

# Share. Belong. Grow.







Playgroups







## Our local community house

**October** 2019 - Issue 57

Term 4 October 14th - December 19th

#### **OCTOBER**

- Playgroups resume
- 15 Sing & Grow (8 Weeks)
- 16 Circle of Security (8 weeks)
- 16 Pyjama Drama (8 weeks)
- 19 Groat Street Festival
- 24 Family First Aid Course

#### **NOVEMBER**

- Fun & Food Friday Night
- **Pre-Literacy Course**
- 27 Christmas Wreath Making

#### **DECEMBER**

4 Christmas Puddings

#### Welcome back to last term of 2019!

Back from the holidays feeling relaxed and ready to go? We are ready to launch into the last term with some wonderful events and workshops. Our lovely coordinator is on well deserved long service leave and Chenoa is here filling in until she returns on Wednesday 6th November.

This is our first newsletter on new branding header and footer. We are methodically working through to roll our the name change. We hope you love it as much as we do.

Groat Street Festival is coming up - see the flyer attached below. They are looking for donations of toys and children's clothes for the swap stall. Any donations please bring the first week of playgroup. The donation box will be in the office.

#### Fun Friday Nites & Bites

Friday 1st November 4.00pm - 6.00pm

Don't forget our bimonthly Fun Friday night. To coincide with Seniors week please bring a plate and a grandparent or senior who is significant in your life. If you've missed this gorgeous program"Old peoples home for 4 year olds" showing the lovely friendships between residents in aged care and 4 year old children. View the trailer here. Just beautiful!

Chenoa & Fran



#### Committee News

The new committee is getting straight into their groove.

A new TV has been purchased for the creche room. This has been installed and is ready to use. We are gearing up for a couple of events in the last term. Watch this space for details to unfold!

Next Meeting Wednesday 13th November 2019





#### Things need fixing?

- Clothing repairs
- Bicycle maintenance (chain, tyres, height adjustments etc)
- Furniture
- *Electronics* and more!

Join us on the 2nd Saturday of the month for a cuppa and to get help with repairs. 12th October, Girl Guide Hall Doubleview 10am - 12pm
To coincide with the Groat Street Festival. There will also be a pop-up Repair Cafe at the Groat Street Festival Henderson Environment Centre, Groat Street North Beach Saturday 19th October 9.30am - 3pm

NOTE - Bring in your unwanted toys and children's clothes for the SWAP stall at the Groat Street Festival

Brought to you by: Transition Town Stirling, Doubleview House and community volunteers.





Click to see Repair Shop

# Pre-literacy & Early Literacy Skills Workshop

Wednesday 6th November 7.30pm - 8.30pm Cost: \$10.00 Bookings at the office

Ideas for fun activities to help develop children's phonological awareness and Reading Readiness for parents and carers of children aged 3 - 5 years.

Presented by Wendy Stentifold, a qualified teacher and Reading for Sure tutor. Call 0447 486 652 for more info



#### Will Information Workshop

Wednesday 30th October 7.30pm - 9.00pm Cost: FREE. A light supper will be provided. Bookings at the office call 9446 2757

Join Rae from The Public Trustee's Office for a FREE community education talk to help you make informed choices about making and storing your Will and planning the future administration of your financial affairs and estate.

- What really happens if you die without a valid Will?
- Who can challenge your Will?
- What do executors and administrators
  do?
- Protecting yourself from financial abuse through Enduring Powers of Attorney and State Administrative Tribunal Orders.



## Introduction to Fondant Icing Workshop

Saturday 26th October 9.00am - 11.00am Cost: \$5 to cover costs of fondant What to bring: Cake to decorate Bookings at the office call 9446 2757

Have you ever wanted to decorate your own cakes like a boss? Come join Naomi and Doug seasoned cake decorators to learn the basics in fondant icing decorating.



#### Wiring Kids

Who wouldn't want to attend these 1 1/2 hour workshops for only \$35.00 each?

Monday 14th October: Toilet Training workshop

for parents of children up to 4 years.

Tuesday 22nd October: Developing Great Sleep Patterns Workshop parents of children up to 6

Monday 28th October: Fears, Worries and Anxiety in Early Childhood Workshop fo parents

and Carers

More information and bookings here



#### Save-a-Child Family First Aid

Thursday 24th October 6.30 - 9.30pm

For cost and further information contact Steven Lewson 0402 043 181 or check out the website

This fabulous short course will equip you with the basic skills of CPR, choking, burns, bleeding and poisoning.



#### Workshops and Courses

Currently running at Doubleview House in collaboration with Ngala

Bookings for Term 4 open now. Book online here or call 9368 9368 (NGALA) 9446 2757 (Doubleview House)

### Explore and Play Free Supported Playgroup

Tuesdays 12.30 -2.00pm

For parents, carers and babies 4 - 12 months. This new supported playgroup provides families with the opportunity to build on their existing knowledge of parenting and share experiences while being supported by an experienced Ngala nurse to discuss baby milestones, teething, sleep, mobility and solids. Book online Phone: 9368 9368

Circle of Security Wednesdays 12.15 - 2.15pm Program for Parents & Carers of Children 0 - 5 yrs. Course attendees will learn to identify their children's emotional needs and respond to their behaviour and respond more effectively to their child's emotional needs resulting in greater resilience, fewer behavioural difficulties, better relationships with family and friends, improved self-esteem and enhanced school readiness.







CIRCLE OF SECURITY PARENTING

See what it's all about here YouTube Video

Pyjama Drama Wednesdays 9.30 - 10.15am
A Free program for parents and carers of children 2 - 4
years. Drama and imaginative play to ignite children's
imagination and learn key skills.

Sing and Grow Tuesdays 9.30 -10.30am Music therapy for young children (0 - 4yrs) and their families. Builds capacity in parents to support their child's development using percussion instruments, drums ribbons, ball and parachutes.



Pyjama Drama



SING AND GROW

#### Local Events and Activities

There's lots of events for community and families in our local part of the City of Stirling - what are you waiting for?

Living Green in Stirling
Arts and Events October 2019

#### Doubleview House Fees

Membership & Playgroup Term Fees to increase by \$5.00 from Term 1 2020.

\$10.00 pro rata Membership Fee \$30.00 children up to 18 months \$35.00 children over 18 months or two or more children The Office is now equipped with an eftpos facility so can accept card payments, cash, or On-line payments made to WSNH, BSB: 036 036, Acct: 106 063 Ref: Name & payment details



#### Stay in touch on Facebook

Like our West Stirling Neighbourhood House Facebook page to keep up to date with the news, events, programs and activities taking place at the House.







<u>Email</u>

#### Supported by



Doubleview House is funded by the State Government through the Department of Communities

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