



**59th Annual General
Meeting
June 3rd, 2014**



Our Mission

The mission of
Community Living Burlington
is to enrich the quality of life and
to promote community integration and inclusion of
individuals who have a developmental disability.

Our Values

DIGNITY

We value each person as unique, to be respected and empowered.

ACCOUNTABILITY

We hold everyone at Community Living Burlington responsible for the safety, security and well-being of the people entrusted to our care.

ADVOCACY & INCLUSIVENESS

We value, promote and protect the right to full access to services within our community for those we support.

SERVICE

We are committed to an “exceptional quality service approach” based on the uniqueness of each person we support.

PARTNERSHIPS

We value and promote collaboration with our community partners and stakeholders.

Board President's Report

Respectfully Submitted by **Elaine Austin**

It gives me great pleasure to write the report for the 59th Annual General Meeting for Community Living Burlington.

Let me begin by saying how privileged and honoured I have been for the opportunity to serve this agency and Board of Directors after three years as the President and five years on the Board of Directors. Undoubtedly, the years have been fulfilling and the experience invaluable.

Significant events have occurred of which we should all be immensely proud, these include:

Endless Possibilities A Photographic Expedition a celebration of the lives, accomplishments and activities of people who have a developmental disability in our community. Every picture tells a story. Hopefully you have all had a chance to witness the outstanding work – an exhibit not to be missed!

Annual Eggstravaganza Fundraiser – 3 years ago, the fundraising dream team established our annual President's fundraiser. Little did we know, how much fun was involved – from the volunteers, the guests, staff and fundraisers! The Burlington business community has been very generous indeed with gift basket donations and sponsorships. In fact as guests are leaving, they want to know the date for next year's event!

CLB has been recognized for their innovative work with the Burlington Public Library in developing a **"Read Free"** program. This initiative encourages people we support to be part of a book club on a weekly basis where they begin by sharing and growing in their public reading skills and end with receiving a new book for their personal library.

2013 Agency Campaign of the Year Spirit Award from United Way – a great award which exemplifies the commitment of our staff to the United Way and the programs its supports.

Burlington's Got Talent Show – first ever! 10 contestants participated and what a night. An entertaining and fun way to show off the creative energy the people we support showcase.

New Horizons Recreational Program works in partnership with agencies serving seniors in the community to provide meaningful and inclusive activities for seniors who have a developmental disability. Most importantly this program funded by the United Way of Burlington and Greater Hamilton assists each senior make a smooth transition from working to retirement.

Moving forward, three things I would like to remind the new President and Board of Directors to focus on:

Communicate – with each other, family and friends. CLB is regarded as a key influencer to other Community Living Agencies with the Ministry of Community and Social Services. Keep up the great drive, efforts and exposure.

Learn – and continue to discover new programs, form new partnerships. One partnership that I am eagerly looking forward to receiving information from on so many levels is the one recently forged with the DeGroote School of Business here in Burlington .

Build – expand sponsorships and contacts within the business community. Success will mean more financial support which means a better quality of life for the 400 people we support. Financial restraints and constraints are never ending; however keeping front and centre with local politicians and the Ministry of Community and Social Services can only help to reduce the long waiting lists.

I would also like to acknowledge the staff and their unwavering commitment to each and every one of the people we support. Judy, you and your staff's determination to create a more equitable world through your compassion, sensitivity, courage and leadership are second to none. Your human skills are as large as your professional skills.

Miranda you have been a model of patience and efficiency; we are forever indebted to you for minutes, organizing the Christmas dinner and dance, the Annual General Meeting etc.

Lastly to my fellow board members – your support, advice and assistance over the years has instilled encouragement and confidence in me. Thank you for your friendship; I have been honoured to work with you. I will treasure the illuminating experience forever.

Executive Director's Report

Respectfully Submitted by **Judy Pryde**

2013/2014 has been another busy and challenging year for Community Living Burlington as well as in the Developmental Services field in Ontario.

As you are aware, the challenges that families are facing continue to grow and seem very daunting. However, this appeared to be the year that families and Agencies alike were finally being heard by our political representatives.

Due to increased media awareness, the struggles of families and the lack of services were headline news. A Select Committee was developed and every Wednesday for a number of months; Agencies, School Boards, families and parent groups were able to speak openly and frankly about the children and young adults who need long term, ongoing support.

Along with the Select Committee, a Developmental Services Housing Task force was formed. This group will be led by a parent of someone who has a developmental disability and there is hope that resources and connections amongst families will grow and assist those who are looking for creative residential options.

In the Halton Region, the 5 Developmental Service Agencies, hosted a Parent night to find out which families are interested in partnering and being creative around residential options. We had an overwhelming response with approximately 140 people in attendance. Given the turnout, the Agencies felt this was a project that needed quite a bit of attention in order for it to progress beyond just one meeting. Beginning in May 2014, we are thrilled to announce that with Community Living North Halton as the lead Agency, the Trillium Foundation has funded two years for a Consultant to work on this Halton initiative to assist families in their innovative residential ideas.

Community Living Burlington continues to seek out grants and other financial opportunities so as an Agency, we can explore different activities and programs for the people we support.

In the Annual General Report, you will read about Endless Possibilities a photography exhibit made possible through a grant from the Halton Region. This project took countless volunteer hours by many skilled photographers from the Trillium Photographic Club. Through the pictures they have taken the photographers have created touching and valuable insights into the lives of the people we support. The exhibition which started in May will be available for viewing at various venues throughout the City of Burlington. This project will have a tremendous impact on our community and funders as they see how the individuals we support contribute to our society.

As for Day Support options, our Agency continues to seek out creative and engaging opportunities for people we support and those looking for programs. This was evident in the success of our New Horizons Seniors Program hosted at Tansley Woods, the Peer Mentoring program through ODSP Employment Supports as well as the Read Free Program. These programs created through funding grants allows our Agency to provide multiple options for people versus the usual cookie cutter approach.

You will also read further in the AGM report not just about group successes but personal outcomes met by the people we support. Whether it be a story of someone who was able to take a vacation for the first time, or another gentleman whose life has opened up with the support of an intervener, it is important to take the time to reflect on these personal accomplishments. People's goals and outcomes are what drives our services and it is important to take the time to celebrate these milestones.

The Board of Directors continues to work tirelessly and I am very grateful to have a group of volunteers who take the time out of their busy lives to help lead this organization in a positive direction. Not only is there a commitment for monthly meetings but to committee work, fundraising events as well as Strategic Planning work. On behalf of the staff at CLB, we thank you all for the time you give to the Agency.

It has been 10 years since I arrived at Community Living Burlington. Tremendous changes have occurred and wonderful opportunities for the people we support have been created. This would not be possible without the great group of employees who work at our organization. Thank you for your tireless work and commitment to the people we support.

