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## what's on in house

Issue 28 April 2017

Playgroups commence  
Term 2 Monday 24th April till Friday 30th June 2017

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### A sense of belonging

Neighbourhood House Week is a nationwide initiative to celebrate the role of Neighbourhood and Community centres in the community. That's us! Our purpose is 'To provide Support and Services for Families and the Community' and create a home base that helps our members feel connected and experience a sense of belonging.

Many of our members are from overseas and interstate while others are local but are just transitioning into a new stage of life - Parenthood! Feelings of isolation are common at this stage of life and making connections with others and sharing your knowledge, skills and feelings will help you develop a new "Clan" to support you through your growing family's years.

So come and join the 'Family' get together at the **Family Fun Day** where we all get involved to create a short but heart warming event.

Thankyou to all our playgroups for taking on the End of Term Clean-up with such gusto! The Tues am group still found time to do some **morning tea/ Easter craft!**

Wishing all our members a **HAPPY EASTER** and Happy Holidays - see you next term

*Jen and Fran*

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**BELONGING**



**Neighbourhood  
House Week 2017**



## Family Fun Day

This event coincides with Neighbourhood House Week - the 2017 theme being 'Belonging'. So soak up the atmosphere and feel that sense of belonging to our friendly hub.

**Sunday May 7th**

10.00am -12.00 midday

Entry by Gold Coin donation

Bring your family, friends and neighbours to our most anticipated event of the year .



How much fun can you fit into 2 hours?

**Baby Farm Animals, Pony Rides, Face Painter, Cake & Italian Sweets stall, Sausage Sizzle, Popcorn, Raffle of family friendly vouchers, Coffee Van, children's craft & water balloon stall, badges and much more!**

## NORTHERN COMMUNITY SHARE .... ..... IS ONE year old!

Meet other locals, share stories, build community.

**Share** your excess produce. **Swap** those unwanted clothes and books. **Shuffle** those seeds and cuttings.

Bring your re-usable mug & share a cuppa with new friends. Goodies for morning tea a welcomed!

West Stirling Neighbourhood House  
Saturday 8th April 2017 10.00am - 12 noon



A Transition Town Stirling Initiative with support from City of Stirling



## Courses coming up

### **Pre-literacy & Early literacy skills workshop**

Tuesday April 4th 7.30 - 8.30pm

Cost: \$10.00

Ideas for fun activities to help develop children's phonological awareness and 'Reading Readiness' for parents and carers of children aged 3 - 5 years. Presented by Wendy Stentiford, a qualified teacher and Reading for Sure tutor.

Bookings at the office or call 0447486 652 for more info.



### **Save-a-child First Aid**

May 10th & 17th 6.30pm - 9.30pm

\$65 members, \$85 non-members

CPR & basic First Aid for parents and carers of babies and toddlers.

Includes Choking, Allergic Reactions, Burns, Poisoning.



*Reviews: 'The best First Aid course I've ever done - essential for every parent', 'Very informative, Insightful and extremely easy to follow. Brilliant instructor, Exceptional'*

**Book at the Office now!**

### **Circle of Security**

June 3rd, 10th, 17th and 24th at WSNH

1.00pm -3.00pm

**\$80.00**

**Enquiries on 0419 424 123**

This series of workshops for parents of children 0 - 5 years will help enable them to enhance their child's ability to successfully manage their emotions. The program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Secure children

- exhibit increased empathy
- greater self-esteem
- better relationships with parents and peers
- enhanced school readiness
- increased capacity to handle emotions more effectively.



Reserve your place now!

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### *Other local events and workshops*

- Check out the **City of Stirling Family Services** Newsletter [here](#) and Facebook for family events and courses in your community.



West Stirling Neighbourhood  
House is funded by the State  
Government through the

Department of Local Government and  
Communities



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