



Welcome to

Noarlunga/Seaford Catholic Parish

St Luke's, Noarlunga and SCC, Seaford

FIRST SUNDAY OF LENT - YEAR C

Vol 10 : No 16

NOARLUNGA/SEAFORD CATHOLIC PARISH CENTRE

Cnr Goldsmith Drive and Honeypot Rd, (PO Box 406) NOARLUNGA, SA 5168 Phone: 8382 1717

(Please leave a message outside office hours and we will get back to you as soon as we can)

Email: nswcp@tpg.com.au

Web: www.noarlunga-seafordparish.org.au

OFFICE HOURS

Tuesday - Friday
10.00am - 3.00pm

PARISH TEAM CONTACTS

• PARISH PRIEST

Fr Josy Sebastian - *on leave currently*
(jponnambal@gmail.com)

• ASSISTANT PRIEST

Fr Dominick Okwadha
(8382 1717; 0421 074 212;
okwadha@yahoo.com)

• PARISH MANAGER/ NEWSLETTER

Mrs Toni Fishlock - 0417 801 241;
fishlock11@tpg.com.au

(Please submit newsletter items to the Parish Office by 11.30am each Wednesday)

• SEAFORD

Sr Bernie Sontrop SGS – SCC
(Catholic Community Coordinator
- 0400 035 462)

CHILD PROTECTION

Child Protection Unit 8210 8159

REGULAR WEEKEND MASSES

• SATURDAY EVENING

6.00pm - St Luke's, Noarlunga

• SUNDAYS

9.00am - St Luke's, Noarlunga

10.45am - SCC, Seaford

11.00am - 1st Sun - St Luke's: Spanish

2.00pm - 2nd Sun - St Luke's: Filipino

5.30pm - St Luke's: Youth Mass



FIRST READING

Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

“My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me.”

'You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

RESPONSORIAL PSALM

Ps 90:1-2, 10-15

Be with me, Lord, when I am in trouble.

SECOND READING

Romans 10:8-13

Scripture says: The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

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Baptism of Infants: 8382 1717

Children's Faith Formation

Sacrament of Reconciliation:

Each Saturday 9.00am - 9.30am and
Half an hour before all weekend masses

Pastoral Coordinator:

Gabrielle Byrne 0422 804 579

Child Safe Contact Person:

Nicoline Henderson

0404 297 930

Chairperson Parish Pastoral Council:

Dr Paul Rijken

Chairperson Liturgy Group:

Margaret Burns

Parish Schools and Colleges:

St John the Apostle 8382 2064

Principal - Ms Lee-Anne Johansen

All Saints 83270020

Principal - Mrs Liz Keogh

Cardijn College 8392 9500

Principal - Dr P Rijken

Heads of Campus:

Cardijn College—Ms Danielle Greig

Galilee—Mr Nick Wright 8557 9000

Marcellin—Mr Gianni Petrucci

Church Cleaning

12/13 March:

Cleaning: Leona Tane

Vacuuming: Loy Goveas

Finances 26/27 Feb

1st Collection \$626

Support for Archdiocesan Priests

2nd Collection \$349 (22 envelopes)

Open Plate \$539

Thank you for your ongoing support and
commitment to the community.

PARISH OFFICE HOURS

The Parish Office is open

10.00am—3.00pm on

Tuesday—Friday

For any emergencies please contact

Fr Josy on 0452 524 169 or

Toni Fishlock on 0417 801 241.

Noticeboard:

Mar 17 Charismatic Mass

Mar 20 Yearning to Belong

St Joseph's Willunga

Stations of Cross every Friday during
Lent at 7.00pm

IMPORTANT COVID RULES ARE TO BE STRICTLY FOLLOWED.

These rules are listed on the back of this Newsletter.



First Sunday of Lent 5 & 6 March



Anatercia 12, was struggling to cope with adult responsibilities after her father died. Then she participated in Caritas Australia-supported training and gained access to psychosocial supports.

