



**SPORTS REPORT**

Adelaide Exchange, Lap of Australia! pg 8



**EXPLAIN the BRAIN!**

Year 9 students start the explaining. pg 4



**HOUSE ART**

Inaugural competition, see all the winners! pg 6



**MULTIWEEK**

Cultural ties strengthened further. pg 7

# mac.rob news



## DATES/EVENTS

**Monday 31 August**

Subject selections open

**Friday 4th September**

Subject selections close

**Friday 4 Sept**

Mental Fitness Years 9/10

**Tuesday 8th September**

Morrisby online testing Year 9

**Thursday 10 September**

RUOK day

**Saturday 12 September**

Mac.Rob TEDx live stream

**Friday 18 September**

Last day of Term 3

**Monday 5 October**

Term 4 starts

**Wednesday 7 October**

GAT (General Achievement Test)

Year 11/12 students

## Curiosity and Optimism

**“Human spirit is the ability to face the uncertainty of the future with curiosity and optimism”.**

By now, I imagine most of us have adjusted to ‘life in lockdown’. It seems an age ago that we took for granted the luxury of meeting friends face to face, catching up over coffee, or enjoying some of the exciting events and activities that are a hallmark of our school. I expect that it will be some time yet before we can begin to consider some of our traditional events once more, but that doesn’t mean we aren’t optimistic about our plans going forward. We continue to think about ways to celebrate our year together (whilst apart!) and are working with our graduating year to think of new ways to acknowledge and share in their final year of schooling.

As a school it is important that we keep looking to the future, and whilst some of our plans and strategic goals have been delayed a

little, there are a number of initiatives that are progressing well.

Our new IB team has been working hard all year, undertaking subject training online and meeting virtually to collaborate, to create IB policies and curriculum, and to share their learnings. Planning for the IB is a long and multi-layered process, but our team has embraced this new opportunity with gusto, and it is wonderful to see how much progress they have made thus far.

Our Lakeside building upgrade proposal is steadily progressing, with our initial concept drawings now submitted to the DET for their approval to proceed to tender. Significant works take time to come to fruition, but I am excited to see this project move to its next stage, and I hope to be able to share more with our community about this soon.

This year a team of our staff have also been working together to review and revisit our daily timetable; this will simplify our schedule to assist with the daily operation of our school, and allow more face to face teaching time with our Year 11 students. Revisiting the timetable means a considerable amount of thinking about all the ways this influences our day, from student travel constraints, to 'ideal' lesson lengths for different disciplines, accommodating all our curriculum and VCAA requirements whilst still allowing time for important features of our school program such as House, Form and School assemblies. We are fortunate to have had a great team of teachers volunteering their time and expertise to do this planning work; it is certainly the case that many hands make light work, and their commitment to this initiative has been marvellous.

Finally, I had the great pleasure this month to meet with a number of parents for some online chats organised by the Parents' Association. These sessions are a way for me to easily meet with parents, something that can be hard with our families far flung across Melbourne! We chatted about a range of topics and I look forward to meeting more parents as the months go on; please contact the PA for more information on joining one of our monthly conversations.

As spring approaches, we don't yet know what the weeks ahead will bring, but you can be certain whatever comes our way, we'll face it with optimism!

**Anne Stout, Principal**



## Captain's message

As the blue skies and sunshine of Spring appear, another month of online learning passes by. As always, Mac.Robbians have continued to support each other and adapt to the changes during our lockdown. The new restrictions mean we are still separated physically, but our community is stronger and more connected than ever before. As a student, I have never valued the commitment and support from my teachers as much as I do now. As a friend, I have never realised how important it is to reach out and connect with those close to me. As a sister and daughter, I have never valued the support from my family as much as I do now. As a Mac.Robbian, I have never felt more grateful to be a part of such a connected, supportive and accepting community. And as a human being, I have never valued the importance of pressing pause and enjoying the simple things that are all around us. Sometimes it's really important to ask ourselves... what happened today that made me smile? What am I grateful for today and how can I brighten someone else's day?

Just like true Mac.Robbians, we have not let the lockdown stop us. The past month has seen some important events in Mac.Rob's calendar take place virtually, beginning in August with a celebration of the cultural diversity and unity at Mac.Rob by celebrating SRC's Multicultural week. Our diversity and celebration of our differences is what makes Mac.Rob such a unique and special place to be, our SRC team planned a week full of fun events and activities for all students and staff to participate in and the week brought many laughs and smiles. We also celebrated our Adelaide Exchange and saw our Sports Captains, Lexi and Vic, bring creativity and innovation allowing the tradition of the Exchange to live on. Keep reading to hear about both of these amazing events.

