

The Globe

Newsletter of Gleeson College

Issue 3 > Friday 11 March 2022

QUINTUPLE VICTORY FOR MCDONALD HOUSE!















A quintuple of athletics occurred on Friday 4 March when Gleeson College gathered at Tilley Reserve for our annual Athletics Carnival! The day started with Hughes House in first place after having pushed hard in the 800m and 1500m events held at the College earlier in the week. McDonald were not far behind, but the might of yellow House is never to be underestimated. Damiani and Fyfe Houses continued to niggle each other early as the contest for the Shield intensified.

McDonald wanted to make their mark with their first ever run at the quintuple. However, it is not the first time in Gleeson history we have seen a team make the quintuple - the illustrious five victories in a row. Damiani House first made this feat from 2002-2006!

Talented vocalist and Senior student, Jaxon Joy, led the community with a beautiful rendition of our National Anthem, and was supported well by our Senior School College Executive (James Attick, Jasmin Fullgrabe, Vincent Musolino and Jorga Warren) who opened the Carnival with an Acknowledgement of Country and prayer. It was then time for our wonderful MC for the day, Mr Darryle Phillips, to take the mic. Mr Phillips ensured there was a fantastic vibe all day with music, score updates and the timeline of events being shared over the PA System.

Damiani House came out with something to prove in 2022 and were awarded maximum points for having the least number of students absent. Whilst we understand absentees will always occur, it was great to watch students who would otherwise choose

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Gleeson College40-60 Surrey Farm Dve, Golden Grove
South Australia 5125 T: 8282 6600

www.gleeson.sa.edu.au | info@gleeson.catholic.edu.au Absentee/Late SMS: 0438 879 373 Absentee Email: absentee@gleeson.catholic.edu.au





ALLOWING STUDENTS TO EXPLORE THEIR THOUGHTS



Have you spoken to your child/ren about the events in Ukraine?

I have been speaking to a cross-section of students over the past two weeks about local and world events to gauge their feelings and understanding about the current COVID scenario, the floods in our Eastern states and the theatre of war in Eastern Europe. The theme that emerged for me is that our students are more connected than ever with world events and their access to other people across the world can give them a real (or unreal) sense of what is going on. A number of students mentioned that they had seen TikTok videos posted by Ukrainians showing events unfolding.

This was a powerful reminder to me, which I shared with our staff, that we must open communication with our students and allow them to explore their thoughts and feelings about these important matters in our world. Our students have many questions which we should not leave to social media alone to answer.

Shrove Tuesday/Ash Wednesday

Last week saw the beginning of the most significant celebrations for the Catholic

Church, Easter. Shrove Tuesday followed by Ash Wednesday, which provide the familiar commencement for the Easter period, were celebrated at Gleeson College with a traditional pancake breakfast on Tuesday and our COVID-safe ashes ceremony on Wednesday. We are now in Lent, the 40 days leading up to the resurrection of Christ on Easter Sunday.

The season of Lent provides us with the ideal occasion to move out of our comfort zone and look to how we can make a difference to the lives of others who are suffering; for those who live their daily lives in poverty where the basics of food and shelter are denied, with little or no opportunity for an education.

Supporting Project Compassion allows us an opportunity to make a difference to another person's life, so that those living in poverty or difficult circumstances can realise their human dignity and live life to the full, which is what we all hope for ourselves.

Archbishop James Gleeson served on the pontifical Council "Cor Unum" (one Heart) from 1971 to 1981. This council aimed at developing effective methods of enabling the people of developing countries to meet their needs in the desperate struggle for their right to live in dignity, justice and peace. Today we at Gleeson College continue this work through

charitable acts including supporting Project Compassion in Lent and the other charities that raise much needed funds all year round.

Before the next edition of The Globe, we will commemorate the anniversary of Archbishop Gleeson's death on March 21, 2000. It is appropriate for us to remember our namesake and honour him by giving to the poor and serving others during Lent.

