



Welcome to

Noarlunga/Seaford Catholic Parish

St Luke's, Noarlunga and Seaford Ecumenical Centre
(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

16TH SUNDAY IN ORDINARY TIME - YEAR B

Vol 9 : No 34

NOARLUNGA/SEAFORD CATHOLIC PARISH CENTRE

Cnr Goldsmith Drive and Honeypot Rd, (PO Box 406) NOARLUNGA, SA 5168 Phone: 8382 1717

(Please leave a message outside office hours and we will get back to you as soon as we can)

Email: nswcp@tpg.com.au

Web: www.noarlunga-seafordparish.org.au

OFFICE HOURS

Tuesday - Friday
10.00am - 3.00pm

PARISH TEAM CONTACTS

• PARISH PRIEST

Fr Josy Sebastian (8382 1717;
in an emergency 0452 524 169;
jponnambal@gmail.com)

• ASSISTANT PRIESTS

Fr Prathap Katta
(8382 1717)

Fr Arul Dev
(8382 1717)

• PARISH MANAGER/ NEWSLETTER

Mrs Toni Fishlock - 0417 801 241;
fishlock11@tpg.com.au

(Please submit newsletter items to the Parish Office by 11.30am each Wednesday)

• SEAFORD

Sr Bernie Sontrop SGS – SCC
(Catholic Community Coordinator
- 0400 035 462)

CHILD PROTECTION

Child Protection Unit 8210 8159

REGULAR WEEKEND MASSES

• SATURDAY EVENING

6.00pm - St Luke's

• SUNDAYS

9.00am - St Luke's, Noarlunga

10.45am - SCC, Seaford

11.00am - 1st Sun - St Luke's: Spanish

2.00pm - 2nd Sun - St Luke's: Filipino

5.30pm - St Luke's: Youth Mass



FIRST READING

Jeremiah 23:1-6

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

'See, the days are coming – it is the Lord who speaks – when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The Lord-our-integrity.'

RESPONSORIAL PSALM

Ps 22

*The Lord is my shepherd;
there is nothing I shall want.*

SECOND READING

Ephesians 2:13-18

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

GOSPEL ACCLAMATION

Alleluia, alleluia! My sheep listen to my voice, says the Lord; I know them, and they follow me. Alleluia!

(Continued page 4)

Baptism of Infants: 8382 1717

Children's Faith Formation

Sacrament of Reconciliation:

Each Saturday 9.00am - 9.30am and
Half an hour before all weekend masses

Ministry to Sick:

Gabrielle Byrne 0422 804 579

Child Safe Contact Person:

Chairperson Parish Pastoral Council:

Dr Paul Rijken

Chairperson Liturgy Group:

Margaret Burns

Parish Schools and Colleges:

St John the Apostle 8382 2064

Principal - Ms Lee-Anne Johansen

All Saints 83270020

Principal - Mrs Liz Keogh

Cardijn College 8392 9500

Principal - Dr P Rijken

Heads of Campus:

Cardijn College—Mr Pat Harmer

Galilee—Mr Nick Wright 8557 9000

Marcellin—Mr Chris Burrows

Church Cleaning

For weekend 24/25 July

Cleaning: Adeline & Mark
McLoughlin

Vacuuming: Denise Bachman

Finances 10/11 July

1st Collection \$594

Support for Archdiocesan Priests

2nd Collection \$787 (32 envelopes)

Open Plate \$897

Thank you for your ongoing support and
commitment to the community.

PARISH OFFICE HOURS

The Parish Office is open

10.00am—3.00pm on

Tuesday—Friday

For emergencies please contact

Fr Josy on 0452 524 169 or

Toni Fishlock on 0417 801 241.

Noticeboard:

19 Aug Charismatic Mass

**The Prayer Meeting will resume on
Thursday 22 July, 10.00am-12 noon.**

IN ACCORDANCE WITH SA GOVERNMENT COVID RULES PLEASE NOTE:

**Due to numbers attending Masses at St Luke's (less than 75% capacity)
masks are not required, but strongly recommended.**

Congregational singing is not permitted unless a mask is worn.

**You must still record your name and phone number in the book provided
in the foyer OR use the QR code.**

More details are on Page 4 of this Newsletter.

ADELAIDE DIOCESAN ASSEMBLY 17 & 18 September at Cabra Dominican College



The Archdiocese of Adelaide will be holding a Diocesan Assembly this September. The Diocesan Assembly is a meeting of representatives from parishes, schools, communities and groups to discuss the life of our local church, discern a new vision for the diocese and prepare for the upcoming Plenary Council. Individuals and groups are invited to respond to the pre-assembly consultation question, "What do you think are the most important things to discuss at the Diocesan Assembly?"