Finance Committee Report

Respectfully Submitted by **Linda Charlebois, CA**

The Financial Statements of Community Living Burlington (CLB) for the fiscal years ending March 31, 2014 and March 31, 2013 are prepared in accordance with generally accepted accounting principles and are provided for the June 3, 2014 annual meeting; together with the Auditors' Report dated May 27, 2014 from CLB's external auditors, SB Partners, Chartered Accountants.

These financial statements should be referred to and include the Statement of Financial position of CLB as at March 31, 2014 and March 31, 2013 and the Statements of Operations, Net Assets and Cash Flows for the years then ended.

Synopsis of Financial Operations

Statement of Financial Position:

Cash and cash equivalents have increased to \$220,946, from \$5,143 in prior year due to the conversion of short-term investments into cash to align with financing strategies.

Internally restricted cash and investments have decreased by \$378,936 as a result of the allocation of internally restricted funds to be used to fund operations.

Accounts Receivable of \$132,248 at March 31, 2014 is summarized in Note 4 to the financial statements and has decreased by \$141,522 from the prior year due to a decrease in trade accounts receivable, HST recoverable and funding receivable. Through May 2014, \$90,136 has been collected.

Long-term investments of \$168,882 consist of an endowment fund; the increase from prior year is a result of market gains.

Accounts Payable and Accrued Liabilities of \$1,244,736 as at March 31, 2014 are summarized in Note 8 to the financial statements and have increased by \$ 210,553 from March 31, 2013 primarily related to accruals for payroll and repairs at year-end.

Internally Restricted Cash and Investments of \$582,534 as at March 31, 2014 consists of a donation from the Estate of Frank Fischer in the amount of \$351,473, with the balance comprised of fundraising revenues and proceeds from the sale of the Branchton Camp. Internally restricted funds are only available for activities approved in advance by the CLB Board of Directors in accordance with the established intentions for the use of these funds.

Statement of Operations

Revenues:

On an overall basis, operating revenues have increased by \$705,002 (4.8%) to \$15,253,004 in 2014. Province of Ontario funding increased by \$724,814 (6.3%) to \$12,295,436 for Ministry supported activities.

Other non-Ministry funding consists of:

Regional Municipality of Halton \$418,101 (2013- \$409,768), increase of 2.0%

Resident's fees \$1,384,229 are comparable to prior years with an increase of 2.5%

Fundraising revenues, net of expenses of \$71,929 (2013 - \$91,358) is a continued area of focus and financial opportunity. We appreciate member and corporate support and hope to see many of you at our June 12, 2014 golf event. We can all make a difference.

Donation Revenue \$96,041 has decreased by 30.9% in the year (2013-\$133,365)

Program Grants \$149,340 have decreased by 7.6% from prior year and consist of:

Region of Halton, \$124,342 for New Horizons – Recreational Program

Gov't of Canada, \$24,998 for Feel the Beat music program for seniors

Expenses:

On an overall basis, expenses increased by \$524,181 (3.5%) to \$15,381,427 and are in line with revenue increases and the growth in CLB business activities.

Salaries and benefits of \$12,264,307 have increased by 4.3% and represent 79.7% of total expenses. The increase is a result of additional staff and wage support increases.

We have submitted our fiscal 2015 budget to the Ministry and are actively working with the Ministry so that financial pressures that arise in the normal course of CLB operations and such pressures are supported on an ongoing basis.

Monthly financial objectives are monitored against actual spending and budgets by management and your Finance Committee and the Board of Directors to help ensure that we are doing everything possible to minimize our spending while at the same time providing quality services to our family members.

On an overall basis, there was an operating deficit of \$128,423; favourable to our prior year deficit of \$309,244. We are reminded of CLB's dependency on the Ministry for increasing levels of funding to address service demands and expectations and of our need to focus on non-Ministry funding. CLB's Internally Restricted Cash and Investments as described previously, provides additional financial flexibility.

I would like to acknowledge once again the significant assistance that the Ministry of Community and Social Services has extended to us this year in helping us deal with our financial pressures. I would also like to thank Judy Pryde and Lisa Morikawa and their respective staff members for their ongoing diligence in managing our finances.

Finally, I would like to recognize my fellow CLB volunteers including Finance Committee members and your full Board of Directors who together with CLB management and staff have contributed in the past year to help CLB achieve its mission and to deliver value to our members, clients and other stakeholders.

Celebrating Our Longstanding Employees

25 + years

Donna Clausnitzer
Debbie Hixson

Joyce Jagt
Jackie Jarman

Cathy Makin
Alan Martin

Judy Ryan
Anita Stevenson
Debbie Turner

20 - 25 years

Sue Aubert
Marisa Colucci
Pam Fevens
Fiona Gardiner
Sheila Gillies
Miranda Heersink
Cheryl Kielt
Carrie McInnes
Lisa Morikawa
Dayna Muckenheim
Debbie Neill
Michele Pacheco
Nicole Sauer
Yoka Traarbach
Bonnie Wallingford

15 - 20 years

Jennifer Baxter
Martina Boyd
Chris Carmichael
Jennifer Chesterton
Traci Hurley
Eunice Janzen
Roger Jolicoeur
Lise LaPointe
Susan McGarry
Jenn Minstrell
Chrystlyn Thompson
Tanya Wilson
Grace Zelazny

10 - 15 years

Rosalie Adams
Nicole Algar
Lindsey Blumenauer
Melanie Bonnes
Tracy Boudreau
Lisa Callen
Lisa Cave
Bonnie Clay
Beverley Coleman
Marilyn Desjardins
Nicole Dorsman
Colleen Duke
Sharon Earle
Karin Fakli

Tina Fernandes
Laura Filipuzzi
Lorie Fletcher
Diane Frankenne
Brenda Gerometta
Mandy Guibao
Mallory Hamilton
Chris Hobbins
Amy Jancar
Joanne Karaiskakis
Kerri Kalliokoski
Janet Lawson
Kim LeVie
Azzure-Lea Lickman
Laura Maillet

Caroline Martin
Tracey McCarthy
Lola McGregor
Ghazala Mirza
Lisa Morton
Deb Noonan
Shelly Pavan
Isha Persaud
Judy Pryde
Gema Rondon
Ann-Marie Starecky
Robyn Suzuki
Meghan Tyrrell
Jennifer Wilson

Preschool Inclusion Services

Respectfully Submitted by **Carrie McInnes & the Preschool Team**

Inclusion is about ALL of us. It's about living full lives - about learning to live together. Inclusion makes the world our classroom for a full life. It treasures diversity and builds community. Inclusion is about our 'abilities' and is NOT just a 'disability' issue.

Each year Preschool Inclusion Services provide support through an inclusive model in child care centre in Burlington. This past year we were able to provide support to approximately 75 children and their families in 20 unique and diverse preschool programs, nursery schools and private home day care programs in Burlington.



