



## What are we thankful for?



I am thankful for the gym and the sports equipment we have to play with. Aiden

I am thankful for my friends and teachers who help me. Fabian

I am thankful for my friend Caitlin. Braxton

I am thankful for the talent show outside. Tyson

I am thankful for the teachers; they are very kind-hearted and teach us new things. Bianca



I am thankful for my new friends and caring for each other. Charlotte

I am thankful for having time to draw. It makes me happy. Meelad

There are nice teachers here who support you and you can ask them questions to help you understand. Chelsea

I am thankful for friends who are nice to me. Zoe

## **FROM THE PRINCIPAL**

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Dear Parents and Carers,

I hope this newsletter finds you warm and dry. The mornings and evenings in the past week have been icy which has resulted in some dancing at the front or back gate to keep warm and plenty of excited children when they see the frost on the oval to crunch through.

During this cooler weather and time of great change and challenge I am grateful for the support of a wonderful family and of our wonderful community. Not being able to gather as a whole community at assembly or community breakfasts or even gather in larger groups before and after school has meant it has been difficult to connect in with others across our community at times.

I am grateful for the extra time our staff have committed to sharing your child's learning and wellbeing with you through Seesaw, our newsletter and social media. I know they are grateful for your responses and support through your messages using Seesaw as well and I also know that your children notice and feel great about their learning at school when they see your positive communication with their teachers.

I am grateful that we are part of a community who find ways to communicate and collaborate. Our children learn so much by observing the way we find solutions, respond to challenges and look for ways to grow and learn. They in turn use these strategies in their everyday contexts at home, the club, the playground, school and the shopping centre.

This week I asked a number of students what they are thankful for and you can read their responses on the front page. I find our students at Antonio enjoy coming to school to be with their friends, to learn with each other and their teachers and to use the facilities and resources we are privileged to share. They are very open to learning new skills and strategies to enable them to thrive as learners and members of the community.

### **School Board Update**

We are blessed to have an active, professional School Board at Antonio. They provide sound advice and feedback to the school leadership team in regards to practices, policies and strategic planning at Antonio.

At the previous meeting in May, the Board approved our updated Bullying and Harassment Policy developed in consultation with students, parents and staff. This will be launched across the school to provide guidance and support for everyone in our community. It outlines the proactive approach to working together, the teaching and learning of social emotional skills and strategies to prevent or minimise bullying issues and how we respond and work with everyone involved if such an issue should arise.

## School Finance Committee Update

The committee met this week to continue it's work in monitoring and advising the School Board and leadership team in regards to the financial management of our school community. The committee are grateful for the great work staff have been undertaking to ensure our school maintains sound practices during the continuing impact of COVID-19. The open and regular communication between you and our school staff to manage payment plans is most appreciated. If you have any concerns in regards to your payment plans please make contact with Tracy McIntyre our finance officer in regards to school payments or Ann Marie Lynch in regards to OSHC payments by calling on 8325 4500.

## Outside Learning

I really enjoy our outside learning time at Antonio where the children engage in such a diverse number of fun, creative and collaborative activities. In addition to the wonderful activities I mentioned in our last newsletter I wanted to also share that this week three of our senior students began leading a netball clinic in the gym for our younger students. This is a result of their passion learning project in Year 5/6 and has resulted in many interested Year 1/2 students learning netball skills each Tuesday at first outside learning time. Our senior students are very aware of ways they can contribute and support other students in our community. We are blessed with skilled, capable student leaders across all age groups at Antonio and we share high expectations for what every student will achieve.

Have a wonderful week and I hope you are able to make the time to enjoy and appreciate the things you are thankful for.

Anthony Garton  
Principal

### Prayer of Gratitude

Loving God

As we navigate the unfolding divine story of our lives, we pray for the courage to sew threads of love in our communities.

For the vision to practice gratitude for what is and to tell the stories of heroics, growth and solidarity.

To focus on beauty in the little things of life, the gifts that have been made evident and magnified through a renewed focus on community.

To be present to the gifts and marvels of life, and the words of the spirit etched in our hearts.

To be thankful for each loving deed done by another no matter how insignificant it might appear. To taste life to the fullest, and not take any part of it for granted.

To find ways to reach out and help the disenfranchised and marginalised, we ask you to give us the courage to take care of one another as Jesus did.

For those who are ill, especially those who are frightened and alone, for those who are isolated and lost, we pray for solidarity.

In the midst of our growing awareness that all life on Earth is connected, we ask for the heart to respect and cherish all life and creation.

Holy Spirit, you give us unity that respects difference. Help us find strength in the love between us as we seek healing for our world.

We make this prayer in Jesus' name. Amen

## FROM OUR SCHOOL CHAPLAIN

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When *changes* occur in families through illness, death, separation, divorce or related circumstances, children may benefit from learning how to manage these changes effectively through the innovative and successful grief education program *Seasons for Growth*.

The program is facilitated in small groups and is based on research that highlights the importance of social support, and the need to practice new skills to cope effectively with change and loss. There is a focus on issues such as self-esteem, managing feelings, problem solving, decision-making, effective communication and support networks.