Athletics Carnival

Friday, March 4, was a day of four seasons, not the ideal for Athletics Carnival, but it was a great day indeed. The array of colour and spirited cheering signalled yet another successful House event with students competing and barracking hard for their House teammates. All the events were well patronised as the whole school moved around to watch the field events at each rotation. The track events saw all spectators cheering on their respective heroes as they raced through the electronic gates.

Unfortunately, the rain saw some afternoon events cancelled due to safety concerns and although we were able to determine a winning House, the age champions and other awards were presented at an outdoor assembly today.

A great deal of thanks is owed to Ms Rachel Staffin for her organisation of the day, the HPE staff, Grounds staff, House Leaders, staff, parents and old scholars who worked tirelessly to make the day a success. Finally, a big thank you to all the students who participated in events or just cheered on their mates, you made it a great day. Well Done!

Gleeson@Dusk

This wonderful event commenced last year with great reviews and a suggestion that it be held during Daylight Savings in Term 1 with warmer weather and more daylight. So here it is coming up on March 24 bigger and better than 2021. As we have not been able to meet face to face with one another this year, Gleeson@Dusk presents a great opportunity to gather outdoors and actually put a face (albeit possibly a masked one) to a name. See you there!

Mr J Corbo, Principal



THE RESILIENCE PROJECT @ GLEESON > PART 2: GRATITUDE

Gleeson College is delighted to be commencing The Resilience Project's online wellbeing curriculum in our classrooms over the coming days. This full year program aims to help support the wellbeing of our community through positive strategies to help individuals foster happiness and resilience.

This week's presentation from The Resilience Project for our parent and carer community focuses on Gratitude. Gratitude is being thankful and expressing appreciation for what one has – as opposed to focusing on the lack of something.

Research shows that practicing gratitude rewires our brains to overcome the negativity bias (which can lead to anxiety and depression) and see the world what we are thankful for. It is also shown to broaden thinking and increase physical health through improved sleep and attitude to exercise.

View Part 2: Gratitude of the series here: https://theresilienceproject.com. au/parent-and-carer-hub-hugh/

There are many ways in which you can practise gratitude, including starting a Wellbeing Journal. Following are a few



PHOTO: 2022 Middle School Presidents William Elsworthy + Morgan Broadbent

ideas to help you get started:

- Write down three things that went well in your day.
- Think about or write something your looking forward to tomorrow.
- Write down who you are most grateful for and why.

*Source: Psychology Today

For mental health resources and support information, visit
The Resilience Project's Support Page here: https://theresilienceproject.com.au/support/

Adam Lewis, Assistant Principal - Student Development



EARLY OFFICE CLOSURE

> Thursday 17 March

Please note the Front Office and Micah Student Services will close early at 3.30pm on Thursday 17 March for a Staff Meeting.

We apologise for any inconvenience this may cause.

STUDENT EARLY FINISH @ 3PM

> Gleeson@Dusk 2022 Thursday 24 March

An email has been sent home to all families regarding our early finish for students on Thursday 24 March.

SHROVE TUESDAY PANCAKES > A Special Catholic Tradition

On Tuesday 1 March, the Gleeson College Community participated in Shrove Tuesday, which is a significant event and heralds the beginning of Lent on Ash Wednesday. Students preordered pancakes that were served and distributed in House groups to ensure safe handling and easy access.

Staff members from each House volunteered their time alongside Student Leaders to serve the pancakes.

The celebration of Shrove Tuesday is a Catholic tradition, where pancakes signify an easy way for Christians to use up their milk, eggs and sugar before the 40 days of fasting during Lent. The Season of Lent denotes the adoption of a simpler diet without the luxury of 'fattening' foods, which connects to other names for Shrove Tuesday such as 'Fat Tuesday', 'Pancake Tuesday' and 'Mardi Gras'. Students enjoyed their pancakes with a choice of toppings including lemon, sugar, maple syrup and cream.

Alesia Sala, Acting APRIM





















ASH WEDNESDAY > Let's Respond with Love + Hope





Bless us Lord as we remember the ashes as a reminder of our humility.

