



Welcome to

# Noarlunga/Seaford Catholic Parish

St Luke's, Noarlunga and SCC, Seaford

19<sup>TH</sup> SUNDAY IN ORDINARY TIME - YEAR B

Vol 12 : No 38

## NOARLUNGA/SEAFORD

### CATHOLIC PARISH CENTRE

Cnr Goldsmith Drive and Honeypot Rd, (PO Box 406) NOARLUNGA, SA 5168 Phone: 8382 1717

(Please leave a message outside office hours and we will get back to you as soon as we can)

Email: [nswcp@tpg.com.au](mailto:nswcp@tpg.com.au)

Web: [www.noarlunga-seafordparish.org.au](http://www.noarlunga-seafordparish.org.au)

### OFFICE HOURS

Tuesday - Friday  
10.00am - 3.00pm

### PARISH TEAM CONTACTS

#### • PARISH PRIEST

Fr Josy Sebastian - (8382 1717;  
in an emergency 0452 524 169;  
[jponnambal@gmail.com](mailto:jponnambal@gmail.com))

#### • ASSISTANT PRIEST

Fr Dominick Okwadha  
(8382 1717; 0421 074 212  
[okwadha@yahoo.com](mailto:okwadha@yahoo.com))

#### • PARISH MANAGER NEWSLETTER

Mrs Toni Fishlock - 0417 801 241;  
[fishlock11@tpg.com.au](mailto:fishlock11@tpg.com.au)

(Please submit newsletter items to the Parish Office by 11.30am each Wednesday)

#### • SEAFORD

Please contact the Parish Office -  
8382 1717

### CHILD PROTECTION

Child Protection Unit 8210 8159

### REGULAR WEEKEND MASSES

#### • SATURDAY EVENING

6.30pm - St Luke's, Noarlunga

#### • SUNDAYS

9.00am - St Luke's, Noarlunga

10.45am - SCC, Seaford

11.00am - 1<sup>st</sup> Sun - St Luke's: Spanish

2.00pm - 2<sup>nd</sup> Sun - St Luke's: Filipino

5.30pm - St Luke's: Youth Mass



### FIRST READING

#### 1 Kings 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

### RESPONSORIAL PSALM

#### Ps 33:2-9

*Taste and see the goodness of the Lord.*

### SECOND READING

#### Ephesians 4:30 - 5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise

your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God as children of his that he loves and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

### GOSPEL ACCLAMATION

#### Jn 6:51

*Alleluia, alleluia!*

*I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!*

### GOSPEL

#### John 6:41-51

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. (Continued page 4)



# SOLEMNITIES

in AUGUST

**Assumption of Mary**  
Thursday, 15 August

**CHANGES TO COVID RULES ARE LISTED ON THE BACK OF THIS NEWSLETTER.**

## Roster for weekend 17/18 August

	St Luke's 6:00pm	St Luke's 9:00am	St Luke's 5:30pm	SCC 10:45am
<b>P</b>	Mons Dempsey	Mons Dempsey	Fr Dominick	Fr Dominick
<b>P1</b>	Denis Jones	Maria Nolan	Dave van Heerde	Christianne Sayo
<b>P2</b>	Christine Jones	Erika Badics	Theresa Tanti	Reggie Rupinskas
<b>W</b>	Brenda Byrne	Maria Thomas	Wade Champion	Kris Lazell
<b>HC</b>	Anton Crane	Danielle Greig	Theresa Tanti	Judith Botha
	Raylee Crane	Thomas H E	Dave van Heerde	
<b>Children's Liturgy</b>		Megan and Di		Dolores McCluskey
<b>Music</b>	6:00pm	9:00am	5:30pm	

## RCIA: Are you or do you know someone who.....

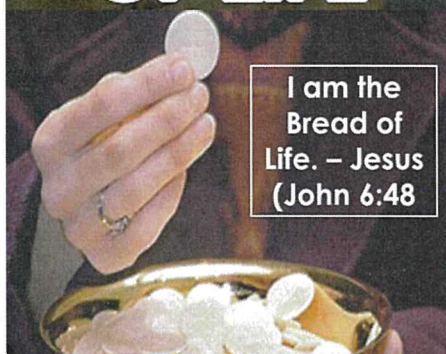
Has expressed an interest in being Catholic? Was baptised Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?



