

Non NPA Resources

NPA have found the following resources helpful to supplement those that are available for purchase on our website. The resources listed here should be printed on blank paper as they have not been customised for use with your own letterhead.

ALLERGIES

Royal Prince Alfred Hospital Allergy Unit
<http://www.sswahs.nsw.gov.au/rpa/Allergy/default.htm>

- ◆ Egg allergy
- ◆ Latex allergy
- ◆ Milk allergy
- ◆ Peanut allergy
- ◆ Wheat allergy

FSANZ Allergen Cards

<http://www.foodstandards.gov.au/newsroom/publications/allergencards.cfm>

- ◆ Egg
- ◆ Fish
- ◆ Milk
- ◆ Peanut
- ◆ Sesame
- ◆ Shellfish
- ◆ Soy
- ◆ Tree nut
- ◆ Wheat

RPAH Allergy Free shopping list

<http://www.cs.nsw.gov.au/rpa/allergy/resources/allergy/>

COELIAC DISEASE

'Coeliac disease- a Resource for Dietitians' by Anne Brown, APD 2006
<http://eatingglutenfree.com.au/>

ELIMINATION DIET

Royal Prince Alfred Hospital Allergy Unit
<http://www.sswahs.nsw.gov.au/rpa/Allergy/default.htm>

- ◆ Environmental and Personal Care Products and Medications
- ◆ Problem Additives
- ◆ Elimination Diet Shopping List

PAEDIATRIC RESOURCES

The Children's Hospital at Westmead
<http://www.chw.edu.au/parents/factsheets>

SPORTS NUTRITION

Sports Dietitians Australia
<http://www.sportsdietitians.com.au/factsheets/>

GI ISSUES

Gastroenterology Association of Australia
<http://www.gesa.org.au/leaflets.cfm>

- ◆ Constipation
- ◆ Diverticulitis
- ◆ Fatty Liver
- ◆ Gallstones
- ◆ Haemochromatosis
- ◆ The Healthy Gut
- ◆ Reflux
- ◆ Crohns Disease And Ulcerative Colitis

MULTICULTURAL RESOURCES

<http://www.mhcs.health.nsw.gov.au/topics/Nutrition.html>

EATING DISORDERS

The Butterfly Foundation
http://thebutterflyfoundation.org.au/CMSPageDetails.aspx?CMS_Page_Id=66&Parent_CMS_Page_Id=4