

SANDWICHES

~ Choose from White or Wholemeal Bread ~

~ Add \$0.40 to change to Roll, Sub or Wrap ~

~ Add \$0.20 to toast ~

G	Buttered Bread -2 Slices	\$ 1.50
A	Vegemite or Jam	\$ 1.80
G	Just Salad -Tomato, Lettuce, Cucumber	\$ 2.80
G	Cheese	\$ 2.80
A	Ham & Cheese	\$ 3.10
A	Ham	\$ 3.40
G	Tuna	\$ 3.40
G	Roast Chicken	\$ 4.10
G	Salad Pack - Container of sliced Tomato, Lettuce, Cucumber, Carrot	\$ 3.00
Add ons		
A	Tomato Sauce, Pickled Onion, Gherkin	
A	Sweet Pickles, Mayo, Mustard	\$ 0.30
G	Beetroot, Grated Carrot, Cucumber, Lettuce, Tomato	\$ 0.50
G	Cheese Slice	\$ 0.65
A	Ham Slice GF	\$ 1.00
G	Tuna	\$ 2.30
G	Chicken	\$ 1.90

GLUTEN FREE HOT FOOD

	Beef Lasagne GF	\$ 4.70
	Macaroni Cheese GF	\$ 4.70
	Chicken Tenders (2 per serve) GF	\$ 3.00
	Gluten Free Bread Roll GF	\$ 2.00

MEAL DEALS

~ Choose from Oak UHT Milk OR Water + Fruit ~

G	Cob&Go - Corn Cobette, Yoghurt&Drink GF	\$ 4.30
G	Dairy Deal - Hot Cheese Roll & Drink	\$ 4.60
G	Salad Deal - Salad Plate & Drink	\$ 4.30
G	Chicken Super Sub - Choice of Salad & Drink (Add \$0.65 for cheese)	\$6.65
A	Better Burger - Hamburger & Drink (Add \$0.65 for cheese)	\$6.20

DRINKS

G	Spring Water 600ml	\$1.50
G	Plain Milk (Cup)	\$1.30
A	Harvey Fresh Juice 250ml - Orange, Apple or Apple & Blackcurrant	\$1.40
A	Up & Go - Chocolate or Strawberry	\$2.00
A	Oak UHT Milk 250ml carton - Chocolate or Strawberry	\$1.70
A	Oak Milk 300ml bottle - Chocolate or Strawberry	\$2.00

HOT FOOD

G	Corn Cobette GF, V	\$0.80
G	Cheese Melt - Hot Cheese Roll V	\$2.90
A	Chumbo (Hot Ham&Cheese Roll)	\$3.50
G	Chicken Hero (Hot Chicken& Mayo Roll)	\$4.30
A	Crumbed Fish	\$2.20
A	Fish Burger - lettuce & tartare sauce	\$4.20
A	Chicken Nuggets - 4 per serve	\$2.40
A	Chicken Burger - lettuce & mayo	\$4.10
A	Hamburger - tomato, lettuce & sauce	\$4.50
A	Rock"n"Dinosaurs - 4 Dino's & 4 Potato Gems	\$3.20
A	Dino's Only - 5 per serve	\$3.00
A	Macaroni Cheese V	\$4.30
A	Lasagne	\$4.30
A	Spaghetti Bolognese	\$4.30
A	Fried Rice GF, V	\$4.30
A	Hash Browns Ovals - 2 per serve GF, V	\$1.30
A	Hot Dog Sausage Only GF	\$1.90
A	Plain Hot Dog	\$3.50
A	1/2 Plain Hot Dog	\$1.75
A	Hot Dog with Tomato Sauce	\$3.70
A	1/2 Hot Dog with Tomato sauce	\$1.85
A	Better Bite Sausage Roll 120g	\$3.30
A	Better Bite Beef Pie	\$3.90
A	Better Bite Pasty	\$3.90
A	Better Bite Potato Pie	\$4.00
A	Sauce - Tomato/BBQ/Tartare/Mustard	\$0.30

SNACKS

G	Fruit - Apple, other as Available	\$0.80
G	Apple Slinky - if apple provided - if canteen provided	\$0.20 \$1.00
G	Yoghurt - Berry or Vanilla	\$1.90
A	Medium Muffin *when available*	\$2.30
A	Cool Pak Popcorn GF	\$0.40
A	Fruit Nuggets GF	\$0.60
A	Mamee Noodles BBQ or Chicken	\$0.60
A	Corntos BBQ or Cheese GF	\$0.80
A	Mamee Rice Sticks Cheese GF	\$0.70
A	JJ's Chicken or Pizza	\$1.20
A	Chips or Grainwaves	\$1.20

COUNTER SALES ONLY

	Mini Muffin Bites - various flavors	\$0.20
	Warm Milo	\$1.00
	1/2 Nice N Joosey OR 1/2 Frozen Yoghurt Tube	\$0.25
	Whole Nice N Joosey OR Frozen Yoghurt Tube	\$0.50
	Vanilla Ice Cream Cup	\$1.00
	Moosies - Strawberry, Chocolate, Blue Moon	\$1.30
	Paddle Pop	\$1.80
	Krazy Krush *LUNCHTIME ONLY*	\$1.70
	Mixed Krazy Krush *LUNCHTIME ONLY*	\$2.00
	Frozen Juice Cups	\$1.00

Thursday - Friday ONLY

Term 1, 2022 Effective 31/01/2022. Last day to order Wednesday 13/04/2022.

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The Greenwith Campus Canteen has implemented the SA Government regulated RIGHT BITE HEALTHY FOOD & DRINK for SA Schools and Preschools.



- G = Right Bite Healthy Choice
- A = Right Bite Amber Choice
- GF = Gluten Free
- V = Vegetarian
- All muffins contain egg.
- All crumbed foods may contain egg products
- Gluten Free Hot Foods and Snacks marked **GF**

The canteen does not supply sesame seed rolls however all rolls and bread may contain seeds.

*** If your child has allergies please feel free to contact the canteen to discuss products available**



Canteen Ordering Procedures

Lunch orders are to be ordered via our online Qkr app. Snack items can be purchased over the counter at recess and lunch. A balanced menu provides healthy options for students at reasonable prices.

You can also go online at: <https://qkr.mastercard.com/store/#/home> to order.

Get the Qkr App on your phone

Step 1: Download Qkr! On your Android Phone or iPhone. iPad users can download the iPhone app

Step 2: Register.

Step 3: Find our School. Search for Greenwith Primary School OR Our Lady of Hope School.



The Greenwith Campus Canteen is always in need of volunteers. We run the Canteen on the charity of our dedicated and vital volunteers and even an hour of your time will make a huge difference. Please phone Natalie, on 8289 8448 if you can help