We ask for the forgiveness of our sins as we recall times when we have turned away from you and have not shown mercy to others.

We ask you to help us to be fair, peaceful, and just as we go about your work in the world.

Fill our hearts with the Holy Spirit as we stand with our global family, who bear the burden of injustices and inequalities around the world.

Turn away from sin and be faithful to the Gospel.





ASH WEDNESDAY

On Wednesday 2 March, we observed the beginning of Lent with a Care Group Liturgy, which inspired staff and students alike to engage in a time of prayer, fasting and almsgiving to reflect the 40 days that Jesus spent in the wilderness following his own Baptism.

The period of Lent is an opportunity to spend time in personal reflection and prayer, turning away from physical luxuries and attachments, and opening our individual spirits to be people of praise, prayer, penance and a living symbol of our intent to 'die to our worldly desires' and 'live in Christ'.

Traditionally, ashes are marked on our foreheads to remind ourselves that we are not of this world, but 'remembering that we are dust, and to dust we shall return'. The ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year.

Our Care Group Liturgy focused on prayers and readings, rather than a distribution of ashes, which was not possible due to Covid restrictions. Instead, we created a connection to Project Compassion highlighting the importance of working hand-in-hand with communities around the world.

This Lent, we are encouraged to make simple lifestyle changes and act for social and environmental justice.
Our challenge is to respond with love and hope, now and for all future generations.

Alesia Sala, Acting APRIM

DO YOU WANT TO HELP SUPPORT THE RSPCA? > Take Action Today!

The RSPCA is a charity which strives to protect the welfare of animals and takes them away from pain and suffering to give them a better life. The RSPCA also provide pets to families, so the animals can have a better life. The RSPCA need your help to continue to give these undernourished and neglected animals a better home. The RSPCA can be linked to Faith Filled Community from the Gleeson 10 values. Faith Filled Community promotes happiness and respect in our community, therefore everyone can feel safe and respected. The RSPCA can be linked to Faith Filled Community because the RSPCA is a charity which serves our community by providing excellent welfare to animals in need and provides the public with pets for comfort.

How can you help?

Outside the staffroom will be a labelled tub where you can donate items to be sent to the RSPCA. These can be simple items from you recycle bin, or secondhand items you have in your home, and you wish to give a second life.

What donations will the RSPCA accept?

Sheets, towels and blankets

Do you have spare sheets towels or blankets in your home you don't use? These items keep the animals from the RSPCA rescue warm and comfortable during the night.





Shredded paper and news papers

Do you have heaps of scrap paper in your home that will just end up in the bin? Shredded paper and newspapers are fantastic in creating a bed for smaller animals

Empty cardboard boxes, cereal boxes and egg cartons

Collect your cardboard boxes, cereal boxes and egg cartons from your recycle bin! The RSPCA fill these items with treats for the animals to collect which provides them with amusement.

Empty toilet rolls

If you have any used up or loose toilet rolls you chucked into the recycle bin, bring them to school and place it into our RSPCA donation bin. Toilet rolls provide small animals such as rabbits, guinea pigs and mice with stimulation as they are used as toys.

Dog and cat collars and harnesses

Do you have any cat collars laying around your home that are not being used? The RSPCA need plenty of dog and cat collars for the shelter animals. They prefer collars with a clip opposed to a buckle.

Small and medium plastic cat carriers

Do you have plastic cat carriers in your home that you wish to just chuck out? The RSPCA appreciate cat plastic carriers because they are used when they are required to collect stray cats.

Cat scratch poles

Do you have any old cat scratch poles you are thinking of chucking out? Cat scratch poles are appreciated by the RSPCA because they place them in cat cages so the kittens can enjoy

themselves and keep their nails sharp. The RSPCA place the smaller cat scratch poles in the sick cat pens.

Dog coats and beds

Do you have any dog coats and beds you don't use anymore, but still in good condition? These items are essential for the RSPCA because they keep the dogs, warm happy and healthy especially during the Winter. The RSPCA prefer large and extra-large dog bed donations. The rescue dogs who arrive sick to the shelter will appreciate these donations.

