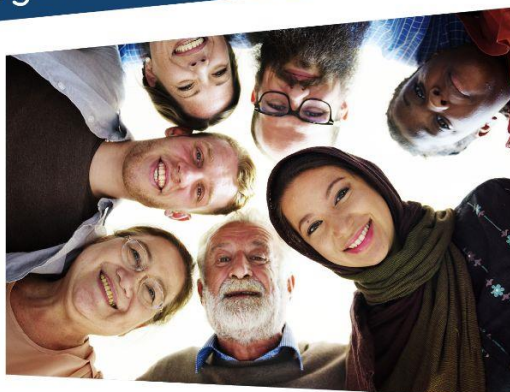




Share. Belong. Grow.



 Playgroups

 Courses

 Room hire and parties

 Events

Our local
community house

SEPTEMBER

- 1-8 Adult Learners Week
- 18 [Kierounohi \(Respect for the Aged\) Sundowner](#)
- 22 [Save-a-child First Aid](#)
- 26 School Holidays Commence

OCTOBER

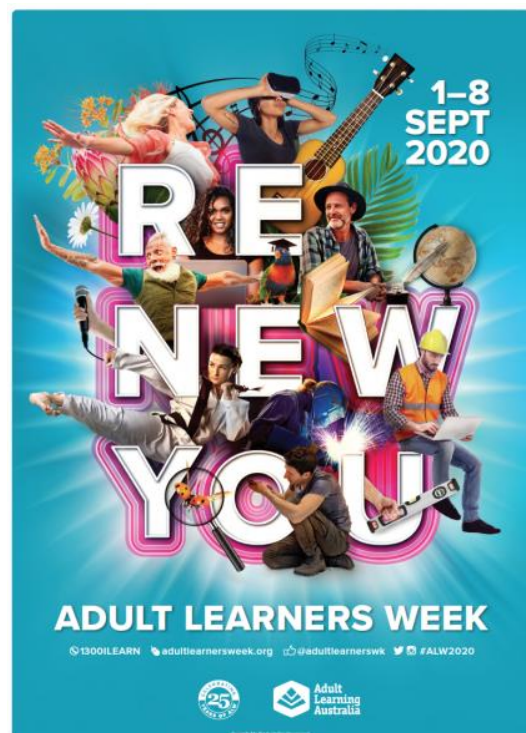
- 1 [Super Hero Club - School Holiday Program](#)
- 12 Term 4 Commences
- 10 - 17 WA Mental Health Week
- 15 [Dealing with BIG Emotions](#)
- 19 - 23 Get On-line Week
- 22 Be Connected Workshop : Digital Literacy Skills for Older Australians

*Spring has arrived and with it an enthusiasm to renew. Doubleview House creates a myriad of opportunities for learning and sharing. Join in one of our workshops or social events and see what's on offer from our partner organizations. This year's Mental Health Week theme is **Strengthening Our Community – Live, Learn, Work, Play** and we are continuing to aim at increasing mental wellbeing in our community.*

The Sourdough Bread and Scone making workshop had 'delicious' reviews and already we have interest for another one to be held in Term 4 - Sourdough & Sauerkraut. The kids love playing with dough too - Gingerbread at Playgroup, or joining the children's 'Tinker Table 'at Repair Cafe.

'Share. Belong. Grow'. is the Doubleview House Tagline and along with the spirit of Adult Learners Week we encourage you to spend some time over the coming weeks in conversation with others in the community. Look out for our Wine, Cheese & Chat Evening coming up soon, to enjoy some adult time out, or schedule in our next family friendly Sundowner - Kierounochi . Join the Doubleview House Facebook and keep up to date with events.

Till next time, Jen & Fran



Committee News

Doubleview House's Annual General Meeting was held on August 26. Thank you to everyone who attended to share in the reflection of the 2019/2020 year with staff and volunteers, and a special thank you to Councillor Stephanie Proud for her attendance and contributions on the evening..

A new committee was formed for the 2020/2021 year. Welcome back to our returning committee members, and a big welcome and thank you to Kelly, Stas, Katherine, Liz and Rochelle, who have joined the team.

We sadly farewell our outgoing Secretary, Viola Smith. In the year of the Zoom meeting, Viola's role to record meeting minutes was trickier than anyone anticipated! We have been so appreciative of her dedication to fulfilling her role under these trying circumstances, and her regular commitment to helping out at Doubleview House events. We will greatly miss Viola's

skills, as well as the sense of calm she brought to our team.