Now, Anatercia can easily access clean drinking water, community members are able to grow healthy crops all year round, and there is enough nutritious food to eat. Anatercia feels better supported by her community, has more time to study and do her homework, and hopes to fulfil her dream of becoming a nurse.

Please donate to Project Compassion 2022 to help young people succeed in the future and bring stability to vulnerable youth like Anatercia.



Together, we can help vulnerable communities face their challenges today and build a better tomorrow
For All Future Generations.

You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting lent.caritas.org.au, or by calling 1800 024 413.

THE MEANING OF EASTER - LENT-EASTER SERIES 2022

Based on a contemporary understanding of the Easter story, this series explores the place of the Gospel and other accounts in the development of faith and a mature spirituality. As an experience of Catholics travelling together on the Way of Jesus, it will deepen your relationship with him and broaden your spiritual vision as we move through the days from Palm Sunday to the Resurrection. Each session will include prayer, reading, reflection, sharing and discussion.

Presenter: Kevin Liston

Where: St Martin de Porres (Hallett Cove) Church Foyer

When: Mondays of Lent – March 7, 14, 21 and 28, and April 4, 11
10.30am to 12 noon or 7pm to 8.30pm (choose your time)

For information and to register contact Kevin Liston:

E. kevin.liston1@gmail.com or P: 0411 197 829 or just turn up on the day.

**ADORATION OF THE BLESSED SACRAMENT
ST LUKE'S CHURCH - NOARLUNGA
EVERY THURSDAY FROM 9.00AM TO 12.30PM**

Pray for the healing of: Angela Young, Cherie Morrison, David Healey, Helen Byrne, Philip Peppin, Margaret Mottram, Joe Busuttill, Ivor Thomson, Ian Hamilton, Lucas Reekes-Parsons, William Tanti, Carlo Robusti, Gentile Monardo, Pauline Wheeldon



Deceased:

Anniversaries: Hanna Saada, Joseph Saada, Naqiya Joher, Nazek Joher, Angeline Govind, Jim Gavin

We keep in mind and our prayers those who have died and those who grieve.

(Names will remain on the Prayer for Healing list for one month).

Rosters for weekend 12/13 March

6.00pm **9.00am**

Proclaimer 1	Annabelle Fernandez	Angeline D’Cruz
Proclaimer 2	Merrilyn St Aude	Erica Badics
Welcomer	Brenda Byrne	Tony Chaina

RCIA SPONSORS NEEDED

Every year we run an RCIA program through the parish for those wishing to join the Catholic Church family. Not everyone knows or has a close connection with a Catholic to walk this journey with them by being their Sponsor.

If you feel this is something you could do and would like more information, please contact Gabrielle Byrne on 0422 804 579.

YEARNING TO BELONG

Contemplative Living Community Day of Reflection 2022

Sunday 20 March

St Joseph’s Parish Church and Hall
12 St Jude St
Willunga

Eucharist	8.30am
Morning Tea	9.30am
Start	10.00am
3.30pm	Finish the Day

Please bring masks and some food to share for lunch.

Tea and coffee supplied.

Any queries please contact: Anne Weygood 0429653844



Dinner will be provided after the Youth Mass on Sunday 13 March

WHAT’S ON

Mon	Mar 7	Mass at 9.00am—St Luke’s
Tues	Mar 8	Mass at 9.00am—St Luke’s Liturgy at St John’s—10am
Wed	Mar 9	Mass All Saints/SCC—9.15am St Luke’s Craft Group 10.00am Mass at 7.30pm—St Luke’s
Thurs	Mar 10	Mass St Luke’s—9am Exposition of Blessed Sacrament Prayer Meeting 10am Benediction 12.30pm Rosary St Luke’s—6.45pm
Fri	Mar 11	Rosary St Luke’s—9.30am Mass St Luke’s—10.00am
Sat	Mar 12	Reconciliation St Luke’s—9.00am Mass at St Luke’s—6.00pm
Sun	Mar 13	Second Sunday of Lent Mass at 9.00am & 5.30pm —St Luke’s Mass at 10.45am—SCC

PRAYER

Loving God,

We thank you for the gift of our lives and
for the life of every person, both near to us and far away.