For more information on the Diocesan Assembly, and to share your response to the consultation question, visit www.adelaidediocesanassembly.org or contact Sarah Moffatt in the Diocesan Office on P: 8210 8100.

Dear Brothers and Sisters in Christ

We had a very successful and very relaxed SLE session on Friday. We watched The Prince of Egypt together and played a couple of games in the gym.

We would like to thank Cardijn College for letting us use their facilities, thank you for the support.

We look forward to seeing some new faces at our next SLE session on July 23rd.

God Bless and Remember... "He must INCREASE and We must DECREASE" (John 3:30).

Social Media and Communications Team, St Luke's Evangelists, 2021



The next youth meeting for saint Luke's Evangelists will be held on
23 July at 6:00pm - dinner will be provided

CATHOLIC SCHOOL OF EVANGELISATION

Invites you to "Power of Jesus Retreat" Lk 19:1

7 August 10.30 to 3.30 - Speaker and Celebrant Fr Roy John

St Peter Claver, Parish Church, 8 Stuart Road Dulwich

For more info see Poster on board

**ADORATION OF THE BLESSED SACRAMENT
ST LUKE'S CHURCH - NOARLUNGA
EVERY THURSDAY FROM 9.00AM TO 12.30PM**

Pray for the healing of: Catherine Kelley, Cherie Morrison, Miho Forbes, Neville & Heather D'Cruz, Jack Vaughan, Pat Vaughan, Bill Tanti, Carlo Robusti, Angela Young, David Healey, John Mancini, Mick Wood



Deceased: Len Smith

Anniversaries: Maureen Clare

We keep in mind and our prayers those who have died and those who grieve.

(Names will remain on the Prayer for Healing list for one month).

Rosters for weekend 17/18 July

	6.00pm	9.00am
Proclaimer 1	Annabelle Fernandez	Erica Badics
Proclaimer 2	Paul Knobloch	Espi Tilbrook
Welcomer	Mary Kralj	Tony Chaina
Music Roster:		

CENTACARE FOSTER CARE PROGRAM

There are over 4000 children in South Australia in out of home care and Centacare's Foster Care program is seeking individuals, couples and families who have a genuine interest in making a difference to a child's life. If you have ever wanted to know more about the application process, eligibility requirements and what is involved with being a foster carer please contact us on 8159 1400 or email us at fostercareenquiries@centacare.org.au. You can also check out our website www.fostercare.centacare.org.au to learn more about how you can 'Join our Circle of Care'.

THE WORD IN THE CHURCH'S LITURGY

Calling all Ministers of the Word, Leaders of Children's Liturgy of the Word, RCIA team leaders, Mass-goers.

Presented by Dr Jenny O'Brien, this 5-week course will help you to understand the role of the Scriptures in the Church's liturgy and how the Word of God is a source of ongoing nourishment for faith. No prior learning required.

When: Thursdays 7.00 – 9.00pm, commencing on 5 August to 2 September 2021

Where: St Francis Xavier's Cathedral Hall, Wakefield Street Adelaide. (Car parking available in cathedral carpark)

Cost: \$50 per person, payable on first evening.

To register, please contact the Office for Worship on 8210 8130 or email worship@ow.adelaide.catholic.org.au by Monday 2 August.



Dinner will be available after the 5.30pm Mass next Sunday, 25 July.

WHAT'S ON

Mon	July 19	Mass at 9.00am - St Luke's
Tues	July 20	Mass at 9.00am—St Luke's Mass at 9.15am—St John's cancelled
Wed	July 21	Mass SCC—9.15am Craft Group 10am Mass at 7.30pm—St Luke's
Thurs	July 22	Mass & Exposition of Blessed Sacrament 9am Prayer Meeting 10am Benediction St Luke's—12.30pm Rosary St Luke's—7pm
Fri	July 23	Rosary St Luke's—9.30am Mass St Luke's—10.00am Youth Meeting 6pm
Sat	July 24	Reconciliation at 9am—St Luke's Mass at 6.00pm—St Luke's
Sun	July 25	Mass at 9.00am & 5.30pm —St Luke's Mass at 10.45am—SCC

SEA SUNDAY

This weekend we are celebrating Sea Sunday, when the church prays for all those who live and work at sea. Without them, we would not have most of the items we rely on for daily living. Even during a pandemic, seafarers continue to bring into our ports products that sustain our population and economy.

