

21 July 2021

Dear Parents/Carers,

## **Curriculum and Learning Continuity Plan R-6 (Remote Learning)**

### **Parent/Caregivers and Children Guide**

#### **Overview**

This guide has been developed to support parents/caregivers and children in the continuation of their learning in the event of an extended school closure. Support of our children both academically and pastorally is of utmost importance and we value ongoing feedback from you.

#### **Continuation of learning**

As a school, Cardijn College Galilee teachers will provide children with the tasks and learning they require for the time they are away from school. This will be a mixture of online and offline modes of learning. Children will not be expected to be online for 6 hours a day. As we do in school, monitoring the amount of screen time is important. Learning activities set by the teachers will initially require access to Seesaw via a laptop/tablet however it may not always need to be completed online. Some tasks can be completed within the child's own home learning book or on paper.

Every morning the homeroom teacher will provide a short message on Seesaw to welcome the children and explain the learning for the day. Parents are encouraged to sit with the children, so they are aware of what has been set. The children will also need to indicate, on a daily basis, they are ready for the day of learning by commenting on the morning post.

#### **Staying Safe Online**

It is key, as the children will be accessing the internet outside of the school domain system, they remain safe whilst online. It is important that parents check that their child is accessing appropriate content and that filters are in place. A great place to find out more information about staying safe online is the eSafety Commissioner website at [www.esafety.gov.au](http://www.esafety.gov.au)

#### **Supporting learning**

Supporting your child with their learning at home during this time is important but you are not alone in this. The teachers and staff of Cardijn College

Galilee are here for you with any help and support they can give. Having a set routine for home learning can help with engaging your child in their work.

Before children start any learning at home, parents must consider the health and safety requirements of their child's home learning environment. It is important to check:

- The child's designated workspace is suitable, which could be a desk or table in your lounge or dining room (not bedroom/bathrooms due to Protective Practices legislation).
- The desk or table has enough room for a laptop/tablet, books and stationery.
- The chair is either adjustable or the appropriate height for the desk or table they will be working from.
- The desk or table is located in a space that provides enough light and has good ventilation.
- If taking photos on Seesaw, ensure children are dressed appropriately, e.g. their school PE uniform and are not taken in bedrooms etc.

### **Example of a Child's Daily Plan**

8:45am - 10am	<p><b><u>Check in</u></b> Check Seesaw for the morning message from the homeroom teacher – comment to show you are ready to begin your day of learning.</p> <p>Check Seesaw for the learning activities for the day.</p>
	<p><b><u>English</u></b> Follow the instructions on Seesaw and complete the activities set for phonics/spelling, reading and writing</p>
MORNING TEA	Go outside and have some fresh air.
	<p><b><u>Maths</u></b> Follow the instructions on Seesaw and complete the activities set for your Maths task for the day.</p>
LUNCH	Go outside and have some fresh air, relax, play a game.
	<p><b><u>Integrated Studies/Specialist Lessons</u></b> Follow the instructions on Seesaw and complete the activities set for: RE, Science, HASS, Technologies, Arts, Italian, Music or PE.</p>
END OF DAY	Check all work is completed and uploaded to Seesaw if this has been requested.

Each class will have a timetable that looks slightly different and if it's not going to work one day - that's okay.

During a school day it is important to incorporate other activities into your child's schedule, e.g. mindfulness, reading, cooking, building, coding, enjoying the outdoors, watching a movie together, playing a board game

with a sibling. Any of these activities will help to provide a balance to the new way of learning going forward.

### **Wellbeing**

Uncertainty creates anxiety so it is vital to keep checking on the wellbeing of your child and your own, making sure they or you ask for help if needed. SA Health and Developing Minds are two useful resources for wellbeing support. As mentioned above, we would like the children's daily routine to be balanced so if they have worries, these do not get too big. They can do this with you or through their teacher. Ms. Gould (Lead for Wellbeing) is also available to talk through issues should they arise.

### **Access to teachers**

Homeroom teachers will be in contact with children on a daily basis through their morning messages and messages on work submitted. They will also be contactable during normal school hours via email/Seesaw messaging. Other enquiries will be answered by the homeroom teacher after school until 4pm.

### **Technology**

If your child does not have access to a device at home for remote learning, please can you email [info@galilee.catholic.edu.au](mailto:info@galilee.catholic.edu.au) and an iPad will be organised for the duration of lockdown.

### **FAQs**

<b>For questions about...</b>	<b>Contact (email/phone)</b>
A subject, activity or resource	Homeroom teacher or via Seesaw messaging
A technology issue	<a href="mailto:IT@cardijn.catholic.edu.au">IT@cardijn.catholic.edu.au</a> or 8392 9400
A personal/social issue	Homeroom teacher or Lead for Wellbeing – Kerri Gould
Learning Continuity Plan issue	Head of Campus - Nick Wright Director of Teaching & Learning – Brenda Byrne
Inclusive Education	Inclusive Education Leader – Karen Edwards
Religious Education or Prayer	Homeroom teacher or APRIM – Sharon Doyle
Any other issues	Head of Campus – Nick Wright

**Web links:**

Cardijn College Galilee	<a href="https://www.galilee.catholic.edu.au/">https://www.galilee.catholic.edu.au/</a>
Catholic Education SA	<a href="https://www.cesa.catholic.edu.au/learning-online">https://www.cesa.catholic.edu.au/learning-online</a>
Our Learning SA	<a href="https://www.education.sa.gov.au/our-learning-sa">https://www.education.sa.gov.au/our-learning-sa</a>
Seesaw	<a href="https://web.seesaw.me/">https://web.seesaw.me/</a>
Developing Minds	<a href="https://developingminds.net.au">https://developingminds.net.au</a>
SA Health	<a href="https://sahealth.sa.gov.au">https://sahealth.sa.gov.au</a>

Further information, specific to your child, will come out later today from your child's Homeroom teacher.

Remember you are not alone in this. We are in partnership with you and your child/ren to make remote learning successful for all involved.

Together, we are stronger as a Cardijn College Galilee Community.

Kind regards



Nick Wright

Head of Campus