We thank you for the wonder of all your creation.

Through fasting, almsgiving and prayer
may this Lent draw us deeper
into the warmth and light of God’s love.

May we see the world more clearly,
Especially those who are often overlooked.

May we come closer to your heart,
Which you showed through the cross of Jesus.

May we be full of hope for all future generations.

We ask this in Jesus’ name

Amen.



Congratulations and God’s Blessings to all who are celebrating a Birthday or Anniversary in March.

COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 28/2/22)

- Places of Worship are restricted to 3:4 sqm with social distancing of 1.5ms. A change in wording means that a wedding and funeral (previously viewed as a private activity) is taken to mean a defined public activity (in our circumstance a ceremony: religious/faith-based ceremony) and the 3:4sqm applies.
- Wearing of masks is mandatory. (An official medical certificate must be produced on request, if claiming an exemption.)
- Attendees at indoor religious services may sing during worship, if they wear masks while doing so.
- Social distancing is mandatory - DO NOT CONGREGATE at entry/exit and outside. No communal gathering after Mass.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details - either with the QR code for smart phones, or the handwritten log - both located at the entrance to the Church
- Hand sanitizer is available at Church entrances.
- Offertory procession will be omitted. Communion is given only in hands. Precious Blood will not be distributed.
- Collection plates will not be passed around.
- Holy Water is not available at the doors of churches.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- The Archdiocese recommends Covid vaccination for all (please check with your GP if you have concerns).
- Obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage. You may wish to access:
Mass for You at Home – The official website of Mass For You At Home, Australia online and on Channel 10 every Sunday at 6 am.

COVIDSAFE
Let's continue to be a *church*

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GOSPEL ACCLAMATION

Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days.

During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you,

and again:

They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

TEACH YOUR CHILDREN WELL

Some old-timers look back fondly at all that used to be a part of Lenten fasting and abstinence. Some felt it provided them with benefits beyond

the spiritual renewal intended. They speak about a sense of camaraderie during Lent. It was easy to spot another Catholic eating a cheese sandwich at work or ordering tuna salad at a restaurant. You weren't alone in your sacrificing. There was a shared consciousness. Others who were more pragmatic felt that Lent provided them an annual diet, a good way to shed the weight put on in the dead of last winter.

The readings of the first Sunday of Lent remind us that indeed we are not alone in our faith. Our roots go back to Moses. Our faith is shared among believers of all backgrounds. It is for all who accept Jesus, according to Paul.

While we have simplified the Lenten fast and abstinence, we are still called to use self-denial as an offering of thanksgiving to God and as a way to put into perspective that all we have and that gives us comfort is not as important as our eternal salvation.

To sacrifice alone as Jesus did in the desert is tough. To realise that we do it together in Lent with other believers gives us strength and makes our actions not self-serving acts of self-improvement but common acts of faith and reconciliation. They are good not for the body as much as for the soul and spirit. We are in Lent together. That's good.

GPBS eNews

THIS WEEK'S READINGS

(07 - 13 March)

- **Monday, 07:** Monday, 1st week Lent (Lev 19:1-2, 11-18; Mt 25:31-46)
- **Tuesday, 08:** Tuesday, 1st week Lent (Is 55:10-11; Mt 6:7-15)
- **Wednesday, 09:** Wednesday, 1st week Lent (Jonah 3:1-10; Lk 11:29-32)
- **Thursday, 10:** Thursday, 1st week Lent (Esther 14:1, 3-5, 12-14; Mt 7:7-12)
- **Friday, 11:** Friday, 1st week Lent (Ezek 18:21-28; Mt 5:20-26)
- **Saturday, 12:** Saturday, 1st week Lent (Deut 26:16-19; Mt 5:43-48)
- **Sunday, 13:** SECOND SUNDAY OF LENT (Gen 15:5-12, 17-18; Phil 3:17 - 4:1; Lk 9:28-36)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8382 1717; or in an emergency 0421 074 212.