

## In-depth Emotional Units in Year Two and Three

### **EMS301 Genetic & Meridian Release Protocols - 13&14 February**

Learn about life style changes, inherited behavior and working with genograms. Understand reactive emotions and wounded spirit issues.

### **EMS302 Subconscious Self-Perception – 3&4 April**

In-depth sabotage clearing, attitude conflicts and reversals. Understand the roles people play and how they react to each other.

### **EMS303 Dreams, Goals & Attitudes – 2024**

Develop skills for assertive behavior and positive attitudes within the cycles of life. Assist clients with dreams, goals and life path issues.

### **EMS304 Releasing Limiting Stress Responses – 17&18 April**

Includes many issues including age incongruity, limiting rules, prejudices and convictions. Reset the hypothalamus emotionally.

### **EMS305 Colour & Sound Healing – 24&25 July**

Major unit on working with colour and sound to rebalance the body's energy system.

### **EMS306 Rituals & Motivational Messages – 2&3 October**

Observe and release avoidance and other defense mechanisms and facilitate clients in the positive use of rituals, symbols, affirmations, inspirational writings and meditation.

### **EMS401 Co-Dependency & Role Reversals – 27 &28 November**

Assist clients in letting go of co-dependent positions of rescuer, persecutor or victim to develop compassionate interdependence. Release frozen emotions & find acceptance & forgiveness.

### **EMS402 Compulsive Behaviours & Role Reversals - 2024**

Balance energy related to habits, addictions, phobias, obsessions, pain behavior, peer pressure and self-imposed energy drain. Assist clients in dealing with role reversals.

### **EMS403 Spiritual Issues - 2024**

Sharing skills in dealing with stressful spiritual bondage & energy drain and assist people in finding their own nurturing spiritual connection.

## Training in Energy Psychology ICPKP

This course is internationally but not nationally recognised. Australian Kinesiology Association recognition will be applied for.



## Expand Your Professional Skills in 2023

This training suits students who want to specialise in helping people with their emotional burdens and assist them in being happier and healthier. The skills from this emotional training will greatly expand the results you achieve with Diploma skills.

Contact us about your study options

Byron Kinesiology Centre  
28 Seaview Street  
Byron Bay NSW 2481  
[www.wellness.net.au](http://www.wellness.net.au)



## **Begin your training learning Basic Skills and assisting clients with Stress & Pain Management**

### **BKP101 Energisers & Self Care - 25&26 March**

Learn to take care of and balance yourself. A practitioner needs to stay healthy in body and mind to be able to help others. These techniques can also be used to teach clients some basic skills they can use at home to help themselves between consultations.

### **BKP102 Manual Muscle Testing – 15&16 April**

This unit introduces you to the art of muscle testing, which is the basis of Kinesiology. You learn to balance other people, using brain/muscle feedback, known as muscle testing to identify dysfunctions and stress.

### **BKP103 The 5 Elements - 29&30 April**

Study Chinese 5 Element philosophies to balance energy using colour, sound and emotions. Here you will learn techniques to correct and confirm the changes you make in a 5 Element balance and using food to strengthen muscles, meridians and organs.

### **BKP104 Kinesiology & Superficial Connections – 20&21 May**

Using the direction of energy flow you will learn a number of effective ways to improve and restore balance to meridians and their related muscles and organs.

### **BKP105 Five Elements In-Depth – 10&11 June**

Learning the 5 Element principles in depth and working with the full chart of emotions takes you to a whole new level of knowledge. Balancing an extra 14 muscles allows you a greater variety of ways to balance the client.

### **BKP106 Balancing Protocol with PKP Database – 1&2 July**

BKP106 brings much of what you have previously learnt together in specialised protocols. You will learn how to use finger modes & use age recession to balance stressful memories.

### **BKP107 Pain Reduction - 22&23 July**

This unit teaches you how to evaluate and reduce pain using a number of simple but powerful techniques. This is a favourite with most students as there are always people with pain.

### **'Red Flags' TBA**

Diagnosis and Treatment versus Kinesiology protocols. Know when to refer or involve other modalities.

### **RBT201 Clinical Body Contact – 12&13 June**

Develop professionalism, skill and understanding in using body contact. Apply appropriate massage techniques, draping and palpating in a Kinesiology framework. Add aromatic oils to your bodywork.

### **SPM101 Stress Release made Easy - TBA**

Learn simple tools for stress reduction.

### **SPM102 Epigenetic Healing Cycles - TBA**

Reduce mental & emotional suffering related to universal fears. Address eight major work stresses and 25 common relationship issues. Learn how to use 15 epigenetic modulators and energy cycles for healing, soothing and calming.

### **SPM103 Tibetan Energy & Vitality - TBA**

Energetic healing tools to balance & strengthen your auric field & chakras.

### **EMS201 Mastery of Emotional Stress Release – 21&22 October**

Develop skills to defuse a variety of emotional stress issues, help your client come up with answers to their issues and move forward.

Techniques include active listening, challenges to authority and getting advice from your older wiser self.

### **Elective 1 - First Aid for Emotions (Written by Parijat Wismer) - 19 Feb**

Practical protocol for emotional emergencies. Help someone to get back to feeling connected to their body and life energy.

### **Elective 2- Deep Trauma Healing (by Parijat Wismer) - 3-5 March**

Learn tools to heal the physical, emotional and the energy body from trauma held in layers of our beings. Balance the body for memories beyond words.

### **Elective 3 - Healing Sexual Trauma (by Parijat Wismer) 5-7 May**

It addresses working specifically with healing sexual violence, relationship problems and self esteem issues because of having experienced various degrees of sexual assault in their lives. The focus is on sexual patterning and abuse as well as trauma to the pelvic floor muscles and tissue