Testimony from Child Ventures Early Learning Academy Martina Ross, Director B.A., R.E.C.E

Since opening our doors in the Halton community 10 years ago, we have been so fortunate to work collaboratively with Community Living Burlington's Inclusion Services program to support our children with exceptionalities. This relationship has benefitted all of our children and families and supports the idea of inclusion through meaningful ways. Our teaching team has developed their skills through the coaching and mentoring from Community Living Burlington.

We value our partnership and look forward to a lengthy professional relationship.



BREAKFAST WITH SANTA

Each year the Preschool Team organize a Breakfast with Santa. This event provides an opportunity for the families of CLB staff and the families we support in the community to enjoy a pancake breakfast, participate in a variety of crafts and have a photo opportunity with Santa. For 2014 make sure you mark the Annual Breakfast with Santa in your calendar on Saturday December 6, 2014 so you don't miss out on the fun and Christmas cheer.



A Whole New World for Patrick

Respectfully Submitted by **Gema Rondon**

We are very excited to announce that in February 2014 Patrick from Dynes House was approved to receive life time funding for an Intervener through MCSS.

Interveners are specially trained to act as the 'eyes' and 'ears' of an individual who is deafblind. Interveners are specially trained to be partners in communication with people who are deafblind, providing the visual and auditory information necessary to enable the person to interact with other people and their environment.

The funding received has allowed CLB to hire 3 interveners and provide unique training to support Patrick 8 hours a day 7 days a week with all his activities of daily living as well as community inclusion and sensory stimulation.

We would like to extend our gratitude to Tracey Veldhuis, Angela Brown and the team at DeafBlind Ontario for their role in making this possible for Patrick. We appreciate their ongoing support. This new opportunity is very exciting for us at CLB and we are confident the Interveners will allow Patrick to explore his environment more fully with the assistance of his Intervener team.



Life Skills

Respectfully Submitted by **Team Representatives**

The team at Life Skills are very excited to share their successes over the past year. The year started off with many thrilling adventures to the Metro Toronto Zoo, practice time with the Toronto Maple Leafs, Mountsberg Conservation Area, local farmers markets and staying local, accessing everything the City has to offer.



The memorable moments shared with families at the Mother's Day Tea and Father's Day BBQ will be forever treasured.

The sounds of electric guitars, pianos and drum beats from Music Therapy fill the room and have brought out a few rock stars. Others stretched and relaxed and found their inner soul each week with Yoga. Whether playing an instrument or being mindful in the moment,

the activities and excitement in this day program are unique, engaging and inclusive to all participants and staff.

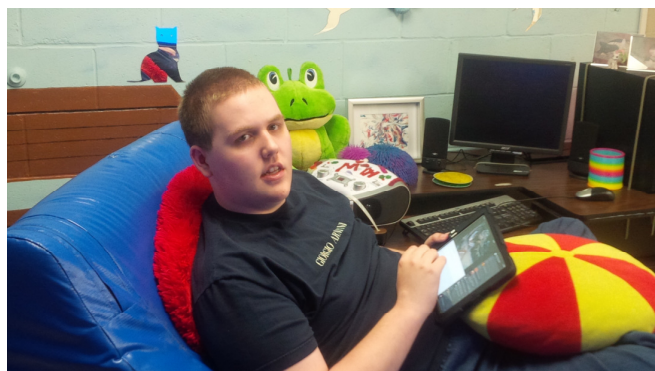
The team is looking forward to the upcoming summer months with all the new, fun activities planned and ready to be rolled out.

GWD Kids Foundation

Respectfully Submitted by **Karen Lade and Team**

A Very Special Thank You to GWD Kids Foundation!

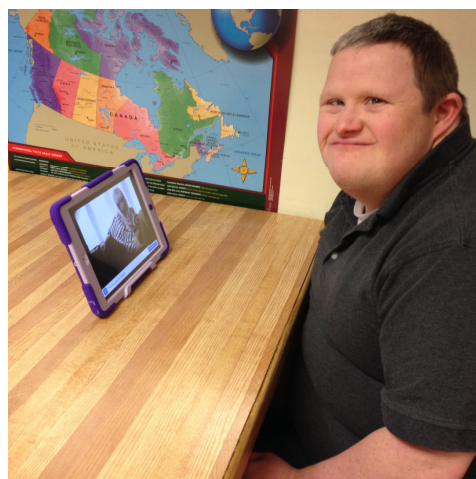
Community Living Burlington cannot create inclusive and healthy communities without the support from our partners. Community Living Burlington would like to thank our new partner **GWD Kids Foundation** for the second year in a row for their support and generous donation of \$15,000! The Rotary Youth Centre Day Program, the Life Skills and Respite Program and Start it Right received 12 iPads and related software that has enhanced the quality of life of more than 100 people we support. Children, youth, and adults in our Day Programs now have access to a variety of educational and interactive activities!



The iPad, like other computers, is an effective tool for many people who have a developmental disability and people who are on the autism spectrum. The touch screen and layout make a tablet more accessible for participants with coordination or learning difficulties; these participants may find sliding and tapping easier than either typing or writing. The iPad is being used as a communication board, augmentative communication device as well as a fun and interactive learning tool for our participants.

We received great feedback from our participants and their families. Archie is constantly saying "I love my iPad" and if Jerrid could express his thoughts he would say the same. Perhaps with the use of the communication program on the iPad he will someday be able to effectively express his thoughts and feelings. All the gentlemen at RYC are learning to use the iPads and it has become a favourite part of their day.

GWD Kids Foundation has made a remarkable difference in the lives of the people we support! Thank-you to GWD Kids Foundation for playing a key role in increasing the quality of life of our children and young adults! You have truly made a difference!



New Start Program

Respectfully Submitted by **Bonnie Aura**

There is a wonderful art program being held every Wednesday morning at New Street 2. The people living in this home were disappointed when the STAR program was cancelled and with the staff's enthusiasm and guidance a new opportunity was developed. The living room of this home is transformed into an art room and people from different houses gather to try out the latest "Pinterest" craft, whether it's a bird house, cookie decorating or maraca's. The supplies for the crafts have been very generously donated by the staff at New Street 2 and at times there can be up to 15 people enjoying each other's company and visiting with their friends from other homes. After the craft is completed everyone also has the opportunity to enjoy a packed lunch, share stories while listening to music. Special thanks to the staff at New St 2 for planning and making this a reality for the people we support.



CLB's Got Talent

Respectfully Submitted by **Candice Keem**

***"Blown away!" "Who knew they could do that!" "That was fantastic!"
"I didn't want it to end!" "What an entertaining evening."***

These were just a few of the comments received after **Community Living Burlington's Inaugural Talent Show** was held on Saturday February 22nd, 2014 at Appleby United Church.



