



Welcome to

# Noarlunga/Seaford Catholic Parish

St Luke's, Noarlunga and Seaford Ecumenical Centre  
(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

18<sup>TH</sup> SUNDAY IN ORDINARY TIME - YEAR B

Vol 9 : No 37

## NOARLUNGA/SEAFORD CATHOLIC PARISH CENTRE

Cnr Goldsmith Drive and Honeygot  
Rd, (PO Box 406) NOARLUNGA,  
SA 5168 Phone: 8382 1717

*(Please leave a message outside  
office hours and we will get back to  
you as soon as we can)*

Email: [nswcp@tpg.com.au](mailto:nswcp@tpg.com.au)

Web: [www.noarlunga-  
seafordparish.org.au](http://www.noarlunga-seafordparish.org.au)

## OFFICE HOURS

Tuesday - Friday  
10.00am - 3.00pm

## PARISH TEAM CONTACTS

### • PARISH PRIEST

Fr Josy Sebastian (8382 1717;  
in an emergency 0452 524 169;  
[jponnambal@gmail.com](mailto:jponnambal@gmail.com))

### • ASSISTANT PRIESTS

Fr Prathap Katta  
(8382 1717)

Fr Arul Dev  
(8382 1717)

### • PARISH MANAGER/ NEWSLETTER

Mrs Toni Fishlock - 0417 801 241;  
[fishlock11@tpg.com.au](mailto:fishlock11@tpg.com.au)

*(Please submit newsletter items to  
the Parish Office by 11.30am each  
Wednesday)*

### • SEAFORD

Sr Bernie Sontrop SGS – SCC  
(Catholic Community Coordinator  
- 0400 035 462)

## CHILD PROTECTION

Child Protection Unit 8210 8159

## REGULAR WEEKEND MASSES

### • SATURDAY EVENING

6.00pm - St Luke's

### • SUNDAYS

9.00am - St Luke's, Noarlunga

10.45am - SCC, Seaford

11.00am - 1<sup>st</sup> Sun - St Luke's: Spanish

2.00pm - 2<sup>nd</sup> Sun - St Luke's: Filipino

5.30pm - St Luke's: Youth Mass



## FIRST READING

*Exodus 16:2-4, 12-15*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp.

When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

## RESPONSORIAL PSALM

*Ps 77:3-4, 23-25, 54*

*The Lord gave them bread from heaven.*

## SECOND READING

*Ephesians 4:17, 20-24*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

*(Continued page 4)*

**Baptism of Infants:** 8382 1717

**Children's Faith Formation**

**Sacrament of Reconciliation:**

Each Saturday 9.00am - 9.30am and  
Half an hour before all weekend masses

**Pastoral Coordinator:**

Gabrielle Byrne 0422 804 579

**Child Safe Contact Person:**

**Chairperson Parish Pastoral Council:**

Dr Paul Rijken

**Chairperson Liturgy Group:**

Margaret Burns

**Parish Schools and Colleges:**

**St John the Apostle** 8382 2064

Principal - Ms Lee-Anne Johansen

**All Saints** 83270020

Principal - Mrs Liz Keogh

**Cardijn College** 8392 9500

Principal - Dr P Rijken

Heads of Campus:

Cardijn College—Mr Pat Harmer

Galilee—Mr Nick Wright 8557 9000

Marcellin—Mr Chris Burrows

**Church Cleaning**

For weekend 7/8 August:

Cleaning: Leona Tane

Vacuuming: Loy Goveas

**Finances 17/18 July**

1st Collection \$461

Support for Archdiocesan Priests

2nd Collection \$497 (35 envelopes)

Open Plate \$469

Thank you for your ongoing support and  
commitment to the community.

### PARISH OFFICE HOURS

The Parish Office is open

10.00am—3.00pm on

Tuesday—Friday

For emergencies please contact

Fr Josy on 0452 524 169 or

Toni Fishlock on 0417 801 241.

**Noticeboard:**

7 Aug Power of Jesus Retreat

19 Aug Charismatic Mass

## IN ACCORDANCE WITH SA GOVERNMENT COVID RULES

### PLEASE NOTE:

**Masks are mandatory for indoor places. (Celebrant exempt)**

**1 person per 4 square metres**

**A single singer is permitted.**

**You must still record your name and phone number in the book provided  
in the foyer OR use the QR code.**

**More details are on Page 4 of this Newsletter.**

### ADELAIDE DIOCESAN ASSEMBLY 17 & 18 September at Cabra Dominican College



The Archdiocese of Adelaide will be holding a Diocesan Assembly this September. The Diocesan Assembly is a meeting of representatives from parishes, schools, communities and groups to discuss the life of our local church, discern a new vision for the diocese and prepare for the upcoming Plenary Council. Individuals and groups are invited to respond to the pre-assembly consultation question, "What do you think are the most important things to discuss at the Diocesan Assembly?" For more information on the Diocesan Assembly, and to share your response to the consultation question, visit [www.adelaidediocesanassembly.org](http://www.adelaidediocesanassembly.org) or contact Sarah Moffatt in the Diocesan Office on P: 8210 8100.

