food

healthylittlefoodies.com/healthy-lunchbox-ideas



"It's no plastic or rubbish around your food to help the environments"

Harvey



"Our Grandpa brings us big and small tomatoes from his garden"

Finlay



"If we keep putting plastic in the bin, it will go in the ocean and hurt the animals"

Sienna

"Nude food is great so we don't waste food"

Phoenix

"Apple slices are delicious"

Daphne

"I like carrots and dip them in sauces"

Bowie

Principal - Anthony Garton

Dear Parents and Carers,

It has been a wonderful week at Antonio as we prepared and gathered to celebrate the beginning of the church season of Lent as a community.

I enjoy the opportunity Lent brings to declutter my life and focus on the most important aspects that bring life to myself and others around me.

It seems to be easy for our lives to be busy and not always with things that bring life such as family, friendships, faith, food, nature, play, laughter and generosity.

Our wonderful children gain so much from these too. When our children are filled with life giving experiences they build a strong sense of who they are in relationship with the people and world, they build their own resilience to the challenges and changes from day to day because they have a strong sense of being loved and belonging.

Parenting and caring is a tough job and in my eyes, the most important job we have. It requires our energy and attention, provides challenges and also plenty of fulfilling moments. Parenting is something that we learn as we go. It requires patience, time and focus even when the energy levels are low.

Perhaps some of the ideas below might provide some laughter, fun and play WITH the children during any hotter days with appropriate sun safe practices. I have enjoyed a number of these:

Trampoline Fun – Spray the kids with a hose while they are on the trampoline or put the sprinkler underneath the trampoline (water the lawn at the same time)

Ice Play Activities – have fun enjoying some ice play activities such as ice and spoon race or ice sculptures

Water Balloons – fill ‘em up and watch them burst

Slip and Slide – use a store brought one or make your own (tarp/plastic with detergent)

Paddling Pool – fill up a paddling pool with water and utilise funnels, spoons, containers, toys, ice cubes etc to keep the kids amused

Water Balloon Pinata – hang up some balloons filled with water, blindfold the kids and see if they can pop them

Spray Bottles – fill up spray bottles with water and ice and let little ones spray the plants, windows, fence or themselves

Frozen Treasure – freeze a selection of small toys, leaves, etc in water and once frozen allow the kids to chip away at the mass to uncover the treasure

Sponge Water Bombs – make your own water bombs using cut up sponges tied together

Water Fight – a friendly water fight could involve the hose, water balloons, water pistols or spray bottles

Cold Drinks – Make your own smoothies, juices or milkshakes, seeing who can come up with the most unusual and delicious combination

Wet Socks – soak a pair of socks in cool water then put them on your feet and relax

Homemade Fans – make your own handheld fans using decorated paper

Water Painting – fill some buckets with water and get out a variety of paint brushes allowing the kids to paint the fence, windows, patio and anything else that can get wet



Welcome Night - See you there!

Our Welcome Night is coming up next **Wednesday 1st March from 5.30 - 7.00pm**. We will enjoy a BYO Picnic with drinks and ice blocks available for purchase. Our junior primary students will be entertaining us with songs they have enjoying at school as well. We hope you can make it for a relaxing, entertaining evening where we will also thank our finishing board members and welcome new members for 2023.

I look forward to seeing you there.

Warm Regards

Anthony Garton



Acting APRIM - Bec Hall

This week we celebrated Ash Wednesday – the day that marks the beginning of the Season of Lent. Our Yr 5/6s attended Mass with the parish and our Yr Reception – Yr 4s participated in liturgies in their learning areas or in the bush church.

Our students have reflected on this time of Lent that we have ahead of us and how we can follow Jesus more closely. They set up prayer spaces with symbols and colours of Lent and explained what these mean...

“We have brought a tree because we grow like a tree during lent.”

“We have brought a chrysalis because there will be a new butterfly out of the chrysalis.”

“We have brought an egg because at Easter there is new life.”

In receiving a cross of ashes on their forehead, they took a moment to reflect on their relationships and where they might need to make new beginnings. After their prayer time, the students planted marigold seeds to notice and care for during Lent. In this way, we are reminded to notice and care for others around us especially during Lent as we prepare ourselves to celebrate Easter and the Resurrection of Jesus.