The audience that attended **CLB's Got Talent** were entertained by singers, dancers, a whistler and a musician; as well as two very entertaining hosts and a panel of five judges. The evening was a success on a variety of levels. It allowed the people we support a chance to participate in something they have always dreamed of, allowing them the opportunity to go outside their comfort zone and show others what their capabilities are. It provided real entertainment for an audience of over a hundred people and most importantly, the people we support showcased their **abilities, bravery and resilience**.

All proceeds from the ticket sales went towards the **Community Living Burlington Dream Weaver Self Advocates**.

Thank you to all the volunteers and community supporters for making the show a success: Cathy Makin, Chrissy Armstrong, Amber Armstrong and Donna Green along with the many volunteers who assisted during the show.

Community Supporters: California Hair Works, The Burlington Performing Arts Centre, Brant Hills Florist and Things Engraved.



Nancy, Ben, Ralph

Mentorship Matters Pilot Project

A Great Employment Services success!

In September 2013, Community Living Burlington received a six month funding approval from the ODSP Employment Supports, Special Projects Funding, to implement the Mentorship Matters program. The Employment Services team pre-screened and matched five community employers who were willing to be mentors for mentees who have a developmental disability. The Mentoring Matters program promoted both personal and professional skills that led three out of the five mentees to secure paid employment in just six months. Over 450 mentorship hours have also been tracked throughout this pilot project.

Camille is a great example of the success achieved by participants in the Mentorship Matters program. Camille's wonderful Employment Support worker Debbie Turner was successful in matching Camille with her mentor Brenda at Harvey's. Under Brenda's support and guidance, Camille has grown in her position from performing front-end duties to garnishing burgers in less than three months. We would like to thank Harvey's on Appleby Line for their continued support of the Mentorship Matters program.



We would also like to thank the following Employers for their participation with the Mentorship Matters program. These employers have been leaders in fostering inclusive workplace for people who have a developmental disability:

Marshalls – Brant Street
Target - Burlington Mall
Burlington Pond
Harvey's - Appleby Line
Kidex Academy

Through our great partnership with the ODSP Employment Supports program, and our community partners, we continue to promote and support meaningful employment opportunities for all people!

Read Free

Respectfully Submitted by **Dayalini Mathai**

Read Free is a reading group developed for adults who have a developmental disability to promote adult literacy, inclusivity, and community partnerships. Burlington Public Library (BPL) and Community Living Burlington jointly offer Read Free, assisted by social science students from area colleges and universities. The group meets each week for an hour to read aloud, participate in activities, and take part in discussions. Thanks to BPL, the participants also receive a copy of the book they read for their personal library.

Read Free was developed by the collaboration of Brant Hills Library, Community Living Burlington and students from Sheridan College. Rosemary Minnella, team leader of the Brant Hills library was instrumental in the creation of Read Free. Read Free launched as an eight week pilot project at Brant Hills Library from May to June 2013. It promotes meaningful literacy opportunities, building confidence and self-esteem, fostering a passion for reading, and increasing community involvement for adults who have a developmental disability. In October of 2013, Read Free at Brant Hills Library was officially launched to the public.



In October of 2013, Read Free was short listed for the Angus Mowat Award of Excellence. The Ontario Public Library Service Awards identify and promote creative public library service ideas. The Angus Mowat Award of Excellence recognizes a commitment to excellence in the delivery of public library service. In addition, Read Free was presented by Rosemary Minella and Dayalini Mathai at the Ontario Library Association's (OLA) Super Conference. The OLA is Canada's largest library organization and OLA's Super Conference is Canada's largest continuing education event in librarianship.

We are very excited to announce that Read Free will be launched at the Aldershot library in fall 2014.

We would like to recognize and show our gratitude to our former student facilitators Dahlia Habush, Jamila Kafafi and Matt Baillie from Sheridan College for their contribution and success of Read Free!



We would like to thank Rosemary Minnella and the staff at the Burlington Public Library in being leaders in promoting life-long learning and a love of reading for adults who have a developmental disability. For information, please contact Dayalini Mathai at 905-336-2225 ext. 313.

Healthy Lunchables

Respectfully Submitted by **Sharon Hewitt**

The Healthy Lunchables team at Start It Right Day Program are inspiring healthy cooking for the staff and people supported by Community Living Burlington. The Healthy Lunchables team is a group comprised of staff and participants of the Start it Right Day Program. The team uses creativity to develop easy everyday recipes that are healthy and tasty! The Healthy Lunchables team has been very busy these past few months sharing the joys of healthy eating, one plate at a time! We are very happy to share some healthy recipe ideas we utilize everyday in our "test" kitchen.



The Healthy Lunchables team has been given an amazing opportunity to utilize our skills, knowledge and food ideas with the dedicated members of our Board of Directors at their monthly meetings. Comments range from "Excellent Dinner" to "Beautiful Presentation, what an amazing meal". Many recipients have noted that Healthy Lunchables are "very accommodating to dietary needs". The team truly enjoyed making healthy meals for the Board of Directors and plans on continuing to share tasty food menus for many more meetings to come.

The Healthy Lunchables team has also provided a lunch for the New Horizons Recreational Program for seniors and for a Managers meeting. We are so excited that some of our residential homes have signed up to have the Healthy Lunchables team come to their homes to teach healthy recipes to the people living there. We hope to continue our success throughout the agency and inspire as many people as possible with the positive effects of healthy living.

Start It Right Day Program would like to thank Partnership West Food Bank and Cam Jackson for their generous donations towards the Healthy Lunchables Program. If you are interested in learning more, please feel free to contact Dayalini Mathai at 905-336-2225 ext. 313.

RECIPE OF THE DAY - from the Healthy Lunchables Team!

Who says treats can't be good for you and taste great? Try this recipe for brownies and you will be surprised at how good this "healthy" treat tastes!

Dark Chocolate "DATE" night brownies

200g of dates, $\frac{3}{4}$ cacao powder, 1tsp baking soda, $\frac{1}{4}$ cup coconut oil, 1tbsp vanilla extract, 3 eggs, and 2 tbsp. honey.

Mix all ingredients together in a food processor; pour into a paper lined baking tray. Bake at 180 degrees for 25 to 30 minutes. After they cool down, sprinkle with coconut flakes and some fresh fruit such as raspberries or blueberries. Enjoy!

Expressive Arts For Everyone

Respectfully Submitted by **Dayalini Mathai**

A new initiative is up and running at Community Living Burlington all thanks to a generous donation made by CIBC Wood Gundy, and a collaboration of CLB staff. The spark to start this program began with the need to create a sensory arts program for people supported in residential and day programs. Currently, fourteen people participate in the Expressive Sensory Arts classes held at Mainway Arena on Wednesdays.

