BEING SAFE AND RESPECTED WHEREVER YOU ARE...

- We want no harm to come to you
- You have the **right to feel safe** everywhere and at all times
- You have the right to be respected that means to be listened to and cared for

BEING SAFE MEANS:

- People care about you and you feel good about being with others when doing things
- You know where to go if you need help or support
- You are not hurt and don't feel that you will be hurt by others
- You know the rules about being safe
- People listen to you and you are asked for your ideas

WHAT IF YOU OR SOMEONE YOU KNOW DOESN'T FEEL SAFE

- You always have the right to be safe and to feel safe, no matter where you are.
- If you are worried about yourself or someone else then **tell someone you trust**.
- Your Mum or Dad, a teacher or another grownup are some people you might be able to go to.
- It can be hard to talk about why you don't feel safe but be brave and know that your safety is very important to us and you will be listened to.