We share a prayer for this time of Lent with you:
Loving God,
As we gather together at the beginning of our journey into Lent, we pray for hearts that are open to your love and call. Be with us as we think about the way we treat ourselves, one another and our environment. Help us to follow Jesus more closely.
Amen.



Ash Wednesday also marks the beginning of the annual Caritas Australia Project Compassion Appeal. Donations to Project Compassion allow Caritas Australia, the Catholic Agency for International Aid and Development, to work with local communities around the world to end poverty, promote justice and uphold dignity.

Funds raised from sharing pancakes at school on Shrove Tuesday go towards Project Compassion.

Finance - Jodie Veldhoen

By now you should all have received your school fees statement in the post with many people already making payments or setting up regular payment options – Thank you! If you have not, please email me today and I will check the details we have on file and send you one back. Enclosed with the statements was an individual chart I did for each family with what amount it would be weekly, fortnightly or monthly etc – if you start payments now the amounts will be correct but if you delay it, we will need to increase the amounts or the date they finish. If your direct debit bank account details are already on file you can just email me with the start date, frequency and amount.

If not setting up a regular authority and instead paying in instalments the first one is due Friday 3rd March with many payment options being: payment in full; in three or four instalments Terms 1, 2, 3 & 4; by regular payments to the office or via Qkr app. Payments can be made by cash, cheque, Qkr or BPay. If paying in full by 28th February there is a 5% discount from the tuition fee.

Don't forget for those families, single parents, or businesses on a low income of around \$66,000 School Card can be applied for via the following links. These must be completed each school year:

[Form A \(Income Assessment\)](#)

[Form B \(hardship, change of circumstances or self-employed\)](#)

If accepted, this will allow us to reduce your tuition fees by 40%, so please apply and let me know you have done so ASAP.

As always if you have any queries or if you are having trouble making payments please email me on accounts@antonio.catholic.edu.au, phone me on 83254500 extension 3 or come in and see me Monday to Friday 8.00am to 4.00pm.

Jodie Veldhoen

Finance Officer



UPCOMING EVENTS

Week 5

Tuesday 28th February – Naplan Practice Test
Tuesday 28th February - Basketball R -2 After School
Wednesday 1st March – Family Welcome Night
Thursday 2nd March – No Session for After School Sport
Thursday 2nd March - Year 3-6 Swimming Trials after school
Friday 3rd March – Reception Assembly

Week 6

Tuesday 7th March - Basketball R -2 After School
Thursday 9th March - Basketball R -2 After School
Thursday 9th March - Year 3-6 Swimming Trials after school
Thursday 9th March - Year 5/6 Beach Volley Ball
Thursday 9th March - Early Explorers
Thursday 9th March - Finance Meeting 5.30pm
Thursday 9th March - School Board Meeting 7.00pm

Week 7

Monday 13th March – Public Holiday Adelaide Cup
Tuesday 14th March - Basketball R -2 After School
Wednesday 15th March to Friday 17th March – Naplan
Thursday 16th March - Basketball R -2 After School
Thursday 16th March - Year 3-6 Swimming Trials after school
Thursday 16th March – Early Explorers
Friday 17th March – Year 1 /2 Assembly

Week 8

Monday 20th March to 23rd March – Naplan
Tuesday 21st March - Basketball R -2 After School
Thursday 23rd March - Basketball R -2 After School
Thursday 23rd March – Early Explorers

Week 9

Tuesday 28th March - Basketball R -2 After School
Wednesday 29th March – School Tour
Thursday 30th March - Basketball R -2 After School
Thursday 30th March - SACPSSA Swimming Carnival
Thursday 30th March – Early Explorers
Friday 31st March – Year 3 / 4 Assembly
Saturday 1st April – School Tour

Week 10

Thursday 6th April – Early Explorers
Thursday 6th April - Finance Meeting 5.30pm
Thursday 6th April - School Board Meeting 7.00pm
Friday 7th April – Good Friday

Week 11

Monday 10th April – Easter Monday
Thursday 13th April – Early Explorers
Friday 14th April - Specialist Assembly