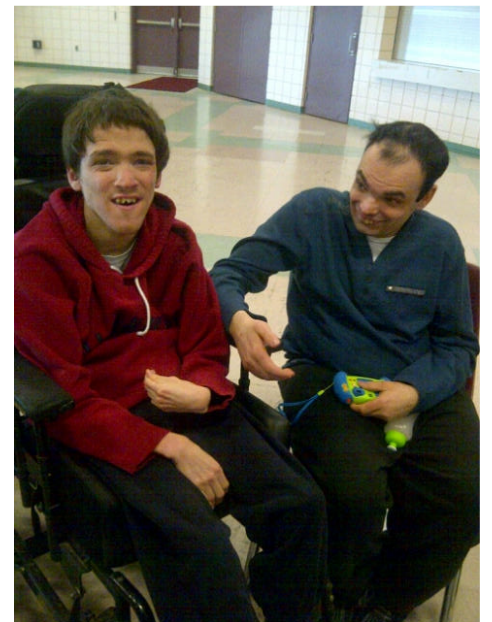
On the recommendation of Gema Rondon, Corene Jonat, an experienced and talented Art Therapist, was chosen to launch this program. Under Corene's tutelage, students of the program have connected to art in ways that a majority of these students have never experienced before. Corene believes that Expressive Sensory Arts engage and connect individuals to their inner and



outer worlds using their senses which promotes increased well being. This offers opportunities for people to express themselves through the arts in: painting, sculpture, collage, music and movement. Expressive Sensory Arts provide opportunities for the participant to be in the moment when exploring new experiences. Both the people we support and the staff express they have a lot of **FUN** together in these art classes!



Community Living Burlington would like to express our sincere thanks and gratitude to CIBC Wood Gundy for making the Expressive Sensory Arts Program possible for the people we support!



CIBC
Wood Gundy

New Horizons - Senior's Recreational Program

Respectfully Submitted by **Melissa Pongracz**

The New Horizons – Recreational Program is pleased to update the membership after being in operation for nearly two years. This essential program has been made possible through a generous three year grant from the Halton Region – Community Investment Fund. The New Horizons – Recreational Program is a day program for Seniors supported by Community Living Burlington. As an agency, we continue to recognize the emerging needs of people in our services. We have found that many people who have a developmental disability are ready to access senior services/programming when in their 40's & 50's. The New Horizons – Recreational Program has been able to meet the diverse needs and unique challenges of many people through this stimulating program, which is operating at full-capacity and has a waiting list.



We were thrilled to have a visit from our funders this past Winter. We took this opportunity to show off our wonderful program. We are fortunate to continue a great partnership with the City of Burlington, as the New Horizons – Recreational Program operates out of the beautiful Tansley Woods Community Centre. This is the ideal location for a seniors' program as the Centre has much to offer, including access to books, DVDs and computers at the library, as well as aqua fit classes in the swimming pool. The seniors also look forward to beginning their trail walks and outdoor game days as the weather gets warmer.

This Spring we had a visit from the Makeup for Media and Creative Arts Program from Sheridan College Institute of Technology and Learning who hosted a "Glamour Day" event, where the students offered makeovers to the seniors.

The New Horizons – Recreational Program still enjoys partnerships with Yoga Alliance, Starbucks and a catering company that delivers daily lunches and snacks.

Apart from the New Horizons – Recreational Program, we also continue to receive funding from the United Way of Burlington & Greater Hamilton. This gives seniors assistance to access other seniors' services. Because of this funding, we have maintained partnership with Joseph Brant Wellness House, Burlington Seniors' Centre and the Seniors' Activation Maintenance Program (S.A.M.).

Here is some feedback from the seniors:

"I have made new friends & am excited about seeing them at my program & wish I could attend more often."

"I love the staff and the other participants. Everyone is so nice."

"I enjoy spending time with my friend who also is in the program. We have a chance to meet up together without being stuck in the house and enjoy outside activities."



United Way
Burlington &
Greater Hamilton



New Horizons - Mighty Music Makers

Respectfully Submitted by **Melissa Pongracz**

Swinging Underneath the Stars (Original Song)

Verse 1:

Swinging underneath the stars
Wrapped up in my sweetie's arms,
Dancing to our Wedding Song,
How I've loved you for so long.

Verse 2:

I'm wishing on a star,
That my love won't be too far,
Then I whisper in your ear,
How I love you so my dear.

Chorus:

Through the day, through the night,
I think of you,

Through the day, through the night,

Verse 3:

Love makes the world go round,
With you my true love I've found,
On my finger I'll wear your ring,
To show our love in never ending.

Chorus

Through the day, through the night

I think of you

Through the day, through the night

Mighty Music Makers is a group formed because of a one year grant from Service Canada – Community Based Projects. The funding was allocated for the 2013-2014 Fiscal Year.

From this funding, a group of seniors was formed. The seniors in this group received weekly lessons at Long & McQuade Musical Instruments from two qualified Music Instructors, Deanna & J.P. Shalala.

Throughout the year the group worked with many different instruments, such as boom whackers, drums, electric & acoustic guitars, keyboard and piano.



The group was especially proud of their original composition, entitled "Swinging Underneath the Stars". The group worked tirelessly while going through the process from start to finish. They were involved in every aspect of the planning, including picking the genre of music and writing lyrics. The instructors assisted the group to compose music, to which they then set the lyrics.

The group had many other accomplishments over the year that included the completion of a CD Recording. The group also held an enthusiastic performance that was well attended by family and friends.

Further to this, participants in the Start it Right program were able to take part in this group for a period of 10 weeks. This was made possible through a generous donation from CIBC Wood Gundy. The group was able to gain many skills over the 10 weeks and was also able to be a part of the final performance. The Start it Right program would like to say a big thank you to CIBC Wood Gundy for making this possible!

Endless Possibilities

Respectfully Submitted by **Emily Huang**

Over a year ago, Community Living Burlington (CLB) was approached by the Burlington Trillium Photographic Club to start a venture influenced by Photo Sensitive. Their vision was to capture powerful black & white images that have the potential to effect change, to make a social difference, and to expand a viewer's field of vision.

The Trillium Photographic Club's initiative was to celebrate the successes of the people we support at CLB, while acknowledging their trials and barriers. With this goal in mind, the **ENDLESS POSSIBILITIES EXHIBITION PROJECT** was created! The project documents the lives of people who have a developmental disability while aiming to diminish stereotypes and raise awareness. By working exclusively in black & white, the photographers were able to create images that allow viewers to concentrate on the image rather than be distracted by colour. Each portrait is accompanied by a short narrative about the person's daily life.



*Left: David
working hard at
ARC Industries*

*Right: Kenny
enjoying a ride
on the Zamboni
machine at
Skyway Arena*



Over 25 members of the club volunteered their time to work closely with 50 of the people we support and their families. Over the course of the project, many meaningful friendships were developed between the photographers and the people they worked with. CLB received funding from the Halton Region Community Investment Fund & other community supporters to make this project a reality. The Endless Possibilities Exhibition opened on May 6th, 2014 and has been showcased at Compass Point Bible Church, Burlington Mall, and Tansley Woods Community Centre.

