

The Globe Newsletter of Gleeson College

Issue 5 > Thursday 14 April 2022

TEAMWORK + FUN = YEAR 7 ACTIVITY DAYS

Despite the originally planned Year 7 Camp being cancelled under the advice from Catholic Education South Australia and SA Health, a revised, two-day activities program was implemented to ensure students still had an opportunity to enjoy off-site team-building experiences with their peers.

The revised program emulated the initially planned activities, fostering initiative, teamwork, collaboration, and communication. Activities were run at Semaphore Beach, as well as at Nunyara Conference Centre, Belair. From beach games and raft making, to building billy carts and shelters, students took to the activities with great enthusiasm and energy and represented the College with pride.

Thank you to our students and their families for their understanding and patience with the implementation of a new program, and to our Gleeson staff for their support and assistance.

Adam Lewis, Assistant Principal Student Development





"I enjoyed bonding with friends, making the rafts and participating in the 'raft race'." "Making fire from flint and steel was great!"

"I loved building the huts."









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The end of Term 1 is upon us and it has been one of the most challenging in our third year of dealing with COVID affected education.

On reflection, I am sure that we all have a COVID related story, and in our Year of Empathy, we cannot lose sight of the fact that some in our community have been affected deeply in ways that we cannot imagine.

On the whole, we have managed the educational situation quite well. Our students and staff have done a great job of keeping each other safe and keeping up with the work required to succeed at school.

Many of our students have had time away from school either as positive cases or close contacts but if well enough, they have continued their schoolwork and maintained contact with their teachers from afar. Our teachers have been amazing in keeping up with workloads and delivering curriculum even though they may have been isolating, quarantining or 'testing to stay'. I am so proud of our staff and students.

A CHALLENGING + REWARDING TERM!

I would also like to thank our parents and care givers who have supported the college, abided by the regulations and have adapted to an everchanging landscape.

We look forward now to Term 2 in anticipation of some relief from COVID but we are also preparing for the possibility of an increase in case numbers and if necessary, the return of online learning. We will continue to keep our community well informed as we navigate the new term.

As you know, we had to postpone many of our traditional Term 1 events due to restrictions, but we will be attempting to reinstate most of these events in the coming terms without overcrowding the calendar.

Farewells

Recruiting teachers at the end of last year and the beginning of this was very difficult due to vaccination mandates and other COVID regulations. Two staff came to our rescue and provided continuity for our students. Mr Richard Sellers, who retired at the end of 2021, came out of retirement to teach Mathematics and Science and Mr Lachlan Holt rejoined our staff to teach English and HaSS. They conclude their teaching this term and hope to travel overseas next term. We thank them and wish them all the very best.



Our wonderful Student Counsellor, Ms Victoria Riviere, has made the decision to spend more time with family and follow other professional pursuits and so leaves Gleeson College at the end of this term. Victoria has been an amazing support for our students, staff and parents helping our most vulnerable students with their mental health. It is difficult to express the gratitude we have for Victoria's work with us for the past 5 or so years and I know she will be sorely missed by all. We have been very fortunate to have had a counsellor of Victoria's caliber in our community and so we thank her and wish her all the very best for the future.

Happy Easter

The season of Easter is the most important of all liturgical times in our Church. The word "Easter" comes from Old English, meaning simply the "East." The sun which rises in the East, bringing light, warmth, and hope, is a symbol for us of the rising Christ, who is the true Light of the world. The Paschal Candle used during the Easter Vigil is a central symbol of this divine light, which is Christ.

Continuing on the theme of 'Challenging and Rewarding', Holy Week begins with Palm Sunday which was April 10. Jesus is welcomed triumphantly into Jerusalem with the crowds laying palm branches on the path for him to walk over as was traditional in those times to welcome royalty into the city. The palms could be considered 'rewarding', that is the positive and the great of that event. But the celebration of the palms is soon forgotten when Jesus is condemned to death by the same people who welcomed him earlier. Jesus' mock trial and condemnation lead to his crucifixion and this whole event is called the 'Passion', that is, the 'challenging' time for Jesus. Easter Sunday sees the celebration of the resurrection which is the ultimate 'rewarding' time for all Christians as it verifies for us that ultimately the oscillation of life's 'challenges and rewards' culminates in 'reward' for eternity.

I wish all of our Gleeson community a Happy and Holy Easter along with an excellent term break.