During Week 8, Mac.Rob week will take place, a week where we celebrate our school and the amazing people who make it the special place it is. The theme for this year's Mac.Rob Week is Our Story. Over the week, through everything from Trivia and picnics to Q+A's and podcasts, we will be celebrating our own unique stories, the story of our school and its history, as well as our story this year - it's been a big one!

Enjoy the last few weeks of Term 3, make sure to soak up the sunshine every day. Look after yourselves and those around you, and remember, 2020 is just another chapter in our stories.

Michaela McMahon, School Captain 2020

## Explain the Brain!

National Science Week

Congratulations to Senithya Karunaratne of 9B, who was awarded 2nd prize for her infographic on Neurodiversity in the 2020 Explain the Brain Competition .The Explain the Brain 2020 Competition is run by Untapped Group and the Genazzano Institute of Learning and Brain Sciences, with Education Perfect coordinating it and providing some resources. You can see Senithya’s winning entry on the next page.

Congratulations also to the Year 9 Brain Bee team for winning the “Explain the Brain 2020: Neurodiversity infographic/ video competition”. They have also been awarded a \$500 winning prize which was as a result of the large number of valid entries from Science at MacRob which amounted to 19 students entering. There was over 120 entries from students across Australia and New Zealand!

Students had to prepare and submit either a video or an infographic that explored neurodiversity.

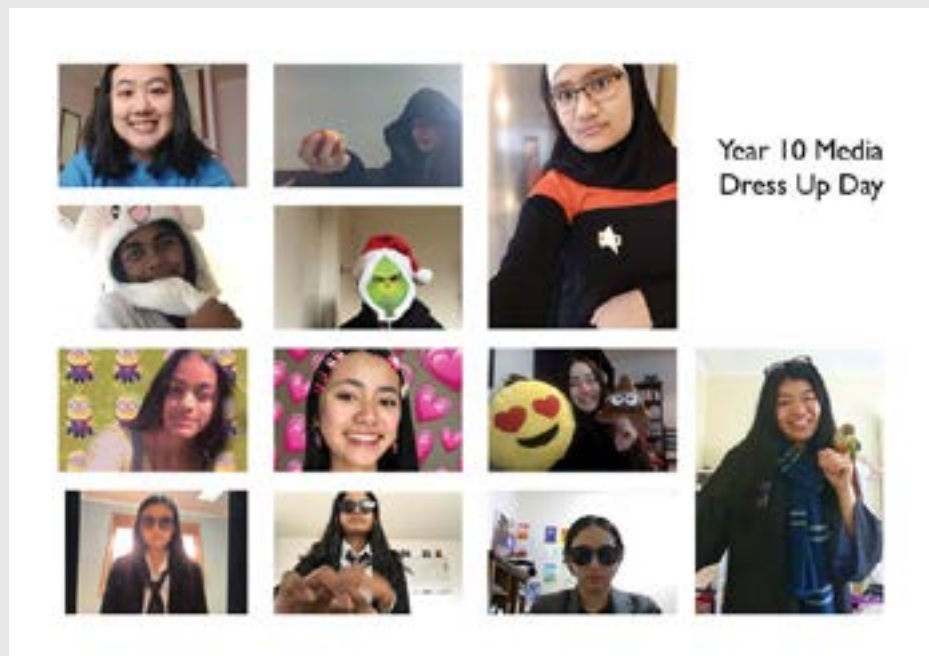
The entries were judged on the following criteria:

- » Accuracy of information. Facts must be current.
- » Effective message about Neurodiversity
- » Creativity and innovation in the presentation



## Media Movie Day

The first 10 Media Movie Dress Up Das was a chance for the students to connect as a class during the lockdown period and have some fun while remote learning. This assisted us in helping form our online class community, so students feel a sense of connectedness within the virtual classroom.









## House Art Competition

We're sure the students remember the 2020 House Art Competition that happened a few months ago and now we're excited to announce the results!

Thank you so much to everyone who participated, we hope you enjoyed it. Being a new initiative it was a lot of fun and you never cease to make us proud with your talents! Congratulations!