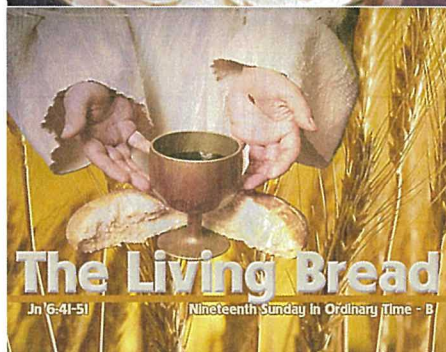
We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation and Eucharist during the Easter season. There are separate sessions for children or youth.

You are welcome to participate in the process with your questions, your insights and faith story in a warm accepting setting. For information, please contact the Parish Office on 8382 1717 or email [gabrielle1956.gb@gmail.com](mailto:gabrielle1956.gb@gmail.com)

## THE BREAD OF LIFE



I am the  
Bread of  
Life. – Jesus  
(John 6:48)



### Church Cleaning

For weekend 17/18 August  
Cleaning: Thomas Family  
Vacuuming: Denise Bachmann

### Finances : August

For weekend 3/4 August  
1<sup>st</sup> Collection \$917.00  
Support for Archdiocesan Priests  
2<sup>nd</sup> Collection \$318.00 (23 envelopes)  
Open Plate \$797.00

Thank you for your ongoing support and commitment to the community.

### PARISH OFFICE HOURS

The Parish Office Hours  
Tuesday to Friday  
10.00am - 2.30pm

For any emergencies please contact  
Fr Josy on 0452 524 169 or  
Toni Fishlock on 0417 801 241

### Noticeboard:

2024 Upcoming Courses  
10 August: Charis SA

### National Vocations Awareness Week: 10/11 August

Today is the second weekend of National Vocation Awareness Week. In the context of the call to all the baptized we especially pray for an increase in vocations to the Consecrated Life of Sisters and Brothers, to the Diaconate and to the Priesthood.

There is a **Leaving Collection** at all Masses this weekend for the support of all studying for the Priesthood in our Archdiocese. We currently have two young men studying at the Holy Spirit Seminary in Brisbane, Godwin James and Antony Sebastian. Please remember them in your prayers, and also those preparing for the Permanent Diaconate.



### Mass Times for

## SOLEMNITY OF THE ASSUMPTION OF MARY 14/15 August



Vigil Mass - Wednesday, 14 Aug 7:30pm

Day Masses on Thursday, 15 August

St Luke's - 9:00am

Cardijn/St Luke's - 9:00am

Galilee - 9:15am

All Saints/SCC - 10:00am

Cardijn/St Luke's - 11:00am

Cardijn/St Luke's - 12:15pm

Normanville - 12:15pm

Marcellin - 1:15pm

St Luke's - 7:30pm



**Pray for the healing of:** Mark Malagoski, Rachael Bartolo, Terry Byrne, Joanna Lavelle, Tom and Mary Worden, Margaret Jack, William Tanti, Gentile Monardo, Catherine Kelley, Anthony Shaw, Greg Cahill, Maresa Sylvester, Jade Robusti, Paul Badics, Neville and Heather D'Cruz, Cate Lavelle, Shelley Heard, Astrid Houareau



**Deceased:**

**Anniversaries:**

(Names will remain on the Prayer for Healing list for one month).

# FIRST HOLY Communion



Congratulations to the 28 children from our Parish, St John's School and All Saints School who received the Sacrament of Confirmation last Thursday, 8 August. These children will receive the Sacrament of Holy Communion this Sunday, 11 August at the 9:00am Mass.

Please keep these children in your prayers.

**Migrant and Refugee Sunday: September 29**

The 110<sup>th</sup> World Day of Migrant and Refugee will take place on Sunday, 29<sup>th</sup> September with the theme, '*God Walks with His People*'. World Day of Migrants and Refugees has been celebrated since 1914. It is an occasion to recognise the courage and fortitude of these people and heighten our level of empathy and understanding for the plight and difficult decisions they have had to make.