### NATIONAL VOCATIONS AWARENESS WEEK

**1-8 August 2021**

This is a week for the entire Church to consider, support and pray for those searching for their vocations in life. We might think about and pray for the young people in our community and in our families this week especially. In prayer, ask the Lord to enlighten them and give them the grace and courage to respond to His call. The Lord calls each of us to a particular vocation (marriage, consecrated life, priesthood or a single life of service).

#### Be Led – Hearing God's Call for your Life

*Vocations Day – Be Led* at 2pm-5:30pm Saturday, August 7

St Aloysius Church, 68 Brooker Terrace, Richmond.

Jesus calls us all to follow him – but where might he be leading me? Discover practical ways to discern your vocation. Hear from others how God has worked in their lives by drawing them to marriage, priesthood or Religious life. For further information see Facebook Event - Be Led, Adelaide Vocations Day or call Adelaide Vocations Office P: 08 8352 3561 or

E: [vocations@adelaide.catholic.org.au](mailto:vocations@adelaide.catholic.org.au).



**ADORATION OF THE BLESSED SACRAMENT  
ST LUKE'S CHURCH - NOARLUNGA  
EVERY THURSDAY FROM 9.00AM TO 12.30PM**

**Pray for the healing of:** Catherine Kelley, Cherie Morrison, Miho Forbes, Neville & Heather D'Cruz, Jack Vaughan, Pat Vaughan, Bill Tanti, Carlo Robusti, Angela Young, David Healey, John Mancini, Mick Wood, Sally McPhail, Clasina Nyman



**Deceased:** Annette Gooding

**Anniversaries:**

*We keep in mind and our prayers those who have died and those who grieve.*

(Names will remain on the Prayer for Healing list for one month).

---

**Rosters for weekend 7/8 August**

	<b>6.00pm</b>	<b>9.00am</b>
Proclaimer 1	Adele Revina	Beverley Ellis
Proclaimer 2	Brenda Byrne	Angeline D'Cruz
Welcomer	Annabelle Fernandez	Juliet Goveas
Music Roster:		

---

**CENTACARE FOSTER CARE PROGRAM**

There are over 4000 children in South Australia in out of home care and Centacare's Foster Care program is seeking individuals, couples and families who have a genuine interest in making a difference to a child's life. If you have ever wanted to know more about the application process, eligibility requirements and what is involved with being a foster carer please contact us on 8159 1400 or email us at [fostercareenquiries@centacare.org.au](mailto:fostercareenquiries@centacare.org.au). You can also check out our website [www.fostercare.centacare.org.au](http://www.fostercare.centacare.org.au) to learn more about how you can 'Join our Circle of Care'.

---

**THE WORD IN THE CHURCH'S LITURGY**

Calling all Ministers of the Word, Leaders of Children's Liturgy of the Word, RCIA team leaders, Mass-goers.

Presented by Dr Jenny O'Brien, this 5-week course will help you to understand the role of the Scriptures in the Church's liturgy and how the Word of God is a source of ongoing nourishment for faith. No prior learning required.

When: Thursdays 7.00 – 9.00pm, commencing on 5 August to 2 September 2021

Where: St Francis Xavier's Cathedral Hall, Wakefield Street Adelaide. (Car parking available in cathedral carpark)

Cost: \$50 per person, payable on first evening.

To register, please contact the Office for Worship on 8210 8130 or email [worship@ow.adelaide.catholic.org.au](mailto:worship@ow.adelaide.catholic.org.au) by Monday 2 August.



**Congratulations and God's Blessings to all who are celebrating a Birthday or Anniversary in August.**

**WHAT'S ON**

Mon	Aug 2	Mass at 9.00am - St Luke's
Tues	Aug 3	Mass at 9.00am—St Luke's Mass at 9.15am—St John's ( <b>cancelled</b> )
Wed	Aug 4	Mass SCC—9.15am Craft Group 10am Mass at 7.30pm—St Luke's
Thurs	Aug 5	Mass & Exposition of Blessed Sacrament 9am Prayer Meeting 10am Benediction St Luke's—12.30pm Rosary St Luke's—7pm ( <b>cancelled</b> )
Fri	Aug 6	Rosary St Luke's—9.30am Mass St Luke's—10.00am
Sat	Aug 7	Reconciliation at 9am—St Luke's Mass at 6.00pm—St Luke's
Sun	Aug 8	Mass at 9.00am & 5.30pm —St Luke's Mass at 10.45am—SCC

