



NEWSLETTER

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Ready to Investigate!

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FROM THE PRINCIPAL

Dear Parents and Carers,

Thank you for a wonderful first full week back at school. It is wonderful to see everyone enjoying their learning at Antonio.

COVID Safe Practices Update

Thank you for your support in keeping our school a safe place by doing the following:

- Farewelling and greeting your children at the front or back gate
- Wearing a mask if you are entering the front office
- Informing your child's teacher about the regular gate their child will be met at the end of the day
- Booking in for a **phone parent student teacher learning conversation** next week
- Wearing a mask if you are attending your child's after school sports training and maintaining social distancing

School Photos

Our School Photo Day is Tuesday 7th September later this term. You will receive an information and ordering pack for individual and class photos either today or early next week. The children will need to be wearing their correct school uniform and will not be wearing jumpers in the photos this year. We look forward to seeing everyone smile for the camera.

Our children require plenty of sleep

Our children (just like we do) require plenty of sleep. It is recommended that children aged 5-11 need at least 9-10 hours per night to support their growth, learning, mood and development. Regular, healthy bedtime routines support regular sleep patterns.

Bedtime routine

A bedtime routine is very important at this age. It helps your child wind down from the day. For example, a child who normally goes to bed at 7.30 might have a bedtime routine that looks like this:

- 6.45 pm: put on pyjamas, brush teeth, go to the toilet.
- 7.15 pm: quiet time in the bedroom with a book and a bedtime story or quiet chat.
- 7.30 pm: goodnight and lights out.

Relaxing before bed

After a big day at school, your child might still be thinking about the day's events and worries. If your child's mind is still busy at bedtime, it can cause a restless night or bad dreams.

You can help your child settle and [relax for sleep](#) by keeping activities quiet in the hour before bed. For example, you could play gentle music or read a story together. Making a bath part of your child's bedtime routine can also help with relaxation.

Relaxing before bed also helps with [better sleep for pre-teens and teenagers](#).

Good sleep habits

Your child might sleep better at night if they:

- keep regular sleep and wake times, even on the weekend
- turn computers, tablets and TV off an hour before bedtime
- have a quiet and dimly lit place to sleep
- get plenty of natural light during the day, especially in the morning
- avoid caffeine in tea, coffee, sports drinks and chocolate, especially in the late afternoon and evening.

Living Learning Leading Framework Survey

You are invited to participate in a survey about our school's performance. Similar surveys will be administered to staff and students to enable us to capture a community snapshot. All responses are confidential and will be used for school improvement purposes. Completion of the survey is on a voluntary basis.

Your confidentiality

To protect your confidentiality all surveys are anonymous. All answers go directly to the National School Improvement Partnerships, where the results are analysed for your school. Answers from individual surveys will NOT be reported back to the school. Staff of the National School Improvement Partnerships staff are bound by a Code of Ethics and follow strict professional conduct.

Use of the data

National School Improvement Partnerships will report the results to the school in an aggregated format so that individuals cannot be identified. To enable drill-down reporting, the information provided to the school will contain data based on background information. This anonymous data will be provided to CESA for reporting and consideration of support for schools.

Please look out for the Seesaw message that will provide you with your link to contribute to continuously improving our school community.

Farewell Rocky

I would like to take the time to pay my respects to one of our Antonio parents, Rocky Labbozzetta who recently passed away. Rocky, Pamela and their children Amelia, Carlo and Sienna are wonderful members of our Antonio community. We will miss Rocky's contributions and support but know that his love and commitment for his family continue to be felt through their lives and this community.

Nature Play Update

On Monday we will begin to enjoy the lower nature play spaces during outside learning time. This afternoon the temporary fences around this lower area are being removed. The children are looking forward to using the new stage area, digging pit, amphitheatre, creek bed, balance logs and music wall. The digging area will be a popular area for some and we invite the children to bring some labelled rubber boots to school if they are interested in this

activity. The boots can be kept at school for outdoor purposes and the student can wear their regular sports shoes at all other times.

Kind Regards,

Anthony Garton
Principal

QUIZ NIGHT



What the Art!



**Bring
Gold
Coins
for
Games
Galore**



**Silent
Auctions
&
Student's
Art for
Sale**

Friday 20th August 2021 - \$10 per head (tables 8-10)
ANTONIO SCHOOL GYM

Book through front office AND pay with QKR

Doors Open 7pm To Dress Your Table 7.30pm **START**

PRIZES FOR BEST DRESSED TABLE

BYO Supper and Drinks

FROM THE APRIM



SAINT MARY MACKILLOP

August the 8th is Saint Mary Mackillop's Feast Day.