## VISUAL ART

### First Place



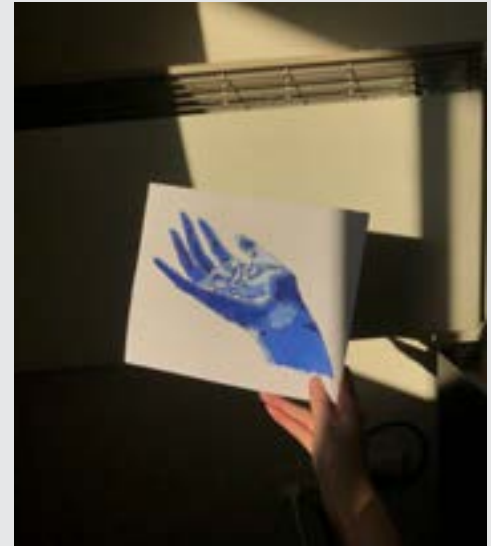
Shasha Osianto Year 9 Oreads

### Second Place



Eliana Roxas Year 10 Oreads

### Third Place



Sabrina Nguyen Year 10 Naiads

## VIDEO Self Care during ISO

### First Place



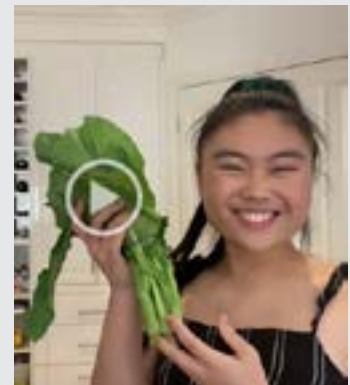
Diemmy Pham Year 10 Dryads

### Second Place



Batrisyia Khairil Year 10 Nereids

### Third Place



Erica Chour Year 12 Dryads

Unfortunately we do not have sharing capabilities at present, if able to share in the future, we will, as these videos are worth watching!

## Multicultural Week at Mac.Rob

At Mac.Rob we are so lucky to have such a multicultural and diverse school community! Multicultural Week takes place every year to appreciate and celebrate each of our wonderful and unique cultural identities. This year SRC designed a fun and inclusive online celebration which still embodied what Multicultural week is about, connecting through diversity.

### Our Story

**Monday:** Our week started off with Monday's Multicultural Movie Screenings, where we watched some movies from Japan, France, Germany and America!

**Tuesday** brought Multicultural Cookbook, where we released a cookbook with a wide variety of foods as well as compiled and released a cooking ASMR\* compilation of submissions from various students.

**Wednesday,** we had our Multicultural Art Competition, where a Padlet was released to the school for students to post their submissions. We had some really beautiful submissions, with Erica Liu's (11E) Plum Blossom make-up look taking first place!

**Thursday** we played Around the World Trivia on a Google Meet during lunchtime, congrats to our winners Rebecca Le (11B), Solai Venkatachalam (11E), Ama Thomas (10J), Nusayba Syed (9L) and Aleena Antony (10J)!

**Friday,** we finally wrapped up our amazing and eventful week with Multicultural Dance Workshops, run by some talented students in which both K-Pop and Bollywood Dancing were taught to anyone keen on learning!

### Hedy Shi and Kemrose Dalam, Year 10 SRC Executives



Erica Liu 11E Plum Blossom make-up won first place in the Multicultural Art Competition



SRC President, Meghana Jonnalagadda looking stunning in her cultural dress of India



# Keep running, we're nearly there!

## Adelaide Exchange 2020

Mac.Rob is close to completing the Adelaide Exchange Lap of Australia (via Adelaide)!

During the sixth week of this term, we ran an exciting online version of the usual Adelaide Exchange which proved successful in connecting the Mac.Rob community and Adelaide High School during remote learning. Although the exchange didn't run as a competition, we introduced virtual events to fuel some competitive spirit throughout the school. All of which can be relived on the Mac.Rob Youtube Channel. [Click here for all the action!](#)

On the first day we shared the Adelaide Exchange Video and Mac.Rob's Basketball Video with the school. The second day showcased another excellent Mac.Rob debate, this one with the topic, "Valentine's Day should not be celebrated." I think we all know which side won that! The third day of the exchange included a very entertaining surprise theatresports game of "poem" and culminated in the farewell video.

Mac.Rob's victory in the Lap of Australia race was announced too. We will however, be continuing on with this lap until we complete the full 13,794km, it's a long way to the shop if you want a sausage roll! At 6pm on 31 August, we, Mac.Rob collectively, have run/walked 13,232km and have only 561km to go! In terms of the map, that means we are at Wudinna in SA. Keep running Forrest!