**ONKAPARINGA PRAYER BREAKFAST**

**Date & Time:** Friday, 30 August from 6:45am

**Where:** Serafino Winery, McLaren Vale

**Guest Speaker:** Georgie Thomas, founder of "Mustard Seed Family Project"

For further details: Kevin Barry 8382 3773  
[kevinjbarry@professionals.com.au](mailto:kevinjbarry@professionals.com.au)

**CHILD PROTECTION**



Children who are accused of breaking the law should receive legal help. Prison sentences for children should only be used for the most serious offences.

**CHILDRENS' MASS WILL BE CELEBRATED ON THE FIRST SUNDAY OF EACH MONTH AT 9:00AM AND 5:30PM.**  
**NEXT MASS WILL BE ON 8 SEPTEMBER.**

**WHAT'S ON**

Mon	12 August	Mass at 9:00am - St Luke's
Tues	13 August	Mass at 9:00am - St Luke's PPC Meeting at 6:30pm
Wed	14 August	Mass at 9:15am - SCC Craft Group at 10:00am Vigil Mass at 7:30pm - St Luke's
Thurs	15 August	Mass at 9:00am - St Luke's Prayer Meeting at 10:00am Rosary at 6:45pm (Cancelled) See Masses on the other page for the Solemnity of the Assumption of Mary
Fri	16 August	Rosary at 9:30am - St Luke's Mass at 10:00am - St Luke's
Sat	17 August	Reconciliation at 9:00am - St Luke's Baptism at 10:00am Mass at 6:00pm - St Luke's
Sun	18 August	20 <sup>th</sup> Sunday in Ordinary Time Year B Mass at 9:00am - St Luke's Mass at 10:45am - SCC Mass at 5:30pm - St Luke's



**Seaford Christian Churches**  
611 Grand Boulevard (Corner of Main Street)

**SCC NEWS**

- **Monthly Ecumenical Prayer Gathering** led by Pastor Kevin Wood (Lutheran Community) on 4<sup>th</sup> Saturday of the month at 10:00am.
- **SCC Emergency Food:** Thank you for your outstanding generosity in supporting this appeal.
- Don't forget to drop into our **TOWN SQUARE CAFE** for freshly brewed coffee and cake, a bowl of warming soup or a delicious low cost nutritious meal. Open Tuesday-Friday 10:00am-1:00pm.

**Charis SA: Catholic Charismatic Renewal Services**

**St Peter Claver Church**  
8 Stuart Road, Dulwich

**every 4<sup>th</sup> Thursday of the month 7:00 - 9:00pm**  
22 August, 26 September, 4 October, 28 November  
Contact 0407 060 715 for more information.

**Please ring the priests after 9:00pm ONLY in an emergency. Otherwise, ring or text them during office hours or in the daytime.**



## NOARLUNGA/SEAFORD CATHOLIC PARISH CENTRE

### PARISH OFFICE HOURS

Tuesday - Friday 10.00am - 2.30pm

For any emergencies, please contact:

Fr Josy Sebastian (0452 524 169)

Toni Fishlock (0417 801 241)

### BAPTISM of INFANTS

Phone 8382 1717

### SACRAMENT of RECONCILIATION

Each Saturday 9.00am - 9.30am

or by appointment

### PASTORAL CO-ORDINATOR

Gabrielle Byrne

Phone: 0422 804 579

Email: [gabrielle1956.gb@gmail.com](mailto:gabrielle1956.gb@gmail.com)

### CHILD PROTECTION

We are a Child Safe Organisation which is committed to the care, well-being and protection of children and young people.

