



Knox Home Sleep Study Services

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Suite 11A Knox Private Hospital, 262 Mountain Hwy, Wantirna, 3152
Ph: 03 9917 7390
Fax: 03 9917 7391
E: admin@krss.com.au

Referral for Sleep Study

Patient Details

Name: _____ Date of Birth: _____
Address: _____ Telephone (Home): _____
Medicare No.: _____ Telephone (Mobile): _____

Referral/Request(s) for: _____

- Sleep Study
- Consultation

Clinical details/reasons for referral: _____

Referring Doctor Details: _____

Results: _____

- Fax (No. _____)
- Hardcopy via post
- Return with patient
- Electronic copy

Provider no.: _____

Doctor's signature: _____

Copies to: _____

Date: _____

Date of review: _____

To make an appointment, please call the Knox Home Sleep Study Services on **03 9917 7390**.

Referrals can be faxed to **03 9917 7391** or emailed to **admin@krss.com.au**

Your appointment details: Appointment time: _____ Appointment date: ____/____/20____

GP'S: PLEASE COMPLETE BELOW QUESTIONNAIRES WITH YOUR PATIENT PRIOR TO SENDING REFERRAL:

If the patient scores 3 or more on STOP BANG and 8 or more on ESS, the patient qualifies for a direct home sleep study.

Epworth Sleepiness Scale:

Note: 0 = No chance, 1 = slight chance, 2 = moderate chance, 3 = high chance (of falling asleep, not just feeling tired).

Situation	Chance of dozing
Sitting and reading	
Watching TV	
Sitting inactive in public place (i.e. meeting)	
As a passenger in a car for an hour without a break	
Lying down to rest in the afternoon when circumstances permit	
Sitting and talking to someone	
Sitting quietly after lunch without alcohol	
In a car, while stopped for a few minutes in traffic	
Total	

STOP BANG Sleep Apnoea Questionnaire:

Height (cm)_____ Weight(kg)_____

STOP	Yes	No
Do you SNORE loudly (i.e. louder than talking)		
Do you often feel TIRED , fatigued or sleepy during the day?		
Has anyone OBSERVED you stop breathing during your sleep?		
Do you have or are you being treated for high blood PRESSURE ?		
BANG		
BMI more than 35kg/m ² ?		
Age over 50 years old?		
Neck circumference > 40cm?		
Gender: Male?		
Total		