As your sports captains we felt that it was extremely important to honour the connections and friendly competition that stem from the exchange, especially as it was our last one. Exchange week is a highly valued time of year, and we look forward to seeing Mac.Rob take home wins in the future. We wish you all good luck for next year when Macrob travels to Adelaide High to partake in the exchange.

Lexi and Vic Sports Captains



### FOLLOW THE ARROWS TO RELIVE THE SPORTING BRILLIANCE OF THE THREE POINT GOAL!

...aaaand t's a three pointer from the Mac.Rob team member, Clodagh McMahon, casual as you like, putting Mac.Rob in the lead!...and the crowd goes WILD!!

(Loud clapping ensues, closely followed by high pitched squeals and whistling from the large Mac.Rob audience contingent, with their home team advantage you wouldn't expect anything less now would you?)

The first person to contact the communications team to advise of the second rogue ring on the court gets a prize!



## Dear Earth, thank you!

Dear 2050,  
Have you ever seen a clear sky?  
Have you ever seen a tree?  
Have you ever seen a bee fly?  
Were you ever carefree?

Ice caps have melted  
Polar creatures no more  
All this ended  
Whatever for?

Trees cut down  
Habitats lost  
Look around  
We are paying the cost

Oceans filled up with plastic  
And who knows what else  
The effects are drastic  
Now, we cannot blame someone else

The extinct list numbers soared  
Entire species gone in a blink  
We roared  
But it wouldn't shrink

Alas! All hope is lost  
Our planet, once full of life, gone  
That line we have crossed  
And our swords too late were drawn

Dear 2050,  
I'm so sorry  
We are guilty  
We weren't chary

I'm sorry we polluted the air  
I'm sorry we didn't care  
I know this is unfair  
Our mistake, so grave, we couldn't repair

But wait, it's not too late!  
We still have time  
To change our fate  
Let's stop this crime  
Before it's too late

Our future can be bright  
And full of life  
Let's set this right  
And stop the strife

Let's unite  
Let's form ranks  
To fight  
And give Earth our thanks

**Climate Change**  
EARTH IN 2050

*Climate Change can lead to devastating effects if we do not act on it, and the Earth in 2050 will be a very different one from the one now.*

**INFORMATION ABOUT CLIMATE CHANGE**

Climate change affects the social and environmental determinants of health – clean air, safe drinking water, sufficient food and secure shelter.  
Climate change is caused by both natural causes and human activities.

Climate change is defined as a change in global or regional climate patterns, in particular a change apparent from the mid to late 20th century onwards and attributed largely to the increased levels of atmospheric carbon dioxide produced by the use of fossil fuels.

**THE EARTH IN 2050 – 30 YEARS FROM NOW**

The weather will be severely affected by climate change - less snow and ice, thawing permafrost, changes in plant life cycles, warmer oceans, rising sea level, damaged corals, stronger storms, changing rain and snow patterns, higher temperatures and more heat waves, more droughts and wildfires, changing in animal migration and life cycles, etc.

It can also negatively impact human health: extreme heat, increasing allergens, water quality impacts, water and food supply impacts, environmental degradation, severe weather, air pollution and changes in vector ecology can cause many different diseases and illnesses.

Between 2030 and 2050, climate change is expected to cause approximately 250 000 additional deaths per year, from malnutrition, malaria, diarrhoea and heat stress.

*Creative Activity - Caitlin Wan*

Lana SELTHOFER 9L Science

# ARE YOU READY?

## TEDx is coming to Mac.Rob!

What does it mean to “shape your story?” TEDxMacRobHS wants to ask you exactly that. On the 12 of September, an exciting event is coming, via a live broadcast on YouTube... [SUBSCRIBE HERE](#) to be ready!.

It’s time to hear from the woman who co founded the largest fast food chain in the southern hemisphere. From the woman who became the first urologist in the country, and the student, just like you, who founded Letters Against ISO, the wildly successful project that has sent over 1,000 encouragement letters to relieve social isolation across the country.

This is ordinary people doing extraordinary things. This is taking what life throws at you, and making it your own -- refusing to be a passenger in your own life.

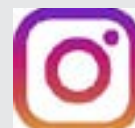
That’s only a taste of what to come, tune into Mac.Rob Official YouTube channel for the live broadcast on Saturday 12 September from 1-3pm.

**Minseo Kim**



## Only on YouTube!

Click on these buttons to subscribe, turn on notifications and support TEDx at Mac.Rob!



