

March 16, 2020

Good day everyone,

Please see the update on Community Living Burlington's Pandemic Plan.

As of today, the government is strongly advising that the people of Ontario avoid all non-essential travel outside of Canada. If you are returning from being outside of Canada, you will be required to self-isolate for a period of 14 days upon your return. You will be able to use your sick time, vacation or banked time for this period. If you do not have this time, please see the notice from our government around sick time Employment Insurance.

Also, we need for families and friends to be honest and open about where they have returned from if they have been away. If family and friends have just returned from being outside of Canada, we ask for them not to visit any of CLB locations until the 14 days of self-isolation are completed. It is critical that we keep COVID-19 out of our residential programs.

We have been notified that Friendship Club has been cancelled for a minimum of three weeks as have also the Recreation centres. Ontarians have been asked to recognize the risk of attending public gatherings and to practice social distancing as much as possible until further notice to manage the spread of illness. In order for Community Living Burlington.to follow suit we are requesting that all of the people we support stop attending church and any other large gatherings. Many churches have virtual options so please look into this for the people we support.

It is important that Community Living Burlington employees remember that we should be taking every day precautions in order to protect their health. These include:

- washing your hands often with soap and water or alcohol-based hand sanitizer
- sneezing and cough into your sleeve
- avoid touching your eyes, nose or mouth
- avoid contact with people who are sick
- stay at home if you are sick. In particular, do not visit a long-term care, retirement home or other congregate settings.

Thanks for your cooperation during this very difficult time

Judy Pryde