Contact - Gabrielle Byrne

Phone: 0422 804 579

Email: [gabrielle1956.gb@gmail.com](mailto:gabrielle1956.gb@gmail.com)

Child Protection Unit: 8210 8159

### PARISH PASTORAL COUNCIL

Chairperson - Paul Rijken

### PARISH LITURGY GROUP

Chairperson - Margaret Burns

### PARISH SCHOOLS and COLLEGES

- St John the Apostle (8382 2064)  
Principal - Leanne Johansen
- All Saints (8327 0020)  
Principal - Nick Wright
- Cardijn College (8392 9500)  
Principal - Steve Byrne  
Heads of Campus  
Marian - Wade Champion  
Galilee - Kerri Gould (8557 9000)  
Marcellin - Gianni Petrucci

### DID YOU KNOW?

The Gospel of John contains several 'I am' sayings. When God revealed his name to Moses at the burning bush he called himself 'I am who am'. Jesus' use of this term is a pointer to his true identity as Son of God.

*(Continued from page 1)*

It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life.

'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

### MAKE A CHOICE

Most shopping centres have large food courts with a number of different styles of food. Certain streets feature one fast food restaurant after another. Some neighbourhoods become noted for their upscale restaurants. Even university accommodation, boarding schools and hospital cafeterias, once notorious for bad food, now sport elaborate food stations.

So much of the world subsists on a particular starch – like rice or pasta or potatoes – as a basis of its food intake, and the same food is prepared and eaten in the same way day after day.

But in our land of incredible bounty, we insist on variety. Feel like a hot dog for lunch? There are all sorts to choose from – regular, all beef, low fat, vegetarian, kosher, chicken, turkey, etc.

Jesus offers us a choice today. He never forces himself on us. It is an invitation. And included in that invitation is the gift of eternal life in heaven. It's there for our taking, no matter how bad we may be feeling about ourselves. After all, Elijah prayed for death, but instead the angel of the Lord brought him food.

So among the many choices available to us, we can choose Jesus as our Bread of Life and be guaranteed eternal life. What more could we ask for?

### GET UP AND EAT

At this, because he said, "I am the Bread that came down from heaven," the Jews started arguing over him: "Isn't this the

son of Joseph? Don't we know his father? Don't we know his mother? How can he now say, 'I came down out of heaven' and expect anyone to believe him?"

Some people liked it when Jesus criticised the religious leaders of his day – though it didn't go down well with the leaders, obviously. And some liked it when he upheld every jot and tittle of the law. Unless they were lawbreakers, who liked it when he broke the law. Jesus was popular when he held out hope for sinners, though not with the righteous. The problem with Jesus was, he couldn't please ALL of the people ANY of the time.

But he could manage to offend everyone at once. When Jesus said he was manna from heaven, nobody was happy with that. It sounded like blasphemy, a claim that reached too high. How could anyone say they were from heaven? This bread from heaven thing was going too far.

Jesus offers himself as living bread to feed that part of us that will never die. When Jesus says, "get up and eat," it's a bad time to start doing theology. The right response is to tuck in your napkin. I know people who run around in circles trying to decide what they believe about the Eucharist, whether or not they're worthy to receive, whether or not they can take the Host from a layperson or a gay person. If Jesus is the bread of life, and dinner is served, I don't want to be the one who says no, thank you.

### THIS WEEK'S READINGS

*(August 12 - 18)*

- **Mon, 12:** Weekday, Ord Time 19 (Ezek 1:2-5, 24-28; Mt 17:22-27)
- **Tue, 13:** Weekday, Ord Time 19 (Ezek 2:8-3:4; Mt 18:1-5, 10, 12-14)
- **Wed, 14:** St Maximilian Mary Kolbe (Ezek 9:1-7; 10:18-22; Mt 18:15-20)
- **Thu, 15:** Assumption of the Blessed Virgin Mary (Rev 11:19, 12:1-6, 10; 1 Cor 15:20-26; Lk 1:39-56)
- **Fri, 16:** Weekday, Ord Time 19 (Ezek 16:1-15, 60, 63; Mt 19:3-12)
- **Sat, 17:** Weekday, Ord Time 19 (Ezek 18:1-10, 13, 30-32; Mt 19:13-15)
- **Sun 18:** 20<sup>th</sup> SUNDAY in ORD TIME (Prov 9:1-6; Eph 5:15-20; Jn 6:51-58)

### PASTORAL CARE

If you need a priest for anointing prior to medical treatment or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8382 1717; or in an emergency 0452 524 169.