Instagram [@macrobghs](#)



Facebook [@MacRobertsonHS](#)



YouTube [@Mac.Rob YouTube](#)



# Happy Snaps!

Many meetings and a few social times have been held online over the last few months, here's a few happy snaps from Mac.Rob teachers, Educational Support staff and last but not least our School Council.



Happy faces at the staff Morning Tea in August, BYOD!

Morning Tea for ES Staff, Mac.Rob's Educational Support team.



A recent School Council meeting, online and ontime! Thank you for your work!



## Palladians Update

We at the Palladian Associations School Liaison Committee have been busy!

What happens “Straight Outta High School”?

The Palladians are very excited to bring you our podcast entitled ‘Straight Outta High School’. Episodes include very apt content for current Mac.Rob students. We speak to recent Mac.Rob graduates and find out how they navigated life after Mac.Rob and share what they wished they knew in their last years of high school. Currently we have 6 episodes at approximately 30 minutes each, perfect for listening while going for your walk or run!

Find it [here at Anchor](#) with links to Spotify and Apple.

Junior Leadership Program

The Junior Leadership Program has come to an end and we thank everyone who has been involved in this initiative. We hope the students who participated this year were able to benefit from the experience and can apply their new skills in their everyday life.

There are many opportunities for Palladian members and current Mac.Robbiens.

We look forward to welcoming you as a Palladian member to be part of our network, it’s a great thing to do! Visit our [website](#) to join now!

Have a question? email President Sally Ng [president@palladians.macrob.vic.edu.au](mailto:president@palladians.macrob.vic.edu.au).

The image shows a screenshot of the Anchor podcast player interface. At the top left is the Anchor logo. To its right is a button that says "Make your own podcast for free". Below the logo is a photograph of a yellow school building with "Straight Outta High School" written on the side. To the right of the photo, the title "Straight Outta High School" is displayed in large white text, with "By Palladians" underneath. A short description follows: "Curious to see what life after Mac.Rob looks like? 'Straight Outta High School' is a podcast hosted by the Palladians Association for today's Mac.Robbiens. In each episode, recent Mac.Rob graduates (from across many different courses and experiences) will discuss how they navigated through the highs and lows of life after Mac.Rob and share what they wish they knew in their last years of high school." At the bottom, there are two buttons: "Listen on Spotify" and "Message".

Listen in for tips on life after Mac.Rob, by past Mac.Robbiens, for current Mac.Robbiens



## What is the School Council?

If you don't know what the Mac.Rob School Council is or what it does, read on!

The Council represents the whole school community (that's you) in governing the school. We don't run the school the way a company or private school board does, since the Victorian Department of Education and Training (DET) employs most of the staff and sets the curriculum, we still perform some important functions within the school.

The primary objectives of the School Council are to ensure that all school decisions that affect students have the best interests of the students at their core, and to enhance students' educational opportunities.

### What does that mean in practice?

We work with the school leadership to shape the strategic direction of the school and act as an informal sounding board, supporting the school with bigger picture issues that influence its future. An example is the adoption of the International Baccalaureate as an alternative to the VCE, which involves a multiyear planning and accreditation effort.

School Council sets budgets and approves expenditure of the school's discretionary funds. Those are the funds that are received from the Department of Education, through student fees and donations, and for specific purposes, like for excursions and camps. The money is spent on additional resources for almost every subject area and also on the library, ICT, buildings and administration. Recently we've been looking at a potential renovation of the Lakeside Building; this still needs to be approved by the Government but watch this space for developments.

Other Council functions include ensuring efficient governance and compliance with legal obligations under the Education and Training Reform Act.

In everything we do, we work closely with the Parents' Association, the Palladians and with Anne Stout, our Principal.

### Who is on the Council and how did we get there?

You elected many of us! Some years there are insufficient candidates to hold elections but this year, perhaps inspired by the upcoming US election, we had more than enough candidates to hold an election. Do you care passionately about the future of the school? Or want to change the school uniform policy? Run for Council! Elections are in February or March each year, and please vote, your voice is needed.

#### Council Members

6 parents; two student representatives; four DET representatives, including the school principal and two Community members (one from Palladians).

Stay tuned for more information about individual Council Members.

Let us know if you have any suggestions for the School Council or feedback on things you'd like to hear about from your School Council.

**Ivor Frischknecht**   [schoolcouncil@macrob.vic.edu.au](mailto:schoolcouncil@macrob.vic.edu.au)

