



TOGETHER WE GROW

Dear Parent/Carers,

Well we have had a really busy few weeks here at Cardijn College Galilee. There has been lots of learning taking place both inside and outside of the school along with excursions, camps and activities around the school site.

Year 3 and 4 Camp

Last week the Year 3 and Year 4 students went to Narnu Farm for their residential camp for this year. It was great for them to attend, especially after not being able to go last year due to COVID. The adventures began with a play at the Goolwa South playground and then it was off to Narnu Farm on Hindmarsh Island for a day of activities. The children experienced horse riding, orienteering, animal feeding, truck rides, blacksmithing and butter making. They all had a wonderful time in their groups and came back with some great memories.

Survey

As a school, thank you to all those who answered the survey sent out at the end of last term. We really appreciate the time families took to complete the feedback as it enables us to see what we do well and how we can be even better. The leadership team are currently working through this feedback.

Have a great week everyone.

Kind regards
Nick Wright
Head of Campus



Year 3 & 4 Camp 2021 Narnu Farm



Calming Benefits of Nature

On 5th of June each year we celebrate World Environment Day. At Galilee we are fortunate to have developed our beautiful grounds with the children to explore, learn, play and respect. We know that there is extensive research that demonstrates spending time in nature improves the mental health of children and adults.

The opportunity to be aware and reflect is something we need to make more time for in a technological world. It is very important to take time to 'chill' and breathe. Nature and earth are the one thing that connects humans all around the world.

Being in nature can:

- improve your mood
- reduce feelings of [stress](#) or [anger](#)
- help you take time out and [feel more relaxed](#)
- improve your physical health
- improve your confidence and [self-esteem](#)
- help you [be more active](#)
- help you make new connections

Research from the Journal of Paediatric Nursing found "access to natural environments can benefit children in various ways, including improvements in confidence, social interactions, cognitive development, academic achievement, and emotional wellbeing" (McCormick, 2017).

Some ideas that you could incorporate into your family routines, are walking in nature, creating something inspired by nature, sit outside (relax and be mindful), read a book outside, prepare seasonal food or observe the birds.

As the nights grow colder and leaves fall from the trees remember to appreciate the benefits from being active and outside in nature.

Wishing you a relaxing week,

Kerri Gould
Deputy Head



Year 1/2 Forbes/Pengilly Geography Inquiry – Place

What is a place?
How can we care for places?
What makes a place welcoming?



What is a place?

Something where there is lots of stuff, makes a place - **Sam**

It has things that belong in there - **Vivi**

It is somewhere that you can go and a place is somewhere you can go - **Skyla**

Where stuff is, stuff like umm nature - **Declan**

How can we care for places at Galilee?

By watering them and not stepping on them - **Olive**

No stepping on the plants that are growing - **Georgia**

We don't step on the plants and we don't pull on the plants so they can grow - **James**



What makes places at Galilee welcoming?

The places at Galilee are welcoming because they are pretty - **Luella**

There are lots of plants and nature and there is lots of space to run around and play in - **Marlee and Tessa**

A welcoming place is somewhere you love and somewhere that is beautiful - **Sienna**

A welcoming place is a place where you belong and love - **Vivi**

TERM 2 OSHC News

The term is more than half way through and each week sees our daily attendance numbers continue to grow, with some days at full capacity. Please be sure to keep your bookings up to date to avoid disappointment.

This term we have focused on the children's **SENSE OF BELONGING** and **OWNERSHIP** in the programming of our OSHC service.

This has been achieved by discovering children's interests and aspirations, through on-going observations, listening to children's conversations with each other and with Educators, evaluations, surveys and family feedback.

In recognising and valuing this information we are able plan a program that provides a sense of purpose and meaning for our children.

When we create a safe environment where children feel worthy, encouraged and valued children feel free to wonder, explore, create and be themselves.

Topics and experiences we have focused on this term are:

- *Life skills – cooking and safety in the kitchen
- *Respect for our belongings, respect for others and our environment.
- *Celebrating National Family's Week
- *Recognition of National Reconciliation Week
- *Kindness Week

I would like to take this opportunity to pass on our appreciation to Angus' dad, Andrew for his recent donations to our OSHC Service. Your donations will not only provide hours of joy and entertainment but also the opportunity for children to experience science and enquiry-based learning activities.

Finally, with only four weeks until the end of term we are currently planning another fun, exciting and interesting Vacation Care Program.

Program details and booking opportunities will be available to access through FULLY BOOKED (Vacation Care) please look out for Opening Booking In date.

Kind regards,

Lisa Brown





If your child is going to be absent, late, or leaving early please notify the office by SMS on 0407761162 before 9am. Please provide the following details:

- Child's name
- Reason for absence/early departure/late arrival
- Child's home room teacher

Galilee Directory

School

info@galilee.catholic.edu.au
p 85579000

Fr. Josy Sebastian p 83821717

Sr Margaret Ann Connelly

p 0488287552

Centacare

p 82156311

Galilee OSHC

p 85579043
Director m 0411382054

CURIOUS FRIENDS Playgroup

Mondays 9am - 10.30am
Melanie Wilson p 85579000

PFCG:

pfcg@galilee.catholic.edu.au

Second-hand uniform

Shop Wednesdays & Fridays
8.45am - 9.15am
& 2.45pm - 3.15pm

KEY DATES

Thurs 3 rd June	Yr 6 Excursion Parliament House and Centre for Democracy
Tues 8 th June	Sacrament of Confirmation 7pm
Mon 14 th June	Queen's Birthday Public Holiday
Tues 29 th June	Sacraments Workshop 5-6pm
Fri 2 nd July	Last Day Term 2
Wed 21 st July	First Day Term 3
Tues 27 th July	School photos
Wed 4 th Aug	School photos catch up
Sat 7 th Aug	Mary of Galilee First Holy Communion
Mon 16 th Aug	Learning Conversation Week
Mon 23 Aug	Bookweek