J Corbo, Principal

YEAR 9 REFLECTION DAY 2022 > 'To Love Tenderly'



Our Year 9 students, along with their Faith & Living teachers and key staff members, enjoyed a beautiful Reflection Day at Sunnybrae Function Centre on Wednesday 23 March. This year's theme focused on a phrase from Archbishop James Gleeson's favourite Micah verse; 'to love tenderly'.

Mrs Carly Meakin's Year 11 Youth Ministry Class planned, prepared and presented a range of structured sessions on the theme of 'Love' including 'Self Love', 'Connections', 'God is Love' and 'Tough Love', which provided opportunities for the students to think about and respond to their personal relationships with self, family, friends and God. The rotation-style of



activities employed a combination of meditative, contemplative, physical and artistic exercises, and tasks to produce both individual and group outcomes.

The students wrote prayers with a partner or individually to demonstrate their appreciation, ask for a blessing or to seek reconciliation in local or global contexts. Below are some of the wonderful prayers created by our students! We were blessed with good weather, which fostered outdoor play during breaks and an appreciation of the beautiful environment around us!

> Alesia Sala, Acting APRIM



EASTER PRAYER

Dear Lord,

We thank you that Easter is not about a people, but all people.

THAT Your love and Your Salvation are for all, WHO confess with voices, hearts and lives, THAT the tomb is empty because Jesus is risen. THAT we might know forgiveness THAT lives may be reborn and Your name glorified now, and for eternity. Together we pray, With One Heart,

Amen.

#withoneheart



Dear God, May you protect everyone who's been affected by Covid-19. Give them strength to overcome it. Amen (Marcel + Jordan)

Dear Lord, Bless all the people living and fighting in Ukraine. Give them strength to keep going. With One Heart, Amen (Finn + Kyan)

Dear God, Help me to guide people, who may be distracted. Help them to become focused again. Amen (Mason + Corey)

Dear God, Thank you for giving us the motivation and courage to show love and appreciation towards our community. We are forever thankful for the love you give us and our peers. Together we pray, With One Heart, Amen (Charlie + Shanae)

Dear God, Thank you for this life you have given us. Please help us reach out to others and support them in their times of need. May your kindness touch the hearts of others, so we can follow in your footsteps to make this world a better place. Together we pray, With One Heart, Amen (Emily, Libby + MB)





"I liked how nice the leaders were to us." "Digging under the pool noodles as teams was fun because it was a race!"









































































YEAR 8 FAITH + LIVING > Gratitude Jars!



As part of The Resilience Project, our Year 8 Faith & Living Class completed an assignment called 'Gratitude in Action'.

As part of this they made gratitude jars for someone special in their lives!

Amy Curtis, Year 8 Faith & Living Teacher





Congratulations to Year 10 student Jameson Key (10 MSSPI) on winning a silver medal representing South Australia at the 2022 AusCycling Junior National Track Championships held in Brisbane from 24-27 March.

Talented cyclist Jameson won silver in the Team Sprint and also placed 4th in the Sprint individual event at the championships, which sees the best young riders in Australia battle for track supremacy. Well done Jameson!



HERE 66 Do you want help and support with your writing?

WR



Starting Term 2 >>>> Wednesdays > F1-5 (3.30-4.30pm)

Open to Gleeson College students in Years 7-12

WRITING HELP IS AN AFTER-SCHOOL SUPPORT GROUP FOR STUDENTS WHO WOULD LIKE HELP WITH THEIR WRITING!

Students will receive help and support with planning, structure, vocabulary and the composition of written tasks. **STUDENTS OF ALL YEAR LEVELS ARE WELCOME TO ATTEND**

YEAR 9 FASHION + JEWELLERY > Students Spark their Creativity

Year 9 Fashion + Jewellery students have been sparking their creative and eclectic style with wire recently!

Wire Wrapping incorporates the use of hand tools and lots of creative spark! Students were given a template and a length of wire, with this they had to make a design from one continuous line. Pre-planning was critical as their items had to be turned into functional pieces of jewellery. Taking inspiration from Instagram pages, the class had a go at creating organic shapes and imperfect designs!

'Sometimes it's the imperfect stuff that makes things perfect!' - The Big Bang Theory

These are a great gift idea for upcoming Mother's Day and or a gift for someone special! ****Check out the YouTube video below and give it a go yourself!** <u>https://www.youtube.com/</u> <u>watch?v=xasMxsLkx9s&t</u>

Madeline Cooke, Year 9 Fashion + Jewellery Design Teacher



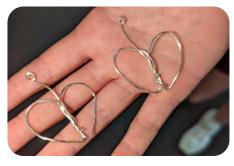




















YEAR 9 HaSS > Passport Cleared for Virtual Take-Off!









