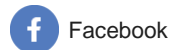


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## what's on in house

Issue 27 March 2017

Term 1 - Monday 6th February till Friday 7th April 2017

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### a friend, a group, a community

While at playgroup, children have the opportunity to learn through play and develop social, emotional, physical and cognitive skills and interact with other children and adults in a safe and stimulating environment. Playgroups provide a sense of belonging to the community, opportunities to form friendships and share ideas and information.

Here are three ways to stimulate your playgroup experience:

1. Familiarize yourself with the **Play Ideas** that will be posted weekly on our new Activities Board. Check them out [now!](#)
2. Enrol in our Art Play Workshop (Details below) to learn to play with art materials
3. Be part of the Worlds Biggest Playgroup day on Wednesday March 29th at Whiteman Park. Loads of fun - details [here](#)



We welcome our new playgroups and members and hope that you enjoy your time here as an individual, as a playgroup member and as part of our community.

*Jen and Fran*

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### Committee News

The **Family Fun Day** has been postponed to coincide with Neighbourhood House Week - the 2017 theme being 'Belonging'. It will now be held on **Sunday May 7th**. Watch this space for details in the next Newsletter and mark the date in your diary now. At this event, you'll be able to soak in the atmosphere and feel that sense of belonging at our friendly hub.



See what else your Management Committee is discussing in the Meeting Minutes posted on the noticeboard in the Playroom.

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### **Circle of Security**

Saturdays March 4th, 11th, 18th & 25th, 1.00 - 3.00pm

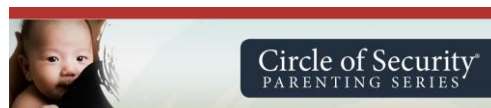
Cost: Free, but we need your commitment to attend!

Note: The next Course will be on June 3rd, 10th, 17th and 24th. \$80.00. Enquiries on 0419 424 123

This series of workshops for parents of children 0 - 5 years will help enable them to enhance their child's ability to successfully manage their emotions. The program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Secure children

- exhibit increased empathy
- greater self-esteem
- better relationships with parents and peers
- enhanced school readiness
- increased capacity to handle emotions more effectively.



### **Keeping Children Safe - 'The right for children to feel safe'**

Tuesday March 21st 6.30 - 9.00pm

Cost: Free, but we need your commitment to attend!

This workshop focuses on the fundamental belief that we all have the right to feel safe and we can talk with someone about anything, no matter what it is. This workshop will equip parents and carers with the knowledge and tools to keep children safe.



### **Art Play Workshop**

Wednesday March 29th 7.00 - 9.00pm

FREE

Think you're not artistic? Like Peter Reynolds (Author of 'The Dot' ) says "Make a mark and see where it takes you"!

This fun workshop is for parents themselves, to explore and play with the range of art materials that we have at the House and also to be inspired to create and share exciting ideas at playgroup.



### **Pre-literacy & Early literacy skills workshop**

Tuesday April 4th 7.30 - 8.30pm

Cost: \$10.00

Ideas for fun activities to help develop children's phonological awareness and 'Reading Readiness' for parents and carers of children aged 3 - 5 years. Presented by Wendy Stentiford, a qualified teacher and Reading for Sure tutor. Bookings at the office or call 0447486 652 for more info.



### **Save-a-child First Aid**

Wednesday March 22nd & 29th (depending on numbers ) or it will be postponed till May 10th & 17th 6.30pm - 9.30pm

\$65 members, \$85 non-members

CPR & basic First Aid for parents and carers of babies and toddlers.

Includes Choking, Allergic Reactions, Burns, Poisoning.



Reviews: ' The best First Aid course I've ever done - essential for every parent',  
'Very informative, Insightful and extremely easy to follow. Brilliant instructor, Exceptional'  
**Book at the Office now!**

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### Other local events and workshops

- **Craft Share** - An opportunity for creative souls to come together over morning tea to learn and share your craft skills. Express your interest at the office. A date will be set when interest is gauged.
- Check out the **City of Stirling Family Services** Newsletter [here](#) and Facebook for family events and courses in your community.



SUPPORTER

West Stirling Neighbourhood  
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Communities



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