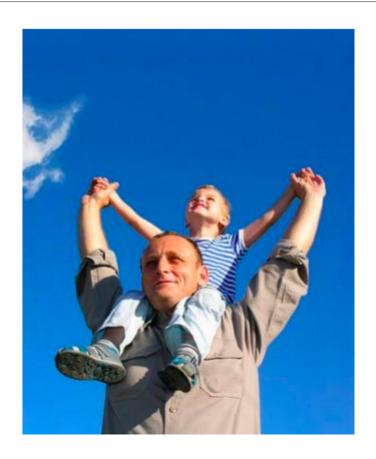


# **Cardiomyopathy Association of Australia Ltd.**

# **CMAA Newsletter**

Winter 2021- Edition 101



Supporting people with cardiomyopathy and their families.

Cardiomyopathy Association of Australia Ltd is a not-for-profit registered charity.

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www.cmaa.org.au



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## Aims of the Association:

- To provide the opportunity for individuals and their families to share their experiences and to support one another.
- To provide accurate and up-to-date information about Cardiomyopathy, when it is available, to members, their families and those in the medical profession.
- To increase public awareness of Cardiomyopathy.
- To foster medical research in this area.

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#### From the editors

Hello all and welcome to the 101st edition of the Cardiomyopathy Association of Australia Ltd. newsletter. We are Carly Bannan, Dannalee Marshall and Elise Woodall, three sisters who are incredibly excited to have taken on the role of CMAA newsletter editors! We will endeavour to deliver a newsletter on a quarterly basis to the high standard which has been set by previous editor, Flora Bloomfield and we are eager to contribute what we can to support the CMAA.

For those of you who are unaware of our association with the CMAA, our family has had a long history with Hypertrophic Cardiomyopathy

L to R: Elise, Carly, Dannalee

(HCM) with our father Kevin Woodall receiving a diagnosis of HCM at 16 years of age back in 1978. We have included Carly's member's story in this edition of the newsletter detailing our family history and our current situation with her daughter Kate (aged 4 years) who was diagnosed with HCM at 4 months of age.

Thanks to everyone for their encouragement, patience and understanding as we navigate taking on the role of newsletter editors. We happily and gratefully welcome feedback, ideas and suggestions for any articles or topics to include in the newsletter each quarter and we encourage members to share their stories and ask questions which we can include in our Dear Doctor section each quarter.

Wishing all of the members of the CMAA good health and happiness.

Carly Bannan, Dannalee Marshall and Elise Woodall

#### **Newsletter Editors**

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#### Contact us

Details of your nearest Contact Person are provided on pages 5 and 6.

They are also available on our website at — cmaa.org.au

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Our postal address is: PO Box 43, Doncaster Heights, VIC, 3109

Our email address is: info@cmaa.org.au

Our Facebook page is:





### **President's report**

Many thanks to Carly Bannan for assuming the role of Newsletter Editor for this 101<sup>st</sup> edition kindly assisted by her sisters. Carly who lives in Bendigo has also assumed the role of Membership Secretary. It is great to have a young teacher with a young family take up important CMAA positions. It must be in the genes following her Aunt's (Bev Motteram) great contribution to the Association.



Time flies despite Covid and we approach another AGM to be held on Sunday 26 September by Zoom. You will be well rewarded if you log in to the meeting as Professor Chris Semsarian AM has agreed to give a talk and take questions. Chris is one of our Ambassadors and is among the best communicators I have known.

Please consider nomination for a position on the National Executive using the form received. You will be joining a very harmonious committee that meets bi-monthly by Zoom.

Please stay well in these very difficult times.

Alistair

Alistair Kerr OAM
President
Cardiomyopathy Australia