



Welcome to

# Noarlunga/Seaford Catholic Parish

St Luke's, Noarlunga and SCC, Seaford

20<sup>TH</sup> SUNDAY IN ORDINARY TIME - YEAR B

Vol 12 : No 39

## NOARLUNGA/SEAFORD CATHOLIC PARISH CENTRE

Cnr Goldsmith Drive and Honeypot Rd, (PO Box 406) NOARLUNGA, SA 5168 Phone: 8382 1717

*(Please leave a message outside office hours and we will get back to you as soon as we can)*

Email: [nswcp@tpg.com.au](mailto:nswcp@tpg.com.au)

Web: [www.noarlunga-seafordparish.org.au](http://www.noarlunga-seafordparish.org.au)

## OFFICE HOURS

Tuesday - Friday  
10.00am - 3.00pm

## PARISH TEAM CONTACTS

### • PARISH PRIEST

Fr Josy Sebastian - *(Fr Josy is on annual leave until 22 September)*

### • ASSISTANT PRIEST

Fr Dominick Okwadha  
(8382 1717; 0421 074 212  
[okwadha@yahoo.com](mailto:okwadha@yahoo.com))

### • PARISH MANAGER NEWSLETTER

Mrs Toni Fishlock - 0417 801 241;  
[fishlock11@tpg.com.au](mailto:fishlock11@tpg.com.au)

*(Please submit newsletter items to the Parish Office by 11.30am each Wednesday)*

### • SEAFORD

Please contact the Parish Office -  
8382 1717

## CHILD PROTECTION

Child Protection Unit 8210 8159

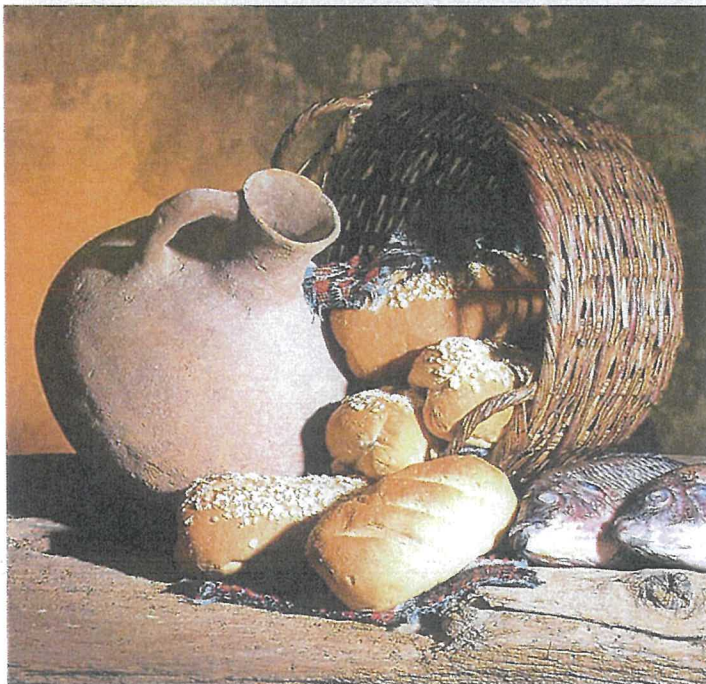
## REGULAR WEEKEND MASSES

### • SATURDAY EVENING

6.00pm - St Luke's, Noarlunga

### • SUNDAYS

9.00am - St Luke's, Noarlunga  
10.45am - SCC, Seaford  
11.00am - 1<sup>st</sup> Sun - St Luke's: Spanish  
2.00pm - 2<sup>nd</sup> Sun - St Luke's: Filipino  
5.30pm - St Luke's: Youth Mass



## FIRST READING

*Proverbs 9:1-6*

Wisdom has built herself a house, she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table. She has despatched her maidservants and proclaimed from the city's heights: 'Who is ignorant? Let him step this way.' To the fool she says, 'Come and eat my bread, drink the wine I have prepared! Leave your folly and you will live, walk in the ways of perception.'

## RESPONSORIAL PSALM

*Ps 33:2-3, 10-15*

*Taste and see the goodness of the Lord.*

## SECOND READING

*Ephesians 5:15-20*

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit. Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in

your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

## GOSPEL ACCLAMATION

*Jn 6:56*

*Alleluia, alleluia!*

*All who eat my flesh and drink my blood live in me and I in them, says the Lord. Alleluia!*

## GOSPEL

*John 6:51-58*

Jesus said to the crowd:

'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said.