It is an eight-week program and each weekly session is approximately 40 minutes. The program concludes with a special 'Celebration'. If you would like your child to be part of this program, please talk to them about their possible participation.

Should you have further queries about the program, please feel free to contact me on Tuesdays or Fridays on 8325 4500. Alternatively, please leave a message at the Front Office and I will return your call. My email address is listed below also.

Kind Regards,

Michelle Dinning

Chaplain

[MichelleD@antonio.catholic.edu.au](mailto:MichelleD@antonio.catholic.edu.au)

## SCHOOL COMMUNITY NEWS

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### Diary Dates

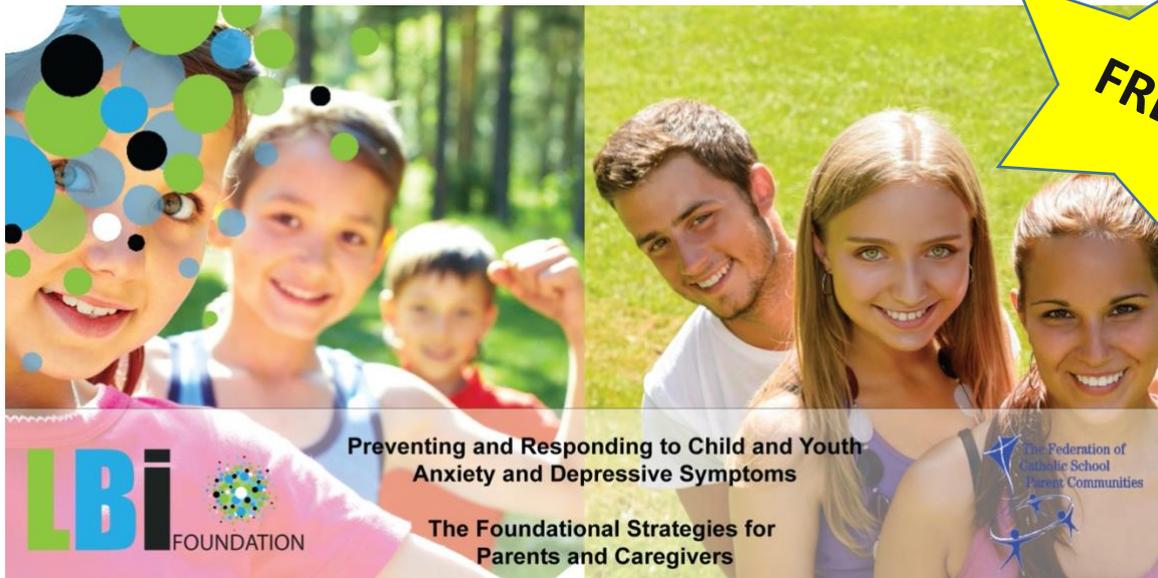
We are making adjustments to our events and celebrations as recommendations from our state government and Catholic Education SA.

**Thursday 18<sup>th</sup> June**

Early Explorers Transition 9.00am, School Board Meeting  
7.00pm

Mon 29/6 – Thurs 2/7  
Tuesday 4<sup>th</sup> August

Netball Carnival  
Photo Day



Series of Resilience Skills Modules

**1 Hour Zoom Webinar**  
**Tuesday the 30<sup>th</sup> of June 6.30pm**

**Designed for Parents and Caregivers**

## Content

This practical and engaging webinar will focus on:

- How does anxiety and depression manifest and express itself in children and young people (from 5 years to 18 years).
- What are the current and emergent (post COVID) at-risk groups, within a context of greater world uncertainty.
- What are the key parent and caregiver actions and strategies to prevent anxiety/depression and promote child and youth wellbeing and resilience.
- Two key areas of focus to promote wellbeing and resilience: (1) responding to child and youth growth and developmental needs and (2) building child and youth capacity through side-by-side support.

## Facilitators

The session will be delivered by two LBI Foundation presenters with significant experience in providing preventative and targeted support (clinical and non-clinical) to children and young people (and their families and schools) within educational contexts.

**Dr Ivan Raymond**  
(Clinical Psychologist, PhD)

## Registration and Resilience Skills Modules in Term 3.

The Zoom Webinar is being delivered in partnership between the Life Buoyancy Institute Foundation and Federation of Catholic School Parent Communities SA. Registration and further information click here: <https://www.eventbrite.com.au/e/sa-catholic-caregiver-prevention-and-response-to-child-anxietydepression-tickets-107059078586>

In Term 3, parents, teachers and secondary school students can learn about 4 key resilience skills (click links):

[Mindfulness and Navigating Difficult Feelings \(5/8\)](#)

[Growth Mindset \(19/8\)](#)

[Actioning Values \(2/9\)](#)

[Gratitude and Helpful Thinking \(16/9\)](#)

## MINI EXPLORERS PLAYGROUP

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Facebook: <https://www.facebook.com/miniexplorersplaygroup/>



*Mini Explorers*

**PLAYGROUP**

**@**

**HOME**

Come and join us on Facebook!



Mini Explorers playgroup is providing activity ideas for your preschool aged children, older siblings can follow along too! All ideas are using mostly household items for those who are self isolating. You can find daily updates on Facebook