

BKP 109 revision

1. Explain the facilitation and Inhibition of muscles
2. How will you explain “pause – lock or putting things in circuit” to a client?
3. Explain the principles of reactivity
4. How do you know that you are dealing with reactive meridians and not reactive muscles? (other than the finger mode)
5. How would you demonstrate the existence of reactive meridians and the change after correction?
6. You are doing a postural analysis. What are some of the points of observation from the front, sides, back.
7. What are “specific circuits” and what is out of balance if a circuit needs a correction?
8. Explain contra-lateral spindles
9. What can cause a muscle stretch-response problem?
10. What can lead to a switch-off on sustained muscle use and how do you correct it?
11. When do you suspect a hidden muscle failure? What is the likely emotional connection?
12. How do you correct it?