



what's on in house

Issue 11 October 2015

Term 4: Monday 12th October - Friday 11th December



Spring time!

Guess what? Jen's back after surviving the Highland Fling in Scotland and being a turkey in Turkey! So a big thankyou to Ali and Fran for not only maintaining the House and programs over the past couple of months, but also for bringing a fresh zest to the House.And a brand new oven that really works.

Our big fun(d) raiser for the year - The Bunnings Sausage Sizzle, is coming up on November 1st so we'll be recruiting a sizzling team for that. We have exciting courses (some Christmas themed) on offer this term! Crèche is available for daytime workshops so you can relax and enjoy yourself whilst the crèche workers entertain your babies and toddlers.

We welcome in our new Management team and would like to express our thanks to the out-going Management Committee, in particular our Chairperson, Kate Langdon, for her support and direction, so generously offered over the year.

And to you, the members, thank you so much for looking after the House. We really appreciate the effort everyone goes to in cleaning up after each playgroup and participating in the end of term cleaning roster. Thank you!!

Jen, Ali and Fran



Welcome to our new committee for 2015/2016

The AGM, held on the 16th September, was preceded by a social, upbeat supper for all those members who attended from various playgroups. The formalities of the AGM resulted in the election of a fabulous new committee with all the positions being filled.

Thankyou to Stephanie Proud (Doubleview Ward Counsellor) who again acted as returning officer at the meeting and has been very supportive of the House for the past 8 years. She is currently running for re-election and we wish her well.

We take this opportunity to welcome our new committee members



Chairperson	Vice- Chair	Secretary	Treasurer
Alison Rear	Helen Hogan	Jean Williams	Chenoa Walsh (TBC)

General Members



Jasmin Buller	Branson Viera	Naomi Bellworthy	(no photo)	(no photo)
			Roselea Devlin	Mari Futsaku

Save-a-Child First Aid Course

Wednesday 11th & 18th November 2015

7.00pm - 10.00pm at WSNH

Cost \$25 members (Thanks to a subsidy by the Rotary Club of Scarborough)



CPR and Basic First Aid Course for parents/grandparents and carers of babies and toddlers.
Would you know what to do?

- Choking
- CPR
- Allergic Reactions
- Burns
- Poisoning

Bookings for courses is essential.

Christmas checklist

- Puddings ✓
- Wreath ✓

We have inspiring Christmas courses on offer in Term 4. If you missed out last year you might want to get in early this year and book! These courses have been very popular and even better, we have a crèche available so you can work away in peace....

Traditional Christmas Puddings with Brandy Sauce

Our annual Christmas Pudding morning has become a Christmas tradition at the house. Join us and get in to the Christmas spirit by making your very own traditional Christmas Pudding with brandy sauce. One less job to think about the week before Christmas!

Wednesday 18th November at WSNH

9.30am to 12.00 pm

Cost \$20



Christmas Wreaths

Go 'Green' this Christmas and design a stunning fresh wreath for your front door. We offered this course for the first time last year and it was a huge success!

Wednesday 25th November at WSNH

10.00 am to 12.00 pm

Cost \$20

Bookings for courses is essential.



Bunnings Sausage Sizzle - Innaloo

Sunday 1st November

8.00am - 4.00pm

Did you know that helping at the Bunnings Sausage Sizzle is actually very fun and rewarding?!

This event is not only a terrific fundraiser for our centre, it is also an opportunity for members to network and contribute to our community. The centre would like to use the raised money towards upgrading our outdoor shed so we can make toys more accessible.



So look out for the roster sheet in the kitchen in Term 4 and place your name down for a two hour slot. Alternatively, email us at the office if you have any queries.

And don't forget your **free sausage sizzle** once you finish!

Renew Fitness Workouts

Looking for a way to unwind at the end of the day and tone up for summer? Too easy! Try our Fitness Workouts with qualified, experienced trainers who will have you boxing, circuit and resistance training and working out with partners.

Tuesdays 7.30 - 8.30pm outdoors at WSNH. Bring a water bottle and towel.
\$90 (10 week Term) \$15 Casual **First session is FREE!** Enrolments 9446 2757



Positive Parenting Program *takes the guesswork out of parenting!*

There is no right way to be a parent. Triple P offers simple routines and small changes that can make a big difference to your family. Delivered as an eight week program, it includes five 2 hour group sessions and three follow up phone calls to tailor the program to the needs of each family.

For Info and Bookings **1300 550 879**
or email at positiveparenting@health.wa.gov.au



Child Health Checks

Baby and Toddler health checks are being conducted at WSNH every Tuesday by our local Child Health Nurses. Know anyone suffering from anxiety or post natal depression? Talk to your health nurse. Bookings can be made by on 1300 749 869.



Playgroup Term Fees

\$30.00 - families of children up to 18 months.

\$35.00 - families of children 18+ months or two or more children.

A discount of 20% applies to Centrelink Concession Card holders.

PAYMENT OF FEES to WSNH can be made in cash at the Office or by Direct Deposit to: Name: WSNH BSB: 036-036 Account:106-063 Ref: your name & payment details.

Fees due by 30th October.