Litter trays

Do you have any litter trays at home not being used? Litter trays are appreciated by cats and smaller animals.

Dog toys

Bring any dog toys that you are thinking of chucking out to the RSPCA donation bin. The more dog toy donations the better, the rescue dogs love fluffy toys and rope toys which are used during exercise time for the dogs.

There are plenty of household items we throw out every day that can be donated to the RSPCA to improve the welfare for the neglected animals.

So, what are you waiting for, donate to the RSPCA!!!

Tomasz Redel, (10 DSNDO)



YEAR 7 TEXTILES > Apron Construction is Back!



2022 saw the re-introduction of Year 7 apron construction in Textiles. This was well received by students, and allowed them to use the sewing machines for the first time. When showcasing how to use the sewing machines there were a few worried faces, however, you need not worry as all students were able to confidently create their aprons.

There were a range of funky patterned aprons; from pineapples, to moustaches, to dogs and just about everything in between. The students then had to evaluate how they thought they went when creating their aprons. It allowed the students to reflect on the processes and understand the names of the equipment used.







It was such a great success that all students cannot wait to do Textiles in Year 8. Keep an eye out for when the students transition into the kitchen as they will be wearing their creations!!

Amy Gaedtke, Year 7 Textiles Teacher

STAGE 1 MODERN HISTORY > Ukrainian Genocide 'Living Timeline'









In Stage 1 Modern History, students have been learning about the Ukrainian Genocide known as the Holodomor. Students spent their lesson listening to witness testimony, unpacking the history between Ukraine and Russia, and identifying how key ideas and issues have continued to play a role in Ukrainian and Russian conflict.

The class collaborated to create a 'Living Timeline' that analysed and evaluated the extent to which various causes and effects played a role in the Holodomor. While this topic was confronting, the students were able to gain a deeper understanding of the current geopolitical climate and make connections between history and the events of today.

Gabriella Centofanti, Stage 1 Modern History Teacher

YEAR 8 CYBER SAFETY > Looking After Our Wellbeing Online





looking at the importance of Cyber Safety. Students looked at the positive aspects of being online, as well as some negative ones. Classes were filled with enriched discussion about ways of looking after our wellbeing when online. Students also took part in a global virtual assembly celebrating Safer Internet Day 2022, where their digital footprint was examined, and text message scenarios were investigated and discussed by coming up with appropriate responses. This unit had a large emphasis on respectful online activity and avenues students can take if they are feeling disrespected online.

Year 8 students have spent time





To finish off our Cyber Safety unit, students were tasked with creating a product to present the key message of "Staying Safe Online." It was wonderful to see the creativity of our students, with many creating advertising campaigns with short "YouTube" advertisements. Please enjoy a few of the screenshots from the presentations!

I encourage Year 8 families to have a conversation about some of the key take aways from the Cyber Safety unit, and it is our hope that all our students feel safe and happy when spending time online.

Darryle Phillips, Hughes Middle School Leader





http://CLICKME.qrx.xhy/

"This user has blocked you"

Ways to stop Cyberbullying

LOG OUT

Log out of the site where the bulling is coming from.

BLOCK

Block the user that is sending you emails or messages, and don't respond or communicate.

SHOW AND TELL

Save the email or message and show a trusted adult.

DISCUS

Tell a adult about how you feel and discuss what happened.

STAGE 2 CHILD STUDIES > Breakfast Program @ Settlers Farm PS

Did you know that thousands of children are being sent to school each day without consuming any food, or having any food during the day?

Schools are reporting that this is having a major impact on children's learning ability, self-esteem and health.

As part of the Stage 2 Child Studies course, students have been investigating the effectiveness of School Breakfast Programs for supporting disadvantaged children. They then devised and prepared a nutritious breakfast item, focusing on ingredients that would help improve children's concentration, engagement and focus in school. The class produced a variety of nutrition packed breakfast items, that contained brain boosting ingredients such as blueberries, bananas and eggs.