Thank you to the photographers of the **Trillium Photographic Club** for donating their time, resources & energy to make this project a success in our community.



Thank you to the **Halton Region** for their generous funding, for without it, this project would not have been possible.



Fundraising Events 2013/2014

Respectfully Submitted by **Emily Huang**

33rd Annual Walk'n Roll

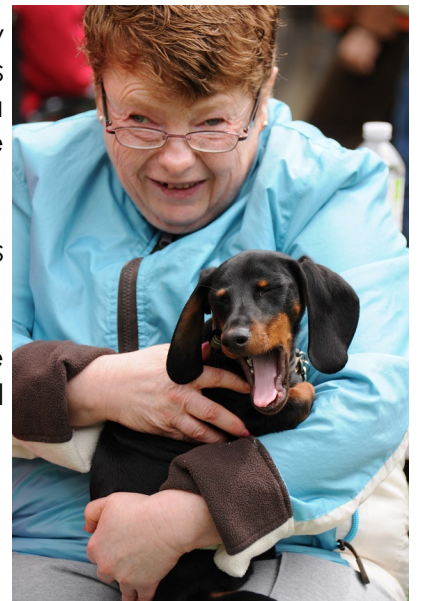
On May 11th, 2013, Community Living Burlington hosted our 33rd Annual Walk'n Roll, raising over \$30,000 in net profits for our agency. It was a beautiful day at Bronte Creek and over 150 people we support & their families joined us for a leisurely stroll on the 1km Trillium Trail. The event also hosted a few runners and bikers that thoroughly enjoyed their 5km trek around the park.



All of our participants were treated to delicious coffee & snacks in the morning and hot dogs, pizza, cookies & chips in the afternoon. All of the food was generously donated by our community partners, Civitan Club & Boston Pizza. Everybody enjoyed the music provided by Ryan & Greg as they played hits by the Beatles, Bob Marley and other great bands! Gary & Mike from our Expressional Arts Program also sang a couple of songs along with the band.



Amber, a staff of CLB led the group in warm-up stretches prior to the walk which encouraged everybody to be excited & upbeat. All participants wore our teal "CLB lanyard" proudly as they walked through Bronte Creek Provincial Park to help raise funds for our organization. After the walk, many people received a complimentary relaxation massage from the Trillium College Massage Therapy students.



Special thanks to Mike Gremmen who raised close to \$10,000 for CLB's Walk'n Roll.

THANK YOU TO OUR EVENT SPONSORS: Smith's Funeral Home, The Whiting Group, Civitan Club, Boston Pizza & Trillium College. Special thanks to St. John's Ambulance for their support at the event.



9th Annual Charity Golf Tournament

On June 13th, 2013, Community Living Burlington hosted our 9th Annual Charity Golf Tournament, sponsored by Dan Noonan at Argosy Securities (formerly, Keybase Financial). It was a beautiful day at Crosswinds Golf & Country Club – the sun shone while our golfers enjoyed 18 holes of golf overlooking the beautiful Niagara Escarpment.

125 golfers were accompanied by Jim McKenny, a former Toronto Maple Leaf who also joined us on stage as Master of Ceremonies for the evening. Jim's wit & charm proved to be a hit with the golfers as he provided humorous insight in to his years playing in the NHL.

The event was a huge success as we raised over \$30,000 in net proceeds for our organization. In addition to this, CLB was lucky enough to receive a donated foursome from OLG Mohawk. This generosity allowed us to open up 4 complimentary spots to the people we support, enabling them to enjoy a wonderful day on the course.

SPECIAL THANKS TO: Dan Noonan, Argosy Securities as our Title Sponsor, SmartMeds Pharmacy, Print Three Burlington, Stop N Go Services, Brooms Heating & Air Conditioning. **Additional thanks** to our hole sponsors, silent auction donors, golfers, staff & dedicated volunteers.



All proceeds raised at CLB's fundraising events went towards special projects that enhanced the lives of the people we support.

Cribwolf Services' Inaugural Golf Tournament

Last year, Community Living Burlington was approached by a start-up company in Burlington called Cribwolf Services. This new company wanted to give back to the community as part of their company values and decided to name CLB the recipient of their support after visiting our Mainway facilities.

With that goal in mind, Cribwolf Services organized a Golf Tournament on August 22nd at Indian Wells Golf Club and it was a huge success! Over 50 golfers teed off for a staggered tournament and enjoyed a delicious buffet dinner while browsing through the fantastic Silent Auction table. Cribwolf Services doubled the fundraising goal they had in mind and raised \$5,000 in net profits to go towards new equipment for ARC Industries. Cribwolf hopes this will be an annual event to benefit Community Living Burlington.

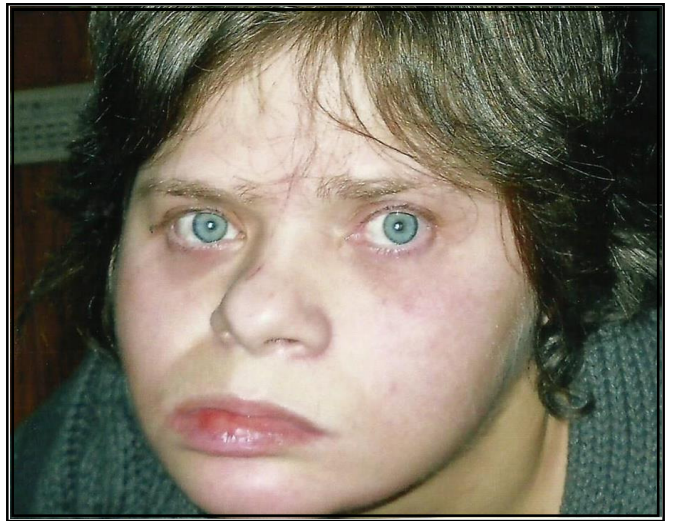


From LEFT to RIGHT: Bobby Thipsouvanh (Cyber Stream), Amber Armstrong, Gary Chenevard, Matt George (CEO of Cribwolf Services) & Lino Fera (Golf Tournament Chair)

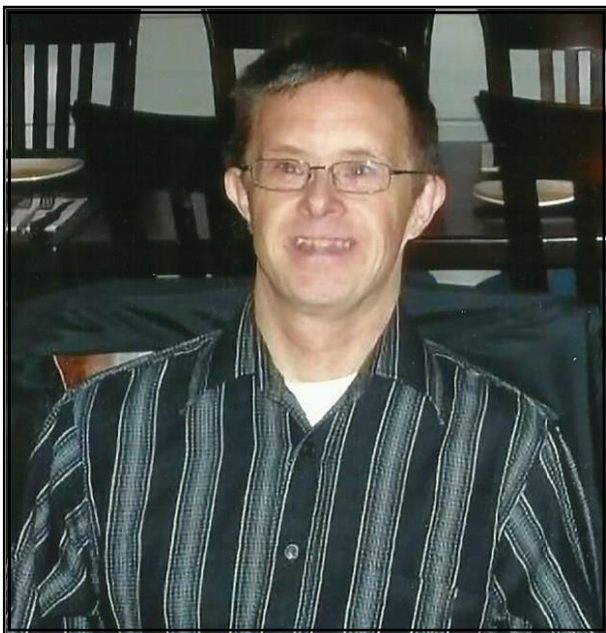
In Memory of Those Who Passed Away in 2013/2014