Jesus replied:

'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my

*(Continued page 4)*



# SOLEMNITIES

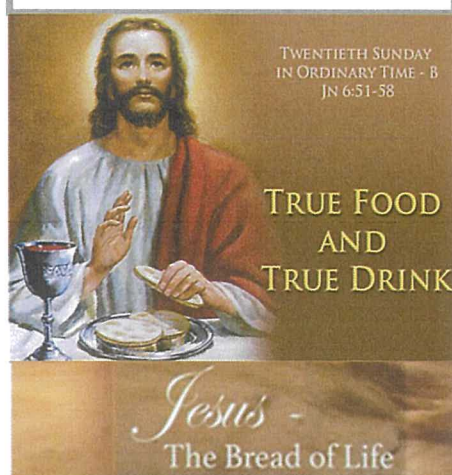
in NOVEMBER and  
DECEMBER 2024

**All Saints' Day**  
Friday, 1 November

**Our Lord Jesus Christ  
King of the Universe**  
Sunday, 24 November

**The Immaculate Conception of  
the Blessed Virgin Mary**  
Monday, 9 December

**The Nativity of the Lord,**  
Wednesday, 25 December



## Church Cleaning

For weekend 24/25 August  
Cleaning: Julie Lindur/Margaret Pena  
Vacuuming: Bill Aldridge

## Finances : August

For weekend 10/11 August  
1<sup>st</sup> Collection \$909.00  
Support for Archdiocesan Priests  
2<sup>nd</sup> Collection \$414.00 (23 envelopes)  
Open Plate \$858.00  
Vocations Collection \$370.00

Thank you for your ongoing support  
and commitment to the community.

## PARISH OFFICE HOURS

The Parish Office Hours  
Tuesday to Friday  
10.00am - 2.30pm

For any emergencies please contact  
Fr Josy on 0452 524 169 or  
Toni Fishlock on 0417 801 241

## Noticeboard:

2024 Upcoming Courses  
10 August: Charis SA

CHANGES TO COVID RULES ARE LISTED ON THE BACK OF THIS  
NEWSLETTER.

## Roster for weekend 24/25 August

	St Luke's 6:00pm	St Luke's 9:00am	St Luke's 5:30pm	SCC 10:45am
<b>P</b>	Fr Michael Brennan	Fr Michael Brennan	Fr Dominick	Fr Tom
<b>P1</b>	Annabelle Fernandes	Espi Tilbrook	Michael Pols	Jim Fenoughty
<b>P2</b>	Christine Jones	Justin Neugebauer	Yvonne Bennett	Sage Tadura
<b>W</b>	Denis Jones	Rhea Thomas	Jordan Faulkner	Angela McDonagh
<b>HC</b>	Paul Rijken	Maria Nolan	Theresa Tanti	Anne Craig
	Anton Crane	Raylee Crane	Dave van Heerde	
<b>Children's Liturgy</b>		Maria & Thomas		Dolores McCluskey
<b>Music</b>	6:00pm	9:00am	5:30pm	

## RCIA: Are you or do you know someone who.....

Has expressed an interest in being Catholic? Was baptised  
Catholic as a child, but has not celebrated the Sacraments  
of Confirmation and Eucharist?



We offer an opportunity to come together in a small group to learn more about  
our faith. Sessions focus on the teachings and experience of Church and prepare  
individuals to celebrate the Sacraments of Baptism, Confirmation and Eucharist  
during the Easter season. There are separate sessions for children or youth.

You are welcome to participate in the process with your questions, your insights  
and faith story in a warm accepting setting. For information, please contact the  
Parish Office on 8382 1717 or email [gabrielle1956.gb@gmail.com](mailto:gabrielle1956.gb@gmail.com)



We welcome to our faith community:

**Adria**, daughter of Christine Tapp,  
who will be baptised on Saturday, 17 August at 10:00am

and **Lila**, daughter of Shaun and Simone Freeborn  
who will be baptised on Sunday, 18 August at 9:00am.

We wish them and their families God's richest blessings.

## Blessing of Significant Wedding Anniversaries

On Sunday, 15<sup>th</sup> September 2024, Parishes and Communities  
are encouraged to celebrate the Blessing of Significant  
Wedding Anniversaries by honouring the life-long  
commitment and love shared by married couples.



If you or someone you know is celebrating a significant anniversary this  
year, we invite you to let the Parish Office know of their details so they can  
be acknowledged at the Anniversaries Mass on Sunday, 15<sup>th</sup> September to be  
held in our Parish during the Mass (time to be advised).

+Patrick O'Regan  
Archbishop of Adelaide

**Pray for the healing of:** Sue Moore, Jennifer Abadilla, Ollie Ebsary, Elijah Ebsary, Mark Malagoski, Rachael Bartolo, Terry Byrne, Joanna Lavelle, Tom and Mary Worden, Margaret Jack, William Tanti, Gentile Monardo, Catherine Kelley, Anthony Shaw, Greg Cahill, Maresa Sylvester, Jade Robusti, Paul Badics, Neville and Heather D'Cruz, Cate Lavelle, Shelley Heard, Astrid Houareau



**Deceased:** Raul Carozo, Cornelius (Casey) Oudshoorn,

**Anniversaries:** Cristina Eden,

(Names will remain on the Prayer for Healing list for one month).