All items made were donated to Settler's Farm R-6 Primary School, to be enjoyed by their students at their Breakfast Club.

Our students have thoroughly enjoyed this learning experience and produced high quality breakfast items for the children.

Ashlee Curtis, Stage 2 Child Studies Teacher















IT'S TAKE OFF TIME > STEM SOCIETY IS GOING SKY HIGH!





A co-curricular lunchtime activity takes place every week in the St James Laboratories for students interested in STEM. We aim to foster a passion for creativity, critical thinking, teamwork and create an environment where we can explore new technologies; all students are welcome! During these Friday lunchtime sessions, breakthrough engagement in STEM learning is about to ramp up.

Our latest cohort of STEM Society students met on Monday to discuss the exciting and innovative activities planned for Term 1. Mr Puttnins





introduced 2022 STEM Captains Renae Damiani and Sam Borg to the team of over 50 students. Sam, STEM Captain from 2021, is leading exciting work in developing an implantable device with a Biomedical Company to help reduce the effects of hearing failure, while Renae was instrumental at STEM Footy at Adelaide Oval and Science Alive during 2021.

To celebrate and kick start the beginning of another busy year, our STEM students were treated to pizza lunch in the courtyard after they watched a short drone presentation of a Tello EDU micro drone. They were excited to see the drone manoeuvre above the table, only stopping to do front flips and take photos using the onboard camera.

Drones are used for recreational purposes by some. However, they are also essential tools to solve real-world problems. This term, our students are fortunate to be using drone technology to learn about new ways that communities are helped during emergencies. We will teach the students how to code the drones for autonomous flights and allow them to work in teams to collaborate and share their learning.

This year will be packed with fun and inspiring activities. We aim to provide hands-on activities that spark an



interest in STEM and equip our students with essential 21st-century skills that will allow them to solve problems in their future workplaces.

It's a fantastic time to be a learner.
There is seemingly no end to the possibilities, from sending drones to deliver packages to creating detailed maps and assisting farmers in crop protection.

Melissa O'Loughlin, Science + STEM Coordinator

FOLLOW US

on Facebook and Instagram to stay up-to-date with all things STEM at Gleeson College!



2022 WEEK 8 MAR 21-25

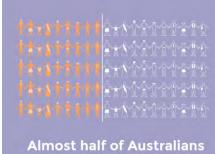




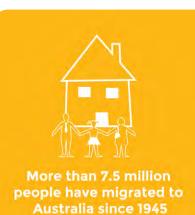
JARMONY

LUNCH ACTIVITES MON+TUES

DID YOU KNOW?



Almost half of Australians were either born overseas or have a parent who was







GET INVOLVED THIS HARMONY DAY!

QUINTUPLE VICTORY FOR MCDONALD HOUSE!

Continued from front page...

to not participate, getting involved in the fun novelty events. The Athletics Carnival continues to grow and develop with a good balance between track, field and novelty events.

The House Spirit leaderboard was continually changing as we had several Houses whose students showed great initiative in picking up rubbish and assisting in events with measuring etc. To all students who helped - you contributed points to your House, well done! House Spirit was again won by Damiani, followed by Hughes and Fyfe, who were difficult to split all day.

To all our wonderful students and staff, you displayed such amazing House spirit and ensured the essence of the day was at its full strength. It was a pleasure to watch the students rally behind their teammates, encourage, cheer and support each other from the sidelines. There were many great displays of fantastic sportspersonship throughout the carnival.

None of this is possible without our dedicated HPE and associated staff, as well as our Grounds and Maintenance staff, as it is a big task to operationally move and set up at Tilley for this event – thank you – you all did an incredible job. A special thank you also to all those staff that arrived early to get the day set up at 7am. To all our House Leaders - you all did a fabulous job setting up your House areas and ensuring that your House shone bright – thank you, it was one of the best set-ups to date!