Shirley
September 5, 1962 - June 9, 2013



Linda
November 18, 1961 - September 7, 2013



Paul
July 22, 1961 - March 1, 2014

Thank You to Our Funders For Their Continued Support In Assisting us to Achieve Our Mission

Ministry of Community and Social Services

Halton Region

United Way Burlington and Greater Hamilton

Halton Community Investment Fund

Membership

Donations

Corporate Sponsors



History

Many changes and advancements have occurred over the years with Community Living Burlington. The following are highlights that have occurred over the years.

1950's

- 1955 October Association formed as the **Burlington & District Association for Retarded Children**
- 1955 December First class for children held in old Legion Hall
- 1956 January Charter received from Ontario Association
- 1959 September **Mayfield School** opened - 14 children enrolled

1960's

- 1960 December Sheltered workshop for 6 adults started in Lions Hall
- 1963 May Association incorporated under Laws of Ontario
- 1963 September **Adult Training Centre** - 704 Brant Street - with 7 adults in the workshop
- 1964 September **Preschool Program** began in basement of Burlington Baptist Church
- 1965 September Ladies Auxiliary formed
- 1965 December Adult Training Centre moved to 2258 Mountainside Drive
- 1966 August Association became a member of United Way
- 1967 September Mayfield Centre addition completed
- 1969 January Ontario Department of Education assumed responsibility for the education of the Trainable Retarded in Ontario

1970's

- 1974 July **Branchton Camp** opened
- 1975 May **Headon Residence** opened to accommodate 14 people
- 1977 October Auxiliary Residence - **Headon House** - opened
- 1978 September Co-op apartment program started
- 1979 October In-home Program for preschoolers started

1980's

- 1980 August New **ARC Industries** - 1150 Northside Drive - 72 people enrolled in workshop
- 1981 May First Annual **Bike-A-Thon**
- 1981 September Pilot Parent Program established
- 1982 January **Life Skills Program** established
- 1982 April **Saturday Centre Program** started
- 1983 September Co-op apartment program becomes **Supported Independent Living Program (S.I.L.)**
- 1984 February **Life Skills** expanded to 13 people
- 1984 August Association acquires Mayfield School
- 1984 September ARC Industries expands by 16 spaces
- 1984 September Family & Children's' Services begins operations at Mayfield school
- 1984 November Administration moved to Mayfield School
- 1986 May Official opening of **Civitan House**
- 1986 November Community preschool integration started
- 1987 April **Saturday Club** for adolescents started
- 1987 September Life Skills expanded to 20 people
- 1988 January Association name is changed to the **Burlington Association for Community Living**

1988 August	New Mission Statement established
1988 August	Leighland House opens
1988 August	Senior Day Program established
1988 November	Dynes House opens
1989 January	Consort I and II opens (also known as Project 3000)
1989 April	Mayfield Children's Centre opens
1989 June	Life Skills Program expanded
1989 July	Pine Cove House opens
1989 August	Barclay opens (project 3000)
1990's	
1990 January	Stratton House opens
1990 May	10th Anniversary of Burlington's Bike-A-Thon
1990 June	Respite Program established
1991 April	Sole ownership of Branchton Camp
1991 April	Amalgamation of Seniors Day Program into Life Skills
1991 May	Elwood House opens
1991 July	Wedgewood House opens
1992 April	Daryl House opens
1992 April	Amalgamation of ARC Industries, Life Skills and Family Support Services into Day Services
1992 November	Moss Glen House opens
1993 June	Mayfield Children's Centre closed and Preschool Services fully integrated
1993 August	Oxford sold
1993 December	Kirkburn House opens
1994 May	Mayfield Centre sold and Mainway building purchased
1994 November	Adult Day Program, Supported Independent Living Program, Preschool Services, Saturday Program, ARC Industries and Administration move from 1150 Northside Drive and the Mayfield Centre to one facility located at 3057 Mainway Drive
1995 March	Leighland House closes
1995 March	20 adults move into apartments at Wellington Terrace , a joint housing venture with Halton Non-Profit Housing
1995 March	Fischer House opens
1995 March	Life Skills Program offers an extended March Break program for community families
1995 May	The Association's 15th Annual Bike-a-Thon begins and ends at the new facility at 3057 Mainway
1995 August	1st Annual Civitan Club Family Fun Day held at 3057 Mainway
1995 October	Association begins to administer several Special Services at Home agreements for families
1996 April	Purchase of Hammond House
1996 April	Association receives approval to decentralize the Regional Halton Employment and Assessment program
1996 November	Sale of Civitan House - plans to purchase 2 smaller homes begin
1996 November	Membership of the Association votes to change our name to the Burlington Association for the Intellectually Handicapped (B.A.I.H.)
1997 May	Duncaster House opens
1997 June	Deerwood House opens
1997 June	Berkshire House opens
1997 September	Alconbury House opens
1997 September	Wedgwood House reopens as the first home under the Supported Independent Living Program

1998 January	Board of Directors decides not to open Branchton Camp for the summer season and to place the Camp on the market for sale
1998 January	Family Councils start in each of B.A.I.H. 's homes, thereby strengthening the role of the family in the Association
1998 February	1st Annual Employer Appreciation Breakfast held to thank all customers of ARC Industries
1998 July	1st Annual Day Trip to Wet'n Wild at Prudhomme's Landing
1999 April	Five B.A.I.H. volunteers honoured at the 1999 Ontario Volunteer Service Awards Ceremony
1999 June	Association offers first Life Planning Seminar for families
1999 October	10th Annual Showdown Trivia Night fundraiser
2000's	
2000 February	B.A.I.H. acquires Freeman House, the first home purchased with funds provided by a private foundation
2000 June	20th Annual Walk'n Roll fundraising event
2000 June	Freeman House opens
2001 October	Forest House opens
2002 May	Ryerson House opens
2002 May	Stratton House closes (individuals moved to Ryerson & Dynes) and provides living accommodation to the individuals at Headon House during the relocation of their home
2003 September	Rotary Respite House opens
2004 April	Headon House re-opens on Star Lane following being physically moved
2004 May	Rubens Court House purchased
2004 July	Rubens Court opens as a home to 5 ladies
2004 September	Walk'n Roll moves to Bronte Creek
2005 January	Live-In Managers become Employees of the Agency and no longer independent contractors.
2005 January	Snoezelen Room grand opening
2005 March	Trivia Night is re-activated in local establishments
2005 March	Stratton House re-opens providing a home to 4 people from Headon Residence
2005 March	The Burlington City Council votes to eliminate the 400 metre zoning by-law for Group Homes
2005 April	Membership votes to change the name to " Community Living Burlington "
2005 May	25th Annual Walk'n Roll fundraising event
2005 June	Rotary Respite closes
2005 July	Transitional Day Program begins for community families upstairs at the Salvation Army
2005 September	Rubens Court #2 House opens
2005 September	After School Respite begins to be offered to community families
2005 October	Celebrated our 50 th Anniversary with an Open House at Mainway
2005 October	Investment Fund initiated from Sale of Branchton Camp
2005 October	Endowment Fund initiated with Burlington Community Foundation
2005 November	Headon Residence closes its door and everyone moved to a smaller home environment
2006 May	26th Annual Walk'n Roll fundraising event
2006 May	First Ever President's Invitational Dinner
2006 August	Fairfax opens following the sale of Elwood House
2007 January	Headon Residence sold
2007 March	New Street #1 Home purchased for Individuals on the Wait list

