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what's on in house

Term 3: Monday July 16th - Friday September
21st
Issue 43 July - 2018



JULY

2 Empowering Communities Program - Tender Released
8-15 NAIDOC Week
16 Playgroups Commence - Daily sessions
18 Pyjama Drama - Weekly till September 19
25 Learn to Crochet - Beginners Class
31 Dealing with Challenging Behaviour - Triple P Workshop

AUGUST

2 Empowering Communities Program - Tender Due
4 Introduction to Leather Craft - Make a Belt
14 Managing Aggression - Triple P
25 Sewing: Make a circular skirt - details next Newsletter
28 Dealing with Challenging Behaviour - Triple P

SEPTEMBER

14 Fairy-tale Ball

Our House is a grass-roots place for empowering community!

The **Empowering Communities Program** seeks to empower communities to be connected and inclusive places where people feel they belong, are valued and contribute.

At this Centre we use the **Asset Based Community Development (ABCD)** approach - one which builds on the assets that are already found in the community and mobilizes individuals and groups to come together to build on their assets-- not concentrate on their needs. The key is to begin to use what is already in the community - hence our fabulous tutors who are sharing their skills!

Along with our volunteer tutors and management team, we now have a new volunteer blogger - Alex (Speech Pathologist). See her first blog below on early language development.

Jen & Fran

Committee News

All hands are on deck to present the best **Tender for the Empowering Communities Program** to the Department of Communities - due on August 2. Think of it as finding colours to fill the gaps and bring community together as a whole!

Position Vacant: Coffee Maker



Next Meeting: Wednesday 8th August 2018

Workshops and Events - Limited places available - book in early at the Office on 9446 2757

Learn to Crochet with Ruth

Wednesday 25th July
10.00am - 12.00pm

\$10.00 Members \$20.00 non-members (includes membership)
All materials and morning tea supplied!

Crèche available \$5.00 per child
Bookings at the Office.



Leather Craft - make a belt with Rachael
Saturday August 4th
2.00pm - 4.00pm (Refreshments Provided)

\$20.00 Members \$30 Non-members (Includes Membership)
Crèche Available - \$5.00 per child

Learn the basics of leather craft: cutting and finishing leather, using tools, stamping, stitching and more by making your very own belt or one for a friend! Take advantage of our crèche!

Bookings at the Office.



Positive Parenting Program (Triple P) - Free!
Presented by the Department of Health

Tuesdays: 9.30 - 11.30am

July 31st: Dealing with Challenging Behaviour

August 14th: Managing Aggression

August 28th: Dealing with Challenging Behaviour (Repeat)

For Bookings please call: 1300 550 879 or email:

positiveparenting@health.wa.gov.au

Crèche available: \$5.00 per child. Bookings essential at the Office.



Pyjama Drama - Free!

Presented by Ngala

Wednesdays

July 18 - Sept 19

9.30 - 10.15am

*Imaginative play, drama, songs & games for 2 - 4 years.
Drama and imaginative play helps young children to learn about their world and develop key skills by igniting their imagination.*

Bookings essential click here or email:

NorthWestMetro.PCWA@ngala.com.au or call 9368 9368



Permaculture Living Course

Tue & Thurs from 7th Aug to 6th Sept (5 weeks)

7.00 – 9:30pm

West Stirling Neighbourhood House

\$300 includes: printed booklet, practical activities with products to take home and tea breaks with nibbles



For further information and bookings:

Contact Martina at

info@dandelionpermaculture.com.au or

Marina at info@eduveg.com.au or find

us on Facebook [link to event:](#)



Transition Town Stirling

There's LOTS happening in our community...but there's more....to join in at TTS - Check out their [events](#)



Repair Cafe - Your thoughts and ideas are welcome. Share them at the Office with Jen or Fran.

Sleep in the first year of life

31 July (Tuesday)

5.30 - 7.30 pm

Fears, Worries and Anxiety in Early Childhood

7 August (Tuesday)

5.30 - 7.30 pm



Join parenting educators Julie and Wendy from [WiringKids](#) as they present an interactive workshop covering:

- An overview of typical fears & worries at different ages & stages;
- How children may express their fears & worries at different stages;
- What factors contribute to contemporary fears in children;
- When to consult a professional about your concerns; and
- Practical tips and strategies to ease children's fears.

Please contact Wendy for bookings on: 0402668752

Also at the Centre and open for members to join in:

Yoga

Mondays and Thursdays: 5.30 - 7.00pm \$10.00 per class

This yoga group has been together for 20 years. It is about establishing a regular practice. Explore, breathe, move and discover your nature. Once you have learned to form the shapes (asanas), move inside your own nature and explore and enjoy as you would walking through a forest.

All are welcome

Contact Simon on 0417 237 050

Alex's Blog

*Did you know that babies develop conversational skills before they learn to speak? The Hanen Centre is an international organization dedicated to improving children's speech and language skills and they recently started a fantastic youtube channel. The first video gives some great tips for **early language development** - check it out to set your baby up with great foundation skills!*

<https://youtu.be/KAFcJVJHLCU>

Child Health Nurses

Mondays - New Parent Groups

Tuesdays - Child Health Checks

Thursdays - Breastfeeding Clinic

Contact your local Child Health Centre for details or to make an appointment



Potters House - Christian Fellowship Church

Need help healing, hope, freedom or know someone who does?

Sundays 10.30am & 6.30pm

Enquiries welcome: 0467 084 429

Playgroup Term Fees are due by Friday 3rd August

\$30.00 children up to 18months

\$35.00 children over 18months or two or more children

On-line payments can be made to WSNH, BSB: 036 036, Acct: 106 063

Ref: Name & payment details



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