A massive thank you to our amazing Parents & Friends Committee for ensuring all our staff and students were catered for with a BBQ and cold drinks. Last but not least, a big thank you goes to our amazing Gleeson Old Scholars that assisted on the day and to the Tea Tree Gully Athletics Club, for not only allowing us to hold our carnival and use their speed gates, but for also letting us use their high jump equipment and for their friendly volunteers who ran the canteen throughout the day. Thanks to Rebecca Sinclair for capturing the fantastic moments throughout the day. Congratulations to our 2022 100m



Champions of Champions, Cameron Tompkins (12 DAMIANI) and Kiara Searle (12 FYFE), who proved too strong for the final field. However, both showdown races showed there is much talent and athletic ability coming through the ranks (younger year levels) at Gleeson!

2022 Final Result

McDonald 2923 Damiani 2895 Fyfe 2712 Hughes 2701

2022 Champions of Champions Male Champion - Cameron Tompkins Female Champion - Kiara Searle

2022 Age Group Champions

U13 Girls: Georgia Galvin U13 Boys: Hayden Chester U14 Girls: Nevaeh Bates U14 Boys: Marcus Damiani U16 Girls: Lily Searle U16 Boys: Jamieson Payne Open Girls: Molly Brooksby Open Boys: Jacob Jones

Congratulations to all our students who participated in 2022 - it was fantastic to witness the true displays of House Spirit and sportsmanship.

*Students that placed in their age group, please look out for an upcoming SEQTA notice regarding a meeting for the 2022 Catholic Co Ed Aths Carnival.

I leave you with one final thought... Can McDonald make the sextuple next year? It would be a Gleeson first to go in the history books and we look forward to seeing what happens in 2023!

Rachel Staffin, Sports Development Coordinator























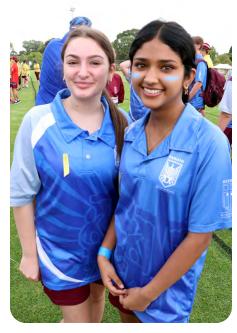








































































ATHLETICS CARNIVAL 2022 > McDonald House

















ATHLETICS CARNIVAL 2022 > Damiani House



















ATHLETICS CARNIVAL 2022 > Fyfe House

















ATHLETICS CARNIVAL 2022 > Hughes House

















ATHLETICS CARNIVAL 2022 > Year 12 Photos























ATHLETICS CARNIVAL 2022 > Staff Photos

























GLEESON NOTICEBOARD

2022 GLEESON DIARY DATES



Term 1 2022

14 Mar PUBLIC HOLIDAY > Adelaide Cup

17 College Tour, 9.15am

24 Gleeson@Dusk Community Event 2022
> EARLY STUDENT DISMISSAL AT 3PM

28 Catholic Co-Ed Athletics Carnival > SA Athletics Stadium

30-1 Apr Year 7 Camp > Pt Hughes + Wallaroo

4 College Tour, 9.15am

5 Parent Teacher Interviews #1

6 Year 8 Immunisations

8 5-Year + 10-Year Gleeson Old Scholar Reunion

9-10 Relay for Life 2022

12 Parent Teacher Interviews #2

14 FINAL DAY OF TERM 1 FOR ALL STUDENTS

2 May STUDENT FREE DAY > Staff Professional Development Day

Term 2 2022

3 FIRST DAY OF TERM 2 FOR ALL STUDENTS

CONGRATULATIONS KIARA!



Congratulations to Year 8 student **Kiara Burns (8 MMMIT)** on her selection in the inaugural Adelaide Thunderbirds Talent Academy!

Kiara, who plays for Newton Jaguars, impressed Netball SA selectors at the State Trials held recently, which attracted 247 young netballers from across SA.

Well done Kiara!







Gleeson College

40-60 Surrey Farm Dve, Golden Grove South Australia 5125 T: 8282 6600 www.gleeson.sa.edu.au | info@gleeson.catholic.edu.au Absentee/Late SMS: 0438 879 373 Absentee Email: absentee@gleeson.catholic.edu.au