The Appeal today is for Stella Maris, Apostleship of the Sea, the official maritime welfare agency of the Catholic Church. It supports seafarers both practically and spiritually. To assist this ministry, there is a special collection bag at the back of the Church or please send your donations to: bit.ly/secsunday2021

SCC CATHOLIC COMMUNITY ACTIVITIES

Consultation for the Diocesan Assembly

The SCC Catholic community group 2nd session for people to gather, discuss and respond to the Consultation for the Adelaide Diocesan Assembly will be at 10.30 am Tuesday 3 August. All are welcome.

Christmas in July

Come and join us for our 'Christmas in July' lunch organised by the Catholic Community Seaford at SCC Cafe.

Due to popular demand we are holding 2 lunches: Tuesday 20 July and Thursday 29 July
Traditional 2 course Christmas Lunch with many extras plus a raffle.

Lunch will be served 12.30pm.

Tickets are \$15 pp available 9am-1.30pm from the SCC Cafe or

Frank Busuttil after 10.45am Sunday Mass at Seaford.
Gather your friends and make up a table of four.

COMPLIANCE WITH REGULATIONS

(Current from 5 July, 2021)

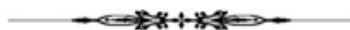
- The total number of people in Church must not exceed 3 people per 4 square metres. Social distancing principles apply. Every person should attempt to stay at least 1.5 metres from others. However, this does not apply to people who live together, who are friends or family members, or people who regularly associate with each other.
- For places of worship, masks must be worn when capacity exceeds 75% of normal occupancy. If capacity is at or below 75%, no masks are required.
- Singing as a congregation may recommence, provided masks are worn.
- Consumption of beverages (eg cuppa following Mass) and food may be resumed, provided Covid restrictions are strictly implemented. (Please ring the Parish Office for more details.)
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details - either with the QR code for smart phones, or the handwritten log - both located at the entrance to the Church.
- Hand sanitizer is to be available at church entrances.
- Offertory procession will be omitted. Communion is given only in hands. Precious Blood will not be distributed.
- Collection plates will not be passed around but a single drop point is provided at the churches.
- Holy Water is not available at the doors of churches.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- Care should be taken at the dismissal and on leaving the church to minimise social contact.
- The Archdiocese recommends Covid vaccination for all (please check with your GP if you have concerns).
- The obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage.

(Continued from page 1)

GOSPEL

Mark 6:30-34

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.



AND JESUS SAID, "CHILL OUT!"

For several years the religious community in which I lived invited our neighbours to join us monthly for an hour of quiet meditation and prayer in our small chapel. The congregation usually included fifteen to fifty young people from our school.

Over pizza after the prayer, the young people would often tell me how much the meditation helped relieve the stress caused by school, sports, friends, and family. I was happy they escaped for an hour with us.

And that's what Jesus wants for his disciples in this week's Gospel. They've just come back from doing his work. They could keep working; there were plenty of people who needed help. But Jesus says, "Come away ... and rest". In other words, take time to chill out. Authentic discipleship requires downtime for prayer, laughs, naps, and talk about life.

Our society seems to get busier and busier. We seem to have more responsibilities and less time to

relax. But life gets more complicated, more painful, less rewarding, and less Christian when it gets too busy.

Overworked people pray less, which means they lose God's guidance. Overworked people lose their patience more quickly, which makes it easy to snap at friends or family and difficult to forgive. Overworked people think less thoroughly and listen less often, which makes it easy to make bad decisions.

So, make sure you get away. Life is about building relationships, not completing tasks. Given the pressure in our society to stay busy, you might even have to schedule downtime. Then take it. God wants it for you.

Take time with friends. Laugh. Hang out. Take naps. Build in ten-minute "rest stops" with God, when you just close your eyes and imagine Jesus wrapping his arms around you. You'll find life more rewarding and Christian living more doable.

In other words, just chill out.

GPBS eNews



THIS WEEK'S READINGS

(July 19 - 25)

- **Monday, 19:** Weekday, Ord Time 16 (Ex 14:5-18; Mt 12:38-42)
- **Tuesday, 20:** Weekday, Ord Time 16 (Ex 14:21 - 15:1; Mt 12:46-50)
- **Wednesday, 21:** Weekday, Ordinary Time 16 (Ex 16:1-5, 9-15; Mt 13:1-9)
- **Thursday, 2:** St Mary Magdalene (Song 3:1-4; Jn 20:1-2, 11-18)
- **Friday, 23:** Weekday, Ord Time 16 (Ex 20:1-17; Mt 13:18-23)
- **Saturday, 24:** Weekday, Ord Time 15 (Ex 24:3-8; Mt 13:24-30)
- **Sunday 25:** 17th SUNDAY in ORDINARY TIME (2 Kg 4:42-44; Eph 4:1-6; Jn 6:1-15)

PASTORAL CARE

If you need a Priest for anointing of the sick or last rites
contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552),
Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).