2007 March	New Street #2 Home purchased for Individuals returning to Burlington from the Facility Closures
2007 March	Reverse Raffle with support from the Burlington Civitan Club
2007 April	CLB becomes O.D.S.P. Employment Support Providers
2007 April	First Ever Lock Up the Boss fundraising event
2007 May	27th Annual Walk'n Roll fundraising event
2007 June	Charity Golf Tournament held at Tyandaga Golf Course
2007 November	Supported Employment Program changes its name to Employment Services
2007 November	New Street #2 opens to be home to 3 gentlemen returning to their home community from Huronia Regional Centre
2008 January	Transitional Day Program moves to their new location on the North Service Road
2008 March	Associate Family Home Program is transferred to CLB
2008 April	2nd Annual Lock Up the Boss Fundraising Event
2008 April	Reverse Raffle with support from the Burlington Civitan Club
2008 April	New Horizons Seniors Program began through a grant received from United Way
2008 May	28th Annual Walk'n Roll fundraising event
2008 June	Cedar Springs Pharmacy recognized as Employer of the Year at AGM
2008 June	Charity Golf Tournament held at Tyandaga Golf Course
2008 July	Dream Weavers Self Advocates Group initiated
2008 October	CTS (Crossroads Television System) partnership developed
2009 April	Neil Lumsden Tribute Dinner fundraising event
2009 May	29th Annual Walk'n Roll fundraising event
2009 June	54th Annual General Meeting hosted at Crossroads Communication
2009 June	Tim Horton's recognized as Employer of the Year at AGM
2009 June	Charity Golf Tournament held at Crosswinds Golf course
2009 July	Trillium Grant received for Pre-Employment Program with funding provided for 4 years.
2009 July	Halton Region Grant obtained for Volunteer Coordinator who will be working in partnership with Community Living North Halton and Oakville
2009 April	Expressional Arts Program begins
2009 September	Expressional Arts hosts a photography exhibit at Burlington Central Library
2009 December	Expressional Arts unveil their 1 st Mural and the Choir performs
2009 December	Paletta Gate House obtained as a satellite office for Employment Services through Partnership with the City of Burlington
2010 April	Transitional Day Program moves to their new location at the Rotary Youth Centre
2010 April	Expressional Arts unveil their 2 nd Mural and Court and the Knights perform
2010 May	30th Annual Walk'n Roll fundraising events
2010 June	55th Annual General Meeting hosted at Paletta Mansion
2010 June	Swiss Chalet recognized as Employer of the Year at AGM
2010 June	Charity Golf Tournament held at Crosswinds Golf & Country Club
2010 June	Expressional Arts performs their first live play on 2 sold-out nights
2010 June	AO2 (Adult Outdoor Opportunity) program initiated with the City of Burlington as an alternative summer day camp
2010 August	Healthy Living Program begins with funding from Healthy Community Fund
2010 September	S.T.A.R. (social time & recreation) program created with support from the City of Burlington

2010 September	Feel The Beat seniors music program begins with funding from a federal grant
2010 November	Expressional Arts hosts an Art Exhibit at the Burlington Arts Centre
2010 November	Parent's Network of Halton started through a MCSS initiative on Person Directed Planning
2010 December	Annual Christmas Dinner & Dance moves to Burlington Convention Center
2010 December	Expressional Arts performs their Christmas Concert at Glad Tidings Church and Wellington Terrace
2011 February	Fischer Home bequeathed to Community Living Burlington
2011 March	New Horizons Seniors Program received funding from United Way Burlington and Greater Hamilton
2011 March	Wanda House purchased to be home to 5 individuals
2011 April	Expressional Arts unveil their 3 rd Mural and MGBC performs
2011 May	31st Annual Walk'n Roll fundraising event
2011 June	56th Annual General Meeting hosted at the Burlington Holiday Inn
2011 June	Whiting Group of Canada recognized as Employer of the Year at AGM
2011 June	7th Annual Charity Golf Tournament held at Crosswinds Golf & Country Club
2011 June	Wanda House officially opens to become home to 5 individuals
2011 September	Canadian Tire Financial completes sweat equity project at Mainway
2011 November	Expressional Arts performs their Christmas Concert at Mainway Arena
2012 April	1st Eggstravaganza Easter Auction Fundraising Event
2012 April	Start It Right begins with the amalgamation of Transitional Day and Healthy Living Program at Compass Point Bible Church
2012 May	32nd Annual Walk'n Roll fundraising event
2012 June	57th Annual General Meeting hosted at the Burlington Holiday Inn
2012 June	8th Annual Charity Golf Tournament held at Crosswinds Golf & Country Club
2012 August	Leading the Way Day Program begins at the Rotary Youth Centre for individuals who have Autism
2013 January	New Horizons Seniors Recreational Program begins at Tansley Wood Community Centre with support from the Halton Region Community Investment Foundation
2013 March	2nd Eggstravaganza Easter Auction Fundraising Event
2013 May	33rd Annual Walk'n Roll fundraising event
2013 June	58th Annual General Meeting hosted at the Burlington Holiday Inn
2013 June	9th Annual Charity Golf Tournament held at Crosswinds Golf & Country Club
2014 February	CLB awarded the United Way of Burlington and Greater Hamilton Agency Campaign of the Year
2014 February	CLB's Inaugural Talent Show showcasing people's abilities, bravery and resilience
2014 April	3rd Annual Eggstravaganza Easter Auction Fundraising Event
2014 May	Endless Possibilities Photography Exhibition unveiled thanks to Trillium Photographic club and Halton Region Community Investment Fund
2014 May	34th Annual Walk'n Roll fundraising event
2014 June	59th Annual General Meeting hosted at the Burlington Holiday Inn