The study of HaSS provides a sense of wonder, curiosity and respect for places and cultures worldwide, past and present.

Mrs Zaccagnini's Year 9 HaSS class recently enjoyed studying virtual tourism. Using the school's Oculus Quest Virtual Reality Kit, they had fun travelling around the globe, from Algeria to Disneyland! Some students even explored an underwater biome.

The class learnt that virtual tourism is a simulation of a current location, and it's a new trend that may be here to stay. It provides a tourism experience without physically travelling anywhere, and the class chose several exciting destinations. Seeing the Sahara Desert up close with its looming red sandy hills then swimming in an underwater biome with sharks is an unforgettable experience. They were amazed at the immersive experiences that left many wanting to try more.

By questioning, analysing, and reflecting, the students could investigate the pros and cons of virtual tourism and broaden their thinking. Bringing some of the world's most significant landmarks into the classroom enhanced our students to be globally minded and develop critical and creative thinking.





CARE PACKS FOR TEEN GIRLS > Women's & Children's Hospital Foundation

In our Stage 1 Youth Ministry class, we were tasked with finding a charitable organisation to whom we could contribute a non-monetary donation.

We all shared our ideas together and formed into groups based on our common interests and we (Anika, Tess, Carla and Natasha) all came together. Our group formed and found a charity that appealed to all of us - the Women's and Children's Hospital Foundation! This organisation is devoted to improving the lives of sick children and expecting mothers, it is the largest specialist facility that focuses on the health and wellbeing of women and children. They provide quality care for young children and expecting mothers with acute and chronic conditions and are SA's largest maternity and obstetric service. The hospital also helps to train new nurses and doctors and partners with universities to get students practical experience. The Women's and Children's Hospital and its workers highly value service to others as they



consistently provide expert care and support to mothers and their children, which aligns with our Gleeson 10 value of the same name. The Bible passage Jeremiah 33:6 states: "Behold, I will bring to it health and healing, and I will heal them and reveal to them abundance of prosperity and security." This reflects the values of the Women's and Children's Hospital, as it instructs us as children of God to take care of one another and follow in Jesus' footsteps, helping to heal the sick as the hospital does.

As we looked for ways to contribute,



we found out the hospital's lists of acceptable donations included toiletry bags. So we created toiletry care packs that included items like lip balms and scrunchies packaged in sewn zipper purses, in order to make hospital stays more comfortable for adolescents. We found out the hospital was in high need of these items for this age group. If you would like to get involved, or for more info, visit the W&CH website at:: https://www.wch.sa.gov.au/

> Anika Ruklic, Stage 1 Youth Ministry Class







PHOTOS: We made ten goodie bags containing special items such as word searches, colouring books, bracelets and board games. We hope these bags will provide comfort to children during their stay in hospital. #withoneheart



SUPPORTING THE WOMEN'S & CHILDREN'S HOSPITAL FOUNDATION

Why we support them? We should be supporting the hospitals in need because their patients might be bored and not have much to do. By giving them little gift bags with some goodies in them can brighten up their stay.

How can we support them?

We can support and help the children at hospitals who are in need by creating some activities for them to complete. For example, making little colouring books, word searches etc. Donating items to the W&CH can help brighten up the children's stay and make them feel more welcomed and comfortable.

> Alyssa Falzon, Stage 1 Youth Ministry Class

SUPPORTING DEMENTIA PATIENTS IN AGED CARE FACILITIES

Following our College's theme in 2022 our Year of Empathy, the Stage 1 Youth Ministry class was assigned the task to promote and implement different methods of community service through supporting various organisations and raising awareness for numerous causes.

Elderly residents suffering from dementia were people my group believed were in need of some extra love and care, especially as they are faced with loneliness and isolation through the COVID pandemic and are unable to see their loved ones. The products we made were suited to their conditions and will hopefully bring a small amount of joy to their lives. Our hand-made items included:

- Heart Cushions to reassure the residents that even though they may not be able to see their family and friends, whenever they see the pillows, they know someone is always thinking about them and will always love them.
- Bunny Photo Holders, which was also perfectly timed with Easter.
 Photos are very important to those suffering from dementia, as pictures that show people or events in their lives can assist them in remembering important memories.
- Fiddle Blankets to keep their minds active and engaged. Key chains with beads and ribbons were attached to the blankets consisting of multiple fabrics to increase not only thought receptivity, but to strengthen their memory of touch and texture. They can also be used to calm the elderly patients, especially if they are prone to anxiety attacks and just need something in their hands to keep their mind focused.
- Tea Bag Envelopes to add a bit of decoration and colour to a useful, practical object. For many elderly residents, routines are very important in order for them to remember things and to avoid confusion. For some, morning or afternoon tea is a part of that routine and can increase social activity between the residents.