On Monday 9th our learning community will celebrate Saint Mary, Australia's first Saint with a prayer liturgy in the gym, some classroom learning and a visit to the old Church where her excommunication was lifted.

Saint Mary Mackillop lived and worked right here in Morphett Vale at some time in her full and blessed life. As a child Mary lived in Melbourne with her parents and her seven brothers and sisters. She loved her family very much. Her dad would go away for sometimes months at a time and Mary would help her mum who had many worries and not much money to look after her brothers and sisters. Mary had tough, sad times but she knew that God loved her and would look after her and her family. When Mary grew older, she wanted to help people and tell them that God loved them too. She travelled all over Australia by Cobb and Co. Coach to teach children and care for people.

Mary Mackillop's beauty and grace were mirrored in her ways of relating. Mary was gifted with great skills in communicating and relating to others. She used these gifts wisely and creatively to enrich the lives of others. In her work of educating children, Mary showed in practical ways that children are important members of society, she taught compassion and a way of being of service to the poor.

She had a great love and respect for those in need and treated everyone with kindness and love even when people were unkind to her. Mary had many tough challenges in her life as a child and as an adult. She used her gifts of leadership, initiative, imagination, organization and assertiveness with her gifts of love, compassion, forgiveness, endurance, wisdom, kindness and courage to be of service to others. Mary used to say, **“Never see a need without doing something about it.”**

Mary died at the age of 67 on the 8th August 1909. Her memory lives on today as people work in her name to bring education and opportunity to children who are poor and marginalized. WOW!!!! What a role model for us all. We are so blessed that Saint Mary and the Josephite sisters were implicit to our Catholic Education today.

As this term progresses you will hear more from the Mini Vinnie’s Social Justice Team about how we will articulate some of Saint Mary Mackillop’s qualities through our Catholic Charities campaign. Living, learning and leading as thriving people, capable learners and leaders for the world God desires.

SCHOOL COMMUNITY NEWS

Bill Hansberry Parent Workshop
‘Restorative Practices in your School: What's it all about?’
Tuesday 7th September
Doors open 6pm for a 6.30-8-30pm workshop
Creche available



Family Wellbeing

The *Emerging Minds* website has some excellent resources on how to support children during our current times. There are video clips, factsheets and podcasts for parents on how to talk to your children about the pandemic, and useful tips on how best to manage routines for children during these unpredictable times.

<https://emergingminds.com.au/resources/supporting-children-during-the-coronavirus-covid-19-outbreak/>



City of Onkaparinga and Christies Beach Baptist are working hard to ensure the most up-to-date information is available on their website to assist families during the pandemic. Head to <https://www.onkaparingacity.com/Services-and-projects/Food-and-garden> for the current listing for Food Assistance within Onkaparinga.

Diary Dates for Term 3

Please be mindful we are adjusting events on our calendar as COVID safe recommendations from our State Government and Catholic Education SA.

Week 4

Parent Student teacher Learning Conversations Week – these are over the phone due to COVID restrictions

Catholic Schools Open Week

Tuesday 10th August Mary MacKillop Liturgy

Thursday 12th August Finance Committee Meeting 5pm, School Board 7pm

Saturday 14th August Principal Tour 10am

Week 5

Friday 20th August Ms Carol's Rec. and Miss Sara's R/1 Classes host assembly 9.15am, Yr.

3/4 Visit Onkaparinga Library, Quiz Night

Student, Staff and Community Living Learning Leading Surveys Close

Week 6

Remaining New Nature Play Development Opens

Friday 27th August Year 3/4 Liturgy 9.15am

Week 7

Children's Book Week at Antonio

Thursday 2nd September Early Explorers Transition, SACPSSA 3-6 Touch Carnival

Fri 3rd Sep. Book Week Assembly hosted by Ms Noble and Mac's Rec. classes, PFC Meeting

Week 8

Tuesday 7th September School Photo Day, Bill
Hansberry Parent Workshop
Wednesday 8th September Principal Tour 9.30am
Thursday 9th September Early Explorers Transition,
Finance Comm. 5pm, School Board 7pm
Friday 10th September Year 5/6 Enterprise Day,
Rec-Yr. 2 Liturgy 9.15am
Saturday 11th September Principal Tour 10am

Week 9

Thursday 16th September Early Explorers
Transition
Friday 17th September Staff Faith Formation Day
Pupil Free Day

Week 10

Monday 20th - Wednesday 22nd September Year
5/6 Camp
Thursday 23rd September Early Explorers Transition