### Migrant and Refugee Sunday: September 29

The 110<sup>th</sup> World Day of Migrant and Refugee will take place on Sunday, 29<sup>th</sup> September with the theme, '*God Walks with His People*'. World Day of Migrants and Refugees has been celebrated since 1914. It is an occasion to recognise the courage and fortitude of these people and heighten our level of empathy and understanding for the plight and difficult decisions they have had to make.

### PRAYER GROUP

We'd love for more people to join our Prayer group. At our meetings we praise, and pray to God - and learn about Him.

We have different topics every week, sharing faith and life together.

Men are very welcome too.

Meeting Time: Thursdays, 10:00am -12 noon + lunch

Contacts: Theresa on 0401 293 194  
and Angie 8382 7257

### ONKAPARINGA PRAYER BREAKFAST

**Date & Time:** Friday, 30 August from 6:45am

**Where:** Serafino Winery, McLaren Vale

**Guest Speaker:** Georgie Thomas, founder of "Mustard Seed Family Project"

For further details: Kevin Barry 8382 3773  
[kevinjbarry@professionals.com.au](mailto:kevinjbarry@professionals.com.au)

### CHILD PROTECTION



Children should be protected from any activities that could harm their development. Children who have been neglected or abused should receive special help to restore their self-respect.

**CHILDRENS' MASS WILL BE CELEBRATED ON THE FIRST SUNDAY OF EACH MONTH AT 9:00AM AND 5:30PM.**

**NEXT MASS WILL BE ON 8 SEPTEMBER.**

### WHAT'S ON

Mon	19 August	Mass at 9:00am - St Luke's
Tues	20 August	Mass at 9:00am - St Luke's
Wed	21 August	Mass at 9:15am - SCC Craft Group at 10:00am Mass at 7:30pm - St Luke's
Thurs	22 August	Mass at 9:00am - St Luke's Prayer Meeting at 10:00am Rosary at 6:45pm - St Luke's RCIA at 7:00pm
Fri	23 August	Rosary at 9:30am - St Luke's Mass at 10:00am - St Luke's
Sat	24 August	Reconciliation at 9:00am - St Luke's Mass at 6:00pm - St Luke's
Sun	25 August	21 <sup>st</sup> Sunday in Ordinary Time Year B Mass at 9:00am - St Luke's Mass at 10:45am - SCC Mass at 5:30pm - St Luke's



**Seaford Christian Churches**  
811 Grand Boulevard (Corner of Main Street)

### SCC NEWS

- **SAVE THE DATE:** "International Day of Peace" event to be held at SCC on Saturday, 21<sup>st</sup> September 2024.
- **Monthly Ecumenical Prayer Gathering** led by Pastor Kevin Wood (Lutheran Community) on 4<sup>th</sup> Saturday of the month at 10:00am.
- **SCC Emergency Food:** Thank you for your outstanding generosity in supporting this appeal.
- Don't forget to drop into our **TOWN SQUARE CAFE** for freshly brewed coffee and cake, a bowl of warming soup or a delicious low cost nutritious meal. Open Tuesday-Friday 10:00am-1:00pm.

### FUNERAL MASS

**Funeral Mass will be celebrated at St Luke's Church on Friday 23 August at 3.00pm for Mr Raul Carozo.**

**All Welcome**

**Please ring the priests after 9:00pm ONLY in an emergency. Otherwise, ring or text them during office hours or in the daytime.**



**NOARLUNGA/SEAFORD  
CATHOLIC PARISH CENTRE**

**PARISH OFFICE HOURS**

Tuesday - Friday 10.00am - 2.30pm

For any emergencies, please contact:  
Fr Josy Sebastian (*Fr Josy is on annual  
leave until 22 September*)

Toni Fishlock (0417 801 241)

**BAPTISM of INFANTS**

Phone 8382 1717

**SACRAMENT of  
RECONCILIATION**

Each Saturday 9.00am - 9.30am  
or by appointment

**PASTORAL CO-ORDINATOR**

Gabrielle Byrne

Phone: 0422 804 579

Email: [gabrielle1956.gb@gmail.com](mailto:gabrielle1956.gb@gmail.com)

**CHILD PROTECTION**

We are a Child Safe Organisation  
which is committed to the care, well-  
being and protection of children and  
young people.