Creating something they can actually use was also favoured when suggested to our facility of choice during our planning discussions.

The aged-care branch of the Gumeracha District Soldiers' Memorial Hospital was willing to accept our creations, as they too believed that the residents would appreciate some joy in their lives during these isolated, uncertain times. Many of the elderly patients cannot be visited by their families, so we designed this initiative to let them know that even though they can't be with their own loved ones, at least we can give them a small package of happiness to brighten their day.

The Gleeson 10 underpinned our project through three key points; Service to Others, Compassion, and Faith Filled Community. As a Catholic College, we are influenced by Jesus' actions by caring for others with nothing but fulfilment in return. We are also persuaded to care for our wider community, whether we get a reward or not.





Now, we are writing directly to all the staff, parents and students reading this article. To support this initiative, you don't have to make a cushion or create an entire project dedicated to the cause (although you are more than welcome to). It is as simple as communicating with any aged care resident, whether that be your parent, grandparent, aunt, friend, etc., and letting them know that you care about them, you support them, and you will always be there for them. It doesn't seem like a lot, but for some unwell and/ or lonely elderly people, hope that their family loves them is all they have.

If this article has interested you about dementia or the Gumeracha District Hospital, please visit the links below:

https://www.dementia.org.au/ https://www.sahealth.sa.gov.au/

- Under the title of Gumeracha District Soldiers' Memorial Hospital

Mia Attick, Stage 1 Youth Ministry Class

HOW WE SUPPORTED THE 'PUDDLE JUMPERS'

Our Group Initiative

For our CSYMA community service project, we decided to make games and toys for a charity called Puddle Jumpers. These items will be aimed towards children of ages 3+ due to safety concerns. After thorough research, we chose to create small plush bunnies, creatively painted rocks and simple board games created with rocks. The plush bunnies were created by Maddi, rocks were painted by Thuan and sensory toys were made by Aidan.

About the Organisation Puddle Jumpers is a non-profit organisation dedicated to providing social development support to vulnerable children. They believe that all kids matter and deserve the right to experience pure, fun and exciting experiences. Building confidence and social skills are extremely important to the organisation. We chose Puddle Jumpers because we believe this message is a core part of Gleeson College, where everyone is an important and loved member of the community.

How the Organisation Connects with Gleeson College

Ephesians 4:29 says, "Do not let any unwholesome talk come out of

your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen." This verse from the Bible connects the purpose of Puddle Jumpers to Gleeson as a Catholic College. Puddle Jumpers aim to build confidence and develop social skills of young children. Without assistance, these children would struggle in negative social situations. Gleeson College strives to assist the development of all students as learners and people in a greater community. In this sense of support and inclusivity, Puddle Jumpers and Gleeson College have similar core values in mind.



How Our Community Can Help

Puddle Jumpers are accepting help from anyone, and there are many ways you can show your support. Donating items such as toys, games, clothes, craft supplies, equipment, etc are accepted if they are in good condition. Becoming a volunteer is another great option if all you can offer is your spare time. Puddle Jumpers also suggest donating a box of essentials. Ideas for filling a box include toiletries, pencils, books, teddys, dolls, stickers, colouring books.

Contact Information

To contact the organisation directly, you can go to their website: https://www.puddlejumpers.org.au/ for more information as well as their social media.

We hope you'll get involved!

Maddi Hutagaol, Stage 1 Youth Ministry Class







WE SUPPORTED 'THE VILLAGE CO'

The Village Co is a non-profit organisation that accepts donations and creates packages with essentials for struggling or disadvantaged new mothers in Adelaide. They recognise that many new mothers are not completely prepared, and could use some help, so they provide them with some things they might need to get them on track.