---

**CATHOLIC SCHOOL OF EVANGELISATION**

Invites you to "Power of Jesus Retreat" Lk 19:1  
7 August 10.30 to 3.30 - Speaker and Celebrant Fr Roy John  
St Peter Claver, Parish Church, 8 Stuart Road Dulwich  
For more info see Poster on board

---

**SCC CATHOLIC COMMUNITY  
ACTIVITIES**

**Consultation for the Diocesan Assembly**

The SCC Catholic community group 2<sup>nd</sup> session for people to gather, discuss and respond to the Consultation for the Adelaide Diocesan Assembly will be at 10.30 am Tuesday 3 August. All are welcome.



**DIOCESAN PRAYER FOR  
VOCATIONS**

**Jesus, you are the Good Shepherd,  
who is always mindful of your Church.**

**Watch over those who are baptized in your name,  
and grant peace and harmony to all families.**

**We ask you to choose from the families of our  
parish**

**many priests, deacons, sisters and brothers  
who will gladly spend their lives  
making you known and loved.**

**Amen.**

## COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 28 July, 2021)

- The density requirement has changed to 1 person per 4 sqm. Weddings and funerals are capped at 50 people (depending on SA Gov approved maximum number - call the Parish Office for details).
- Wearing of masks is mandatory for indoor places. Wearing of masks is strongly recommended for Parish Offices.
- Choirs and congregational singing are not permitted. A single distanced singer is permitted.
- Recommendation from Archdiocesan Office that tea/coffee after Mass be suspended for the following 7 days
- Social distancing is mandatory - DO NOT CONGREGATE at entry/exit and outside.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details - either with the QR code for smart phones, or the handwritten log - both located at the entrance to the Church.
- Hand sanitizer is available at Church entrances.
- Offertory procession will be omitted. Communion is given only in hands. Precious Blood will not be distributed.
- Collection plates will not be passed around, but a single drop point is provided at the churches.
- Holy Water is not available at the doors of churches.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- Care should be taken at the dismissal and on leaving the church to minimise social contact.
- The Archdiocese recommends Covid vaccination for all (please check with your GP if you have concerns).
- Obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage. You may wish to access: [Mass for You at Home – The official website of Mass For You At Home, Australia](#) online and on Channel 10 every Sunday at 6 am.

(Continued from page 1)

## GOSPEL ACCLAMATION

Mt 4:4

*Alleluia, alleluia!*

*No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!*

## GOSPEL

John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*' Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.

## GOT BREAD?

Being hungry is not a virtue. If it were, the poor would all be holy, and the rich would all be evil. But that's obviously not true. The state of our

hearts can't be measured by the size of our wallets. But the condition of our hearts CAN be measured by our willingness to share what we have. When we seek to alleviate the distress of those in need, we do two things right. We lift someone locked down by hunger so that he or she might rise to a greater and fuller life. And we also expand our hearts through the practice of generosity so that we might experience "the food that endures for eternal life". It's a win-win situation. For as long as we work only for the food that perishes and hoard that for ourselves, we prolong the misery of the world and will not know the joy that belongs to those whose hearts are free to give.

When have you been the recipient of someone's generosity in sharing time, warmth, or food with you? ***How can you share those things with those in need, near or far?***

Take a refresher course in the corporal works of mercy: Feed the hungry. Give drink to the thirsty. Clothe the naked. Shelter the homeless. Visit the sick. Visit the imprisoned. Reflect on ways to participate in these works regularly.

***"I am the Bread of Life. The person who aligns with me hungers no more and thirsts no more, ever".***

GPBS eNews

## THIS WEEK'S READINGS

(August 02 - 08)

- **Mon, 02:** Weekday, Ord Time 18 ( Num 11:4-15; Mt 14:13-21)
- **Tues, 03:** St Dominic ( Num 12:1-13; Mt 14:22-36)
- **Wed, 04:** St John Vianney ( Num 13:1-2, 25 - 14:1, 26-29, 34-35; Mt 15:21-28)
- **Thur, 05:** Weekday, Ord Time 18 ( Num 20:1-13; Mt 16:13-23)
- **Fri, 06:** The Transfiguration of the Lord ( Dan 7:9-10, 13-14 or 2 Pet 1:16-19; Mk 9:2-10)
- **Sat, 07:** Weekday, Ord Time 18 ( Deut 6:4-13; Mt 17:14-20)
- **Sun 08:** ST MARY OF THE CROSS ( 1 Kg 17:8-16; Col 3:12-17; Mt 6:25-34)

## PASTORAL CARE

If you need a Priest for anointing of the sick or last rites contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552), Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).