



Share. Belong. Grow.



Playgroups



Courses



Room hire and parties



Events

## Our local community house

### January 2020 - Issue 60

*Playgroups commence Monday 3rd February 2020*

#### FEBRUARY

- 3 Playgroups Resume
- 4 Ngala Supported Playgroup (4 - 10months)
- 4 Sing & Grow (8 weeks)
- 5 Pyjama Drama Commences
- 5 Circle of Security (8 weeks)
- 19 Triple P Seminar series
- 21 Arty Party Sundowner
- 25 Save-a-Child First Aid
- 26 Triple P Seminar Series

#### MARCH

- 4 Triple P Seminar series
- 5 Creative Nest Class - Art
- 19 Creative Nest Class - Mat

#### APRIL

- 2 Creative Nest Class - Kokodama
- 5 Family Fun Day
- 10 Easter Friday - End of Term
- 28 Term 2 Commences

## 2020 - A clear vision for the New Year

Welcome to Doubleview House - **Our Vision** is to be 'A vibrant, welcoming community organization facilitating individuals, families and groups, to **share, belong and grow**' .

**Our Purpose** is 'To facilitate learning and involvement through shared experiences, empowering community members to develop a sense of wellbeing, belonging and value.'

We encourage you to join in the events, workshops, events and activities that inspire you on your road to success in 2020.

We're looking forward to working toward our vision in 2020 and seeing you soon.

Jen & Fran



## Arty Party **Sundowner**

**Friday February 21st**  
**4.00pm - 8.00pm**

Doubleview House is hosting a collaborative Sundowner with local activation group 'The Bend in the Road' and Art space Collective.

The event is to award the winners of the Munroe Reserve Art Competition and to exhibit their Artworks throughout the House.

Interactive Toddler Art activities will be coordinated by Natalie (Creative Nest) and Fiona from the Art Space Collective.

Bring your own Picnic Rug, Nibbles and Drinks. Food also available on the night. **SAVE THE DATE.**



More details [click](#)

## Committee News

There have been a few changes with Committee Membership over the break.

We would like to express our **Thanks and Appreciation to retiring members**: Chairperson Nicole Jenkins, Treasurer Chenoa Walsh, and Committee Members Kara Cheah and Alison Perry. These members have been at the House over a number of years and have been the driving force behind the update and continuation of this fabulous community asset.

**Welcome and thank you to our new members** for stepping forward into the executive positions: Laila Ansari as Chairperson, and Alison Robinson as Treasurer.

Next Planning Meeting: Wednesday February 5th 2020, 7.15pm.



There are now two general **Committee Positions Vacant**. Please contact Jen or Fran if you would like to nominate and be part of this progressive management team.

## Triple P Seminar Series

February 19th, 26th and March 4th at 9.30am

Parents, carers and grandparents with children aged between 3 and 8 years are welcome to attend this series of three, 90 min sessions on:

- Children's Behaviour - the tough part of parenting
- Raising confident children
- Raising emotionally resilient children.

Creche available. \$5.00 per child. Bookings essential at the Doubleview House Office.



Web: [healthywa.wa.gov.au/Triple\\_P](http://healthywa.wa.gov.au/Triple_P)  
1300 550 579

## Save-a-Child

Could you save your child?

This fabulous short course will equip you with the basic skills of CPR, choking, burns, bleeding and poisoning.

**Tuesday 25th February 2020**  
6.30 - 9.30pm  
\$65.00

Click [Here](#) to book  
For cost and further information:  
Contact Steven Lewson 0402 043 181 or  
check out the website [here](#)



Best Course around Fabulous Reviews

## Creative Nest (Free)

Spend one hour with Natalie (Artist & Home School Coordinator) on **Thursdays 1.45 - 2.45pm** to explore your creativity, feel inspired, arty and have fun!

- **March 5th:** Easy Art/Craft to do with your toddler at home or playgroup
- **March 19th:** Make your own Story Mat
- **April 2nd:** Kokadamas

Children Welcome to attend.

Please let Fran or Jen know in the Office if you'd like to come along.



**Saturday 8th February** 10.00am - 12.00pm  
Doubleview House

### Things need fixing?

- Clothing repairs
- Bicycle maintenance (chain, tyres, height adjustments etc)
- Furniture
- Engraving for security over summer
- Electronics and more!

Join us on the 2nd Saturday of the month for a cuppa and to get help with repairs.

A community event by: Transition Town Stirling, Doubleview House and community volunteers.



Click to see [Repair Shop](#)

## Workshops and Courses

Currently running at Doubleview House in collaboration with Ngala. Workshops are Full but there are vacancies in Explore and Play Playgroup. Bookings for Term 2 Workshops will be open soon. [Book online here](#) or call 9368 9368 (NGALA)

### Explore and Play Free Supported Playgroup

Tuesdays 12.30 -2.00pm

For parents, carers and babies 4 - 12 months.

This new supported playgroup provides families with the opportunity to build on their existing knowledge of parenting and share experiences while being supported by an experienced Ngala nurse to discuss baby milestones, teething, sleep, mobility and solids.

[Book online](#) Phone: 9368 9368

### Circle of Security Wednesdays 12.15 - 2.15pm

Program for Parents & Carers of Children 0 - 5 yrs.

Course attendees will learn to identify their children's emotional needs and respond to their behaviour and respond more effectively to their child's emotional needs resulting in greater resilience, fewer behavioural difficulties, better relationships with family and friends, improved self-esteem and enhanced school readiness.

See what it's all about here [YouTube Video](#)

### Pyjama Drama Wednesdays 9.30 - 10.15am (Vacancies)

A Free program for parents and carers of children 2 - 4 years. Drama and imaginative play to ignite children's imagination and learn key skills.

### Sing and Grow Tuesdays 9.30 -10.30am (FULL)

Music therapy for young children (0 - 4yrs) and their families. Builds capacity in parents to support their child's development using percussion instruments, drums ribbons, ball and parachutes.



Explore and Play Playgroup  
A FREE SUPPORTED PLAYGROUP FOR BABIES 4-12 MONTHS



CIRCLE OF SECURITY PARENTING  
A FREE PROGRAM FOR PARENTS AND CARERS OF CHILDREN 0-5 YEARS



Pyjama Drama  
A FREE PROGRAM FOR PARENTS AND CARERS OF CHILDREN 2-4 YEARS



SING AND GROW  
A FREE PROGRAM FOR PARENTS AND CARERS OF CHILDREN 0-4 YEARS

## Doubleview House Fees

Playgroup Term Fees to increase by \$5.00 from Term 1 2020.

\$20.00 Membership Fee

\$35.00 children up to 18 months

\$40.00 children over 18 months or two or more children

The Office is now equipped with an **eftpos** facility so can accept card payments, cash, or On-line payments made to WSNH, BSB: 036 036, Acct: 106 063 Ref: Name & payment details.

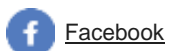


## What's on in your Local Community

See what's on in your local community [here](#).

## Stay in touch on Facebook

Like our Doubleview House Facebook page to keep up to date with the news, events, programs and activities taking place at the House.



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