The initiative of our work was to support less fortunate mothers by donating various bibs and hangers to suit their needs. We hope other people recognise that many young



families are completely unprepared and overwhelmed when they leave the hospital and are also in need of essential items for their child. We can help these new families by giving them essential items for the early days of



City of Tea Tree Gully Youth Connect presents YOUTH FILM NIGHT

Date: Friday 22 April 2022

Time: 6.45pm—10.15pm

Where: City of Tea Tree Gully Banksia Room, 571 Montague Road, Modbury

Cost: \$10

For ages 15 and up, come along for a night of fun and games and meet other youth. Tickets for 'In The Heights' film also include a snack bag of Sam's Popcorn and a soft drink. Additional popcorn and drinks available to purchase (gold coin only, no card). Dress in your comfies – think trackie pants, pjs or Oodies! BYO extra snacks. Doors open at 6.45pm for pre-film games. Film starts 7.30pm sharp. *Please note this will be a lock in event (there will be a supervising adult and security onsite)*

Bookings: cttg.sa.gov.au Enquiries: Community Programs Support Officer 8397 7444



TEA TREE GULLY



parenthood and supporting them as they get started. The wider community can support this idea by donating any unused and/or new baby products which will really help struggling new mothers. For more information about the organisation and local collection points for donations, you can visit the Village Co website: <u>https://thevillageco.org/</u>or their Instagram page: @the_village_co

This project connects directly to our Gleeson 10 core values of Compassion, Service to others, Justice, and Faithfilled Community. In Compassion, we are able to value the wellbeing of mothers and children of the future by assisting them in their journey and showing empathy and support to whomever needs it. In Service to Others, we are contributing to a supportive environment, and are participating positively in a college outreach activity through directly aiding parents in need.

The value of Justice is defined as promoting a culture of acceptance and inclusivity, as well as supporting community service and social justice activities. Not only are we directly participating and promoting in a community service task, but this is also promoting a culture of inclusion, by giving disadvantaged mothers the same opportunities that we have.

The last of the values is Faith-Filled Community. This value is all about promoting the love of God and supporting the identity and mission of the Catholic Church. What better way to do this than to support people in need and sharing our gifts with people less fortunate than ourselves?

> Nam Nguyen, Stage 1 Youth Ministry Class

YEAR 12 NUTRITION > 'Superfoods' the Key to Optimal Health!

Throughout this term, Stage 2 Nutrition students have been learning about the biochemistry of nutrients, their structure, function, and interaction. As part of this we have explored the micronutrients (vitamins and minerals) that are required by the body for good health and the prevention of diet-related disorders.

Each Friday the class analyses and taste tests a superfood. Superfoods are foods of high nutrient density. Such nutrient content is advantageous in maintaining optimal human health, supporting good growth and development, energy levels, immunity, and prevention of the development of diet-related disorders.

Working through the A-Z of superfoods, the class is currently up to "H", this week investigating the superpowers of Honeydew Melon. Honeydew melon contains many nutrients that are vital for repairing and maintaining strong bones, including folate, vitamin K and magnesium. In particular, honeydew melon is a good source of folate. Folate is essential for the breakdown of homocysteine, elevated levels of which have been linked to reduced bone mineral density over time. Honeydew melon also contains two potent antioxidants: lutein and zeaxanthin. These carotenoid compounds are well known for supporting eye health and preventing the development of age-related vision loss.

This weekly tasty activity assists students to connect their studies to their own development and wellbeing. A good level of nutritional understanding promotes positive dietary and lifestyle choices of our young adults now and into the future.

> Kate Morgante, Stage 2 Nutrition Teacher







GLEESON NOTICEBOARD

2022 GLEESON DIARY DATES



Term 1 2022

14 Apr STUDENT FREE DAY > Staff Planning Day

Term 2 2022

2 May	STUDENT FREE DAY > Staff Planning Day
3	STUDENT FREE DAY > Staff Professional Development Day
4	FIRST DAY OF TERM 2 FOR ALL STUDENTS

*UPDATE > The Catholic Co-Ed Athletics Carnival has been postponed to Monday 12 September (Term 3).

**PLEASE NOTE > Diary dates are currently subject to change at short notice. We sincerely apologise for any inconvenience.

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Laptop Bag

Pencil Case - Calico

il Case - Damiani

ncil Case - Fyfe

Pencil Case - Hughes

Pencil Case - McDonald

App Store Google Play

\$30.00

\$10.00

\$15.00

\$15.00

\$15.00

\$15.00



Congratulations to Gleeson Year 12 footballer James White on being named Captain of the North Adelaide Football Club Under 18 Team in 2022!

Well done James!



Download the app and search 'Gleeson'

#withoneheart

Qkr



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- Appointments no longer needed at Devon Clovercrest!
- Free click + collect at Clovercrest!
- Organise/plan early in case you
- need items altered!
- If any item is out of stock, ensure you place an order so Devon can accurately forecast production
- Be mindful if altering uniform dresses/skirts are to be worn to the knee (we encourage you to get them hemmed up rather than cut, then they can be hemmed down as your child grows)

Check our easy to follow uniform guide > <u>https://www.gleeson.sa.edu.au/</u> <u>college-uniform.html</u>