2020/2021 DOUBLEVIEW HOUSE COMMITTEE

Chairperson: Laila Ansari

Vice-Chair: Leah Rucks

Secretary: Georgia Salmon

Treasurer: Alison Robinson

General Members:

Stasja Brown

Georgie Byrne

Kelly Elsey

Kathryn Green

Ayako Minoa

Charlotte Potter

Rochelle Van Santen

Elizabeth Sikka





Upcoming events and courses

Repair Cafe

Saturday 12th September

10.00am - 12.00pm

Guide Hall- 228 Hancock Street

Bring any items needing fixing and develop some of your 'know-how' skills while saving items from landfill. You can also get help from the resident Wizz Kid if there is something you can't do on your phone or device.



Kierounohi (Respect for the Aged)

Sundowner

Friday 18th September, 4.00pm - 6.00pm

Doubleview House

Kierounohi is a special day observed in Japan to honour elderly people, especially grandparents. Invite your senior family members and friends to enjoy some Japanese food and express your gratitude to them.

[Click here to book](#) or message your name & the number of people attending to 0444 596 514



Baby/Toddler First Aid Course
Tuesday 22nd September
6:30pm - 9:30pm, \$55

Doubleview House
[Click here to book](#)

This course will give you the skills and confidence to be able to treat an injured child in a range of situations. Taught by a passionate instructor, with 26 years' experience specialising in children, this course is widely considered to be WA's best baby/ toddler first-aid course!



Dealing with BIG Emotions
Thursday 15th October, 9.30am - 11.30am,
Doubleview House
Creche Available (\$5.00)
[Please book here](#)

Do you feel like you are dealing with the same feelings again and again? Dealing with big emotions can be confusing and draining for both adults and children. In this session you will learn:

- How the brain works when BIG emotions strike.
- How to support yourself and your family when they have BIG emotions.
- Tools and strategies to help you and your family think and act with a growth mindset.

Fiona Perrella is a Life Coach and the Founder and Creative Director of Strength Heroes. Read <https://www.strengthheroes.com.au/blog-strength-heroes/5thingstohelpbigemotions> to get a taste of Fiona's approach.



Ngala Parenting and Children's Programs
Programs run by Ngala at Doubleview
House. Book in now for Term 4:

Circle of Security: Wednesdays 12.30 -
2.30pm. Creche available- book via 9446
2757 or email

info@doubleviewhouse.com.au

Drama Stars: Wednesdays 9.15 -10.00am.

Supported Playgroup Tuesdays 12.30 -
1.30pm for babies 4 - 6 months, 1.45 -
2.45pm for babies 7-9 months

Phone Ngala 9368 9369 or click [for further
details and bookings](#)



Super Hero Club

Thursday 1 October 8.30am - 5.00pm

Suitable for children 5 - 9 years.

Learn some super powers such as yoga,
meditation and much more!



[Click here for further details and bookings](#)

What's on in the community

The Bend in the Road AGM

Saturday 12th September

From 12.00 pm

At Doubleview House

RSVP: Belindasalvoni@gmail.com



Enjoy fantastic company and pizza, hear
about exciting plans for building a vibrant
bend and witness the unveiling of the
Munro Reserve artwork.

Scarborough Toy Library Memberships
Available \$85/year
Saturdays
9.30 - 11.30am
At front of Doubleview House

Over 1000 toys suitable for 0-6 year olds to choose from. Currently no waitlist, so join now to start enjoying the benefits of the library. [Click here to get in touch](#)



Art Space Collective

Kid's School Holidays Program, Gallery and Workshops, Parties, Soirees and Sprees!

[Click here for further information.](#)



The KALEIDOSCOPE Initiative

This initiative supports new migrants to obtain employment in their field of expertise and builds the capacity of employers to reap the rewards of a diverse work force. Register today for a **free** Job Readiness workshop series.

[For more info click here](#)



The City of Stirling [Arts & Events September](#)



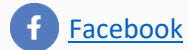
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228 Hancock Street

Government of Western Australia through
the Department of Communities

Doubleview WA 6019
Ph: 9446 2757 Mob: 0444 596 514



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