Contact - Gabrielle Byrne

Phone: 0422 804 579

Email: [gabrielle1956.gb@gmail.com](mailto:gabrielle1956.gb@gmail.com)

Child Protection Unit: 8210 8159

**PARISH PASTORAL COUNCIL**

Chairperson - Paul Rijken

**PARISH LITURGY GROUP**

Chairperson - Margaret Burns

**PARISH SCHOOLS and  
COLLEGES**

- St John the Apostle (8382 2064)  
Principal - Leanne Johansen

- All Saints (8327 0020)  
Principal - Nick Wright

- Cardijn College (8392 9500)  
Principal - Steve Byrne  
Heads of Campus  
Marian - Wade Champion  
Galilee - Kerri Gould (8557 9000)  
Marcellin - Gianni Petrucci

**DID YOU KNOW?**

- Based on Scripture, Jewish people  
have various laws governing what  
may or may not be eaten. These  
rigorous dietary laws are adhered to

(Continued from page 1)

~~bread today~~ in me and I live in him.  
As I, who am sent by the living  
Father, myself draw life from the  
Father, so whoever eats me will draw  
life from me. This is the bread come  
down from heaven; not like the  
bread our ancestors ate: they are  
dead, but anyone who eats this bread  
will live for ever.'

**GETTING IT**

The people in this week's gospel who  
just "don't get it" when Jesus tells them  
his flesh is the living bread from heaven  
remind me of a time we scared the  
daylights out of my much younger sister.  
She was just about 3 years old when she  
and her older sister were having trouble  
getting to sleep. They were in the same  
room and kept giggling and laughing  
long past their bedtime. Our parents  
were tired and the end of the day and  
getting exasperated. One of them  
whispered something and once again the  
giggling erupted uncontrollably.

In desperation, I yelled out, "It looks  
like we're going to have to separate you  
two." At that, my younger sister started  
wailing in terror. Mum and Dad went in  
to console her, but she cried all the more  
saying, "Don't separate me, don't  
separate me!" Earlier that day she'd  
been watching Mum separate a whole  
chicken into pieces for the barbecue grill  
and the image obviously stayed with her.  
She thought that's what we were  
threatening to do to her and her sister.

We sat with her and soothed her. We  
reassured her mummy and daddy might  
get mad but they would never do  
anything like that to hurt her.  
Comforted, the two little girls drifted off  
to sleep, and we learned a lesson about  
the trouble of taking things literally.

**DINNER AT  
WISDOM'S TABLE**

Jesus continued, "I am the Bread –  
living Bread! – who came down out of  
heaven. Anyone who eats this bread will  
live – and forever! The Bread that I  
present to the world so that it can eat  
and live is myself, this flesh-and-blood  
self."

Do a quick calculation of how many  
times you've received communion. If  
you're a cradle Catholic, and have been  
taking communion since the age of

seven, that is, technically speaking, a  
LOT of communion. The numbers don't  
really matter, of course, but the habitual  
reception of communion does. What do  
we GET, exactly, when we get  
Eucharist?

The Church teaches that the bread and  
wine are Christ's Body and Blood.  
Transubstantiation is the million-dollar  
word for the event, but it's mostly  
helpful for theologians. Long before the  
invention of that word, table fellowship  
was shared among Christians. They  
understood that eating and drinking in  
memory of Jesus made them bearers of  
his life. They knew that sharing his  
supper also meant they shared his saving  
mission in the world. They believed that  
taking part in this meal was a commit-  
ment, a covenant in flesh and blood.  
This was serious business. To claim  
Jesus in this way meant that they might  
die for him.

Most of us in the receiving line at  
communion time will not be asked to die  
for Christ. But every one of us IS being  
asked to live for Christ. Are we in the  
right line, or aren't we?

Bread is the food of life. Food is  
essential for our bodies to function. But  
food and drink also give pleasure and  
satisfaction. When people come together  
to celebrate, food and drink are part of  
the celebration. As food and drink are to  
the human person so Jesus is to those  
who believe in him.

**THIS WEEK'S READINGS**

(August 19 - 26)

- **Monday, 19:** Weekday, Ord Time 20  
(Ezek 24:15-24; Mt 19:16-22)
- **Tuesday, 20:** St Bernard (Ezek  
28:1-10; Mt 19:23-30)
- **Wednesday, 21:** St Pius X (Ezek  
34:1-11; Mt 20:1-16)
- **Thursday, 22:** The Queenship of the  
Blessed Virgin Mary (Ezek 36:23-28;  
Mt 22:1-14)
- **Friday, 23:** Weekday, Ord Time 20  
Ezek 37:1-14; Mt 22:34-40)
- **Saturday, 24:** St Bartholomew (Rev  
21:9-14; Jn 1:45-51)
- **Sunday 25:** 21<sup>st</sup> SUNDAY in  
ORDINARY TIME (Joshua 24:1-2,  
15-18; Eph 5:21-32; Jn 6:60-69)

**PASTORAL CARE**

If you need a priest for anointing prior to medical treatment or if you  
are ill (not necessarily life-threatening) or for last rites  
please contact: (08) 8382 1717; or in an emergency 0417 801 241.